NEMAHA, NEBRASKA

Don't kiss the baby. Wait till she grows up.

The less a man says, as a rule the less he has to take back.

Why is law like a kimono? asks a Chicago judge. Because it is sometimes flimsy.

If Joaquin Miller really has money enough, why should he want to go to the United States senate?

The best miscroscopes magnify about 16,000 times and make a tiny pile of flour look like a pile of stones.

A woman can never understand how it is possible for a smart man like her husband to get the short end of it in a lawsuit.

It is a delightful season for the devil at the bathing resorts with so many beautiful nymphs between him and the deep sea.

Some men are born great, some achieve greatness, and some can impart a curvilinear motion to a leather covered sphere.

The Michigan nonogenarian who is seeking a divorce may not know of any other way in which he can hope to break a record.

The New York physician who does not approve of prunes is no friend of the theological seminaries or of some of the boarding houses.

A professor at the University of Berne, Switzerland, is Mlle. Gertrude Woker. She is 26 and lectures on physics and chemistry.

German manufacturers are using potatoes in the making of lead pencils If a German can do that a Yankee car build an automobile out of potatoes.

Boni de Castellane has obtained the right to a rehearing of his wife's divorce suit, and thus has earned the gratitude of the yellow press, at least

Dr. Wiley believes that a man should attain the century mark as far as age is concerned, but we do not see how he can if the cost of provisions con tinues to Increase.

And now a New Jersey man has per ected a 150,000-candle power electric light. But to what end? The light is so intense that people have to shut their eyes to avoid the glare.

The department of agriculture is about to investigate the manufacture of absinthe in this country. That ought to be the work of the depart ment of chemistry and dope.

James Lewis, of Terrell, Tex., was excused from jury service the other day on the ground that he was the father of 22 children. The court probably thought he had lost his sense of proportion.

Mother Stewart, founder of the Woman's Christian Temperance union, recently celebrated her hinety-first birthday. She was the first woman known to hold a federal office, being a postmistress under Gen. Jackson. She was the first woman to demand police matrons. She began her temperance crusade at Springfield, O., and has written four books.

Two prominent Cincinnati men, brothers, have been killed in an auto accident while riding in a hired machine. They wanted to make time, and told the chauffeur to go at full speed, and if arrested they would pay the fine. They were thrown out and instantly killed, but the chauffeur escaped without injury. It was a remarkable case of the responsible parties paying the fine.

Speaking of the manner in which American visitors on foreign ships steal all small portable articles of value as "souvenirs," Admiral Evans says flatly that we are a nation of thieves. And considering the losses suffered by hotels in the way of silverware, towels, pillow slips, blankets and even rugs, the charge does not seem overdrawn. The worst of it is that such stealing is commonly done by people amply able to pay for their

Expert witnesses, as a class, have won the distrust of the public. A Massachusetts physician, following the example of thoughtful men in other states, has outlined a plan for the improvement of the legal value of expert testimony, and also for the protection of the medical profession from the ill repute brought upon it by some of its members in court. He pro poses, says Youth's Companion, that the court appoint the experts and the state pay them. So long as humar nature is human, an expert, no matter how good his intentions, will be inclined to favor the side by which he is engaged and paid.

Distrustful.

"He insists that he will not use any

money in his campaign."

"Yes," answered Senator Sorghum, but I cannot be sure whether he is tremendously conscientious or merely cautious and economical."

LIFE INSURANCE ACTIVITY.

The New York Life's Business Nearly Up to the Legal Limit.

The New York Life Insurance Company announces that its new paid business during the half year just ended was over seventy million dollars. As the new law allows no life company to write over one hundred and fifty millions per year, it would appear that this company is working nearly up to the limit. The New York Life gained such headway before the law was passed and suffered so little, comparatively, from the Armstrong investigation, that the question with its management has been how to keep business down to the limit, rather than how to reach it. No other company is writing nearly as much as the law allows. The New York Life has evidently become a pre-

ferred company. The company's payments to policy holders during the six months ending June 30 were \$21,660,761. It is interesting to note that this amount was almost equally divided between payments under policies maturing by death and payments made to living policy holders. Thus, while deathclaims were \$11,180,626, the amount paid for matured endowments, annuities, trust fund installments, for purchased policies and for dividends was \$10,480,135. Modern life insurance, as practiced by the best companies, embraces a wide field, and covers many contingencies. It is money saved for the aged, as well as money provided for the families of those who die prematurely.

The Goat Comes First.

Switzerland is the only country in the world where the goat is placed ahead of all other animals, and even of human beings. If a boy plagues a goat he can be fined and sent to jail. If a person meets a goat on a path, and drives him aside he can be arrest-

If a goat enters the yard of a person not his owner and is hit with club or stone the person guilty of the offence must pay 30 cents. If a railroad train sees a goat on the track the train must halt until the animal can be coaxed to remove himself. There's many a boy in America who wishes he

Two Advertising Truths.

A soap millionaire and an actor

manager were talking business. "I," said the actor manager, "have discontinued the use of posters. My announcements appear in the newspapers exclusively. I have learned that those who don't read the papers don't go to the theater."

"You are wise," said the soap millionaire. "And I do like you. Long since I discarded every form of advertisement save that of the press, finding that they who didn't read a daily paper had no use for soap."

Tests of Bravery.

"Do you think men have more courage than women?"

"Certainly not," answered the professor. "Everybody knows there is more peril in the first ice cream soda than in the first straw hat."

MEAT OR CEREALS.

A Question of Interest to All Careful Persons.

Arguments on food are interesting. Many persons adopt a vegetarian diet on the ground that they do not like to feel that life has been taken to feed them, nor do they fancy the thought of eating dead meat.

On the other hand, too great consumption of partly cooked, starchy oats and wheat or white bread, pastry, etc., produces serious bowel troubles, because the bowel digestive organs (where starch is digested), are overtaxed and the food ferments, producing gas, and microbes generate in the decayed food, frequently bringing on peritonitis and appendicitis.

Starchy food is absolutely essential to the human body. Its best form is shown in the food "Grape-Nuts," where the starch is changed into a form of sugar during the process of its manufacture. In this way, the required food is presented to the system in a pre-digested form and is immediately made into blood and tissue, without

taxing the digestive organs. A remarkable result in nourishment is obtained; the person using Grape-Nuts gains quickly in physical and mental strength. Why in mental? Because the food contains delicate particles of Phosphate of Potash obtained from the grains, and this unites with the albumen of all food and the combination is what nature uses to rebuild worn out cells in the brain. This is a scientific fact that can be easily proven by ten day's use of Grape-Nuts. "There's a Reason." Read, "The Road to Wellville," in

THE GOLDEN CALF

Sunday School Lesson for July 28, 1907 Specially Prepared for This Paper

LESSON TEXT .- Exodus 32:1-8, 30-35.

Memory verses, 34, 35 GOLDEN TEXT,-"Little children keep yourselves from idols,"-1 John 5:21. TIME.-Sometime in July, B. C. 1491 (according to the common chronology), toward the close of Moses' forty days on Mount Sinal; six or seven weeks after the giving of the law.

PLACE.-The people are still encamped before Mount Sinal in the Valley of Er SCRIPTURE REFERENCES .- Warn-

lngs against modern idolatry: Rom. 1:21-25; 1 Cor. 6:10; 10:14, 20-22; 1 John 5:21;

Comment and Suggestive Thought. After the commandments had been given by God through Moses and the covenant assented to by the people, Moses again went up into the mount to obtain the commandments in more permanent form, written on tablets of stone, and to receive further instructions; and also to be prepared by his intimate communion with God for his long and difficult work of forming the people into a nation that could dwell in the promised land. Every quality of mind and of spirit was to be taxed to the utmost. Every minister, every teacher, every believer needs, says Joseph Parker, "periods of solitude and communing with God; away from the fray, the battle, the race, but receiving nourishment, nutriment, inspiration, comfort, and even words by which to express the divine thought. And, coming back from the mountain of contemplation, he touches life with a steadier hand, and does his duty with a completer obedience and more radiant cheerfulness.'

V. 1. "Saw that Moses delayed." He was gone 40 days (Ex. 25:18), almost seven weeks, if the week with the leaders in the lower parts of the mountain is to be added (Ex. 24:9, 16). The absence of Moses was a time of testing both the leaders and the people. They had just taken the oath of allegiance to God, and unanimously promised to obey him.

V. I. "Up, make us gods," or a god, "which shall go before us," and be our leader. They could not see God, and they wanted some visible expression of God. They had several manifestations of God,-the pillar of cloud and fire, the glory on the mountain, and the daily manna; but even these became so common that they did not them realize the presence of God. They had just come from the land of idols, heathen gods every-

where. All these gods could be seen. The attractions of idolatry were of no power. They were familiar with me way in which the idols of the heathen were worshiped, with feasting and rioting and unrestrained licentiousness, in marked contrast with the purity and self-control required by Jehovah.

V. 5. "And when Aaron saw it (this)." Saw in what light the people viewed the image. "He built an altar before it . . . and said, to-morrow is a feast to the Lord." God was still to be worshiped, but under the form of a calf. Probably Aaron thought he was very shrewd in thus saving for God what he could of honor and reverence.

So Jehu boasted of his zeal for the Lord of hosts while he was worshiping the golden calves of Jeroboam (2 Kings 10:16, 29).

V. 7. "The Lord said unto Moses, Go, get thee down." Moses in the thick cloud which covered the top of Sinai could not see or hear what was going on below. But it was no time for him to remain apart, even in communion with God; there was work to do below, which his mountain-top experience fitted him to do. So the three disciples who viewed the Transfiguration weer not allowed to remain on the Mount, but were sent down to their daily work where the others were in vain trying to cure a demon-controlled boy.

To test him, God offered to destroy the nation and make Moses the second Abraham of a new and greater people. Moses stood the test, rejected the tempting offer, and urged upon God three pleas for mercy. Moses hastened down the mountainside, with Joshua, who had been waiting for him. Soon they came in sight of the abominable idol, and the frenzied worshipers dancing, half naked, around it. Probably there was a power not only in his soul, but in his appearance.some gleams of that glory described in Ex. 34:35.

The breaking of the tables of the covenant was enough to cause the stoutest heart to fear.

Moses then burned the golden calf and ground it to powder. "It is almost impossible to pulverize pure gold, but the act was made easily possible, probably, by alloys present in the jewelry from which the idol had been made." -Patterson Du Bols.

Then Moses put the question, "Who is on the Lord's side?" Who will stand for the right, whatever their past mistakes, whoever else may reTHE DAY OF THE FARMER.

Occupation Properly Recognized as One of the Professions.

The farmer who is not an amateur is a really increasing factor in today's life. In fact, farming is rapidly becoming one of the professions. We have our agricultural schools, just as we have our law schools.

It is getting to be a business as well. Farmers have their trusts, like other manufacturers.

It is a far cry from the New England farmer, trying to arrange an exploded granite quarry into a stone wall that he may have room in which to plant his crop, and that master of capital, science, and black earth ten leet deep who plows with a traction engine and reaps with a ten horse team. And between these two types of farmers the drift is steadily toward the latter.

The comic paper does not laugh at the "granger" as frequently as it used to laugh. It wants his subscription.

The capitalist does not foreclose mortgages on the prairie farm now. He borrows money of its owner.

And, what is vastly more important, the entire country looks with a respect bordering upon apprehension on this re type of American who has decidel views on railroads, trusts, and, in fact, on every subject, from the "green bug" to the lecturer at his Chautauqua. This rise of the farmer into national significance is welcome in view of the inundation of great cities by immigrants who have significance only en masse.

The farm is the nursery of individualism. If you are a cliff dweller in the city send your boy there this summer and let him see what it means to create wealth with the help of nature rather than with the ticker. You will help make him a better American.-The World To-day Magazine.

Unkind Advice.

Two Irishmen were eating their lunch, when one asked the other: "Pat, an' what be you thinking about?"

Pat replied: "Shure, Mike, I was athinking how I would be getting me clothes over me wings when I would get to heaven."

"You would better be thinking how you would be getting your hat over your horns when you get to the other place," answered Mike .- Ally Sloper.

In hot countries meat exposed to the direct rays of the moon putrefies much more rapidly than if kept in the

Damaged by Moon's Rays.

Does Your Head Ache?

If so, get a box of Krause's Headache Capsules of your Druggist. 25c. Norman Lichty Mfg. Co., Des Meines, Ia.

Can Go Long Without Food. The condor can fast for 40 days and the eagle 28 days.

QUICK REMEDIES FOR CRAMP.

Not Hard to Get Relief From This Painful Affliction.

Do your little growing folks wake up in the night with cramp in their toes or legs? If so, tell them to slide down to the foot of the bed and press their toes hard against the footboard. This seldom fails to bring relief. Even the tiniest tot can do this for herself when she wakes up in alarm at the big pain in her leg.

Should this fail, and sometimes when the cramp is up by the knee, it is not efficient, tell the sufferer to press the sole of her cramped foot against the instep of the other. Press good and hard, and the pressure, together with the warmth and electricity drawn from the well foot, will certainly bring relief unless the case is very stubborn. To treat the "knotty," stubborn kind of cramp, which sometimes seizes the little folks when they are nervous, or if they have eaten something which does not agree with them, to tie a broad band (father's handker hief, folded, will answer,) tightly above the cramped part, Rubbing, unless one knows just how to manipulate the muscle, often does more harm than good. The doctors tell us that cramp of this kind is as much a nervous as a muscular trouble.

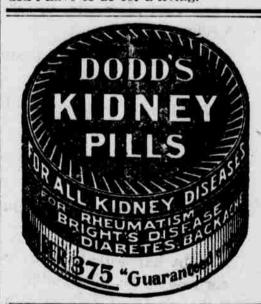
If your children suffer frequently with it, a good warm bath with an alcohol rub at night is a good preventive.

Big Deposits of Limestone.

On the Tombigbee river, Alabama, is enough limestone to supply a cement plant for 100 years.

Lewis' Single Binder straight 5c cigar made of rich, mellow tobacco. Your deal-er or Lewis' Factory, Peoria, Ill.

Men enjoy doing anything they don't have to do for a living.



In great variety for sale at the lower A.B.KELLOGO NEWSPAPER CO., 75 W. Adam

If afficted with } Thompson's Eye Water

WOMEN WHO CHARM

Health Is the First Essential Toward Making a Woman Attractive.



There is a beauty and attractive-ness in health which is far greater than mere regularity of feature.

A sickly, irritable, and complaining woman always carries a cloud of depression with her; she is not only unhappy herself but is a damper to all joy and happiness when with her family and friends.

It is the bright, healthy, vivacious woman who always charms and carries sunshine wherever she goes.

If a woman finds that her energies are flagging and that everything tires her; if her feminine system fails to perform its allotted duties, there is nervousness, sleeplessness, faintness, backache, headache, bearing-down pains, and irregularities, causing constant misery and melancholia, she should remember that Lydia E. Pinkham's Vegetable Compound made from native roots and herbs will dispel all these troubles. By correcting the cause of the trouble it cures where other treatment may have

Miss Elizabeth Wynn, of No. 205 8th Avenue, New York City, writes :

Dear Mrs. Pinkham:-

"For months I suffered with dreadful headaches, pain in the back and severe hemorrhages. I was weak and out of sorts all the time. Lydia E. Pinkham's Vegetable Compound helped me when all other medicine had failed. It seemed to be just what I needed and quickly restored my health."

Miss Hulda Kughler, of No. 25, West 15th Street, New York City, writes:

Dear Mrs. Pinkham:-

"For months I was ill with an internal trouble. I suffered terrible agony, was nervous, irritable, and sick all the time. I took different medicines without benefit. Lydia E. Pinkham's Vegetable Compound was recommended and within six months I was completely restored to health and I want to recommend it to every suffering

Women who are troubled with painful or irregular functions, backache, bloating (or flatulence), displacements, inflammation or ulceration, that bearing-down feeling, dizziness, indigestion, or nervous prostration may be restored to perfect health and strength by taking Lydia E. Pinkham's Vegetable Compound,

Mrs. Pinkham's Invitation to Women.

Women suffering from any form of female weakness are invited to promptly communicate with Mrs. Pinkham, at Lynn, Mass. From the symptoms given, the trouble may be located and the quickest and surest way of recovery advised. Out of her vast volume of experience in treating female ills Mrs. Pinkham probably has the very knowledge that will help your case. Her advice is free and always helpful.