

Reston Brown Bread.

Mix together a cup each of graham our, wheat flour and corumeal and teaspoonful of salt. Warm a cup of alk to blood heat, dissolve in it a ant teaspoonful of baking sods and n in a tencupful of New Orleans mosees. Make a hole in the middle of the meal and flour, pour in a half pint Poling water, then add the warm and molasses. Beat all very and turn into a greased mold with a tightly fitting top. Steam in an outer vessel of boiling water for three hours. Take out of the water, turn out the bread and set in the oven for ave minutes before serving.

Oatmen! Breakfast Cakes. Wet a pint of oatmeal with sufficient water to saturate it well and pour into shallow pan, making it hal! an inch hick or less. Bake twenty minutes a quick over. Break it like sponge cake and eat warm. It can be made either crisp or moist. Corn-meal cooked in the same manner and eaten at once, is equally as good. One would sot believe without trying, how palstable and satisfying such simple dishm can be made. Without butter, sugar er eggs and slightly salted, the true Savor of the grain is developed.

Devil's Food Cake. Mix a half-cup of grated chocolate with a half-cup of milk and a half-cup f brown sugar. Ball all together un-Il as thick as cream, then set aside to set cool. Cream a balf-cup of butter with a cup of brown sugar, add two seaten eggs, two-thirds of a cup of milk and vanilla flavoring. Mix thoraghly, whip in the boiled mixture add a pint of flour that has been twice lifted, with a heaping teaspoonful of aking powder, and bake in layer tine a good oven.

Poer Man's Pudding. About six stale biscuits (or three iscults and three corn muffins) grated ane, add a bandful of stoned raising, some washed currants, a good handful of brown sugar, and one cupful of four. Chop fine with the flour onequarter of a pound of beef suet and one teaspoonful of good baking pow der. Mix all together with sufficient milk to make a paste; steam in greased and sugared dish about two hours. Add a little nutmeg or mace.

Mediar Jelly. Take the mediars when quite ripe, own with just sufficient water to cover. Let them simmer very slowly till they become pulp. Pass through a jelly bag, but do not press the pulp through. To every pint of liquor add one pound of loaf sugar, bring to the boil, and boil for twenty minutes, or until quite

clear, and it will jelly.

Medeira Cake. Two eggs, a teaspoonful of baking powder, two and one-half ounces of castor sugar, two and one-balf ounces of butter, four ounces of flour, a little grated lemon rind. Cream butter and sugar together, add grated-lemon rind, beat the eggs thoroughly, add by degrees sifted flour; also baking powder. Bake in a moderate over forty

Snow Eggs and Stewed Fruit. This is a delicious dish for hot weather. Divide the whites from the yolks of three eggs, and whisk the former to a very stiff froth with a teaspoonful of castor sugar. Put rather more than a pint of milk sweetened to taste, in a stewpan, and when it boils drop in the white of egg in dessertspoonfuls.

Squash Custard.

Boil one summer squash until ten der, thirty to forty minutes; drain t very dry and press it through a strain er; add to it two eggs well beaten, one fourth cupful sugar and four table spoonfuts of milk; flavor with lemos rind or vanilla; line a ple dish with a good plain paste, pour in the cus tard and bake thirty minutes.

Table Mustard.

One teaspoonful of English mustard, two teaspoonfuls of flour, one teaspoonful of sugar, one-quarter tea spoonful of sait. Mix thoroughly; add enough boiling water to a thick mixmre, then enough vinegar to thin it to the right consistency for table use.

Beef Sonp. (Bight pounds beef-boil five hours, re onious, five carrots, three potaes, one quart of tomatoes, two turcips, one teaspoonful thyme, cinnamon and cloves, one teaspoonful of celery seed, salt and pepper. Boll vegetables one half hour.

Baked Hash.

Take any kind of cold meat and chop fine with a little cold ham or salt perk; mix in one or two eggs and a litde butter, and season with salt and pepper; with this, mix bread or rusk rumbs, morsten a very little and bake ite " pudding.



Duchess Potatoes

In the beginning have just mashed potatoes, but have them very mealy and light. If there are eight potatoes, whip into them two eggs, the whites and yolks beaten separately. When the eggs are thoroughly incorporated idd some rich cream and beat with the egg beater. Season with salt and white pepper, put in a dish, round the top brush lightly with beaten egg and brown in a quick oven. Of course, the dish must be hot, and if anything has chanced to cool it before getting ready for the oven warm it through slowly before allowing it to brown.

Fruit Cake. Cream a half pound of butter with half pound of sugar and when light stir in six beaten eggs. Now beat in a teaspoonful each of powdered nut. Arms and slaughter may avail to put meg, cloves and cinnamon, a cup of flour, a half pound each of seeded force is not powerful enough to raisins, stemmed and cleaned currents quench the aspirations of the Rusand a quarter of a pound of shredded citron-all well dredged with flour. of Sunday's volley and prevent the Last of all, add a tablespoonful of rose water. Turn into a deep tin well organized government coming into a greased and bake it in a steady over full fruition." until done.

Apple Butter.

Boil cider down to two-thirds of its ples and stir into the cider as many lisions with the police. of these as it will cover. Simmer, stiradd more and cook in the same way until all the cider is absorbed. Take from the fire, put all into a stone crock and set aside for twelve hours, then return to the fire and boil to a soft brown mass. Take from the fire and pack in jars.

Canned Fruit.

After the fruit is peeled weigh it and allow two pounds of sugar to eight of the fruit. Put the fruit into a preserving kettle with barely enough water to cover it and cook gently until tender all through. While this is cooking make a syrup by cooking the sugar with water-a cup of this to every pound of sugar-and boil for four minutes. Take the fruit from the are quiet. Traffic and business are water, lay it in the syrup, simmer for proceeding as usual. a minute and, while very bot, car and seal.

Italian Soup.

till you have about a pint of the meatt | They immediately complied them, and put into a preserving add to it half the quantity of raw Infantry and cavalry are patrolling closed. The strike is spreading stock. Put in a tablespoonful of rice and let cook for two hours. When taking up, scatter Parmesan cheese over it.

Curried Pigeon.

Cut the pigeons in halves and cook pan two ounces of butter in which have been fried a sliced enion; take out the onion, put in the pigeons to fry till brown. Moisten them with a very little stock, stirring into this salt, paprika and a tablespoonful of curry powder.

Broiled Egg Plant.

Peel the egg plant, cut in half inch slices, dip each slice in oil, dust with salt and pepper and broil over a clear fire. Just a suspicion of chopped green pepper sprinkled over the broll ed egg plant may prove to make it more attractive.

Fried Paranips.

Boll the parsnips tender in salted water, then scrape and slice. Wher cold sprinkle with pepper and sait dredge with flour and fry in hot drippings to a light brown. Drain and

Short Suggestions.

Flour thrown on burning paraffic will instantly extinguish it.

Linoleum and olicloth can be restor ed to their original pollsh by washing them with milk.

If milk is kept in a large shallow basin it will remain sweet for a longer time than if kept in a deep jug.

If new boots won't polish rub over with half a lemon and leave till thore oughly dry. Repeat once or twice is

Lamp wicks soaked in vinegar some twenty-four hours before used will give a clearer flame and a steadier light than those not so treated.

Soap, before being used, should be kept for some time in a dry place, as new soap lathers too much and runs to

When making soup or stew with old vegetables add one teaspoonful of sugar, which will sweeten them and make them taste like new.

When making a pudding don't forget to make a pleat in the cloth at the top of your basin, to allow the pud ding room to swell.

PEOPLE TO RISE RISING OF THE

FORCE USED TO COMPEL & CESSA-TION OF WORK.

The Streets, But No Actual Collistone-Day Of Rumors at St. Petersburg.

MOSCOW.-The liberal Buseki Vidomoski has created a sensation owing to its comment on the official statement of the St. Petersburg shooting. The paper says:

"This official report does not come from the scene of war; the victims have not fallen on the battlefields of Manchuria, nor in a fight with a foreign foe, but in a bloody conflict hetween troops and Russian burghers. down a peaceful demonstration, but movement for liberty and a justly

original quantity. Peel and slice ap Thus far there have been no col- permission to return.

out on strike remain quiet.

gunsmiths, a majority of which skeia are untrue. nave closed their shops.

their way into the works of the firm of Hopper and compelled 500 men to other side of the Moskve, river was join the strike. Simultaneously patrolled by troops and police at Daniloff street.

in the suburbs during the day, but the present. the city and the Kremlin districts

Cut a raw chicken into small pieces ordered the men to cease work, university chapel.

ham; a chopped green pepper, a slice the city. Several groups of drunken Additional police have been stationed of onion and three pints of white demonstrators have been foreible in all the streets. dispersed.

> A conference of employers met at their demands.

KOVNO, Russia.-Work has been till quite tender. Have in a frying stopped at all the factories and railroad shops here.

> VILNA, Russia .- A stike has commenced here. The town is quiet. BRESLAU Prussia. Special telegrams from Radem, European Russia, describe that city as being in a state of siege, with military pa. groups. Alongside these notices was trols in every street. The soldiers occasinally fire on gatherings of the people, who have returned the fire. killing three officers. The people are also said to have blown up several buildings with dynamite.

SEVASTOPOL. - The report that the fire at the arsenal Monday was the cutcome of the mutinous outbreak of sailor and troops is wholly connivance with the enemy " unfounded. The commandant of the port reiterates that nothing definite is known as to the origin of the fire.

Return Of Stolen Jewels

PASADENA, Cal-The \$20,000 have been found and returned to their owner. Chief of Police Free man of Pasadena and Captain Austin of the detective force found the box of Jewels where they had been burled in the grounds of the Raymond notel and returned them to Mrs.

It was ascertained by Chief Freeman that when the jewels had been taken from Mrs. Edey's room, presumably by Bellboy Wilson, and turned over to Gaston, whom the police believe engineered the affair, they were sent by mail to "Harry Kellam Black, Monrovia " According to the police story, the package was claimed at Monrovia by Rellboy Morgan, employed at the Raymond hotel in this city, and by him were buried about a quarter of a mile from the botel.

Morgan, Gaston and Wilson are in the custody of the local police.

HELSINGFORS SCENE OF SECOND BARRET COLLISION.

FINNS PLEDGE

Cavalry Patrolling | SOLDIERS FIRE INTO CROWD

THIRTY PERSONS WOUNDED AND SOME IN HUSPITAL

Meseow Still The Storm Center, As One Small Encounter, But No Patalities-Strike flagtinues To Spread.

HELFINGFORS, Finland, .- Although the crowds on the streets were smaller, there was severe fighting, Cossacks and police firing their revolvers. Some thirty persons were wounded. Two youths had their scalps cut and a third was struck in sian heart, wird off the consequences the stomach with a bullet. The demonstration is slackening.

Cossacks are patrolling the streets of this city. A big demonstration is The strike is spreading rapidly, expected upon the arrival of Finns All printing works have been stop- who had been expelled from the ped. No newspapers will be issued, country and who recently were given

MOSCOW - A squadron of Cossacks Employes of the Bachrushin, dispersed about three thousand ring often, until very soft. When ten | Michaeloff, Linder and Schraeder | workmen who were growing obstreder all through strain out the apples factories have joined in the strike. perous across the Moskva No fatal-Employes of the tanneries who are ities are reported. This was the only event of the kind during the day. The police have ordered all arms Reports that the mon was plunderto be removed from the windows of ing and wrecking shops in the Tvar-

> The merchants have sent an appeal A body of strikers at noon forced to the emperor to avoid bloodshed. The industrial district on the factories and other works were closed night long and paraded by bodies of throughout the districts adjoining workmen, but no encounters occurred. The barrister at a meeting Small groups of workmen collected decided not to appear in court for

> Owing to the disturbed conditions the celebration of the one hundred and tiftieth anniversary of the foun-The employes of the Bari boiler dation of the university here the works began work, but the strikers first to be established in Russia, wa forced their way into the works and confined to a religious service in the

All the printting works are now

A correspondent of the Associated press wno arrived here from St. the Bourse but achieved nothing, as Petersburg found no sign of troops the strikers have not yet formulated at the depot or in the surrounding streets. The street cars are moving. but many of the stores are closed and there is scarcely any of the freight traffic which ordinarily fills the streets. At all corners were posted bulletins signed by Police Chief Volkoff warning the people against the possibility of disturbances and forbidding them to assemble in posted a London telegram saying that the disturbances at the Russian dock yards and arsenals were due to Anglo-Japanese instigation both Great Britian and Japan spending vast sums to prevent the Russian second Pacific squadron from leaching the far east, and adding that all "Russians who strike are therefore in

There were no troops in the center of the city, but it is reported they are forming a cordon on the outskirts to prevent the strikers, who are holding a meeting in the factory districts outside from coming in.

The correspondent who has just worth of lewels stolen from the room driven up the Tverskala thoroughof Mrs. W. S. Edey last Saturday fare found at almost empty and the blinds down at the governor general's palace. Grand Duke Sergius, the former governor general, is said to have taken rafuge in the palace of the Kremlin.

An air of suppressed excitement prevails everywhere. The town is full of rumors, among which is one to the effect that the strikers intend marching to the Neskoutchay palace, outside of Moscow, where Grana Duke Sergius formerly resided.

Fleming Allowed To Go

NEW YORK .- John W. Fleming, Thomas quashed the indictment.

MESSAGE OF RUCKEVELT MADE THEME ON FLOOR.

Williams Speaks For Minority; And Declares He Is Ready To Toe The Mark-Hepburn 1811 finds Favor.

WASHINGTON .- The agricultural ppropriation bill was considered to the house, but the debate tareed orincipally on the topic of restrict og railreads in the matter of freight rates, the Hepourn bill forming the basis of the discussion. Mr. Williams of Mississippi said that the democratic party was committed to views such were expressed by the president in his message to congress. Consideration of the agricultural ill had not been concluded when the

house adjourned. Immediately after convening the house adopted a joint resolution appropriating \$40,000 to defray the expenses of the senate in conducting the trial of Judge Charles Swayney after which the agricultural approoriation bill was taken up in come mittee of the whole, Mr. Curries

(N. H.) in the chair. Mr. Littletield (Me ) put au quiry to Mr. Wadsworth (N. Y.) to charge of the bill, regarding the pol icy to be pursued in connection with appropriations. He speci deulte asked if the appropriations were be continued at their existing sine and "thereby involve the necessity of increasing taxation in order to get more revenue, or if appropriations were to be cut down and thus avoid the necessity for increasing taxation."

Democratic applause was accorded Mr. Wadsworth when he replied that he was in fivor of cutting down appropriations for the army and navy

The lump appropriations in the bill were criticised by Mr. Ulara (Mo.) Mr. Hull (Ia.,) chairman of toe committee on military affairs, es pressed it as his opinion that the power vested in some heads of executive departments to dishurse lume appro, riations should be taken away

Under latitude of debite Mr. Scott (Kas ) discussed the ques ion of discriminating rates by railroads and said that there had been general del mand from the agricultural section of Kansas for relief. He called at tention to the Hepburn bil regulate ing rates charged by railroads which. with the exception of a few details. ne said, fully met the demand for remedial legislation.

Mr. Williams (Miss.) inquired if the present interstate commerce commission had done anything which justified their being legislated out of

Mr. Scott replied that he was rely ing on the gord sence and discretion of the president in the matter, whose bands should be untied in order that he might have absolute freedom to secure men whom he thought best suited to the work.

A general debate followed on the railway rate question. A spokesmas for his party on the floor, Mr. Wile liams said that the democratic party was committed, without addition on subtraction, to the recommendations of President Roosevelt in his recent message. The democrats he said, were glad to have the president's views, "because it was democratic doctrine, and ought to be America can dostrine.

"We will the mark the president's racks on this subject," declared Mr Williams amid general applause, "And," he added, facing the republican side, "We "call on you as American citizens to help us to toe mark them."

The appropriations for the free distribution of seeds by the agricultural department furnished the text for humorous appeals by Mr. Sneppard (Tex.) and Chandler (Miss.) for it continuance. Each convused the house with quotations from scripture to show that congress had divire right and authority to make the ditribution.

Mr Bell (Cal.) made a vigorous speech in favor of railroad rate revisthe former assistant United States ion. He directed attention to the inspector of steam boile's, who has alleged condition of the incorpporabeen on trial in the United States tion laws of New Jersey, which he district court before Junge Thomas said had brought to that state the on charge of neglect of duty in con- fame of being the breeding place of nection with the borning of the ex- mosquitos, corporation and trusts cualon steamer General Slocum last and were so frimed as to protect New June, was discharged. Judge Jersey only , leaving them free to prey upon the rest of the countre.