

Our Women and Children

Conducted by Lucille Skaggs Edwards.

TEMPER AND CHILDREN.

By Samuel G. Dixon, M.D., L.L.D.
Commissioner of Health of Penn.

"Our bodies are our gardens, to which our wills are gardeners."

Physical, mental and moral health depend upon self control and cultivation of this in children is of greater importance than any other single virtue.

Who has not observed the disciplinary efforts of parents with a feeling that they could improve upon the methods employed and the results obtained? The casual observer usually decides that parents are more often to blame for the faults of their offspring than the children themselves. Like begets like, and the loss of self-control by the father and mother is almost certain to be reflected in the child.

With children of a high strung and nervous temperament, the display of passion and the loss of self-control is to be expected. To teach a child to govern itself and control these gusts of temper is worthy of the most careful study, persistent and kind effort.

To permit a child to give way to passion during the early years of its life is apt, when the strain of the real burdens of life are added in later years, to end in a nervous breakdown.

All students of nervous diseases are aware of the possibility of the inheritance of mental defects present in the parents. No one factor is of greater aid in equipping a child to battle with hereditary tendencies of this character than its education in self-control. It is of the greatest aid in the establishment of mental equilibrium and the maintenance of a sane pose. Knowledge, morality and a healthy, temperate physical existence are the fruit derived from the cultivation of this virtue.

INTERRUPTING

By BURGESS JOHNSON

They say it's wrong to interrupt when some one talks to you, But I don't do it near so much as grown-up people do; For while I'm telling mother some important piece of news She is counting up my buttons or examining my shoes. And she ought to pay attention to my words with all her heart, All at once she says, "Come here! I very greatly fear A button's coming off your clothes, and I must fix it, dear."

It's just the same with Father—he's no better, I'm afraid, I always want him to admire important things I've made. But when I start to show him, so that he will understand Where I nailed it or I sawed it, and just how I worked and planned, He'll nod his head, and say, "Indeed!" in an attentive way, And act as if he saw it, but then like as not he'll say, Just when I've got a-going, "My boy, your nose needs blowing," Which proves he doesn't hear, nor even look at what I'm showing.

Boost your favorite in Free Trip Contest.—Adv.

WIDOW OF PAUL LAURENCE DUNBAR MARRIED

Mrs. Paul Laurence Dunbar, widow of the illustrious poet, and Mr. Robert J. Nelson, of Harrisburg, Pa., were recently united in marriage at Wilmington, Del. They enjoyed their "honeymoon" at Atlantic City. The match is regarded as a particularly fitting one and the entire country joins in mutual congratulations to the happy pair. Mrs. Nelson is an educator, writer and lecturer of nation-wide note. As Miss Alice Ruth Moore she wrote many poems of rare quality and was an inspiration to Mr. Dunbar in his day of struggle and final triumph. Not long ago she gave to the world a popular volume entitled "Masterpieces of Negro Eloquence," a standard on the subject treated and an encyclopedia for an oarior. Mr. Nelson is a state official of Pennsylvania and is prominent in the fraternal, political, commercial and social life of Harrisburg. It is expected that Mrs. Nelson will continue to be heard on the platform, which she honors and adorns.

MUSIC WRITING CONTEST

Woman's Clubs Offer Two Prizes for Best Folk Music Composition.

The National Association of Colored Women's Clubs offered, through its music department, at the Wilberforce meeting two prizes of \$25 each for the best instrumental composition based upon Negro folk music and the best vocal composition. Of course, the prizes will be given only to women. Three Colored musicians will serve as judges. The contest will close on July 1. All compositions should reach Mrs. W. T. B. Williams Hampton Institute, Virginia, by July 1st.

The prizes were offered by the National Association of Colored Women's Clubs because of the favorable impression which was made by R. Nathaniel Dett, director of the Hampton Choral union and of vocal music at Hampton institute, who was sent to the Wilberforce meeting by the Treble Clef Club of Hampton, Va.

PINKARD'S ORCHESTRA DRAWS BIG CROWD

Maceo Pinkard's orchestra attracted a big crowd Monday evening in front of the Brandeis Theatre at the opening of the Edward Lynch Stock Company. They will play there every evening between 7:30 and 8:30 Friday evening, May 19, they played at the Auditorium for the ball given by the students' convention held here.

TENNESSEE RATS LOSE

The Tennessee Rats made their first appearance at Rourke Park before a large Memorial Day crowd, losing 3 to 0. Vivian pitched a good game, fanning nine. Errors were partly responsible for his defeat. On Saturday and Sunday they will play a return engagement with the Brandeis Stores at Rourke Park.

An excellent literary program was given Tuesday evening at the residence of Mrs. Mason for the benefit of the Florence P. Leavitt Club of the Grove M. E. Church.

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