stringtellow building.

Home Course In Health Culture

VII.-Seasonable Health Hints

By EUGENE L. FISK, M. D. Copyright, 1910, by American Press

has been estimated that our sun glows with the somewhat feverish temperature of about 10,000 degrees F. and radiates light in the amount of 1,575,000,000. 000,000,000,000,000,000 candle power. This is "going some," even for Old Old people and invalids may require Sol, but there are younger suns, like Sirius, that glow with an even higher temperature, not to mention those vast orbs in the uttermost depths of space whose fierce light, traveling 8,000,000 times faster than an express train, requires thousands of years to make the journey to our earth.

Considering these facts, one must be impressed with the exceedingly narrow physical limits within which life exists on this planet. A few degrees more or less of heat or cold and the phenomena we call life would cease, and a blankness of which we can form no real conception would follow. In endeavering to form a mental picture of such a world we are reminded of



CHILDREN SHOULD NOT BE ALLOWED TO PADDLE AROUND WITH HEADS EXPOSED TO THE SUN.

Huxley's reasons for standing midway between the idealist and materialist, ply energy and repair tissue waste. If unable to picture either a world in which there was no mind to mirror a light diet is the rational course. mind existing with out an external world from which it could receive impressions.

Keep the Mind Busy.

But are these good hot weather prob lems? Isn't the latest "best seller" a more appropriate subject for the "dog days?" Not necessarily. Anything that will really make you think in het weather and keep the mind from dwelling on a misfortune which cannot be helped and which comes regularly every season is of value in preventing the physical ills due to high temperature. Barring babies and those who are unfortunate enough to be compelled to overexert themselves physically in the broiling heat, most of the Ulness and physical depression that added people during the heated term are due to vapid mind wandering

and to drink. People who have something worth while to think about are not wasting much time in abusing the weather. This does not mean that it is wise to work at high pressure, either physically or mentally, during the extreme hot spells. On the contrary, there should be a slowing down of exertion and an avoidance of excitement. But occupation will lighten the mental strata woo depression which are such important factors in causing heat prostration.

Evil Influence of Drink.

I hesitate to state that alcohol taken freely lowers the body temperature lest some one seize this as an excuse for drinking in the heated term. It is true, however, that alcohol reduces the body temperature and is therefore a dangerous drink in cold weather But it does not follow that alcohol is indicated in hot weather. Alcohol is an annesthetic and depressant, lessening the bedily resistance to disease and so affecting the nervous system that it is peculiarly vulnerable to heat strokes or thermic fever as well as to grip. pneumonia and other cold weather

During the heated term it is wise to keep out of annoying conferences and disputes. Heat induces a peculiarly sensitive and trritable condition, which is aptly described by the phrase "carrying a chip on one's shoulder."

Dressing For the Weather. Some persons are guided by the calendar instead of the thermometer in the matter of clothing. During moderate winter weather they are overdressed, and in extreme hot weather they continue to wear clothing adapted to

temperate summer heat. The wisest plan is to dress especially for the weather. We should have extra light clothing for torrid weather, just as we should have extra heavy outer clothing for blizzard weather.

Lightweight and light colored clothing is most bealthful when the heat and humidity are excessive. The extreme conservatism of Americans in

the matter of dress and a fear of being conspicuous have deterred many people in the northern section of the country from adopting white duck, linen crash or white flannel suits during

the extreme summer weather.

It is not uncommon to see dark colored, thick clothing, more appropriate for spring wear, worn with dumb and patient persistency right through the sizzling heat of midsummer. Even an occasional stiffly starched shirt bosom may be noticed.

Loose, light colored, porous clothing will exert a marvelous influence for manfort. The money wasted in futile attempts to quench thirst would be better expended on a linen suit and

inen mesh underwear. On the other hand, neck mufflers and heavy furs worn during moderate winter weather simply invite colds. mip and pneumonia by rendering the venrer undniv dependent on such garnests. Furthermore, during moderate weather heavy furs are a burden and induce fatigue and depression. Comuon sense should be exercised in such udividual peculiarities of constitution extra protection against cold, but the average individual should endeavor to become adapted to the wearing of medium weight clothing for ordinary winter weather and take extra precautions when "blizzard" weather is to be

Bathing and the Weather.

The daily morning shower or plunge vill brace the nervous system for the ordeal of a hot day; likewise it will give poise to the circulation and develop a resistance to cold weather perils the evening will often prove refreshing and soothing. A cold bath at night may prove exciting rather than cool ing and restful.

Children should not be allowed to paddle around in the water with heads exposed to the sun. A sea dip is good for them, but they should not be per mitted to play around the water uness their tender little brains are well protected from the sun's rays. Cool feet and hot head make a bad combina-

Restful Sleep Necessary.

Restful sleep is very necessary to restore the nervous system exhausted by prolonged hot weather. Late suppers and indiscretions in eating and drinking are often responsible for disturbed sleep. Care in this regard is especially necessary when the heat and humidity are extreme.

A tepid bath before retiring will often prove eiffelent in promoting rest-

Diet and the Weather.

It is not wise to starve oneself in hot weather. But there is little risk of this happening in prosperous America. The fact that the poor of India are starved for fats and proteids is no proof that any considerable number of people in this country are underfed. On the contrary, the average American family probably eats too much most of the time and especially during

the heated term. If much exercise is taken a fairly generous diet will be required to supa pretty quiet physical existence is led Green vegetables should have the preference over meat. Milk is not a good hot weather food for an adult and should be withdrawn from the child or infant at the first sign of bowel trouble. Soda fountain drinks day labor for postal clerks and carare better than beer or gin fizzes, but riers. Pamphlets setting forth rea-

water is the best thirst quencher. In the cold weather the proportion of fats and starches, which are beat and energy producers, may be increased. Milk is a more valuable food in cold weather than in hot weather and is less likely to be contaminated by germs in winter season. It is not an ideal food for the average adult. however, who should be able to secure sufficient fat from the elements of a mixed diet. It should be borne in mind that there is a close relationship between constipation and intestinal toxemia and susceptibility to colds Congestion of the masal passages seems to be directly caused in many ases by the so called "billous" state. This is simply a toxic condition due to overeating or faulty eating. Rich, indigestible foods, and especially after theater suppers, are frequently responsilde for attacks of grip and other win-

As I have stated, alcohol is not a real food at any time, and in the winter time it distinctly lowers the resistance to such diseases as pneumonia, con sumption, broughttis, etc.

The Ice Water Habit.

Ice water is not only harmful in hecking digestion and dilating the stomach, but ice often contains germs or their spores, which when taken into the system rapidly multiply, 1ce should never be placed directly in drinking water.

Heat Stroke and Exhaustion.

Sunstroke, heat stroke or thermic fever is generally caused by alcoholism. The patient falls unconscious, the face is congested and the breathing

Cold is the remedy-ice pack to the head and cold water sponged over the body, or a full cold bath may be given, Cold water may be sprayed or poured over the body until the temperature

In most cold weather complaints heat is the emergency remedy. The hot foot bath, hot drinks such as flaxseed tea, ginger tea, lemonade, etc., are really of wonderful service in abating colds, grip, etc., especially if they are taken in a proper manner and a good perspiration induced. The dan ger of taking extra cold after such treatment has been greatly exagger-

The Pealme.

was taking Sunday duty in a remote hamlet among the Yorkshire wolds. After morning service the old clerk came up to him and observed: "So ye calls them 'Sauums,' do ye? Noo, we never knew what to make o' that 'ere P. We allus calls 'em 'Spasms.' "-

London Scraps. The News will get it for you.

St. Paul, Minn., Feb. 20. - Teams from Chicago, Des Molnes, Winnipeg, Superior, Sioux City, Aberdeen, S. D. and Winona, Minn., held the alleys esterday and last night in the interational bowling tournament.

The brewers of Sloux City made he bighest score of the day in the ive-men event, putting them in ninth place. Royals of Winnipeg were next righ with 2,690.

Lipe and Knight of Des Moines were ligh in the doubles with 1,173 and are now in third place, while a score of ,169 by Cuthbertson and Gibson of Vicnipeg landed them in fourth place. McKean of Winnipeg went into ourth place in the singles, with 629. Neblett of Des Moines was next high

matters and due allowance made for ENGLISH BANTAM GOES HOME.

Digger Stanley Discouraged by Treatment He Received Here.

New York, Feb. 20.-An outgoing rans-Atlantic liner this week will rave as one of her passengers Digger Stanley, the English bantamweight champion, on his way home. Stanley says he is discouraged by the treat ment some critics of boxing in this country have accorded him.

"I was truly dumfounded," said Stanley, "when after beating Frankie Burns safely on points, I read in some papers the next day that I had of grip, bronchitis, etc. A tepid bath in lost. I'll be glad to box Burns in London and will guarantee him a square deal, too,"

Stanley was charged by some crit es with using unwarrantedly rough tactics in the fight with Burns.

MORE SMALLPOX AT GORDON.

Three New Families Quarantined With With the Disease There.

Gordon, Neb., Feb. 20.-Special to the News: Three new families have been quarantined for smallpox here during the past week, while the quarantine has been raised on two of the families that have had it.

Lloyd George Recovers.

London Feb. 20.-David Lloyd leorge, the chancellor of the exchemer, is reported to have completely recovered his health here. He will esume his place in the house of comsens today.

HUMPHREY LOSES ONE.

Timber Lake Gets Land Office Moved From Aberdeen, S. D.

Washington, Feb. 20. - Senator Brown recommended the appointment f W. C. Foster to be postmaster a Meadow, Neb.

The village of Humphrey lost on oul during the last decade. Its popul ation today is 868 as compared with 69 in 1900 and 691 in 1890.

President Taft signed an executive order removing the land office from therdeen to Timber Lake, S. D.

Ask Sunday Postoffice Ciosing. Chicago, Feb. 20.-Christian Endeavorer workers stormed the Chicago postoffice and substations with 12,000 printed appeals to abolish Sunsons for the abolition of Sunday labor and asking the co-opeartion of the public were distribued among per-

sons calling for the mail. Gordon Wins Debate,

Gordon, Neb., Feb. 20.-Special to The News: Gordon high school won n the debating contest with Chadron. The debate took place at the Gordon opera house. The building was crowdd. The question debated was: "Resolved. That the policy of maintaining the United States navy at its present strength is preferable to the policy of substantially increasing it." Gordon had the affirmative.

The debate was especially interest ng because the Gordon and Chadron cams each won last year in every debate with high school teams in northwest Nebraska, until at the close of the season these teams met and Chadron carried off the honors. Naturally Gordon is jubilant in reversing conditions this year. Wayland Case, Ross Rash and Glenn Gaely comprised the Gordon team. Kenneth Scovel, Frank Morissey and Charles Lowenthal rep resented Chadron.

Here's Another "First" Robin. Scottsville, Neb., Feb. 20.-Editor News: I saw the first robin on my ranch today and it surely must be the irst robin of the season, Charles Mulhan.

Seven Perish in Fire.

Sutton, W. Va., Feb. 20.-Seven per ons lost their lives in a fire which destroyed the home of J. D. Harding of this city. Only Mr. Harding escaped, the six remaining members of his family and a little girl who made her home with the Hardings perishing in the flames. The fire was caused by natural gas grate.

To Try Long Over-Water Flight. o break all over-water flight records the mayor. ill be made this week as a feature of the census celebration. J. A. D. Mc-Curdy, who recently attempted a flight from Key West to Havana and Ault claims no violence occurred in came within ten miles of his destina- the postoffice, but that when Lintetion, is expected to participate, and cum was approached by Ault on the Ely, Post, Ward and Beachy are oth-

The route which the aviators will attempt to cover is from the Tampa aviation grounds down the bay to Fort Dade, thence to Sarasota Bay miles. No flyer has yet negotiated pear from the verdict, was the view Many years ago a new clergyman and return, a little over a hundred that distance over water.

Oakdale Items. E. D. Hammond of Norfolk was in

town transacting business. John C. Jenkins of Neligh was a

misiness visitor here. C. B. Beer returned from Omaha this city, to Robert Grady. Following an independent ticket.

M. L. Thompson is nearly ready for cominess in his new location in the

James Lehev of Ewing was a busi ress vistor in town Saturday. The Oakdale musicians are to organize a band Monday evening. Oakdale has considerable talent along this line and a strong organization is

were down over Sunday visiting rel- days' Illness.

atives. A number of the young ladies met RAILWAY EMPLOYES WIN CASE open invitation of Miss Lulu I. Durand and formed a club called the "Independent Order of Unappropriated Blessings." The officers elected were: Lella Admire, president: Agnes Robinson, vice president; Gertrude B. treasurer. The object of this club is o act as auxiliary of the Booster club, orimarily in an endeavor to improve he social conditions in Oakdale. Dorsey L. Shenefelt of Neligh was

seen here. A. G. Beach made a trip to Tilden Homer McDonald spent Sunday with als family at Tilden.

Miss Lulu I, Durland is reported as

Japs Renounce Canadian Contract. London, Feb. 20. - Japan has reiounced the Anglo-Japanese convention of 1906 regulating the commercial relations between Canada and Japan. The convention will thus expire in

confined to the house with measles.

Neligh Raises Oakdate Bid.

Neligh, Neb., Feb. 20.-Special to The News: Now comes the "Boosters' club" of Neligh, Neb., with a substantial raise of Oakdale's bid on the removal of the state capital from Lincoln to Neligh, Neb.

Resolutions were passed to raise the cash bonus from \$250,000 to \$400,-000, and in addition to furnish light. heat and water for a period of 100

As a further special inducement ing law will not be enforced during that a spotted coach dog will be fur- decision announced today by the sunished to parade at all times under preme court of the United States, the the water wagon.

Booster club," signed by the mayor, lumber from the Willamette Valley, city council and George Summers for Oregon, to San Francisco. the faithful performance of their contract.

THE MUMPS AT CORNELL.

So Many College Students Attacked

That They Overtax Infirmary. Ithaca, N. Y., Feb. 20.-Cornell stuleats suffering from the mumps, have ing violated the Sherman anti-trust so overtaxed the capacity of the in- law. firmary that the university will advertige for accommodations for the cases. Thirty-five are now severely ill and the epidemic is still spreading.

Mexico Basis for Peace.

Paris, Feb. 20.-In a review of the tour, minister of finance in the cabinet of President Diaz, declared that the only basis for peace was that the insurgents lay down their arms pending negotiations with the government which on its part should grant a reform of the revolutionary party.

Canada Favors Reciprocity.

Ottawa, Ont., Feb. 20.-That Canada has a good bargain in the reciprocity agreement with the United States, and that it will stimulate rather than check the investment of British capital in the Dominion is the opinion of A. M. Grenfell, son-inlaw of Earl Grenfell, the governor general and English banker with Canadian connections.

Death of Mrs. J. E. Campbell.

Neligh, Neb., Feb. 29.-Special to Campbell, died at her home five miles north of this city Saturday morning of typhoid fever, after an illness of about ten days. The family have only made their home in this county for about one year. The body was shipned yesterday afternoon to Dignola, Ia., their former home, for burial. The deceased is survived by a husband and four children.

Ault Was Acquitted.

Bonesteel, S. D. Feb. 20. Special to The News: A. J. Ault was acquitted of the charge of assault and battery upon the person of Mayor A. W Lintecum by a jury of six Bonestee business men after a trial lasting unti midnight.

While technically guilty of the of ense charged, the testimony adduced at the trial was considered by the jury to have been sufficient provocation for

the assault. Lintecum removed Auit last fall from the job of chief of police. He claims it was because he refused to perform certain disagreeable duties elating to the government of the saoons. Since that time he claims Mayor Lintecum has persecuted him. At article appeared in the Gregory Coun-Tampa, Fla., Feb. 20 .- An attempt ty Herald critcising Ault, signed by

> Ault approached the mayor in the ostoffice, requesting bim to step outside where he could talk with him. sidewalk and civilly asked why he I know I can get money from the prispersisted in abusing the latter and was requested to suppress the article men are unsuccessful. Some of the that was about to be published, the mayor sought to rebuff Ault and Ault claims his manner invited the first blow in the eye. This, it would aptaken by the jury.

> > Grady-Howe,

INTERNATIONAL BOWLING MEET tendance on his wife during her op-the bride's sister, Mrs. J. J. Leik, Mr. ind Mrs. Grady left for their future home at Lincoln, where Mr. Grady is a brakeman on the Burlington raiload. Among the guests were Mr. and Mrs. Arthur Dehler, the latter a syser of the groom.

Congressman Allen Dead.

Washington, Feb. 20.-Representative Amos L. Allen of Washington. died of pneumonia at his apartments George Jackson and wife of Neligh here early today, following several

lowa Law Granting Them Right to Damages, Is Upheld. Washington, Feb. 20.-The constitu tionality of the law of Iowa passed in 1898, enabling an employe of the op

Gove, secretary, and Lulu I. Durland erating department of a ratiroad to sue a railroad for injuries, notwith standing the fact that he had received injury benefits from a relief department supported partially by the rail road, was upheld today by the subreme court of the United States.

"FULL CREW" LAW UPHELD.

Size of Crews on Freight Trains Can

Be Regulated by a State. Washington, Feb. 20. - The "full rew" act of Arkansas, regulating the size of crews on freight trains, was held today to be constitutional by the supreme court of the United States.

Boycott Case Dismissed.

Washington, Feb. 20. - The noted boycott" case brought by the S. Bucks Stove and Range company against the American Federation of Labor, came to an end today when the supreme court of the United States dismissed formally the appeal to it from the lower courts. The action does not affect the contempt case against President Compers and two other federation officials

A Railroad Wins Decision. Washington, Peb. 20.-A transporta tion rate is not "unjust and unreason they promise that the 8 o'clock clos- able" within the meaning of the interstate commerce laws merely because the sessions of the legislature, and it may be inequitable, according to a court holding invalid an interstate A bond will be executed by said commerce order reducing the rates on

TO REVIEW ROSIN TRUST CASE

Washington, Feb. 20.—The supreme ourt of the United States today granted a request that it review the conviction of officials of the American naval stores company, accused of hav-

The American naval stores company, whose officials were concerned Mrs. Sheriff Was Overcome by Smoke, in the action of the court today, has been referred to as the "turpentine

and rosin trust." what is claimed to be more than fifty interior of the small house and dam- be at his office. crisis in Mexico, made today for the percent of the turpentine and rosin aged the furniture. Mr. Sheriff, who obtained from the long leaf yellow pine of the Carolinas, Georgia, Florida, Alabama, Mississippi, Louisiana and Texas, the company long has been ed the fire in the kitchen stove and Lodge's house, recently purchased by a prominent figure in the trade of the

through the United States. Today's action was the outcome of prosecution begun in 1908 in the United States circuit court of Georgia, against the company, its officers and others for alleged violation of the

Sherman anti-trust law. It had been preceded by other pros ecutions. In one of these Spencer P. Shotter, whose activities as chairman of the board of directors has made him the most prominent figure in the company, was found guilty of violating the interstate commerce laws and fined. In another, he was found guilty of violating the Sherman anti-trust law and Monday morning at the age of 62. fined. In the case before the court to-The News: Jessie, the wife of J. E. day he has been sentenced to prison been announced. for alleged violation of the anti-trust

law, in addition to payment of a fine. The government's claim of conspir- her. Her husband, Charles Eble, died W. Ramson, C. P. Parish, George B. acy among the defendants was based partly on the peculiar system of markets for turpentine and rosin. It was by the government that the only open or quotation market in the United of Mrs. Caroline Boldt, who died at States for the sale of naval stores was her home on South Fifth street Friat Savannah, Ga. At all the other day night from a stroke of paralysis night of 200 selected voices, assisted ports or markets, it was claimed, the of the heart, took place at 2 o'clock by Mme. Nordica. Mrs. McNamee's

prices at Savannah. claims the defendants conspired to Rev. J. P. Mueller at the Christ Luthstay out of the Savannah market in eran church, after which the remains the early part of 1998 in order to de- were interred in the New Lutheran summons to appear before Judge press that market and during that cemetery. Mrs. Boldt leaves to mourn Elseley in whose court there have time to make large purchases at clos- her loss besides the husband. Ernest been filed four suits against him to reed markets, where the prices would Boldt, four sons - William, Robert, caver an aggregate sum of \$300 be depressed because of the depress Otto and Richard-and one daughter, Among those filing the suits against sion at Savannah.

EISELEY ON THE WARPATH.

Can't Understand Why Police Turn Loose Arrested Men. Although the police made two ar-

made of them. It is reported two men cigar store, but were probably turned

"Officially there are no prisoners oday," said Judge Eiseley, "but otherwise there were probably a few arrests since Sunday. I cannot account for the reason why the police do not bring the prisoners before me for trial. oners in many cases where the policepolice say they do not like to search the drunks they arrest because they are too drunk and too dirty.'

Friday to Run Without Party? There is a pretty well authenticated story going the rounds of political circles that Mayor John Friday has de-Miss Bertha Howe of Norfolk, clared that, in case he is defeated in daughter of Mr. and Mrs. A. D. Howe, the forthcoming democratic city conwas married Monday morning at 9 vention for renomination, he will seek o'clock at the Catholic parsonage in re-election to his present position on

Saturday, where he has been in at- a wedding breakfast at the home of The announcement some time ago

Does Not Strain the Eyes

Don't use a small, concentrated light over one shoulder. It puts an unequal strain on your eyes. Use a diffused, soft, mellow light that cannot flicker, that equalizes the work of the eyes, such as the Rayo

The Rayo is designed to give the best light, and it does. It has a strong, durable shade-holder that is held firm and true. A new burner gives added strength. Made of solid

brass and finished in nickel. Easy to

Lamp gives, and avoid eye strain.

keep polished. The Rayo is low priced, but no other lamp gives a better light at any price. Once a Rayo User, Always One.

Dealers Everywhere. If not at yours, write for descri-circular to the nearest agency of the Standard Oil Company

that Councilman Kauffman was likely Senator Clark, is seriously ill with be the democratic nominee for the appendicitis in Roosevelt hospital and ayoralty, is said to have resulted in surgeons were prepared to operate Mayor Friday's declaration that he this afternoon. Senator Clark was at rould make the race independent of the hospital until late last night and the democratic party, if his party again this morning, failed to renominate him. He would make the race for re-election, it is said, on a municipal light plant ownership platform.

Brummund is a Candidate. Water Commissioner August Brumrund announces that he will again be a candidate for the position as water commissioner. At the same time he declares there are at present about one dozen other men after his position, but is confident that he can eas-By be elected if he is named in the democratic city convention. Among the other candidates are Street Commissioner Uecker and Frank Carrick

Light Proposition at Wymore.

Wymore, Neb., Feb. 20,-The city ouncil met and considered the water and lighting question in all its phases. The committee appointed to investigate the cost of putting in a combined water and electric plant reported untavorably to the proposition, but recommended that a motor power plant be used in furnishing the power.

Manager Capps of the Beatrice Elecric company was present and made : proposition to furnish the power for cents per killowat, the same rate charged at Beatrice, and \$60 minimum. It is quite probable that the

and a defective flue in the kitchen of at Woodland, Wis. As a distributor and exporter of Taylor avenue, partly destroyed the is employed as night electrician at the mill, was visiting with his mother who tack of the grip, is recovering. is ill, and Mrs. Sheriff had replenishworld. Its customers are scattered en which she was to send to her sick mother. When she returned she of Enola, found the kitchen filled with smoke and the fire making great headway. She was overcome by the smoke and had to be carried in an uncon-

scious condition to the Wade residence. Although the roads were in very bad shape, the fire department arrived on the scene in time to prevent the total destruction of the little quite a serious time with an infected

Mrs. Charles Eble Expires Suddenly. Mrs, Elsie Eble, for forty years a resident of Norfolk, died suddenly Funeral arrangements have not yet

Mrs. Caroline Boldt.

prices were based on the closing Monday afternoon at the family home, sister, Miss Fannie, who spent some where short services were held. At months in Norfolk a few years ago. This being the case, the government 2:20 regular services were held by sligs in the concert. Mrs. Fred Bauermeister of Stanton Goebler are: H. A. Pasewalk, Edcounty. Two other daughters were born to Mr. and Mrs. Boldt.

time of her death. She was born in of Goebler, asks for \$197 wages in Mecklenburg-Strelitz province, Ger. Judge Lambert's court. many, on March 1, 1843, and in 1862 Mrs. Rosa Beels wishes to deny the ests Saturday night, Judge Eiseley she immigrated with her parents to statement given out the other day says there has been no official record the United States, settling in Chicago, that she did not notify her former A year later she was married to Er. husband of the illness of their child were arrested for fighting in a local nest Boldt and in 1873 she came with until the day before the death. Mrs. her husband to Nebraska, settling on Beels exhibits a letter from her husthis city. Four years ago last fall Mr. acknowledges "a recent favor" notifyand Mrs. Boldt moved from their farm ing him of the child's sickness. A to their home on South Fifth street, short funeral service over the dead where a short time later Mrs. Boldt child was held at the home of Mrs. suffered a paralytic stroke. She re. Butler Saturday afternoon. Mrs. Beels overed and was able to use her limbs, declares she is being persecuted by Friday night she seemed very cheerful and conversed with her husband gard to her. and son Richard. She retired shortly after 9 o'clock, but at 10 o'clock she Norfolk friends of the marriage at ever, and at 11:10 she passed away.

MRS. W. A. CLARK VERY ILL.

Surgeons Prepare to Operate on Wife of United States Senator,

A. Clark, wife of former United States day's wedding.

It was proposed to operate on her yesterday but she was too weak.

MONDAY MENTIONS.

J. P. Riddle of Creighton was here. J. W. Christensen of Tilden was

George F. Theis of Pilger was in D. L. Best of Battle Creek was in

the city William L. Thompson left for Atkinson for a week's visit with rela-

P. H. Davis went to Wood Lake on A. A. Atkins of Neilga was a visitor

Rev. Otto Bergfelder went to Columbus on business. Mrs. L. G. English of Lincoln was a isitor in the city.

n the city,

business.

Henry Woerth of Scribner was here ransacting business. D. T. Hodson of Madison spent Sunny here with friends.

H. C. Peckham of Phillip, S. D., was a the city transacting business. Mr. and Mrs. Frank Melcher returnof from Chicago and other eastern cities, where Mr. Melcher transacted

John R. Hays returned from Lincity will enter into a contract with coln, where he attended a committee the company to furnish the power for meeting of the state postmasters' asociaston. Bernard Quant, who was here visit-

ing with his cousin, Professor Court-Fire from an overheated cook stove new Quant, has returned to his home the Aden Sheriff residence at 1104 City Attorney H. F. Barnhart, who has been quite ill, is now again able to

Mrs. H. G. Brueggeman, who has George Stalcup is moving Jim had gone to the back yard for a chick- Thomas Malone. It is being moved

from Pleasant Valley to one mile west The shipment of fancy bred Belgian horses for Norfolk have been delayed. according to a telegram received at the local express office. It is expected the horses will arrive here about next

Wednesday. Mrs. William Lovett, living on South Sixth street, has been having wound in one of her feet as the result of stepping on a nail. A physician lanced the injured member Monday. The automobile show which opens

ı week's session in Omaha tonight

will be attended by a number of auto-

mobile enthusiasts of this city, who will go to Omaha Tuesday. Among Mrs. Eble was the mother of fifteen them are: Morris Irvin, H. A. Pasechildren, fourteen of whom survive walk, L. P. Pasewalk, W. P. Logan, J. Christeph, Charles Ahlman, Mrs. W. J. McNamee left yesterday noon for a few weeks' visit with her Funeral services over the remains parents, Mr. and Mrs. C. M. Webb of Toronto, Canada, She will reach

Should William Goebler return to Norfolk soon he will be served with wards Bradford Lumber Co., and the German American Life Insurance com-Mrs. Boldt was 67 years old at the pany. Charles Spiering, an employe

homestead four miles northeast of band dated February 15 in which he the circulation of false reports in re-

Announcement has been received by

arose, complaining of the closeness of Blair on Saturday of John Dingman. the room. She then suffered pains formerly of Norfolk, to Miss Martha about the heart, but refused to have a Elizabeth Foss. Mr. and Mrs. Dingphysician called thinking the attack man will reside at Council Bluffs. was temporary. She grew worse, how- where the groom is a druggist. A pretty romance was the foundation for this marriage. The bride was formerly a trained nurse and attended Mr. Dingman when he was injured in the Northwestern railway service. This acquaintance was the beginning New York, Feb. 20 .- Mrs. William of the romance that resulted in Satur-

(Incorporated) 1000 BEET BEET BEET BEET BEET