

Athletic Women.
"Anything that hardens boys and tends to make them more manly, more courageous, and more self-reliant must be good in itself," writes Stuart Lancaster in the Boudoir. "But in the case of girls, it may safely be asserted, without staying to prove the assertion, that it is altogether bad for them to become 'hard' and muscular like their brothers, and the question at once arises—Are 'manly' and 'womanly' directly contradictory terms? Or, although we all agree to despise the womanly man, can we admire the manly woman. Physically, girls are unfitted by nature to stand the stress and strain of constant hard exercise."

He Doesn't Curse Now.
Washington, Kan., Dec. 25 (Special)—Jesse E. Mitchell is a telephone line man, and also a well-known resident here. Everybody acquainted with Mr. Mitchell knows that he was a man who held very positive views about Patent Medicine. Hear what he says now:

"I used to curse all kinds of Patent Medicines, for they never did me any good, but Dodd's Kidney Pills have caused me to change my mind. For twelve years I suffered from Kidney Trouble. There was a hurting across my back that made it positive agony to stoop, and as I am in a stooping position nearly all day, you can imagine how I suffered. After a day's work that any man would think nothing of, I would be tired and worn out. In fact, I was always tired. I began using Dodd's Kidney Pills and after taking four boxes I feel like a new man, I am as fresh at night as when I begin work in the morning. I have no pain in my back now, and I am stronger than ever."

Metric Photography.
M. Bertillon, of anthropometry fame among the police of the world, has just conferred a lasting boon upon photography. The taking of a photograph which should reproduce dimensions and distance with any approach to precision has long been almost despair of by experts. The problem, however, has been solved by M. Bertillon. He has just perfected an apparatus and process which he names metric photography. By this method dimensions, spaces, distances and the relative forms and positions represented on the negative can be determined with the greatest exactitude.

THE COUPON BELOW IS GOOD FOR \$1.00 IF SENT AT ONCE.

It is Wrong for You to Neglect Your Duty to Yourself—Constipation, Bowel and Stomach Troubles, Grow More Dangerous Daily.

There is now a remedy called Mull's Grape Tonic that cures these troubles absolutely.

A full sized bottle is furnished you free to prove it—see coupon below.

Have you noticed the large number of cases of Typhoid Fever lately? Typhoid Fever, Malarial Fever, Appendicitis, Impure Blood, Pimples, Skin Diseases, Sick Headache, Biliousness, Piles, Female Troubles, etc., are the result of Constipation.

Don't allow it to run on without proper treatment. Mull's Grape Tonic cures Constipation, Bowel and Stomach trouble in a new way, different from any other, and it is permanent.

Alcoholic, opium and morphine preparations are injurious and dangerous. They destroy the digestive organs, and literally tear the system to pieces. Mull's Grape Tonic strengthens and builds them up. It cleanses the system of impurities, incites the digestive system to natural action, and cures the disease in a short time. To prove it to you, we will give you a bottle free if you have never used it.

Good for ailing children and nursing mothers.

A free bottle to all who have never used it because we know it will cure you.

COUPON.
139 GOOD FOR ONE DOLLAR 1230-5
Send this coupon with your name and address, your druggist's name and 10c to pay postage and we will supply you a multiple free, if you have never used Mull's Grape Tonic, and will also send you a certificate good for \$1.00 toward the purchase of more Tonic from your druggist.

MULL'S GRAPE TONIC CO., 21 Third Ave., Rock Island, Ill.
Give Full Address and Write Plainly
25 cent, 50 cent and \$1.00 bottles at all druggists. The \$1.00 bottle contains about six times as much as the 25 cent bottle and about three times as much as the 50 cent bottle. There is a great saving in buying the \$1.00 size.

The genuine has a date and number stamped on the label—take no other from your druggist.

What Was Needed.
"My friend," said the perspiring chauffeur, whose tonneau had broken down on the pike, "can you tell me how far it is from here to Three Oaks?"
"Thirty miles as the crow flies," responded the sun-tanned farmer.
"Thank you. And now will you please hand them over?"
"Hand what over, stranger?"
"Why, a pair of crow's wings."

State of Ohio, City of Toledo, Lucas County, ss.

Frank J. Cheney makes oath that he is senior partner of the firm of F. J. Cheney & Co., doing business in the City of Toledo, County and State aforesaid, and that said firm will pay the sum of ONE HUNDRED DOLLARS for each and every case of Catarrh that cannot be cured by the use of Hall's Catarrh Cure.

FRANK J. CHENEY.
Sworn to before me and subscribed in my presence, this 6th day of December, A. D. 1905.
A. W. SLEASON,
Notary Public.
Hall's Catarrh Cure is taken internally, and acts directly on the blood and mucous surfaces of the system. Send for testimonials free.
F. J. CHENEY & CO.,
Toledo, O.
Sold by all Druggists, 75c.
Take Hall's Family Pills for constipation.

A Friendly Tip.
Wedderly—You look worried, old man. What's the cause thereof?
Singleton (with a sigh)—Oh, several things.
Wedderly—Well, take my advice and marry one of them and let the others go. I've been there myself.

TO CURE A COLD IN ONE DAY.
Take LAXATIVE BROMO Quinine Tablets. Druggists refund money if it fails to cure. E. W. Grove's signature is on each box, 25c.

An Idea.
Student—Professor, won't you give me an idea for an essay?
Professor—Write about a student who wanted to write an essay, and hadn't any ideas.



Work Too Many Hours.

In a recent speech made by P. H. Morrissey, grand master of the Brotherhood of Railroad Trainmen, he declared that railway employees were compelled to work too many hours to insure safe traffic on the roads. He said:

"There is no other occupation to-day in which men are forced to be more alert and active and yet are expected to remain in service so many hours at a time. Laws should be enacted to protect the railroad man. We should work unitedly in an effort to procure the enactment of measures providing for the maintenance of the families of railroad men who meet with misfortune. If railroad companies can be forced by legislation to install safety appliances for the benefit of the patrons of the road, it would be no more than fair that the employees themselves and their families should be taken care of. We hear about the shipping rates and what benefits passengers should receive from the roads they patronize, but all the time the vast army of our dead and the train of mourners who follow the victims of the merciless railroad march pass unheeded. There should be provided by law a compensation act, forcing the railroad to provide an annuity for the family equal to the earning power of the injured man."

The Seamen's Union.

The International convention of the Seamen's Union was held at Cleveland, Ohio, recently. This organization is in a prosperous condition and has done wonders in assisting those who follow a dangerous calling.

William H. Frazier is the general secretary-treasurer, and has the entire confidence of the members of the organization. One of the largest and most important branches of the international is the Atlantic Coast Seamen's Union, which has its headquarters in Boston.

Industrial Notes.
In the United States and Canada the International Typographical Union has secured the eight-hour work-day in 280 cities.

Boston United Hatters' Unions 5 and 6 have adjusted the price lists for the year with every local manufacturing firm. The main changes from the existing bills of prices are largely on special styles for next season.

Marble Cutters and Setters' Union 50 reports that progress is being made towards an amicable adjustment of the union's request for an increase in the minimum scale to \$3.50 a day. The present rate is \$3.

Slate and Soapstone Workers' Union has begun considering the advisability of making a fixed minimum rate of wages for all lines of work in that trade. At present the union has a rule by which no one can work for less than \$2.50 a day. The wages paid run from \$2.50 to \$4.50 a day for various lines.

William J. Spencer, secretary-treasurer of the Structural Building Trades' Alliance of America, has sent out a report to affiliated crafts in which he declares the alliance is rapidly gaining in strength. The last charters granted were at Hot Springs, Ark.; Englewood, N. J.; Springfield, Mass., and Chicago, Ill.

The United States Supreme Court recently affirmed the decision of the Supreme Court of the State of Missouri upholding the validity of the State law which fixes eight hours as the length of a day's work in the mines. The superintendent of a mine held workmen for a longer period and was proceeded against in the State court, it being a test case.

A press dispatch says: "A British Columbia miner has been fined \$250 by a judge for working more than eight hours a day. Because he worked half an hour longer than the law allowed, P. Zanani, a miner employed in the collieries of James Dunsmuir at Cumberland, B. C., has been found guilty by Judge Abrams of violating the eight-hour law and fined \$250."

It was an eight hour committee who gave the union printers the battle cry. "We propose to sell to the employer eight hours out of the twenty-four, and we will do as we please with the remaining sixteen." An equally inspiring sibboleth is that enunciated by the Label Committee of the union, which says, "Let those employers who are content to employ non-union men be content with the patronage of non-union men."

The Court of Appeals in the State of New York rendered a decision recently that a contract between an employer and a labor union to employ only union men was legal and binding, and the party who violated such a contract could not shirk responsibility on the plea that such a contract was contrary to public policy. In the particular case in point a clothing firm declared for the open shop and broke the closed shop contract it had with the United Garment Workers.

More than 2,000 men are employed at the locomotive shops in Reading, Pa. The monthly payroll amounts to a little more than \$110,000. When additions, now in course of construction, are completed, work will be given to at least 500 more men.

As a result of the efforts of organized labor in Holyoke, Mass., the working people won a victory at the polls in the late State election, and Senator-elect Daniel D. Mahoney will represent them in the State House in Boston. Mr. Mahoney has long been identified with the labor movement.

CONGRESS

The Senate Friday adopted a resolution of Mr. Stone requesting the Postmaster General for information as to whether college periodicals are admitted to the mails as second-class matter and whether a preference is shown some such periodicals over other similar publications. Mr. Gallinger reported the merchant marine bill. The Panama Canal bill was laid before the Senate and Mr. Bacon presented an amendment requiring quarterly reports giving lists of officers and employees of the commission above the grades of laborer and the salaries paid them. After debate by Messrs. Tillman, Spooner, Money, Hale, Culberson and Allison an agreement for a vote was reached and the Senate adjourned. The House devoted nearly all of the session to a lively debate on the possibilities of controlling insurance companies. Mr. Sherley (Ky.) stood for the doctrine of States' rights and Mr. Cockran (N. Y.) attacked the officers of the big life insurance companies. A message was sent to the Senate returning its bill regarding canal bonds as a usurpation of the constitutional right of the House to originate revenue legislation. The hazing incidents at Annapolis came up for much criticism.

The emergency bill appropriating \$11,000,000 for the Panama canal was passed by the Senate Saturday, after a debate which practically excluded all other business. A substitute offered by Mr. Hale for Mr. Bacon's amendment, specifically requiring that Congress shall be supplied with regular estimates of all salaries except those paid to laborers, was accepted. Mr. Hale made the authorized announcement that Secretary Bishop's duties as press agent would be abolished. The House indulged itself again to the extent of four hours in an academic discussion of federal control of insurance. The holiday recess was fixed from Dec. 21 to Jan. 4. For the purpose of bringing out information showing the existence of a civil pension list the House asked the President for the number of civil employees of the government who have reached the age of 70.

Whether the Senate is warranted in ignoring a Senator convicted in the courts on charges of misconduct and in not assigning him to places on standing committees, yet leaving his name on the roll, was discussed for two hours Monday and then dropped without a ruling. The matter came up when the list of standing committees was presented and it was stated that the name of Senator Burton of Kansas had been left out at his request. A resolution providing for adjournment from Dec. 21 to Jan. 4 was adopted. The message from the House disagreeing with the Senate amendments to the canal appropriation bill was laid before the Senate. A motion that the Senate insist on the amendments and agreeing to a conference was adopted. The ship subsidy bill was taken up, which makes it the unfinished business. A resolution calling on the Secretary of the Treasury for the names and locations of national banks and the amount of deposits of United States moneys from June 30, 1901, to 1905 was adopted. Insurance, hazing at West Point and Annapolis, the sufferings of the Russian Jews and immigration were the topics of discussion in the House under a general leave of talk. The only business done was to send the Panama canal appropriation bill to conference.

The Senate Tuesday accepted the report of the conference committee on the Panama canal emergency appropriation bill, which incorporated the Senate amendment as article 1, making the canal bonds available as a basis of national bank circulation. There was a brief discussion of the restoration of this provision and of the attitude of the House in resenting the Senate's action, in which speeches were made by Messrs. Spooner, Aldrich and Teller. All expressed the opinion that the Senate had not exceeded its prerogatives, but the finance committee was asked for an opinion. A bill was passed establishing a fish culture station in Illinois, \$25,000 being appropriated. The House continued debating topics of local or national interest, under the guise of referring the message of the President to committees. Federal control of insurance was the main feature in the remarks. A plea against the destruction of the old frigate Constitution was made by Mr. Sulzer (N. Y.). When the conference committee reported on the canal appropriation bill Mr. Williams, the minority leader, objected to action on it and the report went over a day.

The only notable feature of the open session of the Senate Wednesday was a brief discussion of railroad legislation by Messrs. Foraker and Culberson. At 12:57 p. m. the Senate went into executive session and adopted a motion calling on the President for the return of the notification of the Senate's confirmation of the nominations of the Panama Canal commissioners, for reconsideration. The House continued the general debate, and it is understood that the discussion of the President's message, which has been in progress for seven days, has been concluded. A feature of the oratory was a defense of the Agricultural Department by Southern members, who indorsed the government cotton statistics. The House agreed to the conference report on the Panama Canal appropriation bill and passed a bill for the relief of the Council City and Solomon River Railway Company of Alaska. Mr. Payne reported from the Ways and Means Committee the Philippine tariff for consideration Jan. 4.

National Capital Notes.

Prince Min, the Korean minister to France, who has been in Washington for several days past, called by appointment upon Secretary Root at the State Department and had a conference with him lasting nearly half an hour.

Representative Sulzer of New York introduced a resolution to save "Old Ironsides" (frigate Constitution), which requests the President to prevent the destruction of the frigate and to recommend measures for preserving what remains of the historic craft.

A Heavy Load to Carry.

Along with dyspepsia comes nervousness and general ill-health. Why? Because a disordered stomach does not permit the food to be properly digested, and its products assimilated by the system. The blood is charged with poisons which come from this disordered digestion, and in turn the nerves are not fed on good, red blood, and we see symptoms of nervousness, sleeplessness and general breakdown. It is not head work, nor over physical exertion that does it, but poor stomach work. With poor, thin blood the body is not protected against the attack of germs of grip, bronchitis and consumption. Fortify the body at once with Dr. Pierce's Golden Medical Discovery—a rare combination of native medicinal roots without a particle of alcohol or dangerous habit-forming drugs.

A little book of extracts, from prominent medical authorities extolling every ingredient contained in Dr. Pierce's Golden Medical Discovery will be mailed free to any address on request by postal note or letter. Address Dr. R. V. Pierce, Buffalo, N. Y.

Many years of active practice convinced Dr. Pierce of the value of many native roots as medicinal agents and he went to great expense, both in time and in money, to perfect his own peculiar processes for refining them both efficacious and safe for tonic, alterative and rebuilding agents. The enormous popularity of "Golden Medical Discovery" is due both to its scientific compounding and to the actual medicinal value of its ingredients. The publication of the names of the ingredients on the wrapper of every bottle sold, gives full assurance of its non-alcoholic character and removes all objection to the use of an unknown or secret remedy. It is not a patent medicine nor a secret one either. This fact puts it in a class all by itself, bearing as it does upon every bottle wrapper The Badge of Honesty, in the full list of its ingredients.

The "Golden Medical Discovery" cures, weak stomach, indigestion or dyspepsia, torpid liver and biliousness, ulceration of stomach and bowels and all catarrhal affections no matter what parts or organs may be affected with it. Dr. Pierce's Pileasant Pellets are the original little liver pills, first put up 40 years ago. They regulate and invigorate, stomach, liver and bowels. Much imitated but never equaled. Sugar-coated and easy to take as candy. One to three a dose.

Improved Mail-Bag Catcher.

A recent patented invention for this purpose is most ingenious and effective. Upon a vertical post set in the roadbed, and provided with brackets, two horizontal arms are pivoted, the lower one of which is spring-controlled. These arms support between them the mail-bag holder, which consists primarily of two swinging members, separately hinged together by the peculiar form of hinge. Attached to the two parts of the holder is a flexible connection such as leather, the purpose of which is to hold the two parts in alignment when not under strong pressure. When the arm of the car comes into contact with the mail sack, the joint formed by the hinged parts is broken. The parts separate and the bag is swept into the car.

Mrs. Winslow's Soothing Syrup for Children teething, softens the gums, reduces inflammation, allays pain, cures wind colic. 25 cents a bottle.

Caught at Point.

A child's reasoning may not be profound, but it is generally interesting, at least to parents. Polly, who St. James' Budget says, is the daughter of a peer, was drawing pictures on the slate for three-year-old Ralph.
"Look at this dog, Ralph," she said, with great satisfaction. "Isn't he nice? I drew it out of my own head."
"Oh, no," answered Ralph, solemnly. "It came out of the pencil. I saw it come."
Presently he added, with deep thoughtfulness, "There's lots of dogs in that pencil. One came out last night for Harold. I don't know how they get there."

Superstition in Devonshire.

Devonshire is known to the world for its superstitious usages, which defy all efforts to uproot them. To name only one example, when a person dies all the relatives must touch the body or they will be haunted by the ghost of the dead forever after. A superstition not so local in its observance is that of beginning no task on a Friday. The writer recently encountered a girl who, receiving notice to change from one room to another on Friday, insisted upon doing it on the Thursday instead. But the most curious instance of superstition—and this, too, is met much nearer home than Devon—is surely that which prescribes that when, say, a domestic servant has broken a piece of crockery, she is bound by fate to break two other pieces. So far is this idea carried that the writer knows a case where flower pots are kept for the special purpose of being broken to appease the fates! Charles Dickens, however, who died thirty-five years ago, noted that all good things had come to him on a Friday!—London Chronicle.

A GUARANTEED CURE FOR PILES. Itching, Blind, Bleeding Protruding Piles. Druggists are authorized to refund money if PAIN OINTMENT fails to cure in 6 to 14 days. 50c.

Puzzling Signs.

"Two strange signs in France and Italy have always puzzled me," said a globe trotter. "One is the sign to be seen in front of every barber's. This is a brass saucer, with a semi-circular nick in one side. Why should a nicked saucer signify a barber shop? I have asked many people, but none could answer me.

"The other sign waves before the shops of dyers and scourers. It consists of two long, slim curtains of cloth, one on each side of the door. The curtains may be of any color—red or blue or yellow—and they are eight or nine feet long and about four feet wide. What do they mean, I wonder?"

Piso's Cure for Consumption promptly relieves my little 5-year-old sister of cough.—Miss L. A. Pearce, 23 Pilling street, Brooklyn, N. Y., Oct. 2, 1901.

Then and Now.

"Goodness me!" exclaimed the woman at the kitchen door. "This is the second time you have called here this week."
"Well, dat ain't so worse," answered the hungry hobo. "Dere wuz a time when me best girl kicked if I didn't show up twice aday!"

PRICE, 25 Cts
TO CURE THE GRIP IN ONE DAY
ANTI-GRIPINE
THIS IS EQUAL FOR HEADACHE

ANTI-GRIPINE
IS GUARANTEED TO CURE GRIP, BAD COLD, HEADACHE AND NEURALGIA.
I won't sell Anti-Gripine to a dealer who won't guarantee it. Call for your MONEY BACK IF IT DOESN'T CURE!
F. W. Diemer, M.D., Manufacturer, Springfield, Mo.

Sale Ten Million Boxes a Year.
THE FAMILY'S FAVORITE MEDICINE
Cascarets
CANDY CATHARTIC
THEY WORK WHILE YOU SLEEP
BEST FOR THE BOWELS

HIGH CLASS DRUGGISTS AND - OTHERS.

The better class of druggists, everywhere, are men of scientific attainments and high integrity, who devote their lives to the welfare of their fellow men in supplying the best of remedies and purest medicinal agents of known value, in accordance with physicians' prescriptions and scientific formula. Druggists of the better class manufacture many excellent remedies, but always under original or official names and they never sell false brands, or imitation medicines. They are the men to deal with when in need of anything in their line, which usually includes all standard remedies and corresponding adjuncts of a first-class pharmacy and the finest and best of toilet articles and preparations and many useful accessories and remedial appliances. The earning of a fair living, with the satisfaction which arises from a knowledge of the benefits conferred upon their patrons and assistance to the medical profession, is usually their greatest reward for long years of study and many hours of daily toil. They all know that Syrup of Figs is an excellent laxative remedy and that it gives universal satisfaction, and therefore they are selling many millions of bottles annually to the well informed purchasers of the choicest remedies, and they always take pleasure in handing out the genuine article bearing the full name of the Company—California Fig Syrup Co.—printed on the front of every package. They know that in cases of colds and headaches attended by biliousness and constipation and of weakness or torpidity of the liver and bowels, arising from irregular habits, indigestion, or over-eating, that there is no other remedy so pleasant, prompt and beneficial in its effects as Syrup of Figs, and they are glad to sell it because it gives universal satisfaction.

Owing to the excellence of Syrup of Figs, the universal satisfaction which it gives and the immense demand for it, imitations have been made, tried and condemned, but there are individual druggists to be found, here and there, who do not maintain the dignity and principles of the profession and whose greed gets the better of their judgment, and who do not hesitate to recommend and try to sell the imitations in order to make a larger profit. Such preparations sometimes have the name—"Syrup of Figs"—or "Fig Syrup" and of some piratical concern, or fictitious fig syrup company, printed on the package, but they never have the full name of the Company—California Fig Syrup Co.—printed on the front of the package. The imitations should be rejected because they are injurious to the system. In order to sell the imitations they find it necessary to resort to misrepresentation or deception, and whenever a dealer passes off on a customer a preparation under the name of "Syrup of Figs" or "Fig Syrup," which does not bear the full name of the California Fig Syrup Co. printed on the front of the package, he is attempting to deceive and mislead the patron who has been so unfortunate as to enter his establishment, whether it be large or small, for if the dealer resorts to misrepresentation and deception in one case he will do so with other medicinal agents, and in the filling of physicians' prescriptions, and should be avoided by every one who values health and happiness. Knowing that the great majority of druggists are reliable, we supply the immense demand for our excellent remedy entirely through the druggists, of whom it may be purchased everywhere, in original packages only, at the regular price of fifty cents per bottle, but as exceptions exist it is necessary to inform the public of the facts, in order that all may decline or return any imitation which may be sold to them. If it does not bear the full name of the Company—California Fig Syrup Co.—printed on the front of every package, do not hesitate to return the article and to demand the return of your money, and in future go to one of the better class of druggists who will sell you what you wish and the best of everything in his line at reasonable prices.

A Positive CATARRH CURE
Ely's Cream Balm
is quickly absorbed. Gives Relief at Once.
It cleanses, soothes, heals and protects the diseased membrane. It cures Catarrh and drives away a Cold in the Head quickly. Restores the Senses of Taste and Smell. Full size 50 cts. at Drug-gists or by mail; Trial Size 10 cts. by mail. Ely Brothers, 56 Warren Street, New York.

CURES CONSTIPATION
Relief that comes from the use of pills or other cathartics is better than suffering from the results of constipation, but relief and cure combined may be had at the same price and more promptly, for
Lane's Family Medicine
is a cure for constipation, and the headache, backache, sideache and general debility that come from constipation stop when the bowels do their proper work.
Sold by all dealers at 25c. and 50c.

SICK HEADACHE
Positively cured by these Little Pills. They also relieve Distress from Dyspepsia, Indigestion and Too Hearty Eating. A perfect Remedy for Dizziness, Nausea, Drowsiness, Bad Taste in the Mouth, Coated Tongue, Pain in the Side, TORPID LIVER. They regulate the Bowels. Purely Vegetable.
CARTER'S LITTLE LIVER PILLS.
Small Pill. Small Dose. Small Price.
Genuine Must Bear Face-Simila Signature
CARTER'S LITTLE LIVER PILLS.
REFUSE SUBSTITUTES.
S. C. N. U. - No. 52-1905

PISO'S CURE FOR CONSUMPTION
CURES WHILE ALL ELSE FAILS. Best Cough Syrup. Tastes Good. Use in time. Sold by druggists.