

GRIP'S UGLY SEQUEL

KNEES STIFF, HANDS HELPLESS, RHEUMATISM NEAR HEART.

Mrs. Van Scoy Experiences Dangerous After-Effects from Grip and Learns Value of a Blood Remedy.

The grip leaves behind it weakened vital powers, thin blood, impaired digestion and over-sensitive nerves—a condition that makes the system an easy prey to pneumonia, bronchitis, rheumatism, nervous prostration, and even consumption.

The story told by scores of victims of the grip is substantially the same. One was tortured by terrible pains at the base of the skull; another was left tired, faint and in every way wretched from anemia or scantiness of blood; another had horrible headaches, was nervous and couldn't sleep; another was left with weak lungs, difficulty in breathing and acute neuralgia. In every case relief was sought in vain until the great blood-builder and nerve-tonic, Dr. Williams' Pink Pills, was used. For quickness and thoroughness of action nothing is known that will approach it.

Mrs. Van Scoy makes a statement that supports this claim. She says:

"I had a severe attack of grip and, before I had fully recovered, rheumatism set in and tormented me for three months. I was in a badly run-down state. Soon after it began I was so lame for a week that I could hardly walk. It kept growing steadily worse and at last I had to give up completely and for three weeks I was obliged to keep my bed. My knees were so stiff I couldn't bend them, and my hands were perfectly helpless. Then the pains began to threaten my heart and thoroughly alarmed me.

"While I was suffering in this way I chanced to run across a little book that told about the merits of Dr. Williams' Pink Pills. The statements in it impressed me and led me to buy a box. These pills proved the very thing I needed. Improvement set in as soon as I began to take them, and it was very marked by the time I had finished the first box. Four boxes made me a well woman."

Mrs. Laura M. Van Scoy lives at No. 20 Thorpe street, Danbury, Conn. Dr. Williams' Pink Pills are equally well adapted for any other of the diseases that follow in the train of grip. They are sold by all druggists.

Politeness is like charity; it may cover a multitude of the sins of personal defects.

I have used Piso's Cure for Consumption with good results. It is all right.—John W. Henry, Box 642, Postoria, Ohio, Oct. 4, 1901.

Red hands may be helped by using almond meal instead of soap in washing.

In the colony of Japanese in New York City there are about 1,000 men and but 30 women.

Radium, when brought near a diamond in the dark, will make it sparkle. Paste diamonds are not so affected.

Cultivate the gentle art of listening; a good listener is often more appreciated than a good talker.

Don't try to cool off quickly after exercising.

Steps were taken recently toward forming in Paris a Canadian Chamber of Commerce to extend commercial relations between France and Canada.

Whatever of household linen is provided or given a bride before her marriage is marked with her maiden name. The single initial of the surname may be used or the initial of the Christian may be combined with it.

The largest piece of native copper to be exhibited at the Lewis and Clark Exposition is from a mine belonging to an Oregon woman, Mrs. Mary A. Booth is the principal owner of the Golden Standard mine in Josephine county from which the huge piece of copper was taken.

True politeness simply consists in treating others as you yourself would wish to be treated.

Mrs. Winslow's SOOTHING SYRUP for children teething, softens the gums, reduces inflammation, allays pain, cures colic. Price 25c

After a woman reaches "a certain age" without having found a mate she begins to wish that she could be a widow without getting married.

Dr. David Kennedy's Favorite Remedy for the Great Kidney and Liver Cure. World Famous; Write Dr. Kennedy's Sons, Rondout, N. Y., for sample bottle

Rich asbestos mines have been discovered near Irkutsk, Siberia.

A North American rattlesnake taken to the Museum of Paris refused all food for twenty-six months.

You Can Get Allen's Foot-Ease FREE. Write to-day to Allen S. Olmsted, Le Roy, N. Y., for a FREE sample of Allen's Foot-Ease, a powder to shake into your shoes. It cures tired, sweating, hot, swollen, aching feet. It makes new or tight shoes easy. A certain cure for Corns and Bunions. All Druggists and Shoe stores sell it. 25c.

When the people of this country groan about hard times they have

OLD-TIME PUNISHMENTS.

When Pillory, Stocks, Ducking Stool and Whipping Post Were Used.

Our ancestors of the seventeenth century have never yet had their exact deserts from us, because it is difficult to understand them and to put our minds back into the habits of thought which controlled theirs.

In our "historical" fiction they often appear as the most delicate and refined people possible, says the St. Louis Globe-Democrat, carrying the refinement of the present at its highest up into the region of the hand-painted, water-color frontispiece, where they appear wigged, powdered and with lace at the throat and cuff to suggest that their manners were far above those of the present.

They were benevolent people, but it had not occurred to them that it was cruel to put a man's neck in a vise and keep him standing on his toes for two or three days after he had been first whipped on his bare back.

In the Virginia statutes of 1662 it is provided that the 'court in every county shall cause to be set up near the court-house a pillory, a pair of stocks, a whipping post and a ducking stool in such place as they shall think convenient, which not being set up within six months after the date of this act, the said court shall be fined 500 pounds of tobacco."

The pillory as thus established in Virginia is still familiar, because the whipping post of Delaware and Maryland is a modification of it. The Virginia custom made the pillory and the whipping post distinct institutions.

The pillory as wholly distinct from the whipping post was a more aristocratic institution. It had a platform on which the culprit stood. The post through the center of this platform had a wooden collar a little higher than the shoulders of the culprit and in this collar there was a depression to receive his neck. The collar was hinged in two pieces, which locked into each other. When the upper piece was raised and the culprit's neck adjusted in the vise it was then locked down upon his neck and he was left standing on his "tip-toes" for such time as the sentence provided.

Women might be exposed in the pillory, but as a rule the stocks were provided for their convenience. The village stocks consisted of two heavy planks fitted edge to edge, with semi-spherical holes in each above and below, and so adjusted to fit exactly around the ankles of the transgressor. One or both ankles might be locked in these holes and as the transgressor sat on the pillory stool with ankles thus confined the village children collected and amused themselves with the spectacle.

The ducking stool, however, was the institution specially devised for the public and domestic regulation of woman. The Virginia laws of 1662 provided that "in actions of slander occasioned by a man's wife, after judgment passed for damages, the woman shall be punished by ducking, and if the slander be such as the damages shall be adjudged as above 500 pounds of tobacco, then the woman shall have a ducking for every 500 pounds of tobacco adjudged against her husband if he refuse to pay the tobacco."

The ducking stool consisted of the back of a chair fixed on the end of a plank. The plank was pivoted through a hole in its center on a stout post at the edge of the village pond. After the woman had been tied to the back of the chair she was revolved on the pivot until directly over deep water. Then the constable and his assistants dipped her in as often as the sentence provided. Such punishments were village entertainments, greatly enjoyed by the spectators as the unfortunate sould came up splitting and sputtering.

Before it is possible to understand the history made then, or to see its connection clearly with the history that has grown out of it, it is necessary to take all such facts as these into full account, not to the prejudice of our ancestors, but to explain them and their habits of mind.

Forests and National Prosperity. As a living example of the consequences of deforestation we need simply look to Spain, a country which centuries ago was rich in timber and agricultural products, a proud seafaring nation of world conquerors. Spain's decadence dates from the time when her timber supply became exhausted, her shipbuilding relaxed and her barren, unprotected soil ceased to bear fruit.—Forum.

Her Forte. "Almost any woman," he said, "ought to make a great general."

"Why?" she asked. "Because," he replied, "woman is naturally a great strategist."

Then he gave up the \$25 she had been maneuvering to get.

Ore from Norwegian Iron Mines. The Ofoten railway, the most northern railroad in the world, is now carrying immense quantities of iron ore from the great Norwegian mining districts to the coast.

Patches that decorate the trousers of a calamity howler are not on the knees.

MOTHERHOOD

Actual Sterility in Women Is Very Rare—Healthy Mothers and Children Make Happy Homes.



Many women long for a child to bless their homes, but because of some debility or displacement of the female organs they are barren.

Preparation for healthy maternity is accomplished by Lydia E. Pinkham's Vegetable Compound more successfully than by any other medicine, because it gives tone and strength to the entire female organism, curing all displacements, ulceration and inflammation.

A woman who is in good physical condition transmits to her children the blessings of a good constitution. Is not that an incentive to prepare for a healthy maternity?

If expectant mothers would fortify themselves with Lydia E. Pinkham's Vegetable Compound, which for thirty years has sustained thousands of women in this condition, there would be a great decrease in miscarriages, in suffering, and in disappointments at birth.

The following letters to Mrs. Pinkham demonstrate the power of Lydia E. Pinkham's Vegetable Compound in such cases.

Mrs. L. C. Glover, Vice-President of Milwaukee Business Women's Association, of 614 Grove Street, Milwaukee, Wis., writes:

Dear Mrs. Pinkham:— "I was married for several years and no children blessed our home. The doctor said I had a complication of female troubles and I could not have any children unless I could be cured. For months I took his medicines, trying in vain for a cure, but at last my husband became disgusted and suggested that I

Many Women Have Been Benefited by Mrs. Pinkham's Advice and Medicine.

try Lydia E. Pinkham's Vegetable Compound; this I did, and I improved steadily in health, and in less than two years a beautiful child came to bless our home. Now we have something to live for, and all the credit is due to Lydia E. Pinkham's Vegetable Compound."

Mrs. Mae P. Wharry, Secretary of the North Shore Oratorical Society, The Norman, Milwaukee, Wis., writes:

Dear Mrs. Pinkham:— "I was married for five years and gave birth to two premature children. Lydia E. Pinkham's Vegetable Compound was recommended to me, and I am so glad I took it, for it changed me from a weak, nervous woman to a strong, happy and healthy one within seven months. Within two years a lovely little girl was born, which is the pride and joy of our household. Every day I bless Lydia E. Pinkham's Vegetable Compound for the light, health and happiness it brought to our home."

If any woman thinks she is sterile, or has doubts about her ability to carry a child to a mature birth let her write to Mrs. Pinkham, Lynn, Mass., whose advice is free to all expectant or would-be mothers. She has helped thousands of women through this anxious period.

Women suffering with irregular or painful menstruation, leucorrhoea, displacement, ulceration or inflammation of the womb, that bearing down feeling or ovarian trouble, backache, bloating or nervous prostration, should remember that Lydia E. Pinkham's Vegetable Compound holds the record for the greatest number of actual cures of woman's ills, and accept no substitute.

Truths that Strike Home

Your grocer is honest and—if he cares to do so—can tell you that he knows very little about the bulk coffee he sells you. How can he know, where it originally came from, how it was blended—or with what—or when roasted? If you buy your coffee loose by the pound, how can you expect purity and uniform quality?



LION COFFEE, the LEADER OF ALL PACKAGE COFFEES, is of necessity uniform in quality, strength and flavor. For OVER A QUARTER OF A CENTURY, LION COFFEE has been the standard coffee in millions of homes.

LION COFFEE is carefully packed at our factories, and until opened in your home, has no chance of being adulterated, or of coming in contact with dust, dirt, germs, or unclean hands.

In each package of LION COFFEE you get one full pound of Pure Coffee. Insist upon getting the genuine. (Lion head on every package.)

(Save the Lion-heads for valuable premiums.)

SOLD BY GROCERS EVERYWHERE

WOOLSON PRICE CO., Toledo, Ohio.

W. L. DOUGLAS

UNION MADE. \$3.50 & \$3.00 SHOES FOR MEN. W. L. Douglas \$3.50 shoes are the greatest sellers in the world because of their excellent style, easy fitting and superior wearing qualities. They are just as good as those that cost from \$5.00 to \$7.00. The only difference is the price. W. L. Douglas \$3.50 shoes cost more to make, hold their shape better, wear longer, and are of greater value than any other \$3.50 shoes on the market to-day. W. L. Douglas guarantees their value by stamping his name and price on the bottom of each shoe. Look for it. Make no substitute. W. L. Douglas \$3.50 shoes are sold through his own retail stores in the principal cities, and by shoe dealers every where. No matter where you live, W. L. Douglas shoes are within your reach.



W. L. Douglas makes and sells more Men's \$3.50 shoes than any other manufacturer in the world. \$10,000,000 worth of shoes sold annually.

BETTER THAN OTHER MAKES AT ANY PRICE. "For the last three years I have worn W. L. Douglas \$3.50 shoes and found it not only as good, but better than any other that I ever had, regardless of price." Chas. L. Farrell, Asst. Cashier The Capital National Bank, Indianapolis, Ind. Boys wear W. L. Douglas \$2.50 and \$3.00 shoes because they fit better, hold their shape, and wear longer than other makes. W. L. DOUGLAS \$4.00 SHOES CANNOT BE EQUALLED AT ANY PRICE. W. L. Douglas uses Corona Calfskin in his \$3.50 shoes. Corona Calf is considered to be the finest patent leather produced. FAST COLOR EYELETS WILL NOT WEAR BRASSY. W. L. Douglas has the largest shoe manufactory in the world. No trouble to get a fit by mail. See extra prepaid delivery. If you desire further information, write for Illustrated Catalogue of Spring Styles. W. L. DOUGLAS, BROCKTON, MASSACHUSETTS

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Investors in Nebraska Real Estate will find this true. Now is the time to get in on the ground floor. We have some choice investments. Write us for further information.

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Vegetable Preparation for Assimilating the Food and Regulating the Stomachs and Bowels of

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Promotes Digestion, Cheerfulness and Rest. Contains neither Opium, Morphine nor Mineral. **NOT NARCOTIC.**

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Fac Simile Signature of **Dr. J. C. FLETCHER** NEW YORK.

ALBANY, N. Y. 15 DROPS—35 CENTS.

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