

You Will Stand the Heat

Much more easily and comfortably by putting and keeping your body in trim condition by taking Hood's Sarsaparilla. It makes good blood, promotes proper circulation and keeps every organic operation free from friction.

Hood's Sarsaparilla

Is America's Greatest Medicine.

Hood's Pills are gentle, mild, effective. All druggists. 25c.

Established 1780.

Baker's Chocolate

celebrated for more than a century as a delicious, nutritious, and flesh-forming beverage, has our well-known

Yellow Label on the front of every package, and our trade-mark, "La Belle Chocolatiere," on the back.

NONE OTHER GENUINE.

MADE ONLY BY

WALTER BAKER & CO. LTD.,
Dorchester, Mass.

Declined Without Thanks.
Beggar—Please, sir, wud yez giv me a few pennies for a starvin' wife an' child?
Skinner—I should say not. What do you suppose I'd do with a starving wife and child?

Is Health Worth Ten Cents?
Man suffers many mysterious ailments from unknown causes, and nine-tenths of them have their origin in the digestive canal somewhere. It does any person good to clean out this canal occasionally in a rational way, provided it is not done in a violent manner. The proper cleansing and disinfecting preparation is **Cascarets Candy Cathartic**, which are very gentle, but at the same time thoroughly effective. A 10c box will purify the whole system and in most cases remove the cause of ill health. When "feeling bad" take Cascarets. They will do you good, and can do you no harm.

It is often better to have a great deal of harm happen to one than a little; a great deal may rouse you to remove what a little will only accustom you to endure.—Greville.

Have You a Son, Brother?
Husband or lover in the army or navy? Mail him to-day a 25c package of Allen's Foot-Ease, a powder for the feet. All who march, walk or stand need it. It cures aching, tired, sore, swollen, sweating feet, and makes hot, tight or new shoes easy. Foot can't blister, get sore or callous where Allen's Foot-Ease is used. 10,000 testimonials. All druggists and shoe stores sell it, 25c. Sample sent FREE. Address Allen S. Olmsted, Le Roy, N. Y.

There is no road to success but through a clear, strong purpose. A purpose underlies character, culture, position, attainment of whatever sort.—T. T. Munger.

Hall's Catarrh Cure is a constitutional cure. Price 75 cents.

No restaurant in St. Petersburg is now allowed to have its bill of fare exclusively in a foreign language. By a recent edict, a Russian version must always be added.

I know that my life was saved by Piss's Cure for Consumption.—John A. Miller, Au Sable, Mich., April 21, 1895.

Why are a man's domestic relations usually less troublesome than the relations of his domestic?

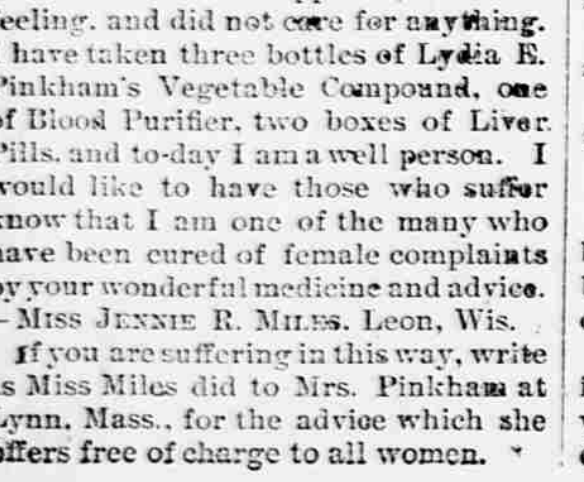
PERIODS OF PAIN.
Menstruation, the balance wheel of woman's life, is also the bane of existence to many because it means a time of great suffering.

While no woman is entirely free from periodical pain, it does not seem to have been nature's plan that women otherwise healthy should suffer so severely.

Lydia E. Pinkham's Vegetable Compound is the most thorough female regulator known to medical science. It relieves the condition that produces so much discomfort and robs menstruation of its terrors. Here is proof:

DEAR MRS. PINKHAM—How can I thank you enough for what you have done for me? When I wrote to you I was suffering untold pain at time of menstruation; was nervous, had headache all the time, no appetite, had no feeling, and did not care for anything. I have taken three bottles of Lydia E. Pinkham's Vegetable Compound, one of Blood Purifier, two boxes of Liver Pills, and to-day I am a well person. I would like to have those who suffer know that I am one of the many who have been cured of female complaints by your wonderful medicine and advice.—Miss JENNIE R. MILLS, Leon, Wis.

If you are suffering in this way, write as Miss Miles did to Mrs. Pinkham at Lynn, Mass., for the advice which she offers free of charge to all women.



HUMOR OF THE WEEK

STORIES TOLD BY FUNNY MEN OF THE PRESS.

Odd, Curious and Laughable Phases of Human Nature, Graphically Portrayed by Eminent Word Artists of Our Own Day—A Budget of Fun.

Too Timid.
Ethel—Is Jack a very ardent lover?
Helen—No; not very. He always seems to think the hammock will break down if we both sit in it at the same time.

During the Rainy Spell.
Mrs. Suburbs—John, who was it wrote that poem beginning "O for a lodge in some vast wilderness?"
Mr. Suburbs—I duano. Must have been some chump that never got outside of the city limits in his life.

How He Helps.
"Has Bunkumb, who was so anxious for war awhile ago, enlisted?"
"No, but he's around boasting that he has spent \$7 for flags and war buttons."

Having Tried the Pawnbroker.



"Does yo' find soakin' shoes keep dem from squeakin'?"
"Sho' I does, ef yo' soaks 'em in de right place."

Perhaps That Was It.
Mamma—Alice, what happened last evening? I thought I heard something drop in the parlor.
Alice—I think Mr. Templeton fell in love with me.

Facing the Mob.
The crowd surged around him. Strong men tried to shove one another back. There were hoarse mutterings of discontent. Pistols were shaken and it seemed as if those who were endeavoring to hold the more impetuous ones in check would be crushed.

But he never flinched. They had not come to lynch him. He was only hanging up a war bulletin.

Vindicated.
"Prisoner," said the court, "you have been arrested as a suspicious character. You appear to have no visible means of support."
Then his wife stepped forth and held up her hands, after which there was nothing to do but discharge him.

A Long Walk.
Good Friend—I have reason to suspect that your husband is flirting with other women. You ought to follow him wherever he goes.
"Great heavens! My husband is a letter carrier."—Boston Traveler.

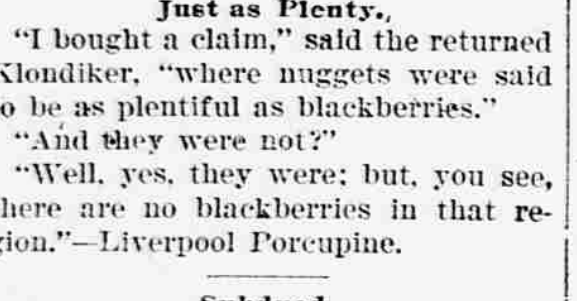
Hard Service.
"Did you tell me that you were wounded in securing that victory?"
"Yes," replied the Spanish general. "Some of my assistants struck and I smashed by fingers trying to work a proof press."—Washington Star.

The Cheerful Idiot.
"I hate these stories that have a catch in them," said the sensitive boarder.
"Yes," said the cheerful idiot, "that is what the matter with fish stories."—Indianapolis Journal.

The Employers' View.
She—When would you consider a man was happily married?
He—When he's wedded to his work.—Youkers Statesman.

Just as Plenty.
"I bought a claim," said the returned Klondiker, "where nuggets were said to be as plentiful as blackberries."
"And they were not?"
"Well, yes, they were; but, you see, there are no blackberries in that region."—Liverpool Porcupine.

Subdued.



"Why do you talk so in your sleep?"
"It's the only chance I get."

So, Nevertheless.
"He is really the most provoking man I ever saw."
"Why, I thought he was so full of fun and good humor."
"That's it. He is always provoking a smile."—Philadelphia Bulletin.

Just Like a Man.
"Our nation," the orator rehearsed before the mirror, "went forth with bread in one hand and the sword in the other."
"Isn't that just like a man?" his wife interrupted him to ask; "a woman would have taken a breadknife."—Indianapolis Journal.

Safety in Distance.
"I don't know how you ever mustered up the courage to ask the old gentleman for his daughter."
"Oh, I went to Chicago and made the request over the long-distance telephone."—Detroit Free Press.

Mr. Asbury Peppers.
"If I had a broken nose," said the dude boarder, who had been reading of a prize fight, "I could not be happy, no matter how much I had won."
"Oh, I don't know," said Asbury Peppers. "You know the proverb says a broken face off hides a smiling heart."—Cincinnati Enquirer.

Justly Suspicious.
Landlady—The price of the room is 20 francs per week. Will that suit you?
Student—Perfectly.
Landlady—Then you can't have it. A man who meekly accepts such an exorbitant price obviously does not intend to pay his bill.—Paris Rire.

Encouraging.
"How has Gen. Blankspace been getting along?" inquired one member of the Spanish cabinet.
"I don't think he has been losing as many men as usual," replied the other. "He hasn't reported any victories for some time."—Washington Evening Star.

Absent Minded.
"Toothache, old man? Pshaw! When I have it I just go home to my wife, she kisses me—and it's gone!"
"Is—is your wife home now?"—New York Evening Journal.

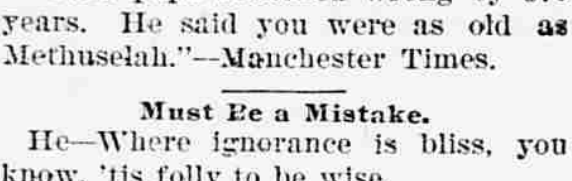
Reckoned Wrong.
Johnny—How old was Methuselah, auntie?
Aunt—Nine hundred years.
"And how old are you, auntie?"
"Thirty, my child."
"Then papa reckoned wrong by 870 years. He said you were as old as Methuselah."—Manchester Times.

Must Be a Mistake.
He—Where ignorance is bliss, you know, 'tis folly to be wise.
She—I know the poet says so, but still you don't seem to be of a specially happy disposition.

An Easy Recipe.
Mrs. Crosshwaite—How do you manage your husband? He always seems to be at home nights, and I am told that you have your own way about everything. I wish I could govern my husband that way.

Mrs. Kittish—It's the easiest thing in the world. All you've got to do is keep him constantly afraid that you don't love him as much as you did before you were married instead of having him keep you in that state of mind.

Cutting Remarks.



"My husband having read in the newspaper of Dr. Williams' Pink Pills for Pale People, indeed me to try them. I began taking them last November but experienced no relief until I had taken six boxes. I am now taking the eleventh box and have been greatly benefited."
"I was also troubled with nervous prostration and numbness of my right arm and hand so that at times I could hardly endure the pain, but that has all passed away. I now have a good appetite and am able to do my own work. Have done more this summer than in the past four years put together. Dr. Williams' Pink Pills for Pale People cured me and I think it my duty to let other sufferers know it."

Twins, Etc., in Germany.
The German Statistische Korrespondenz has just been recording some jubilee statistics. It tells of the fertility of Prussian parents for the last seventy years, and, indeed, the mother of nations may rejoice to think that the business of babies is no better in England, and, alas! not a respectable fraction so good in France. The German language makes provision for five children at a birth and downward to the modest number of one, speaking of fruchtlinge, vierlinge, drillinge, and zwillinge, and so to unity. This record shows that in the last seventy years there have been three cases, where prolific mothers have presented their despairing husbands with five at a birth. Of the vierlinge class 105 deliveries are noted; that is to say, roughly, one and a half such tragedies every year. The drillinge have entered the world three at a time and no less than 7,733 different occasions, and of the zwillinge 696,831 pairs have been born. The total number of visits that the stork has paid to Prussian roofs in seventy years is registered as 58,388,782—a respectable total. Where the gods send months they also send food. It is, therefore, interesting to learn that Germany is recording in the present year the millennium jubilee of the native sausage. The papers are writing its history with a pardonable pride. They say it came from Italy, and was an item in the feasts of Lucullus.—London Pall Mall Gazette.

To Hear from the Troops.
A St. Paul man has conceived a plan whereby the people of St. Paul and Minneapolis may get weekly intelligence of the Thirtieth Minnesota Regiment during its stay in the Philippines. There are a great many relatives of our soldier boys living in the twin cities, and they want better communication with the absent ones than is afforded by the ordinary methods. The scheme is to form an association which shall subscribe to a common fund to defray the expense of a ten-word cablegram from Manila every week. A good deal can be said in a ten-word message by using the cipher code, and as the cost is only about \$25, the expense to any individual subscriber would be very light.

DID HE DO RIGHT?

A Policeman Aids a Criminal Because the Latter Had Saved His Life.
"What would you have done?" asked the big chief of police who was talking confidentially with some of his friends. "When I was a patrolman in San Francisco I had a beat in the Chinese quarters. The heathens didn't like me a bit better than I did them, and anyone who thinks that a Chinaman is not revengeful has a whole lot to learn. "One night after I had broken up a fantan game and incidentally broken an oriental head, four highbinders made a sneak on me and actually had the deadly cord about my neck. Everything turned black in an instant, but I heard the swish of a knife, two or three quick shots, and braced up to find as ugly a mug grinning at me as I had ever clapped eyes on. "Devilish close call, pardy," he said. "Them yeller boun's had you done. But none of them kin kill a white man where I kin put in a stopper. I'm not in love with no policeman, but I hate these here chow-chows, and then I likes to do a good turn once in a while so they'll be a little on the right side of the book. Keep yer eye peeled, pardy," and he was gone. "Four years later I was a roundsman in St. Louis. We got a tip on a bank robbery that was planned and I took charge of the case. We were located and when the three inside workers got to drilling on the safe we made a rush and shot over their heads. Up went their hands and I yanked the man nearest me to the floor. "Hello, pardy," he whispered as we went down. "Scout!" I replied, as I tossed him over my head through a window and helped subdue another of the prisoners. What would you have done?"

STONE IN HER STOMACH.
From the Gazette, Blandinsville, Ill.
The wife of the Rev. A. R. Adams, pastor of the Bedford Christian Church at Blandinsville, Ill., was for years compelled to live a life of torture from disease. Her case baffled the physicians, but today she is alive and well, and tells the story of her recovery as follows: "About six years ago," said Mrs. Adams, "I weighed about 140 pounds, but my health began to fail and I lost flesh. My food did not agree with me and I felt like a stone in my stomach. I began to loat all over until I thought I had dropsy. "I had pains and soreness in my left side which extended clear across my back and also to the region of my heart. During these spells a hard ridge would appear in the left side of my stomach and around the left side. "These attacks left me sore and exhausted. All last summer I was so nervous that the children laughing and playing nearly drove me wild. I suffered also from female troubles and doctored with ten different physicians without receiving any help. "My husband having read in the newspaper of Dr. Williams' Pink Pills for Pale People, indeed me to try them. I began taking them last November but experienced no relief until I had taken six boxes. I am now taking the eleventh box and have been greatly benefited."
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Whoever pays you more court than he is accustomed to pay, either intends to deceive you or finds you necessary to him.—Courtenay.

Mrs. Winslow's SOOTHING SYRUP for Children teething; softens the gums, reduces inflammation, allays pain, cures wind colic. 25c a bottle.

There is but one method of obtaining excellence and that is by hard

Quiet and Repose at Last.
Dingley was contemplating the purchase of a country place and had driven his wife out to look at it.
"How do you like it?" he asked.
"Oh, I'm delighted! Its beauty fairly renders me speechless," she replied.
"That settles it," rejoined Dingley. "I'll buy it this afternoon and we'll move out to-morrow."

A Philippine Hero.
One of the Philippine insurgent leaders is a beautiful woman whose life seems to be charmed. Frequently we see people in this country whose lives seem charmed also, but the only charm about it is that they keep up their strength and vitalize their blood with that celebrated remedy, Hostetter's Stomach Bitters.

He Never Got Over It.
James was always under the impression that he was a born humorist, and his friends never succeeded in convincing him to the contrary. But he has given up trying to be funny now; he says his humor was the means of his losing a girl with a lot of money, and he has never got over the blow. He explains it in this way: He was courting a broker's daughter. One day he called upon her, and she happened to be at home; he considered himself fortunate, as she had been out every time he had called for a week, and he determined to make the best of his opportunity and pop the question. He found her in a room busily engaged with small bundles of dried grasses which she had collected. "What a quantity of dried grass you have collected, Miss Ritchie," he said. Then his humor burst forth. "Nice room for a donkey to get into."
"Make yourself at home, Mr. James," she said, sweetly, before he could finish the joke.
He went home and all the humor was crushed out of him forever.

FITS Permanently Cured. No fits or nervousness after first use of Dr. Kline's Great Nerve Restorer. Send for FREE \$2.00 trial bottle and treatise. DR. R. H. KLINE, Ltd., 1511 Arch St., Philadelphia, Pa.

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Did you ever See a Snow Storm in Summer?

We never did; but we have seen the clothing at this time of the year so covered with dandruff that it looked as if it had been out in a regular snow-storm.

No need of this snowstorm. As the summer sun would melt the falling snow so will

Ayer's Hair Vigor

melt these flakes of dandruff in the scalp. It goes further than this: it prevents their formation.

It has still other properties: it will restore color to gray hair in just ten times out of every ten cases.

And it does even more: it feeds and nourishes the roots of the hair. Thin hair becomes thick hair; and short hair becomes long hair.

We have a book on the Hair and Scalp. It is yours, for the asking.

If you do not obtain all the benefits you expected from the use of the Vigor, write the doctor about it. Probably there is some difficulty with your general system which may be easily removed. Address: DR. J. C. AYER, Lowell, Mass.



A Beautiful Present

FREE for a few months to all users of the celebrated ELASTIC STARCH (Flat Iron Brand). To induce you to try this brand of starch, so that you may find out for yourself that all claims for its superiority and economy are true, the makers have had prepared, at great expense, a series of four

GAME PLAQUES

exact reproductions of the \$10,000 originals by Muville, which will be given you ABSOLUTELY FREE by your grocer on conditions named below. These Plaques are 40 inches in circumference, are free of any suggestion of advertising whatever, and will ornament the most elegant apartment. No manufacturing concern ever before gave away such valuable presents to its customers. They are not for sale at any price, and can be obtained only in the manner specified. The subjects are:

- American Wild Ducks, English Quail,
- American Pheasant, English Snipe.

The birds are handsomely embossed and stand out natural as life. Each Plaque is bordered with a band of gold.

ELASTIC STARCH has been the standard for 25 years.

ASK YOUR DEALER to show you the plaques and tell you about Elastic Starch. Accept no substitute.

How To Get Them:

All purchasers of three 10 cent or six 5 cent packages of Elastic Starch (Flat Iron Brand), are entitled to receive one of these beautiful Game Plaques free. The plaques will not be sent by mail. They can be obtained only from your grocer. Every Grocer Keeps Elastic Starch. Do not delay. This offer is for a short time only.

YOU WILL REALIZE THAT "THEY LIVE WELL WHO LIVE CLEANLY" IF YOU USE

SAPOLIO

Sour Stomach



Pleasant, Palatable, Potent, Taste Good, Do Good. Never Sickens, Weakens, or Gries. 25c. Sold Everywhere.

NO-TO-BAC Sold and guaranteed by all druggists to cure TOBACCO HABIT.

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CURE YOURSELF! GUARANTEED! 10 to 20 days. Discharges, indigestion, irritations or ulcerations of mucous membranes. Prevents contagion. Painless, and not attracting attention. Sold by Druggists, or sent in plain wrapper, by express, prepaid, for \$1.00, or 3 bottles, \$2.75. Circular sent on request.

PISO'S CURE FOR CONSUMPTION

WHEN WRITING TO ADVERTISERS in this paper,