

HELPS FOR THE HOUSEWIFE

Contributed by Fred D. Gamble, Chef de Cuisine, Chicago, Ill.

Broiling

Broiling and grilling are the same in fact though different in name. There is a method of cooking by the direct action of the fire brought almost into contact with the meat or fish or whatever is being cooked by this method. For success in this method the fire must be clear and hot because the meat is seared on the side next to the fire, thus retaining the juices which otherwise would escape. The meat is turned often, care being taken not to put the fork into the meat, but rather through the edge. The broiler or gridiron should be hot and greased before putting meat on to prevent sticking and consequent tearing of the meat. The broiler is laid quite close over the meat. By constant turning the juices are kept moving backward and forward and the meat remains moist and full of flavor. For best results, the meats for broiling should be not less than one inch nor more than two inches thick. The thinner cuts should have a very quick fire to prevent their becoming dry and the thicker ones a slower fire. You may secure on the market steak tongs for broiling. Many good cuts are spoiled by being punctured by a fork.

Fried Chicken—Mexican Style

Draw, wash and dry chicken, then cut into joints, sprinkle with salt and pepper. Heat crisco in fryingpan, add a clove or garlic, and one green pepper (seeded) cut in small pieces. When garlic turns brown take out and put chicken in and fry till brown, then cover closely and simmer till done. Just before covering chicken add two large tomatoes peeled and cut in small pieces.

Croquettes to be Served With Chicken

Drain one can of corn and chop fine. Now blend two tablespoonsful of Crisco and two of flour in pan over fire, add two cupsful of milk and stir mixture boils then allow to cook five minutes and allow to cool. When cold form into croquettes, dip into beaten egg and toss in bread-crumbs and fry in hot Crisco to nice brown. Drain and serve on side of chicken.

A league for fair play would serve the country better than a league of nations.

COLORED PHOTOPLAY COMING

Micheaux Latest Film Attraction to Appear at Local Playhouse

The latest of the Micheaux photo-plays that is creating a sensation in eastern houses, has been secured as a special treat for Omaha movie fans and will be seen for a three-day run at the Diamond theater, Twenty-fourth and Lake streets, commencing Wednesday, November 3.

This production, "The Brute," is entirely free from all objectionable scenes and presents a wonderful dramatic story of a beautiful and tender girl in the toil of a shrewd gambler and boss of the underworld, whose creed is "To make a woman love you knock her down."

Miss Evelyn Preer divides honors with the world renowned Sam Langford, who is introduced to the screen in a wonderfully realistic picturization of one of his many fistic battles. Every red-blooded man, woman and child will be interested and pleased with this sensational photoplay.

POSTAL CLERK WINS SOUTHERN BRIDE

All smiles, Archie B. Young of the postoffice force, has returned to Omaha with his charming bride, the daughter of Mr. and Mrs. Ben Foster of Haynesville, Ala. Mr. and Mrs. Young were happily married Wednesday, October 20, at the home of the bride's parents in Alabama, and will be at home to their friends after November 1 at 2764 Grant street.

The employees of the postoffice, including the supervisory officials, presented a beautiful wedding present to the newly married couple.

Y. W. C. A. NOTES

The Priscilla Needlecraft club was organized at the home of Mrs. Joe Taylor last Wednesday afternoon. Miss Mae Hawes and Miss Frankie Watkins spoke to the ladies about Y. W. C. A. work, especially along club lines. The club is the first one formed for the Y. W. C. A. and the officers elected are: Mrs. Joe Taylor, president; Mrs. Pearl Sawyers, secretary-treasurer. The members will meet at each other's homes until the Y. W. C. A. is completed, after which all meetings will be held at the center. The chief purpose of this club will be needlework.

SUBSCRIBE FOR THE MONITOR.

POLITICAL CANDIDATES ADDRESS N. A. A. C. P.

The regular weekly meeting of the N. A. A. C. P. was held at St. John's A. M. E. church Sunday afternoon. Mrs. Jesse Hale Moss presided. Speeches were made by Mrs. Bowers nonpartisan candidate for the legislature; Judge Arthur H. Wray, farmer-labor candidate for governor, and Attorney Bigelow. The speakers were introduced by John H. McDonald, sr.

Just Received--

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ALSO COMBINATION GAS AND COAL RANGES AS WELL AS COAL RANGES AND COOK STOVES ALSO OIL HEATERS

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TWO STORES 24th and Lake 25th and Leavenworth



VOTE FOR ALBERT W. JEFEEERIS

Republican Nominee FOR CONGRESS Candidate for Second Term In Douglas, Washington and Sarpy Counties. Election November 2

Congressman C. F. Reavis says of Congressman Jefeeris in the Omaha Bee, August 29th:

"Jefeeris should be re-elected because he will develop into one of the outstanding congressmen if Omaha will give him the chance.

"He went further in his first term in the house than has any other congressman of my acquaintance during the six years of my service."

"Omaha owes it to the state and nation to keep Jefeeris in congress."



CHIEF JUSTICE A. M. MORRISSEY CANDIDATE FOR RE-ELECTION

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Dan Swanson

Commissioner of Public Lands and Buildings
Republican Candidate for Second Term

A competent officer and friend of the colored people.

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- Fresh dressed spring chicken, lb. 29 1/2c
- Pork loin roast, lb. 32c
- Sugar cured bacon, lb. 33c
- Steer pot roast, lb. 37c
- Young veal roast, lb. 47 1/2c
- Regular 15c bottles Grape Juice, 2 for. 15c
- 12c pkg. Skitch. 9c
- 40c cans of Apricots. 25c
- Fancy Japan Tea, lb. 60c

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Republican Candidate for Re-Election

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Vote for McKELVIE for Governor

NOTICE

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We have opened our office for you. We want you to get acquainted with the principles which the NATIONAL ASSOCIATION FOR THE ADVANCEMENT OF COLORED PEOPLE stands for.

We have more than one thousand pieces of literature that we would like for you to read.

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JESSIE HALE MOSS, President HENRY W. BLACK, Secretary C. C. GALLOWAY, Chairman of Membership Committee

MEMBERSHIP

"Any person may become and remain a member of this Association with the consent of the Board of Directors by accepting membership in writing and by paying annually in advance a fee of at least one dollar.

"Any person paying two dollars and fifty cents or more shall be entitled to receive the CRISIS without further charge during the year of such membership."—By-Laws.

Application for Membership

TO THE SECRETARY
Omaha Branch,1920
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Please enroll me as a member of the NATIONAL ASSOCIATION FOR THE ADVANCEMENT OF COLORED PEOPLE. I pledge an annual fee of

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Arthur G. WRAY

INDEPENDENT CANDIDATE for GOVERNOR

TO THE VOTERS OF NEBRASKA:

As the Independent Candidate for Governor, I will greatly appreciate your support.

I was born, reared and educated at York, Nebraska. My people came to York county in 1869. I have served as Judge for York county, Mayor of York, President of York Welfare Board, President of York Parents-Teachers Association, and President of The State Social Workers Association. At the present time, I am chairman of the General Child Welfare Committee of the Children's Code Commission.

If elected, I will be obligated to no organization, political party, political boss or machine, and I will be absolutely free to serve the best interests of the state without fear or favor. I will wage a war without quarter on profiteers. My appointments will not be influenced by color, race, religion, wealth, political party or social standing. Each applicant will stand or fall on his own merits.

It may be considered old-fashioned but I believe that more Christian men and women should be elected and appointed to office. Mrs. Wray and myself are the parents of three children. We want them to grow to manhood and womanhood in a state where Christian principles in government prevail. Money making is important but clean living is even more important.

ARTHUR G. WRAY.