WISS MARIA DUCHARME. Every Woman in America is Interested license in Rawlinson street, Barrow.

in This Young Girl's Experience.



PELVIC CATARRH WAS DESTROYING HER LIFE. PE-RV-NA SAVED HER.

Miss Maria Ducharme, 182 St. Elizabeth street, Montreal, Can., writes:

"I am satisfied that thousands of women suffer because they do not real-ize how bad they really need treatment and feel a natural delicacy in Then he stopped abruptly. "No," he consulting a physician.

"I felt badly for years, had terrible pains, and at times was unable to attend to my daily duties. I tried to cure there will be no more graves. The myself, but finally my attention was modern form should be 'from the bas-called to an advertisement of Peruna in sinet to the crematory.' "-New York a similar case to mine, and I decided to Sun. give it a trial.

"My improvement began as soon as I started to use Peruna and soon I was a well woman. I feel that I owe my life and my health to your wonderful medicine and gratefully acknowledge this fact."—Maria Ducharme.

Address Dr. Hartman, President of The Hartman Sanitarium, Columbus, Ohio, for free medical advice, essence of Bohea tea and cocoanuta together, wherein the volatile salt, oil All correspondence strictly confi-

dential. Your Children's

Health

IS OF VITAL IMPORTANCE. A large part of their time is spent in the schoolroom and it becomes the duty of every parent and good citizen to sea to it that the schoolrooms are free from discase breeding germs. Decorate the walls with



Cleanly, sanitary, durable, ar-tistic, and safeguards health.

A Rock Cement in white and delicate tints. Does not rub or scale. Destroys disease germs and vermin. No washing of walls after once applied. Any one can brush it on-mix with cold water. The delicate tints are non-poisonous and are made with special reference to the protection of pupils'eyes. Beware of paper and germ-ab-sorbing and disease-breeding kalsomines bearing functful names and mixed with hot water. Buy Alabastine only in five pound packages, properly labeled. Tint card, pretty wall and ceiling design,

Beer and "Cop."

E. Fisher, who holds an off beer was fined 20s and costs for supplying a constable on duty with beer without an order from his superior officer. Fisher's defense was that he was drawing the beer for himself, and the constable had called in for a ple, He caused some astonishment when he added, "They often call in for a pie."-English Exchange.

Proposals Not Plentiful.

It is a popular fallacy that proposals grow like fruit on the Santa Claus tree, merely waiting for us to put out our hand and pluck one. But the young woman who has worked like a stoker in the social engine from 9 in the morning until 12 at night to attain a house, a carriage, a husband, and a baby, could tell Laura Jean Libby and others a different tale .-- Helen Rowland's "Digressions of Polly."

Drinking Water for the Study.

A useful article in a study is a small llter, for drinking water, which should be filled and run off every day. Peoble are often fever with hard work and when the appetite languishes in warm weather and they are pressed for time they can take a glass of cold water with a little lemon juice squeezed into it and find it most reviving then, when nothing else will tempt them.

Improving an Old Phrase.

An English instructor in a rather comprehensive talk to the wise young women referred to the period that extends "from the cradle to the grave." went on, "that is an obsolete phrase, There are no more cradles and soon

Tea Used as Medicine.

Before tea become cheap enough to be considered a drink it was largely used as a medicine. A familiar advertisement in the Tatler used to proclaim a "famous chymical quinttogether, wherein the volatile salt, oil and spirit of both" formed "the highest restorative that either food or physic affords."

Unbelief and Decadence.

The most daring agnostic cannot be found to content that he is morally a etter man through being an agnostic; whilst, from the beginning of the world, millions of millions of our felow being have attained to a higher deal of life through the fact that they ave earnestly striven to follow one form of faith or another .- Referee.

Sweet Oil and Olive Oil.

Sweet oil is another name for olive oil. Both are obtained from the olive tree, though much of what is sold today as olive oil is no doubt produced from cotton seed. What is sold at sweet oil is a low grade of olive oil.

Princesses Well Taught.

The princesses of Siam are taught o cook, wash and fron, bake, and perorm other household duties. At the

CHICAGO A WONDER CITY.

Only Four Cities in the World Ahead of It,

Chicago in 1905 is the fourth city in the world in point of population and wealth, says Leslie's Weekly. The only towns which lead it are London. New York and Paris. Canton is sometimes 'assigned a larger population, but this is estimated, for there has never been any census taken of its population. Berlin has just crossed the 2,000,000 mark in inhabitants, but it is safe to assume that Chicago is ahead of the German metropolis. It is likely to keep ahead, notwithstanding the wonderful growth of that capital, unexampled in Europe's annals,

Nearly all the world's great citles -Paris, Berlin, St. Petersburg, Vienna, Madrid and others-are far inland. Even London, the nearest to deep water of all Europe's great capitals, is over sixty miles distant from the sea.

New York is the only city of commanding importance in any civilized country which is in sight of the ocean. Chicago feels that it will some time have the same preminence in the United States that Berlin has in Germany or St. Petersburg in Russia. It is growing faster than New York, has several suburbs which it expects to absorb within the next five or ten years and figures that it will pass New York by 1950. Ten or fifteen years prior to that date New York will have passed London, so that if Chicago ever beats the metropolis on the Hudson she will be the greatest of the world's cities, as she is already the most marvelous of them in her sudden rise and swift expansion.

Neighborly.

Rev. R. H. Nelson, the new bishop coadjutor of Albany, wished to indicate in a recent address the spirit of friendliness and helpfulness that should exist between neighbors. "Too many neighbors," he said, "are like a physician and a lawyer who used to live next door to each other in historic Germantown. The physician, one day, asked if he might borrow from the lawyer his edition of Florio's 'Montaigne.'

"'You are welcome to read the work in my library,' the lawyer answered, 'but you can't take it away with you. I am sorry to say, for I have lost so many books through lending them that I have sworn never to let another volume leave the house.'

"The physician thanked the lawyer, but of course he did not attempt to get through so ponderous a work as 'Montaigne' in the other's library. A week passed, and the lawyer came and asked the physician to lend him his lawn mower.

"'I am only too glad to lend you my lawnmower,' said the physician, 'though it is my rule never to let it leave my lawn. There, however, you may use it all you please.'"

Cure for Nervous Depression. The late Dr. Cyrus Edson of New York one day received a visitor who complained of nervous depression.

"You should relax from work," advised the physician. "Go to the theater and witness the performance of some good comedian."

The patient was much interested

MILK CRUST ON BABY. Lost All His Halr-Stratched Till

Blood Ran-Grateful Mother Tells of His Cure by Cuticura for 75c.

"When our baby boy was three months old he had the milk crust very hadly on his head, so that all the hair came out, and it liched so bad he would scratch until the blood ran. I got a cake of Cuticura Scap and a box of Cuticura Ointment. I applied the Cuticura and put a thin cap on his head, and before I had used half of the box it was entirely cured, his hair commenced to grow out nicely again, and he has had no return of the trouble. (Signed) Mrs. H. P. Holmes, Ashland, Or."

The defense of the devil usually

THE CITY SAVINGS BANK.

fildes some share of his dividends.

The City Savings Bank is strictly a savings bank. The distinction is pronounced, for all its investments (and this is rigidly enforced by the State Law) must be mortgages on real estate, not to exceed 50 per cent of its value, general fund warrants, bonds and securities of known marketable value, the larger part being investments which are readily convertible into cash at any time.

The strength of this plan is readily appreciated, as it provides for all emergencies.

Deposits may be made at any time, and will draw interest at the rate of four per cent per annum for each full calendar month which it remains. This proves a strong attraction to our depositors.

More than 6,500 people have already begun savings accounts with us, and we respectfully solicit inquiries from you, and we would be pleased to forward additional information interesting to investors or borrowers.

CITY SAVINGS BANK, 201 So. 16th St., Omaha, Neb.

It takes the touch of love to pick even the mote out of another's eye.

IMPERIAL HERNIA CURE.

Dr. O. S. Wood cures Rupture by a new process, in a few weeks, without loss of time or inconvenience. Rectal diseases cured without the knife, Send for circular, O. S. Wood, M. D., 521 N. Y. Life Bldg., Omaha.

You may have observed that a loafer never considers himself a loafer.

Piso's Cure for Consumption is an infallible medicine for coughs and colds -N. W. SAMUEL, Ocean Grove, N. J., Feb. 17, 1990.

Hold fast to an opinion until some thing better is found to supplant it.

Defiance Starch is put up 16 ounces in a package, 10 cents. One-third more starch for the same money.

Many mistake their dreams about heaven for deeds to lots up there.

"Dr. David Kennedy's Favorite Remedy is uffering." S. Fepron, Albauy, Y. Y. Workt famou Before attempting to size up an

easy-going man arouse his temper.

(0,



"Hints on Decorating," and our artists' services in making color plans, free.

ALABASTINE CO., Grand Rapids, Mich., or 105 Water St., N. Y.





age of fifteen they have completed their studies in the lines indicated. and are ready for matrimony.

It's dangerous not to notice a new dress your wife has, because she thinks you are not interested, and it's dangerous to notice because it may be a new one you forgot to notice before.

It is modesty that places in the feeble hand of beauty the scepter that commands power .- Helvetius.

Time isn't money, otherwise a mar wouldn't have to spend so much time trying to borrow a little money.

Sensible Housekeepers

will have Defiance Starch, not alone because they get one-third more for the same money, but also because of superior quality.

When You Buy Starch

buy Defiance and get the best, 16 oz. for 10 cents. Once used, always used.

writing health and accident insurance experience un-becessary, Write Bankers' Accident Co., Des Moines, Ia.

\$100 Weekly Easily Made

for Dandruff or Scalp diseases. Ask Druggist or Barber or send for FREE SAMPLE and BOOKLET. Write to-day.

Dept. 6. SANDHOLM DRUG CO., Des Moines, In.

When answering advertisements find a pair of socks in the pile that kindly mention this paper.

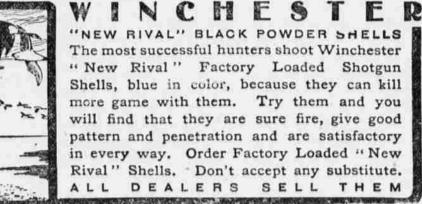
CLEAR, HEALTHY SKIN

Sandholm's Eczema and Skin Remedy

Purifies, Then Heals

ositively cures Eczema, Pimples, ruptions, Insect Bites and all dis-uses of the skin. An absolute cure r Dandruff or Scalp diseases.

doesn't need darning.



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"New Rival" Factory Loaded Shotgun Shells, blue in color, because they can kill more game with them. Try them and you will find that they are sure fire, give good pattern and penetration and are satisfactory in every way. Order Factory Loaded "New Rival" Shells. Don't accept any substitute. ALL DEALERS SELL THEM A REPORT OF A R



and a little surprised. "Who is a good comedian?" he asked.

"Francis Wilson."

"I have seen him. He would make me worse."

"Peter Dailey." "Dailey would induce grave compli-

cations. I am sure of it. I know a man who contracted chronic dyspep sia watching Dailey on the stage."

"You are hard to please," observed the doctor, thinking intensely. have it! See Nat Goodwin." The sufferer was disconsolate. "I

am Nat Goodwin."-The Sunday Magazine.

Not Worth It.

A flashily dressed negro walked into the West Sixty-eighth street police station the other night and asked Sergeant Thomson if he could have a detective.

"What do you want a detective for?" asked the sergeant.

"Well, boss, mah wife done run away with another man and Ah thinks she wants me." A woman's idea of good luck is to

"You'll have to go to a private de-tective for that, we can't help you." "How much will one of them cost me."

"About \$5 a day, and he'll take at least two days."

"H'm; two days at \$5 a day! Ah guess Ah'll let her go, boss."-New York Sun.

Choate on Texas Justice.

One of Ambassador Choate's legal storles told at a gathering of lawyers on his last visit to this country related to a Texas judge before whom a prisoner was brought charged with horse stealing. The judge promptly sentenced the prisoner to be hanged, but his lawyer interrupted.

"You can't hang this prisoner according to law, your honor," he said.

"Guess you're right," said the judge. 'Well, I'll discharge him and I guess it's up to the boys to hang him according to the regular custom."-New York Times .

Best of All.

In my youth I longed to hear Trumpet measures breathing clear To the theme my heart should read; In my youth I longed to see Shades of Pierian ope for me--Laurel boughs float down my meed.

In my winter, shall I still Seek abroad with fretful will. Wanting all that I have not? Let me swift that chance forestall, Say, "What's mine is best of all, Else it were not in my lot!" -Edith M. Thomas, in Lippincott's. **INTERESTING LETTER** WRITTENBYANOTABLEWOMAN

Mrs. Sarah Kellogg of Denver, Color Bearer of the Woman's Relief Corps. Sends Thanks to Mrs. Pinkham.



Mrs. Sarah Kellegg growing, causing me intense agony and great mental depression I was unable to at-tend to my house work, and life became a burden to me. I was confined for days to my bed, lost my appetite, my courage and all hope. "I could not bear to think of an operation, "I could not bear to think of an operation, and in my distress I tried every remedy which I thought would be of any use to me, and reading of the value of Lydia E. Pinkham's Vegetable Compound to sick women decided to give it a trial. I feil so discouraged that I had ifftle hope of recovery, and when I began to feel better, after the second week, thought it only menit temporary relief; but to my great surprise I found that I kept gaining, while the tumor lessened in size "The Compound continued to build up my general health and the tumor seemed to be absorbed, until, in seven months, the tumor was entirely gone and I a well woman. I am so thankful for my recovery that I ask you to publish my letter in newspapers, so other women may know of the wonderful curative powers of Lydia E. Pinkham's Vegetable Compound."

When women are troubled with irregular or painful menstruation, weakness, leucorrhoea, displacement or ulceration of the womb, that bearing-down feeling, inflammation of the ovaries, backache, flatulence, general debility, indigestion and nervous prostration, they should remember there is one tried and true remedy. Lydia E Pinkham's Vegetable Compound at once removes such trouble.

No other medicine in the world has received such widespread and unqualified endorsement No other medicine has such a record of cures of female troubles. Refuse to buy any other medicine:

Mrs. Pinkham invites all sick women to write her for advice. She has guided thousands to health. Address, Lynn, Mass.

Health is too valuable to risk in experiments with unknown and untried medicines or methods of treatment. Remember that it is Lydia E. Pinkham's Vegetable Compound that is curing women, and don't allow any druggist to sell you anything else in its place.



W. N. U. Omaha. No. 23-1905.



Dainty, Crisp, Dressy

OMAHA, NEB.

Our illustrated booklet-free for the asking-tells you why. Write for it today, we'll answer tomorrow.

Addres he makers,

Summer Skirts

are a delight to the refined woman everywhere. In order to get this result see that the material is good, that it is cut in the latest fashion and use

Defiance Starch

in the laundry. All three things are important, but the last is absolutely necessary. No matter how fine the material or how daintily made, bad starch and poor laundry work will spoil the effect and ruin the clothes. DEFIANCE STARCH is pure, will not rot the clothes nor cause them to crack. It sells at 10c a sixteen ounce package everywhere. Other starches, much inferior, sell at 10c for twelve ounce package. Insist on getting DEFIANCE STARCH and be sure of results.

Defiance Starch Company, Omaha, Nebraska.

