

Mrs. Mittie Huffaker.



HAD GIVEN UP ALL HOPE. CONFINED TO HER BED WITH DYSPEPSIA.

"I Owe My Life to Pe-ru-na," Says Mrs. Huffaker.

Mrs. Mittie Huffaker, R. R. No. 3, Columbia, Tenn., writes: "I was afflicted with dyspepsia for several years and at last was confined to my bed, unable to sit up. We tried several different doctors without relief. 'I had given up all hope of any relief and was almost dead when my husband bought me a bottle of Pe-ru-na. At first I could not notice any benefit, but after taking several bottles I was cured sound and well. 'It is to Pe-ru-na I owe my life today.' I cheerfully recommend it to all sufferers."

Meats or soups should not be covered closely while hot.

Alcohol is effectual in removing medicine stains from fabrics.

Hearthstones painted with two or three coats of white enamel are easily cleaned by wiping with a damp cloth.

Large lumps of unslacked lime placed in dark or damp corner in the cellar will absorb the moisture and purify the air.

Hot bread will cut as easily as cold if the knife used is heated. Dip a knife in cold water before using to cut warm cake.

If Ham had been sick and Noah had given him sugar would he have been a "sugar cured Ham?"



MOTHER GRAY'S SWEET POWDERS FOR CHILDREN.

A Certain Cure for Feverishness, Constipation, Headache, Stomach Troubles, Teething Disorders, and Destroy Worms. They Break up Colds in 24 Hours. At all Druggists, 30 Cents. Sample mailed FREE. Address, New York City, A. S. OLMSTED, Le Roy, N. Y.

Too much sleep is rarely possible during childhood and exhaustive states; on the other hand too much sleep is harmful to those in full tide of vigor.

A Positive CURE FOR CATARRH

Ely's Cream Balm is quickly absorbed. Gives Relief at Once.

It cleanses, soothes, heals and protects the diseased membrane. It cures Catarrh and drives away a Cold in the Head quickly. Restores the Senses of Taste and Smell. Full size 50 cts. at Druggists or by mail; Trial size 10 cts. by mail. Ely Brothers, 56 Warren Street, New York.



If afflicted with Thompson's Eye Water sore Eyes, use

SUPPOSE WE SMILE.

HUMOROUS PARAGRAPHS FROM THE COMIC PAPERS.

Pleasant Incidents Occurring the World Over—Sayings that Are Cheerful to Old or Young—Funny Selections that Everybody Will Enjoy.

Sandy Pikes—So yer called on de lady in de wayside cottage. Was she easy, pard?

Gritty George—Easy? Say, she was de limit. Why, I told her de right way to get her lace curtains a fashionable old yellow was to use smoke. I'll be blamed if she didn't give me a box of her husband's best perfectos an' an easy chair in de parlor an' told me to smoke until dey turned yellow an' den she'd give me a dinner.

Question as to Intent.

She—Mr. Ardupp paid me a lovely compliment last evening.

He—I bet he didn't owe it to you.

She—Why, what do you mean?

He—I never knew him to pay anything he owed.

A Tiptop Room.



Silas Ryefield—What! Three dollars for a room? Geesusalumi! That's a rather high price, isn't it?

Hotel Clerk—Well, it's the highest room in the hotel, No. 41144.

Moving Comedy.

"Yes, we are going to move to escape housecleaning."

"And so are we. If I must confess it myself, I think it will take the new tenants two weeks to get rid of all the rubbish we are leaving behind."

"The same here. Our horse will need a mop and soap from cellar to roof. By the way, where are you going?"

"915 L—street."

"What? Why, that is where we are leaving."

"Well, I declare! Where are you going?"

"111 B—street."

"Why, that's where we are leaving."

"Great Scott!"

"Gee whizz!"

Free Dental Services.

The comedian boarder wore a broad grin.

"What is laughable, Mr. Highball?" queried the sweet singer.

"Why," chuckled the comedian boarder, "this chicken is so tough it just pulled out two of my teeth."

"And you did not protest to the landlady?"

"I should say not. Those teeth have been aching for two months."

What's in a Name?



Norah (the slavey)—The boarders are kikin' orle, 'cause yer a feedin' 'em hash every meal.

Mrs. Borden-Howse—Well, I'd give 'em plum pudding to-morrow. Tell cook to put raisins in the hash.

Midnight Supper.

Gunner—So the famous baseball player ate a welsh rarebit before a tiring and had some wonderfu' dreams? Were his dreams characteristic of his profession?

Guy—I should say so. Why, he was pitching and tossing all night.

Of Course.

"Here is 'Santo Domingo' on your bill of fare," said the guest. "What is that, a cigar?"

"No, sir," replied the waiter, "A 'Santo Domingo' is a very warm stew."

A LAND OF OPPORTUNITIES.

Inducements Held Out by Western Canada Are Powerful.

A recent number of the Winnipeg (Manitoba) Free Press contains an excellent article on the prospects in Western Canada, a portion of which we are pleased to reproduce.

The agents of the Canadian Government, located at different centres in the States, will be pleased to give any further information as to rates, and how to reach these lands.

"Just now there is a keener interest than ever before on the part of the outside world in regard to the claims of the Canadian West as a field of settlement. At no previous time has there been such a rush of immigration, and the amount of information distributed broadcast is unprecedentedly great.

"In the majority of the States of the Union and in Great Britain the opportunities for home-making and the achieving of even a modest competence are at the best limited. Moreover, according to the social and industrial conditions prevalent in those communities, the future holds out no promise of better things. It is not strange, then, that energetic young men should turn their eyes to Canada's great wheat belt, where every man can pursue fortune without the hindrance of any discouraging handicap.

"The inducements held out by Western Canada are powerful and made manifest by the great movement now in progress. That the prospects are considerably more than reasonably certain is borne out by the history of the country and its residents. The promise of gain is powerful, but when added to it there is the prospect of a corresponding social and civil elevation, it should prove irresistible to young men of a particularly desirable class for any new country.

The Canadian West is alive with opportunities for the young man who aims at becoming more than a mere atom in the civil and national fabric. Some of the eager young fellows, who arrive on the prairies daily, are destined to become more than merely prosperous farmers. In the near future great municipal and Provincial development will be in the hands of the people. The stepping stone to both financial prosperity and civil prominence is, and will be, the farm. For every professional opening there are hundreds of agricultural openings. The Canadian prairies are teeming with opportunities for the honest and industrious of all classes, but they are specially inviting to the ambitious young man who seeks a field for the energy and ability which he feels inherent within him. The familiar cry of 'Back to the soil' is more than a vain sounding phrase when applied to Western Canada.

Wax or paraffine may be drawn out by placing a blotter upon the spot and pressing with a warm iron.

\$100 Reward, \$100.

The readers of this paper will be pleased to learn that there is at least one dreaded disease that science has been able to cure in all its stages, and that is Catarrh. Hall's Catarrh Cure is the only positive cure known to the medical fraternity. Catarrh being a constitutional disease, requires a constitutional treatment. Hall's Catarrh Cure is taken internally, acting directly on the blood and mucous surfaces of the system, thereby destroying the foundation of the disease, and giving the patient strength by building up the constitution and assisting nature in doing its work. The proprietors have so much faith in its curative powers that they offer One Hundred Dollars for any case that it fails to cure. Send for list of testimonials. Address: F. J. CHENEY & CO., Toledo, O. Sold by Druggists, 75c. Hall's Family Pills are the best.

Sleeping apartments should not only be ventilated at night and in the morning, but currents of air should pass through them freely throughout the day.

When laundering lace curtains if a creamy shade is desired, add clear strong coffee to the starch.

Soap and wood ashes is excellent for cleaning zinc and tubs and pails.

Whiting and sweet oil mixed to paste and rubbed on silver with a piece of flannel will brighten it. Wipe with a soft cloth and polish it with chamois skin.

TWICE-TOLD TESTIMONY.

A Woman Who Has Suffered Tells How to Find Relief.

The thousands of women who suffer backache, languor, urinary disorders and other kidney ailments, will find comfort in the words of Mrs. Jane Farrell, of 606 Ocean Ave., Jersey City, N. J., who says: "I reiterate all I have said before in praise of Doan's Kidney Pills. I had been having heavy backache and my general health was affected when I began using them. My feet were swollen, my eyes puffed, and dizzy spells were frequent. Kidney action was irregular and the secretions highly colored. To-day, however, I am a well woman, and I am confident that Doan's Kidney Pills have made me so, and are keeping me well." Sold by all dealers. 50 cents a box. Foster-Milburn Co., Buffalo, N. Y.



900 DROPS CASTORIA Vegetable Preparation for Assimilating the Food and Regulating the Stomach and Bowels of INFANTS & CHILDREN Promotes Digestion, Cheerfulness and Rest. Contains neither Opium, Morphine nor Mineral. NOT NARCOTIC. Fac Simile Signature of Chas. H. Fletcher NEW YORK. 35 Doses - 35 CENTS EXACT COPY OF WRAPPER.

CASTORIA For Infants and Children. The Kind You Have Always Bought Bears the Signature of Chas. H. Fletcher. In Use For Over Thirty Years CASTORIA THE CENTAUR COMPANY, NEW YORK CITY.

THE BEST COUGH CURE Kemp's Balsam the best cough cure, you would have made a bad bargain—for one small bottle of Kemp's Balsam may stop the worst cough and save a life, whereas the cough "cure" that does not cure is worse than useless. Sold by all dealers at 25c. and 50c.

LIMB RAW AS PIECE OF BEEF. Suffered for Three Years with Itching Humor—Cruiser Newark, U. S. N., Man Cured by Cuticura. "I suffered with humor for about three years off and on. I finally saw a doctor and he gave me remedies that did me no good, so I tried Cuticura when my limb below the knee to the ankle was as raw as a piece of beef. All I used was the Cuticura Soap and the Ointment. I bathed with Cuticura Soap every day, and used about six or seven boxes of Cuticura Ointment. I was thoroughly cured of the humor in three weeks, and haven't been affected with it since. I use no other Soap than Cuticura now. H. J. Myers, U. S. N., U. S. S. Newark, New York, July 8, 1905."

Try a medium-sized camel's hair brush or dusting the carving in furniture. Mrs. Winslow's SOOTHING SYRUP for children teething softens the gums, reduces inflammation, allays pain, cures colic. Price 25c bottle.

A feather brush is better than a cloth for dusting picture frames. \$2 to \$5 LANDS 1,000,000 acres richest farm land, Colorado, Kansas and Nebraska. Will grow anything. Gov't homesteads located. Printed lists showing exact locations and prices—also maps pictures, etc. FREE. STERLING INVESTMENT CO. 205 Front St. Sterling Colo. N. N. U. 929-21, YORK, NEBR.

ALLEN'S FOOT-EASE This signature Allen's Foot-Ease. A Certain Cure for Tired, Hot, Aching Feet. DO NOT ACCEPT A SUBSTITUTE. on every box. For FREE Trial Package, Address, Allen S. Olmsted, Le Roy, N. Y.

W. L. DOUGLAS \$3.50 & \$3.00 SHOES FOR MEN. N. L. Douglas \$4.00 Clit Edge Line cannot be equalled at any price. W. L. DOUGLAS MAKES & SELLS MORE MEN'S SHOES THAN ANY OTHER MANUFACTURER IN THE WORLD. \$10,000 REWARD to anyone who can disprove this statement. If I could take you into my three large factories at Brockton, Mass., and show you the infinite care with which every pair of shoes is made, you would realize why W. L. Douglas \$3.50 shoe cost more to make, why they hold their shape fit better, wear longer, and are of greater intrinsic value than any other \$3.50 shoe. W. L. Douglas Strong Made Shoes for Men, \$2.50, \$2.00, Boys' School & Green Shoes, \$2.50, \$2.00, \$1.75, \$1.50. CAUTION—Insist upon having W. L. Douglas shoes. Take no substitute. None genuine without his name and price stamped on bottom. Fast Color Eyelets used: they will not wear brassy. Write for Illustrated Catalogue. W. L. DOUGLAS, Brockton, Mass.

DROPSY NEW DISCOVERY: gives quick relief and cures worst cases of Dropsy and 10 Days' treatment. Free. Dr. H. H. GREEN'S SONS, Box U, Atlanta, Ga.

YOU CANNOT CURE all inflamed, ulcerated and catarrhal conditions of the mucous membrane such as nasal catarrh, uterine catarrh caused by feminine ills, sore throat, sore mouth or inflamed eyes by simply dosing the stomach. But you surely can cure these stubborn affections by local treatment with Paxtine Toilet Antiseptic which destroys the disease germs, checks discharges, stops pain, and heals the inflammation and soreness. Paxtine represents the most successful local treatment for feminine ills ever produced. Thousands of women testify to this fact. 50 cents at druggists. Send for Free Trial Box THE R. PAXTON CO., Boston, Mass.

Sale Ten Million Boxes a Year. THE FAMILY'S FAVORITE MEDICINE Cascarets CANDY CATHARTIC THEY WORK WHILE YOU SLEEP BEST FOR THE BOWELS 10c, 25c, 50c. All Druggists.