

THE CHANGE OF LIFE

INTELLIGENT WOMEN PREPARE

Dangers and Pain of This Critical Period Avoided by the Use of Lydia E. Pinkham's Vegetable Compound.



How many women realize that the most critical period in a woman's existence is the change of life, and that the anxiety felt by women as this time draws near is not without reason?

If her system is in a deranged condition, or she is predisposed to apoplexy or congestion of any organ, it is at this time likely to become active, and, with a host of nervous irritations, make life a burden.

At this time, also, cancers and tumors are more liable to begin their destructive work. Such warning symptoms as a sense of suffocation, hot flashes, dizziness, headache, dread of impending evil, sounds in the ears, spindly, palpitation of the heart, sparks before the eyes, irregularities, constipation, variable appetite, weakness and incontinence are promptly heeded by intelligent women who are approaching the period of life when woman's great change may be expected.

Lydia E. Pinkham's Vegetable Compound is the world's greatest remedy for women at this trying period, and may be relied upon to overcome all distressing symptoms and carry them safely through to a healthy and happy old age.

Lydia E. Pinkham's Vegetable Compound invigorates and strengthens the female organism, and builds up the weakened nervous system as no other medicine can.

Mrs. A. G. Hyland, of Chestertown, Md., in a letter to Mrs. Pinkham, says:

Dear Mrs. Pinkham:— "I had been suffering with falling of the womb for years and was passing through the change of life. My womb was badly swollen. I had a good deal of soreness, dizzy spells, headaches, and was very nervous. I wrote you for advice and commenced treatment with Lydia E. Pinkham's Vegetable Compound, and I am happy to say that all those distressing symptoms left me, and I have passed safely through the change of life a well woman."

For special advice regarding this important period women are invited to write to Mrs. Pinkham for advice. It is free and always helpful.

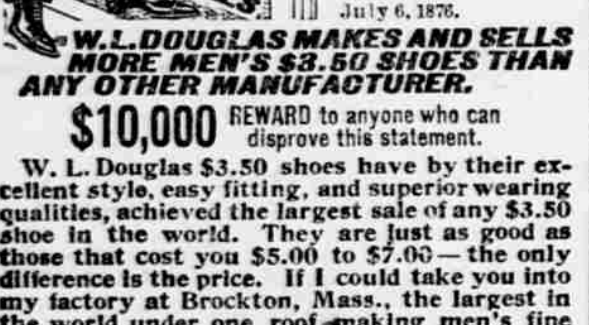
CURES INDIGESTION

When what you eat makes you uncomfortable and is doing you very little good beyond barely keeping you alive. Digestive tablets are worse than useless, for they will in time deprive the stomach of all power to digest food. The stomach must be toned up—strengthened. The herb tonic-laxative, Lane's Family Medicine will do the work quickly and pleasantly. Sold by all dealers at 25c. and 50c.

W. L. DOUGLAS

\$3.50 & \$3.00 SHOES FOR MEN

W. L. Douglas \$4.00 Cilt Edge Line cannot be equalled at any price.



W. L. Douglas \$3.50 shoes have by their excellent style, easy fitting, and superior wearing qualities, achieved the largest sale of any \$3.50 shoe in the world. They are just as good as those that cost you \$5.00 to \$7.00—the only difference is the price. If I could take you into my factory at Brockton, Mass., the largest in the world under one roof making men's fine shoes, and show you the care with which every pair of Douglas shoes is made, you would realize why W. L. Douglas \$3.50 shoes are the best shoes produced in the world.

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MIXED FARMING

WHEAT RAISING RANCHING

Three great pursuits have again shown wonderful results on the

FREE HOMESTEAD LANDS OF WESTERN CANADA

Magnificent climate. Farmers plowing in their shirt sleeves in the middle of November. "All are bound to be more than pleased with the final results of the past season's harvest."—Extract. Coal, wood, water, hay in abundance; schools, churches, markets convenient. THIS IS THE ERA OF \$100 WHEAT. Apply for information to Superintendent of Immigration, Dept. of Lands, Ottawa, or to J. T. Hodson, 311 St. St. Paul, Minn., and J. M. McLachlan, Box 116, Watertown, So. Dakota, Authorized Government Agents. Please say where you saw this advertisement.



A LITTLE ADVICE.

"Looks as if you was going out among 'em," said the man at the cigar stand, as the customer with the glossy laundered linen and evidences of a recent shave selected six Havana seconds and put down a quarter.

"You've made worse guesses than that," admitted the customer.

"Then let me put them cigars in paper cases," said the tobaccoist. "No use stuffin' 'em in your vest pocket. You'll get 'em broke."

"It hasn't got to that yet," grinned the young man. "You don't need to trouble. If she wants to break 'em that way I'm dead willing, but she don't."

"That's too bad."

"Three foot clear between us all the time, and that's the best I can do," said the customer.

"What's the trouble? Does the old man keep you company?"

"Not on your life. There ain't no trouble o' that kind. The family's wise to the situation and there's no butting in at all."

"Maybe you ain't the only one," hazarded the cigar dealer.

"Not around here. I've got the space between the front door and the sidewalk to myself six nights a week. Nope; there's no one else."

"Maybe she thinks there's too much space to crowd."

"I guess not."

"Or the street lamp's right in front of the house."

"It's half a block to the nearest light. No, sir; if I move up closer she moves farther off and when I've got her to the railing she goes up a few steps. Three foot's the limit."

"I'd keep her moving," said the tobaccoist. "She'd have to stop somewhere if there was a fence in the back yard. You try that, son. It don't never pay to set still when there's anything you want close by. Go after it. You watch 'em play 'drop the han'kerchief' at a picnic. They'll run all right. Some of 'em will run like

questioned earnestly not to take the clothes of the bed to see the sun rise, for the color changes."

Attacks having been made in the newspapers on the "freak" dinners of millionaires, the secretary of the Savoy Hotel, London, replies that they are good for trade. The celebrated "gondola dinner," given by an American recently, gave employment to 100 carpenters, thirty painters and twenty decorators, all at "fancy" wages, and put money into the pockets of numerous electricians, florists, artists and other workers.

Niagara River, in its course from Lake Erie to Lake Ontario, falls a distance of 672 feet. A survey by the United States engineers, who measured the flow of the river below the falls, shows that it discharges 230,000 cubic feet of water a second from the one lake to the other. By a simple calculation it appears that in its descent of twenty-seven miles from lake to lake, Niagara River develops the equivalent of about 9,000,000 theoretical horse-power.

Valuable treasure has been discovered near Fakra, forty miles southwest of Port Said. It includes a gold diadem and a complete urticus crown, over a hundred gold coins and numerous bracelets. This is expected to prove one of the most interesting in Egyptian discoveries, owing to the unusual nature of the articles brought to light. The mention of a urticus, or snake crown, suggests to archaeologists that the treasure is of Ptolemaic rather than Roman origin. The asp was the symbol of Knoph, or the good genius, and was used as an emblem of royalty.

Purely a Vegetable Remedy. "I wish papers would quit publishing articles that tell you how to be beautiful," said a young matron, according to the Washington Post. "I was fairly content with myself until I began to read them. I had an average good skin, too, but now that I've steamed it, and creamed it and massaged it, it's a wreck."

"I have been trying a new beautifier for it. I read about it in 'Hints to the Summer Girl' column. For two weeks I've been rubbing my face with slices of onion. It makes your eyes water and it gives you an unattractive perfume, but the article said it would produce the soft, velvety skin of a child, and I kept it up. Yesterday my husband rose in his wrath."

"What on earth makes you rub your face with onion?" he said. "Wouldn't Limburger cheese do for a change? Why wouldn't new potatoes do as well? Does it have to be onion?"

"It does," I said.

"Well," said he, "I should like to read the article that turned your brain. I don't believe it insists upon onions. I believe it says any vegetable that you happen to have in the house."

"Then I hunted up the article, and what do you think it said? It wasn't onions at all. It was cucumbers."

Any gossip can say mean things, but it takes a good cook to turn out a first-class roast.

Whoever chooses his wife for the way she looks on the street seldom makes a serious mistake.

THIN BLOOD—WEAK NERVES

One Follows the Other, but Dr. Williams' Pink Pills Quickly Cure Both.

The steady use of a particular set of muscles tends to chronic fatigue, which produces faulty or difficult motion, trembling, cramps and even paralysis. Writers, telegraphers, tailors and seamstresses are among the classes most threatened in this way with the loss of their power to earn a living. The following instance shows that nerve power may be recovered after it seems entirely lost, if the right means are taken. Mrs. O. S. Blacksten, of No. 584 North Bowman street, Mansfield, Ohio, says:

"For years my hands would become so numb at times that I would drop anything I attempted to lift. Later they became so bad that I could not sew any longer, and at last I could scarcely do anything at all with my hands. At night the pricking sensations would come on worse than ever, and my hands and arms would pain so that I dreaded to go to bed. My family doctor gave me some nerve tablets. They helped me a little, but only for a short time after I had taken them and if I happened to be without them for a day or two I would be as bad as ever or even worse. Finally I got a box of Dr. Williams' Pink Pills and began to take them."

"The result was surprising. By the time I had taken the last pill in my first box I could see a gain. Thanks to Dr. Williams' Pink Pills, I am now all right. I can sleep undisturbed by pain, and for the first time I have been as well as ever."

Dr. Williams' Pink Pills feed the nerves by making new, rich blood and in this way have cured nervous diseases of every description from simple restlessness to paralysis. They have banished the tortures of neuralgia, the weakness of nervous prostration, the disability and awful pain of locomotor ataxia. They are sold by all druggists or direct by the Dr. Williams Medicine Company, Schenectady, N. Y.

Compliment Gone Wrong. Muggins had just been introduced to a bride of six weeks at a social gathering and after a remark about the weather he said, gallantly:

"And have I really the pleasure of meeting the beautiful Mrs. Smythe, whose praises are being sounded by everybody?"

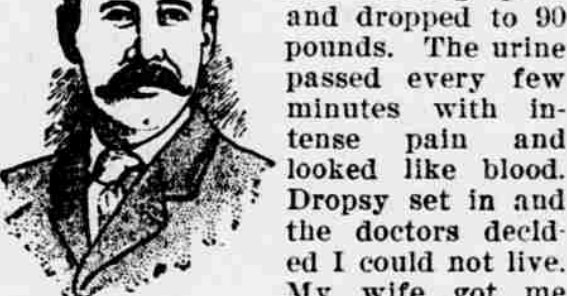
"Oh, no, Mr. Muggins," the lady replied. "The beautiful Mrs. Smythe to whom you refer is the wife of my husband's cousin."

"Ah, I see," rejoined Muggins. "I thought there must be a mistake somewhere."

RAISED FROM A DEATH-BED. Mr. Pitts, Once Pronounced Incurable, Has Been Well Three Years.

E. E. Pitts, 60 Hathaway St., Skowhegan, Me., says: "Seven years ago my back ached and I was so run down that I was laid up four months. I had night sweats and fainting spells and dropped to 90 pounds. The urine passed every few minutes with intense pain and looked like blood. Dropsy set in and the doctors decided I could not live. My wife got me using Doan's Kidney Pills, and as they helped me I took heart, kept on and was cured so thoroughly that I've been well three years."

Sold by all dealers. 50 cents a box. Foster-Milburn Co., Buffalo, N. Y.



About the Size of It. "Travel," remarked the optimist, "is apt to take the conceit out of a man."

"True," rejoined the pessimist, "but coming home puts twice as much in him again."

Advertisement for A.J. Tower's Fish Brand Waterproof Oiled Clothing, Slickers, Pommels, Slickers and Hats. Includes text about success at Philadelphia, Chicago, and other exhibitions, and a mention of a grand prize at the St. Louis World's Fair.

It Might Be of Some Use.

There are some persons who take a sordid, utilitarian view of everything, including the achievements of science. A public-spirited citizen who was trying to raise funds to assist a well-known arctic explorer in fitting out an expedition for polar research called upon a wealthy lumber dealer and asked him for a contribution.

"What's the good of it?" asked the lumber dealer.

"The good of it? Won't it be worth something to mankind if he discovers the north pole?"

"Suppose he does find it. What good is the north pole to anybody?"

Here the caller's patience gave way. "I didn't know but you might have some curiosity, as an expert, to know what kind of lumber it's made of," he said, turning on his heel and walking out.

Fets the Sailors' Joy. Animal pets have ever been a great joy to the average sailor. There is hardly a ship afloat that does not carry one or more such little favorites, to whom the crew are universally kind.

More than this, there is frequently developed an attachment between men and animals that is seldom to be seen on shore; and the intelligence displayed by these animals often far exceeds the wonderful stories we sometimes see in print. On men-of-war there is probably more consideration shown the crew in this regard than on merchantmen; at all events, you will find there many more ship's pets. It is by no means uncommon to see upon the same deck a dozen or more well-trained animals of various kinds whose natural homes are separated by thousands of miles.—St. Nicholas.

How's This? We offer One Hundred Dollars Reward for any case of Catarrh that cannot be cured by Hall's Catarrh Cure.

E. J. CHENEY & CO., Toledo, O. We, the undersigned, have known F. J. Cheney for the last 15 years, and believe him perfectly honorable in all business transactions and financially able to carry out any obligations made by him.

WALDING, KINNAN & MARVIN, Wholesale Druggists, Toledo, O. Hall's Catarrh Cure is taken internally, acting directly upon the blood and mucous surfaces of the system. Testimonials sent free. Price 75 cents per bottle. Sold by all Druggists.

Take Hall's Family Pills for constipation.

Before and After Taking. Askitt—Say, do you believe it is possible for two people to live as cheaply as one?

Knoitt—After reading all the statistics I could find on the subject before I married I was convinced that they could, but—

Askitt—Well? Knoitt—After I had been married three months I lost all faith in statistics.

Piso's Cure for Consumption is the best medicine I have ever found for coughs and colds.—Mrs. Oscar Tripp, Big Rock, Ill., March 20, 1901.

In Hard Luck. The Judge—Have you anything to offer the court before sentence is passed on you? The Prisoner—No, your honor; I had \$13, but my lawyer appropriated it.

Dr. David Kennedy's Favorite Remedy is excellent for the liver. Cured me after eight years' suffering.—S. Pepron, Albany, N. Y. World Famous. \$1

Over fifty species of plants are included among the breadfruit trees, and over 200 species of palms are known to the botanist.

Beautify Your Walls and Ceilings! Alabastine

A Rock Cement in white tints. Does not rub or scale. Destroys disease germs and vermin. No washing of walls after once applied. Any one can brush it on—mix with cold water. Other finishes, bearing fanciful names and mixed with either hot or cold water, do not have the cementing property of Alabastine. They are stuck on with glue, or other animal matter, which rots, feeding disease germs, rubbing, scaling and spoiling walls, clothing, etc. Such finishes must be washed off every year—expensive, filthy work. Buy Alabastine only in five pound packages, properly labeled. Tint card, pretty wall and ceiling design. "Hints on Decorating" and our artists' services in making color plans, free.

ALABASTINE CO., Grand Rapids, Mich., or 105 Water St., N. Y.

SICK HEADACHE

Positively cured by these Little Pills. They also relieve Dyspepsia, Indigestion and Too Hearty Eating. A perfect remedy for Dizziness, Nausea, Drowsiness, Bad Taste in the Mouth, Coated Tongue, Pain in the Side, TORPID LIVER. They regulate the Bowels. Purely Vegetable.

SMALL PILL. SMALL DOSE. SMALL PRICE.

CARTER'S LITTLE LIVER PILLS. Genuine Must Bear Fac-Simile Signature. REFUSE SUBSTITUTES.

PAXTINE TOILET ANTISEPTIC FOR WOMEN

troubled with illis peculiar to their sex, used as a douche is remarkably successful. Thoroughly cleanses, kills disease germs, stops discharges, heals inflammation and local soreness. Paxtine is in powder form to be dissolved in pure water, and is far more cleansing, healing, germicidal and economical than liquid antiseptics for all TOILET AND WOMEN'S SPECIAL USES. For sale at druggists, 20 cents a box. Trial Box and Book of Instructions Free. THE R. PAXTON COMPANY BOSTON, MASS.

Farm that is a Farm

Where and how to secure one from Uncle Sam, or buy the best for the least money; irrigated farms, or without irrigation. Write Bureau of Information, room 113, corner Third and Broadway, St. Paul, Minn.

If afflicted with Thompson's Eye Water sore eyes, use

WHEN WRITING TO ADVERTISERS please say you saw the advertisement in this paper. S. C. N. U. - No. 42-1905

PISO'S CURE FOR CONSUMPTION

23 Cts. PISO'S CURE FOR CONSUMPTION. CURES WHERE ALL ELSE FAILS. Best Cough Syrup. Tastes Good. Use in time. Sold by druggists.

Advertisement for ANTI-GRIPINE. TO CURE THE GRIP IN ONE DAY ANTI-GRIPINE. IS GUARANTEED TO CURE GRIP, BAD COLD, HEADACHE AND NEURALGIA. I won't sell Anti-Gripine to a dealer who won't guarantee it. Call for your MONEY BACK IF IT DOESN'T CURE. F. W. Diemer, M.D., Manufacturer, Springfield, Mo.

Advertisement for Sale Ten Million Boxes a Year. THE FAMILY'S FAVORITE MEDICINE. Cascarets CANDY CATHARTIC. THEY WORK WHILE YOU SLEEP. BEST FOR THE BOWELS.

CONSTIPATION AND STOMACH TROUBLE ABSOLUTELY CURED

"I consider Mull's Grape Tonic the very best medicine I have ever taken. My stomach was in such a bad condition that nothing tasted right and the small amount of food that I was able to eat didn't seem to do any good. I became so nervous that sleep was impossible. My strength gave out and I became exhausted and completely run down. I then commenced to take Mull's Grape Tonic and by the time I had finished two bottles my health returned. I now relish my food and can sleep as well as ever. THIS IS MY VOLUNTARY TESTIMONY."

MRS. D. GIANELLI, 404 S. Joliet St., Joliet, Ill.

Continual constipation will inevitably result seriously for the sufferer. No one can let this affliction go unnoticed without losing his health. It brings on Blood Poison, Skin Disease, Sores, Pimples, Stomach Trouble, Dyspepsia, Indigestion, Sudden Bowel Trouble, Diarrhea, Cholera, Etc., Nervousness, Insomnia, and Kindred Diseases.

You have no right to suffer from constipation or any of these diseases. There is no necessity or excuse for it. There is one positive, natural, harmless cure—and only one—for these troubles and we are going to give you enough free to prove it. Cut out the coupon below and we will give you absolutely free of charge a bottle of

MULL'S GRAPE TONIC

the only permanent, natural cure for constipation and all bowel troubles and indigestion and all stomach troubles. MULL'S GRAPE TONIC cures by strengthening and restoring the tissues and muscles of all the digestive organs, and by putting the whole digestive system in a perfect, strong, healthy condition. It does not shock and weaken the organs as purgatives and physics do and thus aggravate the trouble and make a bad matter worse. Its effect is to build up and restore, and not tear down and destroy. It cures the disease by putting the digestive organs in a condition to overcome it. Such a cure amounts to something—it is perfect and permanent. You feel better and stronger all the time you use it—not weakened and run down as in the case of drugs and physics. You feel the wonderful and beneficial effects of Mull's Grape Tonic at once. You will know that it will cure you as soon as you begin its use. That is why we let you try it free.

CUT OUT THIS COUPON 10215 FREE 125 Send this coupon with your name and address and your druggist's name, for a free bottle of Mull's Grape Tonic, Constipation Cure and Blood Purifier to—MULL'S GRAPE TONIC CO., 21 Third Avenue, Rock Island, Ill. Give Full Address and Write Plainly. The \$1.00 bottle contains nearly three times the 50c. size. At drug stores. The genuine has a date and number stamped on the label—take no other from your druggist.