

STEAK AND PIGEON PIE.

Two Birds with Meat Will Make Plentiful Dish.

Cut a pound of beefsteak up into small pieces, which should be nearly square; season each with pepper and salt, roll up and dust lightly with flour. Rub a deep dish well with a freshly cut onion and place the rolls of meat in it; sprinkle over them some chopped parsley and a little finely minced pork; pour in sufficient weak stock or water to cover the meat, cover closely, and cook in a moderate oven one hour. Take two pigeons which have been prepared for cooking in the usual way and well washed and dried, and cut up into neat pieces; remove the skin and flour them and put them into a frying pan with some melted drippings, a teaspoon of minced onion, the same quantity of minced parsley, and let them fry nicely browned, turning them frequently; then place them on paper to drain. When the steak is ready, arrange it and the pieces of pigeon in layers in a deep dish with some slices of hard boiled egg. Strain the gravy in which the steak was cooked into a saucepan and add a small quantity of soaked gelatin to it (in the proportion of a quarter of an ounce to a pint of liquid); stir until the gelatin is dissolved, then add a little grated nutmeg, cayenne, and salt; pour the gravy over the meat in the dish and leave it until cold; then cover with rich paste, brush it over with beaten egg, and bake in a moderately hot oven.

WHEN CALLERS DROP IN.

Almond Wafers Are Delicious to Have in Readiness.

Beat to a cream a quarter cup butter, then rub in one-half cupful powdered sugar. Add drop by drop a quarter cupful milk, then, gradually, seven-eighths' cup sifted flour. Flavor with a half teaspoonful vanilla or pistache, and spread very thinly over the bottom of an inverted dripping pan and cut in three-inch squares. Sprinkle with chopped blanched almonds and brown delicately in a very slow oven. Take from the oven, turn the squares over one by one with a knife, and roll loosely. Take up and spread on a waxed paper to cool and dry. If the squares harden before you get them all rolled, place over the fire a minute to soften. Serve with cocoa, afternoon tea, ice cream or preserves.

The Attic Room.

In cities the attic room is given as much attention as any part of the house. A clever arrangement of such a room is to paper it all in white and make a fancy border near the ceiling outlined with a fancy wide paper. The hunting scene is pretty if matched with some red rug on the floor. Have the furniture all white, the bed and dresser trimmed in white and dotted white curtains at the windows. It can be made very attractive with neat furnishings and decidedly unattractive if not nicely papered or filled with refuse furniture from other rooms.

Olive Oil on Bruises.

In the treatment of bruises, where there is extensive discoloration of the skin, if olive oil be applied freely without rubbing, the discoloration quickly will disappear. Absorbent cotton may be soaked in the oil and applied. If the skin is broken a little boric acid should be applied over the abrasion. A black eye thus treated can be rendered normal in a few hours, especially if the oil be applied warm.

Baked Hash.

One pint of chopped ham, one pint of chopped raw potatoes, half pint of gravy or water, one tablespoonful of butter melted, salt and pepper to taste. Mix all these ingredients together, turn into a mold, cover with bread crumbs and tiny bits of butter and bake in a moderate oven for about an hour.

Darn Carpet with Ravelings.

For mending thin places in rugs and carpets, use some of the ravelings from the carpet, which should be saved for the purpose. Darn the thin places and three-cornered tears where they cannot be detected. The fringe and tassels of rugs and portieres can be darned and fastened in the same way.

The Universal Desire of Woman.

While a pretty woman may not care to be brainy, a brainy woman always wants to be pretty.

Keep Kettles Dry.

The inside of kettles should either be dried whenever the contents have been emptied, or they should be hung up or stood upside down in a dry place. A few drops of water, if allowed to collect at the bottom of the kettle, soon cause spots of rust, and these in time generate into holes.

Water with Medicine.

Drink plenty of water when taking medicine for rheumatism. It will do away with the bad effects sometimes produced in the stomach.

ADVICE TO VICTIMS

TELLS READERS HOW TO CURE RHEUMATISM AT HOME.

Directions to Mix a Simple Preparation and the Dose to Take—Overcomes Kidney and Bladder Trouble Promptly.

There is so much Rheumatism everywhere that the following advice by an eminent authority, who writes for readers of a large Eastern daily paper, will be highly appreciated by those who suffer:

Get from any good pharmacy one-half ounce Fluid Extract Dandelion, one ounce Compound Kargon, three ounces of Compound Syrup Sarsaparilla. Shake these well in a bottle and take in teaspoonful doses after each meal and at bedtime; also drink plenty of good water.

It is claimed that there are few victims of this dread and torturous disease who will fail to find ready relief in this simple home-made mixture, and in most cases a permanent cure is the result.

This simple recipe is said to strengthen and cleanse the eliminative tissues of the Kidneys so that they can filter and strain from the blood and system the poisons, acids and waste matter, which cause not only Rheumatism, but numerous other diseases. Every man or woman here who feels that their kidneys are not healthy and active, or who suffers from any urinary trouble whatever, should not hesitate to make up this mixture, as it is certain to do much good, and may save you from much misery and suffering after while.

Everything Bad.

A prominent planter recently had occasion to visit some of his holdings in southern Arkansas. The land was situated several miles from a railroad, and it was necessary to finish the journey in a buggy. So he took a friend with him and started out.

After traversing several miles of sparsely settled country, they came upon a farmer plowing corn on the side of a hill. The planter, wishing to appear civil to his neighbors, stopped his horse and yelled at the man, who came to the fence, mopping his face with a red bandana.

"Good morning."
"Mornin', mister!"
"You live here, I suppose?"
"Yep."
"How's crops?"
"Fair to middlin'."
"That's a bad hill you're plowing."
"I know it. Bad hoss, pullin' th' plow, bad plow, bad everything."
"Why, you talk like you were the poorest man in Arkansas," laughed the planter.
"I ain't, though," was the response, as the young fellow smiled good-naturedly. "Another feller owns half o' this crop."

Her Recipe.

A lady famed for her skill in cooking was entertaining a number of her friends at tea. Everything on the table was much admired, but the excellence of the sponge cake was especially the subject of remark.

"Oh!" exclaimed one of the guests, "it is so beautifully soft and light! Do tell me where you got the recipe."
"I am very glad," replied the hostess, "that you find it so soft and light. I made it out of my own head."—Illustrated Bits.

TAKE THEM OUT Or Feed Them Food They Can Study On.

When a student begins to break down from lack of the right kind of food, there are only two things to do; either take him out of school or feed him properly on food that will rebuild the brain and nerve cells. That food is Grape-Nuts.

A boy writes from Jamestown, N. Y., saying: "A short time ago I got into a bad condition from overstudy, but Mother having heard about Grape-Nuts food began to feed me on it. It satisfied my hunger better than any other food, and the results were marvelous. I got fleshy like a good fellow. My usual morning headaches disappeared, and I found I could study for a long period without feeling the effects of it."

"My face was pale and thin, but is now round and has considerable color. After I had been using Grape-Nuts for about two months I felt like a new boy altogether. I have gained greatly in strength as well as flesh, and it is a pleasure to study now that I am not bothered with my head. I passed all of my examinations with a reasonably good percentage, extra good in some of them, and it is Grape-Nuts that has saved me from a year's delay in entering college."

"Father and mother have both been improved by the use of Grape-Nuts. Mother was troubled with sleepless nights and got very thin, and looked care worn. She has gained her normal strength and looks, and sleeps well nights." "There's a Reason." Read "The Road to Wellville" in pkgs.

A Wonderful Thing.

Mr. Brown had just had a telephone connection between his office and house and was very much pleased with it, says the Home Magazine. "I tell you, Smith," he was saying, "this telephone business is a wonderful thing. I want you to dine with me this evening, and I will notify Mrs. Brown to expect you." Brown (speaking through the telephone)—My friend Smith will dine with us this evening. "Now listen and hear how plain her reply comes back." Mrs. Brown's reply came back with startling distinctness: "Ask your friend Smith if he thinks we keep a hotel."

Laundry work at home would be much more satisfactory if the right Starch were used. In order to get the desired stiffness, it is usually necessary to use so much starch that the beauty and fineness of the fabric is hidden behind a paste of varying thickness, which not only destroys the appearance, but also affects the wearing quality of the goods. This trouble can be entirely overcome by using Defiance Starch, as it can be applied much more thinly because of its greater strength than other makes.

Terrible Fate.

There is something which will appeal to every American in the horror of a fate invoked upon Henry James, Sr., by his son, the novelist, and recorded in the letters of E. L. Godkin.

The young man had been worsted in argument, and exclaimed: "Then may your mashed potatoes always have lumps in them!"—Youth's Companion.

Catarrh Cannot Be Cured

with LOCAL APPLICATIONS, as they cannot reach the seat of the disease. Catarrh is a blood or constitutional disease, and in order to cure it you must take internal remedies. Hall's Catarrh Cure is taken internally, and acts directly on the blood and mucous surfaces. Hall's Catarrh Cure is not a quack medicine. It was prescribed by one of the best physicians in this country for years and is a regular prescription. It is composed of the best tonics known, combined with the best blood purifiers, acting directly on the mucous surfaces. The perfect combination of the two ingredients is what produces such wonderful results in curing catarrh. Send for testimonials, free. F. J. CHENEY & CO., Props., Toledo, O. Sold by Druggists, price 75c. Take Hall's Family Pills for constipation.

Double Protection.

"I wish," a lady recently said to her husband with what Punch discreetly terms "considerable emphasis," "I wish you wouldn't always sit on the piano-stool when we have company. Everybody knows you can't play a note."

"Neither can anybody else when I'm sitting there," returned the sage.—Youth's Companion.

Starch, like everything else, is being constantly improved, the patent Starches put on the market 25 years ago are very different and inferior to those of the present day. In the latest discovery—Defiance Starch—all injurious chemicals are omitted, while the addition of another ingredient, invented by us, gives to the Starch a strength and smoothness never approached by other brands.

A Simple Method.

"How do you make the distinction between popular and classical music?" asked the very young man. "Oh, that's easy," answered the dispenser of home-grown philosophy. "It's popular if I enjoy it and it's classical if I don't."

FITS, St. Vitus Dance and all Nervous Diseases permanently cured by Dr. Kline's Great Nerve Restorer. Send for Free \$2.00 trial bottle and treatise. Dr. R. H. Kline, M.D., 931 Arch St., Philadelphia, Pa.

Precise Degree of Intimacy.

Nan—Young Mr. Ketchley is away on his vacation, isn't he? Are you and he on corresponding terms?
Fan—Not quite—but we're on picture postcard terms.

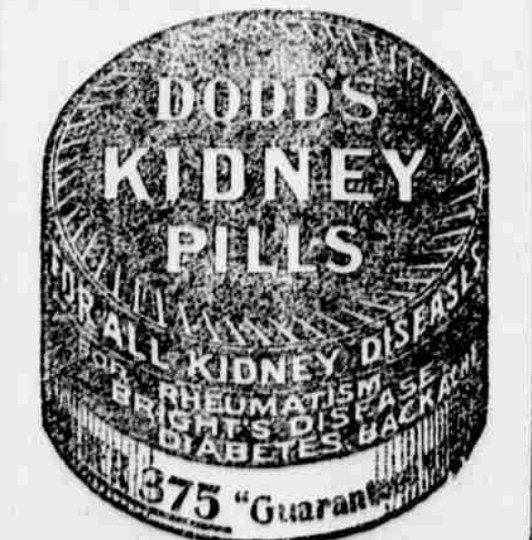
Hides, Pelts and Wool.

To get full value, ship to the old reliable N. W. Hyde & Fur Co., Minneapolis, Minn.

Many a man would rather lie when asked for information than say: "I don't know."

Lewis' Single Binder Cigar has a rich taste. Your dealer or Lewis' Factory, Peoria, Ill.

No man is as dangerous as he thinks some woman thinks he is.



GIRLHOOD TO WOMANHOOD

Lydia E. Pinkham's Vegetable Compound



ELLEN M. OLSON

CLARA E. DARMSTADTER

The responsibility for a daughter's future largely rests with the mother.

The right influence and the information which is of vital interest to the daughter imparted at the proper time has not only saved the life but insured the success of many a beautiful girl.

When a girl's thoughts become sluggish, with headache, dizziness or a disposition to sleep, pains in back or lower limbs, eyes dim, desire for solitude; when she is a mystery to herself and friends, her mother should come to her aid, and remember that Lydia E. Pinkham's Vegetable Compound, made from native roots and herbs, will at this time prepare the system for the coming change, and start this trying period in a young girl's life without pain or irregularities. It has been thus depended upon for two generations. Hundreds of letters from young girls and their mothers, expressing gratitude for what Lydia E. Pinkham's Vegetable Compound has done for them, are constantly being received.

Miss Ellen M. Olson, of 417 N. East St., Kewanee, Ill. writes:—

Dear Mrs. Pinkham:—

"I have had the best doctors in our town for my sickness and they all thought that an operation was necessary. I had headache,

sideache, and my feet were so sore I could hardly stand. I took two bottles of Lydia E. Pinkham's Vegetable Compound when my periods were established and now I am perfectly well. Mama says she won't be without your medicine in the house. I have told one girl what Lydia E. Pinkham's Vegetable Compound has done for me and she is taking it now."

Miss Clara E. Darmstadter, of 455 Breckenridge St., Buffalo, N. Y., writes: Dear Mrs. Pinkham:—

"For about a year, except during the past few months, I suffered with severe pains every month, with backaches and headaches. I had the blues so bad that I was in despair. It is a pleasure to tell you that Lydia E. Pinkham's Vegetable Compound has cured me. The change in my appearance is wonderful and I desire that this good may come to every sufferer. Any one desiring to know further details may write to me and I shall be glad to give them."

If you know of any young girl who is sick and needs motherly advice, ask her to address Mrs. Pinkham, at Lynn, Mass., and tell her every detail of her symptoms, and to keep nothing back. She will receive advice absolutely free, from a source that has no rival in the experience of woman's ills, and it will, if followed, put her on the right road to a strong, healthy and happy womanhood.

Lydia E. Pinkham's Vegetable Compound made from native roots and herbs cures where others fail.

No other remedy has such a record of actual cures of female ills. Thousands of women residing in every part of the United States bear willing testimony to the wonderful virtue of Lydia E. Pinkham's Vegetable Compound and what it has done for them. Lydia E. Pinkham's Vegetable Compound; a Woman's Remedy for Woman's ills.

W. L. DOUGLAS

\$3.00 & \$3.50 SHOES BEST IN THE WORLD

SHOES FOR EVERY MEMBER OF THE FAMILY, AT ALL PRICES.

\$25,000 (To any one who can prove W. L. Douglas does not make a pair Reward more Men's \$3 & \$3.50 shoes than any other manufacturer.)

THE REASON W. L. Douglas shoes are worn by more people in all walks of life than any other make, is because of their excellent style, easy-fitting, and superior wearing qualities. The selection of the leathers and other materials for each part of the shoe, and every detail of the making is looked after by the most complete organization of superintendents, foremen and skilled shoemakers, who receive the highest wages paid in the shoe industry, and whose workmanship cannot be excelled. If I could take you into my large factories at Brockton, Mass., and show you how carefully W. L. Douglas shoes are made, you would then understand why they hold their shape, fit better, wear longer and are of greater value than any other make. My \$4.00 and \$5.00 Gilt Edge Shoes cannot be equalled at any price. CAUTION: The genuine have W. L. Douglas name and price stamped on bottom. Take No Substitute. Ask your dealer for W. L. Douglas shoes. If he cannot supply you, send direct to factory. Shoes sent every where by mail. Catalog free. W. L. Douglas, Brockton, Mass.



Purest of the Pure.

K C for Quality

The best in the land is not always the most costly.

KC BAKING POWDER

25 Ounces for 25 Cents

Is the result of modern ideas. Costs less. Does better work. You must try it to see. Get a can on trial. The baking will be vastly better, lighter and tastier or we pay for the can.



Jaques Mfg. Co. Chicago.

READERS of this paper desiring to buy anything advertised in its columns should insist upon having what they ask for, refusing all substitutes or imitations.

PARKER'S HAIR BALM Cleanses and beautifies the hair. Promotes a luxuriant growth. Stops Pain to Restore Gray Hair to its Youthful Color. Cures scalp diseases & hair falling. 40c and 1.00 at Druggists

If afflicted with sore eyes, use Thompson's Eye Water

W. N. U., LINCOLN, NO. 44, 1907.

\$3.00 Per Day—

cash, not promises—(8 hours' work) is the salary I pay my representatives. The work is not hard—you can do it. Or tell your best friend, if you have not the time. I give exclusive territory. For details write

ATKINSON, 1024 Race St., Philadelphia.

LIVE STOCK AND MISCELLANEOUS ELECTROTYPES In great variety for sale at the lowest prices by A. B. KNELOFF NEWSPAPER CO., 12 W. Adams St., Chicago

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Color more goods brighter and faster colors than any other dye. One 10c package colors all fibers. They dye in cold water better than any other dye. You can dye any garment without ripping apart. Write for free booklet—How to Dye, Bleach and Mix Colors. MONROE DRUG CO., Quincy, Illinois