

Seeing California.

The average eastern tourist when visiting California enters the state at Los Angeles, takes a few rides on the various radiating electric lines, hustles onto the train for San Francisco, visits the seals, and hastens north or east affirming that he has "seen California"—but has he? True, he has seen sights to which his eyes were not accustomed, eaten various fruits and vegetables strangers to his palate, and breathed the wondrous air, but to see California understandingly one must visit the mountains as well as the valleys. Probably no other section is richer in scenes noted for their beauty and grandeur, places made famous in literature than is Tuolumne county, in the Sierra Nevada foothills of California.—S. H. Smith in Sunset Magazine for May.

It's a wise man who can turn off his wife's vocabulary.

When Your Grocer Says

he does not have Defiance Starch, you may be sure he is afraid to keep it until his stock of 12 oz. packages are sold. Defiance Starch is not only better than any other Cold Water Starch, but contains 16 oz. to the package and sells for same money as 12 oz. brands.

QUICK RESULTS.



W. J. Hill, of Concord, N. C., Justice of the Peace, says: "Doan's Kidney Pills proved a very efficient remedy in my case. I used them for disordered kidneys and backache, from which I had experienced a great deal of trouble and pain. The kidney secretions were very irregular, dark colored and full of sediment. The Pills cleared it all up and I have not had an ache in my back since taking the last dose. My health generally is improved a great deal."

FOSTER-MILBURN CO., Buffalo, N. Y. For sale by all dealers, price 50 cents per box.

Ten years ago in England the church communicants numbered only one in eighteen of the population; now the proportion is one in fifteen.

ALFONSO AND HIS MOTOR CAR.

King of Spain Badly Afflicted With the Craze.

Jerome Hart tells of the enthusiasm shown by King Alfonso of Spain for the automobile: "He is affected with an acute case of motormania. He spends most of his time, both at Madrid and at San Sebastian, in wildly careering across the country in motor cars. He owns several high-power French automobiles, and when in them, like Jehu the son of Nimshi, he driveth fast and furiously. In fact, so reckless is his driving, so numerous are his accidents, that the queen mother recently became alarmed and urged him to abandon his dangerous sport. Falling in this, she got a member of the cortes to father a law imposing limitations on the king's speed. This did not mean limitations as to speed on the king's highway—it meant limitations on the speed of the king on the king's highway. But this projected law aroused the indignation of some courtly legislators in the cortes, and they opposed it bitterly. The king, they said, is above the law, therefore, to pass laws leveled at the king would be against the law. Before this puzzle the perplexed cortes recoiled and the law was not passed.

"The young king only recently succeeded in so far overcoming the queen-mother's repugnance to motor cars that he persuaded her to accompany him in a little drive. It was unfortunate that on her first experiment with him as a motorist the king should have had one of his frequent mishaps. But he did. He came a cropper, and it was a royal cropper.

"His enormous machine, going at high speed, skidded and capsized, hurling its royal freight some distance into a ditch. The queen-mother was badly scared, her royal feathers and royal temper were much ruffled, but otherwise she was unhurt."

Cost and Time of Trip to a Star.

"Let us suppose a railway to have been built between the earth and the fixed star Centauri," said the lecturer. "By a consideration of this railway's workings we can get some idea of the enormous distance that intervenes between Centauri and us.

"Suppose that I should decide to take a trip on this new aerial line to the fixed star. I ask the ticket agent what the fare is, and he answers: 'The fare is very low, sir. It is only a cent each hundred miles.'

"And what, at that rate, will the through ticket one way cost? I ask.

"It will cost just \$2,750,000,000," he answers.

"I pay for my ticket and board the train. We set off at a tremendous rate.

"How fast? I ask the brakeman, 'are we going?'

"Sixty miles an hour, sir," says he, 'and it's a through train. There are no stoppages.'

"We'll soon be there, then, won't we? I resume.

"We'll make good time, sir," says the brakeman.

"And when will we arrive?'

"In just 48,663,000 years,"—Philadelphia Bulletin.

The Best of Life.

Not till life's heat is cooled,
The headlong rush slowed to a quiet pace,
And every turbulent passion that he ruled
Our noisier years, at last
Spurs us in vain, and weary of the race,
We care no more who loses or who wins—
Ah, not till all the best of life seems past,
The best of life begins.

To tell for only fame,
Handclappings, and the fickle gusts of praise,
For place or power or gold to gild a name
Above the grave whereto
All paths will bring us, were to lose our days;
We, on whose ears youth's passing bell
Is tolled,
In blowing bubbles, even as children do,
Forgetting we grow old.

But the world widens when
Such hope of trivial gain that ruled us
Is broken among our childhood's toys, for then
We win to self-control!
And mail ourselves in manhood, and there rise
Upon us from the vast and windless height
Those cleaner thoughts are unto the soul
What stars are to the night.
—The Spectator.

She'd Rather Loop the Loop.
"My daughter got me to loop-the-loop at the park last summer—once," said the woman with the vinegar-visage as she stepped from the main elevator of a big office building, according to the Kansas City Journal. "but that's a baby's swing to this when it comes to mixing one's vital organs.

"The trouble is that the elevator boy changes his mind oftener than a woman. I never came down yet that he didn't decide on a different speed in transit. When he did that quick stop at the fourth floor just now I simply telescoped inside. My heart's in my mouth yet, and I can't locate my stomach. No; no luncheon for me until I get over this scrambled feeling."

Though Fifty-five.
It all turns on will and exercise. Before going to sleep a few exercises should be gone through with open windows, inhaling the good fresh air. A step ladder to run up and down is a great incentive to health; wind exercises, rotary motions, all keep the body lissom, and prevent stoutness. Then diet has to be considered; too much liquid should never be taken with meals; too much meat is bad. There is nothing better for the figure than household work. It takes a great deal to persuade an ordinary woman that it is continuing these things that make a success of it, not starting them, and then leaving them to fate.—Chicago Post.

Either Loved or Loathed.

Red hair is either loved or loathed. Artists from Titian downwards express a preference for painting it; but, then, artists are uncertain guides as to human beauty. They have been known before now to admire cream-cheeked complexions, blousy hair and clothes which looked as if they had been made in a machine for chopping turnips and put on with a rake.—The Queen.

In a Pinch, Use ALLEN'S FOOT-EASE.

A powder. It cures painful, smarting, nervous feet and ingrowing nails. It's the greatest comfort discovery of the age. Makes new shoes easy. A certain cure for sweating feet. Sold by all druggists, 25c. Trial package FREE. Address A. S. Olmsted, Le Roy, N. Y.

Air in Vein Causes Death.

Air getting into a vein while he was undergoing an operation in St. Thomas' Hospital, London, was the cause of the death of Frederick Thomas Kennedy the other day. A verdict of "accidental death" was returned.

\$4 guaranteed interest semi-annually on all investments, in tropical plantation half as large as Rhode Island, 40 profitable products. Active managers and agents wanted. E. Moore, 211 Odd Fellows' Bldg., St. Louis, Mo.

Regarding Honesty.

"Honesty is the best policy," remarked a plaintiff in the court of Judge Addison, of London. "May be," replied the judge, "but I know some people who seem to have got along very well without it."

Lewis' "Single Binder" straight 5c cigar. The highest price 5c clear to the dealer and the highest quality for the smoker. Lewis' Factory, Peoria, Ill.

Happiness isn't confined to the hill-tops, but is often found in the violets of the valleys.—Atlanta Constitution.

Mrs. Winslow's Soothing Syrup.

For children teething, softens the gums, reduces inflammation, allays pain, cures wind colic. 25c a bottle.

It is true that the man who invented the gold brick is dead, but a new purchaser is born every minute.

Dr. David Kennedy's Favorite Remedy

For my life! I had dyspepsia and kidney disease. Dr. Kennedy's Favorite Remedy cured me. Dr. Kennedy's Favorite Remedy, 10c a bottle.

Every man may have his price, but it differs greatly from what his neighbors think he is worth.

Try me just once and I am sure to come again. Defiance Starch.

An ordinary hypocrite is one who just can't help being so, and who wouldn't if he could.

To the housewife who has not yet become acquainted with the new things of everyday use in the market and who is reasonably satisfied with the old, we would suggest that a trial of Defiance Cold Water Starch be made at once. Not alone because it is guaranteed by the manufacturers to be superior to any other brand, but because each 10c package contains 16 oz., while all the other kinds contain but 12 ozs. It is safe to say that the lady who once uses Defiance Starch will use no other. Quality and quantity must win.

Is it possible we are not to have a dramatized version of the Chadwick case?

MOTHERHOOD

Actual Sterility in Women Is Very Rare—Healthy Mothers and Children Make Happy Homes.



Many women long for a child to bless their homes, but because of some debility or displacement of the female organs they are barren.

Preparation for healthy maternity is accomplished by Lydia E. Pinkham's Vegetable Compound more successfully than by any other medicine, because it gives tone and strength to the entire female organism, curing all displacements, ulceration and inflammation.

A woman who is in good physical condition transmits to her children the blessings of a good constitution. Is not that an incentive to prepare for a healthy maternity?

If expectant mothers would fortify themselves with Lydia E. Pinkham's Vegetable Compound, which for thirty years has sustained thousands of women in this condition, there would be a great decrease in miscarriages, in suffering, and in disappointments at birth.

The following letters to Mrs. Pinkham demonstrate the power of Lydia E. Pinkham's Vegetable Compound in such cases.

Mrs. L. C. Glover, Vice-President of Milwaukee Business Woman's Association, of 614 Grove Street, Milwaukee, Wis., writes:

Dear Mrs. Pinkham:— "I was married for several years and no children blessed our home. The doctor said I had a complication of female troubles and I could not have any children unless I could be cured. For months I took his medicines, trying in vain for a cure, but at last my husband became discouraged and suggested that I try Lydia E. Pinkham's Vegetable Compound. Many Women Have Been Benefited by Mrs. Pinkham's Advice and Medicine.

DEMPSTER IMPROVED STEEL WIND MILL No. 7
WILL MFG. CO. PATENTED IN U.S.A.
ROLLER RIM GEARS
THEY STOP THE NOISE AND LESSEN THE WEAR. LATEST, STRONGEST, BEST. FACTORY, BEATRICE, NEB.
BRANCH HOUSES: Kansas City, Mo., Omaha, Neb., Sioux Falls, S.D. S's nearest dealer or write for circular.

Comfort--Economy A Cool Kitchen
No kindling to chop--no dirt--and a kitchen as comfortable as the sitting room--that's the Quick Meal stove--just turn the valve--strike a match and you have instantly a red hot fire, and in no time cooking is ready. And it costs almost nothing for fuel, so to speak. It's just as simple and safe as an ordinary kerosene lamp. It is built according to the insurance people's latest ideas.
QUICK MEAL (Evaporator)
GASOLINE STOVE
In every possible way to make the full satisfaction. The Quick Meal stove is a match and you have instantly a red hot fire, and in no time cooking is ready. And it costs almost nothing for fuel, so to speak. It's just as simple and safe as an ordinary kerosene lamp. It is built according to the insurance people's latest ideas.



NATURE'S ESSENCE.

Extracted From Forest Plants

Nature's laws are perfect if we obey them, but disease follows disobedience. Go straight to nature for the cure, to the forest; there are mysteries here that we can fathom for you. Take the bark of the wild-cherry tree, the root of mandrake, stone root, queen's root, bloodroot and golden seal, make a scientific, non-alcoholic extract of them with just the right proportions and you have Doctor Pierce's Golden Medical Discovery.

It took Dr. Pierce, with the assistance of two learned chemists, eight years of hard work experimenting to make this vegetable extract and alternative of the greatest efficiency.

Just the sort of spring remedy you need to make rich, red blood, and cure that lassitude and feeling of nerve exhaustion. Dr. Pierce's Golden Medical Discovery bears the stamp of PUBLIC APPROVAL and has sold more largely in the past forty years than any other blood purifier and stomach tonic. The refreshing influence of this extract is like Nature's influence—the blood is purified in the tonic which gives life to the blood—the vital fires of the body burn brighter and their increased activity consumes the tissue rubbish which has accumulated during the winter.

Dr. Pierce's Pellets Cure Constipation.

Truths that Strike Home
Your grocer is honest and—if he cares to do so—can tell you that he knows very little about the bulk coffee he sells you. How can he know, where it originally came from, how it was blended—or with what—or when roasted? If you buy your coffee loose by the pound, how can you expect purity and uniform quality?
LION COFFEE, the LEADER OF ALL PACKAGE COFFEES, is of necessity uniform in quality, strength and flavor. For OVER A QUARTER OF A CENTURY, LION COFFEE has been the standard coffee in millions of homes.
LION COFFEE is carefully packed at our factories, and until opened in your home, has no chance of being adulterated, or of coming in contact with dust, dirt, germs, or unclean hands.
In each package of LION COFFEE you get one full pound of Pure Coffee. Insist upon getting the genuine. (Lion head on every package.)
(Save the Lion-heads for valuable premiums.)
SOLD BY GROCERS EVERYWHERE
WOOLSON SPICE CO., Toledo, Ohio.

The Occidental Building & Loan Association of Omaha, Nebraska,
will furnish money to help to build homes, which can be repaid in monthly payments. Anyone desiring a home should write for information as to our plan of loaning money. Address, 1523 Douglas St., Omaha, Nebraska.

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Promotes Digestion, Cheerfulness and Rest. Contains neither Opium, Morphine nor Narcotic.
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Pumpkin Seed -
Aloe Sassa -
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Aloe Leaf -
Piperment -
Bit Carbonate Soda -
Hemp Seed -
Clarified Sugar -
Waterproofed Flaxseed -
A perfect Remedy for Constipation, Sour Stomach, Diarrhoea, Worms, Convulsions, Feverishness and LOSS OF SLEEP.
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WOMEN'S MAYFLOWER \$2.50 SHOE
These Shoes were Awarded Grand Prize at St. Louis World's Fair.
The PATRIOT SHOE for Men is made from all leathers, over stylish yet comfortable lasts, to fit any foot. They are Goodfoot boots, which mean flexible soles, with no wires or irritants to the foot. The MAYFLOWER SHOE for Women is made in white and hand turned. It is stylish, durable and comfortable. Ask your dealer for them. If he does not handle these shoes, write us direct. They will please you and you will save from 10 cents to \$1.00 per pair in prices usually charged for shoes of this character.
STAR BRAND SHOES ARE BETTER
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ST. LOUIS, U.S.A.

MIXED FARMING WHEAT RAISING RANCHING
Three great pursuits have again shown wonderful results on the Free Homestead Lands of Western Canada this year. Magnificent climate—farmers plowing in their shirt sleeves in the middle of November. "All are bound to be more than pleased with the final result" of the past season's harvests.—Extract. Coal, wood, water hay in abundance, schools, churches, markets convenient.
Apply for full information to Superintendent of Immigration, Ottawa, Canada, or to authorized Canadian Government Agent—W. V. Bennett, 601 New York Life Building, Omaha, Nebraska.
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