



Kiddies' Korner

By MADREE PENN



DADDY'S EVENING FAIRY TALE

By Mary Graham Bonner



THE FRIGATE BIRDS.

"How-do-you-do, Golden Plummer," said Mr. Frigate Bird. "Can't you stop?" But the bird flew on for he had an engagement with his mate.

"Oh, well," said Mr. Frigate Bird. "I do not mind if he will not talk, for I have things to talk about. I heard the other day that there were insects who feel and who see and who smell things near at hand. We can do those things, too.

"But I also heard that different ones had different ways. I was told that and I was supposed to be surprised, but I know about insects, most certainly I do."

"I guess birds are pretty well up on the subject," said Mrs. Frigate Bird.

"On what subject?" asked Mr. Frigate Bird. "Do you mean, my love, up on the subject of air, up on the subject of clouds, or up on the subject of high branches of trees?"

"I mean none of those things," said Mrs. Frigate Bird, "though we are up on all of those, or in all of those very, very often. But I mean birds are pretty well up on the subject of insects."

"To be sure, to be sure," said Mr. Frigate Bird.

"It is the same way with people," said Mrs. Frigate Bird, "or that is, I suppose it is."

"What do you mean?" asked Mr. Frigate Bird.

"I mean that people know a great deal about food. When they come out into the vegetable garden they know what they want for dinner and what they want for supper, and they know when they go into the barnyard that they want eggs for breakfast.

"They know when they go a-marketing what they want. They know all sorts of things about the kinds of food which they eat.

"And so do we. Therefore, I say we are up on the subject of insects and bugs, and so are all birds. We know which ones taste well for breakfast, which we like best for dinner and which we dote on for supper."

"What do you mean when you say there are kinds which we dote on for supper?" asked Mr. Frigate Bird.

"I mean those which we especially love for supper, which we just like so much we can hardly tell how much, in fact, we dote on them, do you see?"

"I understand," said Mr. Frigate Bird.

"I must say," continued Mrs. Frigate Bird, "that I care more for the insects which are good to eat and I care more for the fact that they are good to eat than I do care what their family history may be."

"So do I," said Mr. Frigate Bird. "I suppose it is the same way with children and with grownups," said Mrs. Frigate Bird. "They probably don't care to know the family history of a cabbage for example, or a head



"What Do You Mean?"

of lettuce, but a cabbage or a head of lettuce may be very nice as part of a meal."

"What a wise bird you are," said Mr. Frigate Bird proudly.

"Thank you for the compliment," said Mrs. Frigate Bird.

"We are very famous for something," said Mr. Frigate Bird.

"What?" asked Mrs. Frigate Bird.

"We can eat a thing while it is falling—that is we can catch something which is dropping—go down and catch it while it is still falling, and so make it fall into our beaks."

"Ah, yes, we can do that," said Mrs. Frigate Bird. "Is that making us famous?"

"It has something to do with our fame," said Mr. Frigate Bird. "People think that is an interesting thing about us."

"I am glad they do," said Mrs. Frigate Bird. "But the interesting thing to me is that we actually eat the things and can taste them and enjoy them and swallow them and still have beautiful thoughts of our nicely-filled tummies."

"That, of course," said Mr. Frigate Bird, "is the most important thing. Still it is nice to be famous for something which gives us such great pleasure."

"That is nice," agreed Mrs. Frigate Bird.

Strange Tails.

It was Robert's first visit to the zoo.

"What do you think of the animals?" inquired Uncle Ben.

After a critical inspection of the exhibit the boy replied:

"I think the kangaroo and the elephant should change tails."—American Boy.

Both Possible.

"Madame La Mode has the nerve to call her department for young girls' dresses a perfect model of style."

"Why nerve?"

"Because it is a miss-it establishment."

The KITCHEN CABINET

To set the face in the right direction, and then simply travel on, un-mindful and never discouraged by even frequent relapses by the way, is the secret of all human achievement.

FOOD FOR THE SICK-ABED.

Illness will come in all homes at times and it is vitally important that we realize how ~~valuable~~ proper food is in the recovery of a patient. A trained nurse should be well equipped in knowledge of food values and how to prepare a tempting tray, yet it is not always possible to have a trained nurse, and the mother in the home will need this knowledge.

A person who is ill in bed is out of balance, both mentally and physically, and it is wise to treat them with as much consideration as one does a child. Variety even in the serving of milk is important. Surprises are important to remember in the serving of food for grown-ups as well as for children.

The tray should be arranged to please the eye first, then the palate. A rose or a small flower beside the plate or in a small vase will often make eating a pleasure what would otherwise be refused or eaten under protest.

With little people many kinds of games will be thought of by the nurse to amuse and distract attention when the appetite is poor.

In the case of serious illness a small quantity of nourishment is given often, with as much attention to daintiness as possible.

Jellied chicken, sweetbreads and fish are most attractive dishes, made so by the use of gelatin.

Toast is the most common of tray foods. It should be dry and well browned then cut in finger strips to make it easier to handle. When serving any creamed dish or egg on toast it should be cut in small squares before placing the egg.

Frozen foods and chilled drinks are invaluable in the sick room, as are hot soups and broths, which should be nourishing and well seasoned to make them palatable.

All food intended to be hot or cold should be served so. When serving drinks or soups have the dishes placed and pour into them to avoid spilling.

Never ask, or seldom ask, a patient what he wants to eat; unless there is some particular craving he will be glad not to have to order his meals.

Nellie Maxwell

Love is a good deal like a stubborn mule. There's no telling what kind of stunt it will do next.

When you meet a man who is thoroughly content, you see one where ambition has gone to bed.

A minister talks about his "work," but the male members of his congregation are apt to call it a "snag."

Any girl can paint her own portrait several years in advance by getting her mother to pose as the model.

There is one good feature about breaking up housekeeping; it enables people to get rid of their old furniture.

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THE MOTHER GOOSE FAIRY BOOK

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By Eleanor Schorer



There was an old woman lived under the hill, and if she's not gone she lives there still. Now first guess, and then I will tell you. Does she live there still or is she gone? As you may guess, many animals played near the tiny home under the hill, and these the old woman loved and treated as her own children, sharing her meals with, and even housing them.



Once a terrific wind blew a magpie against her window. The bird tried to brave the gale, but could not, so the good old woman, seeing its plight, opened the sash, took the bird in and nursed it. As night drew near the magpie grew very anxious. Promising to be back at daybreak, it left the old woman's home. At dawn it came a-rapping at the door.



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That day it left again at nightfall. This went on for a week. Then the magpie could leave the couch no more. "You have been so good to me," said the dying bird to the old woman. "Nothing I can give you is great enough, but I leave you my only treasure. It is in my nest in the third elm from the road. Go there before night falls, for Wise Owl will take it if he finds my home unguarded."

At dusk the old woman sought the elm. Coiled round in the nest was a string of priceless pearls, which she knew to belong to the Crown Princess. Hurrying to the royal castle, she gave up the necklace and told how she got it. Does she still live under the hill? Not she! She lives at court. And all her life is ruled by this motto: "Kindness is always twice repaid."

CUT OUT AT THE MARGIN AND PASTE IN BOOK OR TIE ON CARDBOARD THROUGH THE HOLES INDICATED IN THE MARGIN