

A JUDGE'S WIFE PAIN IN THE BACK AND SIDE



MRS. MINNIE McALLISTER.

Mrs. Carrie King, Darlington, Mo., writes: "I have suffered for years with biliousness, and kidney and liver trouble. 'If I caught a little cold, the pains were increased and backache and headache were of frequent occurrence.' However, Peruna cured me—twelve bottles made me a healthy woman."

Quickly Cured by a Short Course of Pe-ru-na.

MRS. MINNIE E. McALLISTER, wife of Judge McAllister, writes from 1217 West 33rd street, Minneapolis, Minn., as follows: "I suffered for years with a pain in the small of my back and right side. It interfered often with my domestic and social duties and I never supposed that I would be cured, as the doctor's medicine did not seem to help me any. "Fortunately a member of our Order advised me to try Peruna and gave it such high praise that I decided to try it. Although I started in with little faith, I felt so much better in a week that I felt encouraged. "I took it faithfully for seven weeks and am happy indeed to be able to say that I am entirely cured. "Words fail to express my gratitude. Perfect health once more is the best thing I could wish for, and thanks to Peruna, I enjoy that now. "Pain in the back, or on the right side. How often a physician hears this complaint! Over and over we hear women say: "I have a pain in the small of my back. I have a pain in my right side, just below the ribs." These symptoms indicate pelvic or abdominal catarrh. They indicate that the bowels are not acting properly—that the liver is out of order—that the pelvic organs are congested. Pelvic catarrh—that is the name for it. Peruna cures pelvic catarrh, when all of these symptoms disappear. The catarrh may be all in the abdominal organs, when it would be properly called abdominal catarrh. At any rate, it is one of those cases of internal catarrh which can be reached only by a course of treatment with Peruna. We have on file thousands of testimonials similar to the above. It is impossible here to give our readers more than one or two specimens of the number of grateful and commendatory letters Dr. Hartman is constantly receiving in behalf of his famous catarrh remedy, Peruna.

AN UNRECOGNIZED MARTYR.

"Celia!" called the bachelor uncle, impatiently. "This baby's back again. Did you think he'd stay on that quilt with a rattle when he could get hold of a fascinating object like me by creeping across the floor?" But the maid replied that the baby's mother had said that she was to leave him on the quilt, and not amuse him. "Well, you'll have to put the quilt in another room, then. Whew, what a yell! Wonder if you hurt him when you picked him up? Take him of somewhere and explain to him that I'm examining an abstract, and can't be disturbed. My, how he screams. How long is his mother going to stay downtown?" "All the afternoon, sir," answered Celia, over her shoulder. Burton went back to his work, but the child's voice pierced the closed door, and he scowled at the abstract. Then he thought of his pet sister Edith. How distressed she would be if she knew her baby was annoying him! This was her first visit home since her marriage. He must not let her know what a nuisance the youngster had been to-day, but really, this racket—"Can't you drug him, Celia—or feed him?" he suggested, opening the door. His voice was drowned in a torrent of shrieks. "It's you he wants, sir. He keeps reaching his hands towards that door." "Nonsense!" Burton closed it abruptly. But the screaming went on, and it ended in Burton's throwing down his pen and receiving the infant into his arms. "Whatever you do," he commanded Celia, with the spirit of a martyr, "don't you let his mother know how he's hounded the life out of me, and broken up my work this afternoon. It would spoil her whole visit." With that he sat down and let the young tyrant go to sleep on him, and there the fond mother found him when she came in, two hours later. Burton's first thought was to forestall the apologies of sensitive Edith, so he remarked, cheerfully, as he surrendered his burden: "He seemed to take a great notion to me to-day." In a sunburst of joy and pride Edith gazed at her son. "The darling!" she cried, happily "He'll go to anybody!"—Youth's Companion.

A TRAINED NURSE

After Years of Experience, Advises Women in Regard to Their Health.



Mrs. Martha Pohlman

Mrs. Martha Pohlman of 55 Chester Avenue, Newark, N. J., who is a graduate Nurse from the Bloecley Training School, at Philadelphia, and for six years Chief Clinic Nurse at the Philadelphia Hospital, writes the letter printed below. She has the advantage of personal experience, besides her professional education, and what she has to say may be absolutely relied upon. Many other women are afflicted as she was. They can regain health in the same way. It is prudent to heed such advice from such a source. Mrs. Pohlman writes: "I am firmly persuaded, after eight years of experience with Lydia E. Pinkham's Vegetable Compound, that it is the safest and best medicine for any suffering woman to use. "Immediately after my marriage I found that my health began to fail me. I became weak and pale, with severe bearing-down pains, fearful backaches, and frequent dizzy spells. The doctor prescribed for me, yet I did not improve. I would float after eating and frequently become nauseated. I had an acrid discharge and pains down through my limbs so I could hardly walk. It was as bad a case of female trouble as I have ever known. Lydia E. Pinkham's Vegetable Compound, however, cured me within four months. Since that time I have had occasion to recommend it to a number of patients suffering from all forms of female difficulties, and I find that while it is considered unprofessional to recommend a patent medicine, I can honestly recommend Lydia E. Pinkham's Vegetable Compound, for I have found that it cures female ills, where all other medicine fails. It is a grand medicine for sick women." Money cannot buy such testimony as this—merit alone can produce such results, and the ablest specialists now agree that Lydia E. Pinkham's Vegetable Compound is the most universally successful remedy for all female diseases known to medicine. When women are troubled with irregular, suppressed or painful menstruation, weakness, leucorrhœa, displacement or ulceration of the womb, that bearing-down feeling, inflammation of the ovaries, backache, bloating (or flatulence), general debility, indigestion, and nervous prostration, or are beset with such symptoms as dizziness, faintness, lassitude, excitability, irritability, nervousness, sleeplessness, melancholy, "all-gone" and "want-to-be-left-alone" feelings, blues and hopelessness, they should remember there is one tried and true remedy, Lydia E. Pinkham's Vegetable Compound at once removes such troubles. No other female medicine in the world has received such widespread and unqualified endorsement. No other medicine has such a record of cures of female troubles. The needless suffering of women from diseases peculiar to their sex is terrible to see. The money which they pay to doctors who do not help them is an enormous waste. The pain is cured and the money is saved by Lydia E. Pinkham's Vegetable Compound. Experience has proved this. It is well for women who are ill to write Mrs. Pinkham, at Lynn, Mass. In her great experience, which covers many years, she has probably had to deal with dozens of cases just like yours. Her advice is free and confidential. Lydia E. Pinkham's Vegetable Compound Succeeds Where Others Fail.

He Was Charged.—A polite middle-aged negro was locked up at the Eastern Station charged with being drunk on the street.

I find Piso's Cure for Consumption the best medicine for croupy children.—Mrs. F. Callahan, 114 Hall street, Parkersburg, W. Va., April 16, 1901.

Quit dwelling on fancied slights and wrongs.

FARMERS' WESTERN CANADA FREE

MIXED FARMING
Wheat Raising
Ranching

Three Great Pursuits have again shown wonderful results on the

FREE HOMESTEAD LANDS
OF WESTERN CANADA

Magnificent climate—farmers plowing in their shirts in the middle of November. "All are bound to be more than pleased with the final results of the past season's harvest."—Extract. Coal, Wood, Water, Hay in abundance, schools, churches, markets convenient. Apply for information to Superintendent of Immigration, Ottawa, Canada, or to W. V. Bennett, 801 New York Life Building, Omaha, Neb., Authorized Government Agent.

CASTORIA

For Infants and Children.
The Kind You Have Always Bought

Bears the Signature of *Chas. H. Fletcher*

THE GRAND PRIZE TOWER'S FISH BRAND THE GRAND PRIZE

WATERPROOF OILED CLOTHING
RECEIVED THE HIGHEST POSSIBLE AWARD AT THE ST. LOUIS WORLD'S FAIR.

Send us the names of dealers in your town who do not sell our goods, and we will send you a collection of pictures, in colors, of famous towers of the world. \$3.

A. J. TOWER CO. ESTABLISHED 1856.
BOSTON. NEW YORK. CHICAGO.
TOWER CANADIAN CO. Limited, TORONTO CAN.

Power of an Earthquake.
Dr. Von Kovesligethy, of Budapest has calculated the exact amount of energy in whose power that old Mother Earth required to perform her various earthquakes during the last eight years. He charges that this planet has been wasting energy in this form of pleasantries at the ruinous rate of 70,000,000,000 horse power every second of the day and night. If she had spent the energy in the form of a present to her children instead of trying to make their bones rattle all night be living in luxury and having their work done for them.

As nobody has experimented with artificial earthquakes for obvious reasons, it may seem wonderful that the scientist should find any basis to begin his figuring from. There was just one thing he could use, called the "initiative" of the earth. The planet's pole should point steadily to a fixed point in the sky, but it doesn't. Instead, it wobbles and jerks one way and then another to an extent that is readily observed and recorded by astronomers.

Dr. Kovesligethy, working on the theory that nothing but earthquakes could have caused the wobbling, went over the astronomer's records for the last eight years and added it all up. Then, knowing the weight of the earth, it was comparatively simple mathematics to find out how much power it took.

How We Catch Cold.
The rationale of the causation of the ordinary "cold" is pretty well understood at the present day, and it is generally conceded that when circulatory disturbances or vital depression are produced as the result of localized or general chilling of the body surface, newly entered or already present pathogenic bacteria are enabled to attack the body with very good chances of success. At such times it is said that the powers of resistance are below par, and, consequently, the bacteria gain an easy victory. This point was illustrated in telling fashion by Durck, who found that rabbits infected with pneumococci developed pneumonia if they were subjected to severe cold, whereas unchilled control animals survived.—Medical Record.

His Authority.
First Tourist—What makes you think it is so cold in Japan?
Second Ditto—I've just been talking to a Russian. He said he met an awful frost over there.—Detroit Free Press.

Light literature is expensive when it comes in the shape of gas bills.

Quit thinking that all the good chances and opportunities are gone by.

PLENTY OF MONEY.
Susie—My sister has got a new piano. It's awful fine. Pop bought it. It's the best make, and it's a parlor grand, too, and it cost a thousand dollars—just think of that!
Billy—Let's go 'round nd'hear 'er play on it.
Susie—She ain't home now. She's gone down town to the music store to get another copy of Sliding on the Cellar Door, cause the old one's worn out.

CONFESSED HIS FAULT.
Suurban Boy—Mamma, th' train I always take to go to school ran off the track, and ever so many got hurt.
Mamma—Merciful! How did you escape?
I played hockey.
My precious darling.
Quit longing for the good things that others have instead of going to work and earning them for yourself.
Quit looking for opportunities hundreds or thousands of miles away instead of right where you are.
"Pa," asked the kid, "what is 'race suit'ide?"
"Race suicide, my son," quoth paterfamilias, "is automobile speeding."—Success Magazine.

THE TIME FOR ROMANCE.
Groom—Well, that umbrella is gone, and I'll have to get another one. We'll stop into Biggs, Store & Co.'s.
Bride—Horrors! no, Go to some little shop on a side street.
Dear me! Why?
My darling, let's not spend our honeymoon waiting for change.

Dubious.—What do you know about his past? asked Mabel.
Just 'nough to make me a little suspicious about his present, said Maud, examining with a magnifying glass the diamond the young man had sent her.—Chicago Tribune.

STARK MAD.
Lawyer—Did you examine this lady carefully before certifying that she was insane?
Physician—Yes sir. I asked her age, and she made herself out two years older than she was.

SKIN-TORTURED BABIES.

Instant Relief in Warm Baths with Cuticura Soap and Gentle Anointing with Cuticura Ointment.
The suffering which Cuticura Remedies have alleviated among the young and the comfort they have afforded worn-out and worried parents, have led to their adoption in countless homes as priceless curatives for the skin and blood. Infantile and birth humors, milk-crust, scalded head, eczema, rashes, and every form of itching, scaly, pimply skin, and sculp humors, with loss of hair, of infancy and childhood, as speedily, permanently and economically cured when all other remedies suitable for children, and even the best physicians fail!

MOST PROFITABLE FARM INVESTMENT.

This is what the Cream Separator has proved to be. Twenty years of experience upon the part of hundreds of thousands of users in every county of the world bear witness to the fact. No one disputes it. There never was a better time to make this all-important farm investment than the present. Butter's value is unprecedentedly high in price. It is most desirable that none be left to go to waste, and that the quality be such as to command top prices. If you have cream to separate you cannot afford to delay this investment a single day. If you haven't the ready cash the machine will earn its cost while you are paying for it.

THE DE LAVAL SEPARATOR CO.
Randolph & Canal Sts. 74 Cortland Street
CHICAGO NEW YORK

AT BED TIME I TAKE A PLEASANT HERB DRINK

THE NEXT MORNING I FEEL BRIGHT AND NEW AND MY COMPLEXION IS BETTER.
My doctor says it acts gently on the stomach, liver and kidneys and is a general tonic. The drink is made from herbs, and is pleasant for use as early as tea. It is called "Lane's Tea."
LANE'S FAMILY MEDICINE
All druggists or by mail 25c. and 50c. bottles. Buy from Lane's Family Medicine Co., 100 N. Dearborn St., Chicago, Ill.

Let Common Sense Decide

Do you honestly believe, that coffee sold loose (in bulk), exposed to dust, germs and insects, passing through many hands (some of them not over-clean), "blended," you don't know how or by whom, is fit for your use? Of course you don't. But

LION COFFEE

is another story. The green berries, selected by keen judges at the plantation, are skillfully roasted at our factories, where precautions you would not dream of are taken to secure perfect cleanliness, flavor, strength and uniformity.

From the time the coffee leaves the factory no hand touches it till it is opened in your kitchen.

This has made LION COFFEE the LEADER OF ALL PACKAGE COFFEES.

Millions of American Homes welcome LION COFFEE daily. There is no stronger proof of merit than continued and increasing popularity. "Quality survives all opposition."

(Sold only in 1 lb. packages. Lion-head on every package.)
(Save your Lion-heads for valuable premiums.)

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WOOLSON SPICE CO., Toledo, Ohio.

Sale Ten Million Boxes a Year.

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CANDY CATHARTIC

THEY WORK WHILE YOU SLEEP

BEST FOR THE BOWELS