

HOUSEHOLD HINTS

By Mrs. Brevy Lilly

Phone 2-4051



To the readers of my column:

I would like to say thanks to all of you that are responding to my request for your favorite recipes. We of **The Lincoln Voice** appreciate your cooperation.

Frozen Pineapple Torte

by Mrs. Mary Burden Davis
1124 Sunset Avenue
Pasadena 3, California

- 3 egg yolks
- dash salt
- 1/2 cup sugar
- 1 small can crushed pineapple, drained
- 2 tablespoons lemon juice
- 3 egg whites
- 2 tablespoons sugar
- 1 cup heavy cream whipped
- 2 cups vanilla wafer crumbs

Beat egg yolks, salt and 1/2 cup sugar, add pineapple juice, cook over hot water until mixture coats spoon, stirring constantly, add pineapple, cool. Make meringue of egg whites and 2 tablespoons sugar. Fold in whipped cream and custard. Coat sides of oiled refrigerator tray with wafer crumbs, spread half the remaining crumbs over bottom,

pour in custard mixture, cover with remaining crumbs. Freeze firm, about 3 or 4 hours. Serves 6 to 8.

Mrs. C. R. Bryson of 225 So. 20, Lincoln, Nebraska shares with us one of her Cuban recipes.

Perluir

- 1 cup pinto Beans
- 1/2 Cup rice
- 1/4 pound of salt pork diced
- 1 small onion minced
- 1 clove Garlic minced
- 1 small coconut—juice from the coconut
- Salt to season
- 1/4 teaspoon red pepper

Soak beans over night. Cook until tender not mushy, brown, salt pork, add to beans, brown onion and garlic, add to beans including fat, cook over very low heat. When beans are tender, add washed rice. Don't have more than two cups liquid in pot. Add juice of coconut which has been squeezed out of coconut, stir in carefully. Serve with broiled bananas and green salad. Serves four.

Dark Merit



by
Kathryne
Favors

I found a very interesting unit of work which is used throughout the Chicago public schools from which I would like to, quote to you.

Work on the plantations
Duties of The Planter— "On a plantation the owner did not go

into the field to work with his helpers. Sometimes he even lived away from his plantation. The plantation was operated like a big business. The planter had many responsibilities. He had to provide food, houses, clothing, and medical care for all his helpers. He had to plan to have his fields planted. The planter soon learned that tobacco exhausted the soil. When this happened, he had to have his crops planted in another tract of land. He had to find markets for his crop and had to plan the shipping of the crop.

The planter's wife helped to make the plantation successful. She managed all of the household servants. After she taught slaves how to spin, weave, and sew. She kept very busy with her many duties.

(To be continued)

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