

"DEAR MRS. PINKHAM: - Your medicine is indeed an ideal woman's medicine, and by far the best I know to restore lost health and strength. I suffered misery for several years, being troubled with menorrhagia. My back ached, I had bearing-down pains and frequent headaches. I would often wake from restful sleep, and in such pain that I suffered for hours before I could go to sleep again. I dreaded the long nights as much as the weary days. I consulted two different physicians, hoping to get relief, but, finding that their medicine did not seem to cure me, I tried your Vegetable Compound on the recommendation of a friend from the East who was visiting me.

"I am glad that I followed her advice, for every ache and pain is gone, and not only this, but my general health is much improved. I have a fine appetite and have gained in flesh. My earnest advice to suffering women is to put away all other medicines and to take Lydia E. Pinkham's Vege-table Compound."—MISS NELLIE HOLMES, 540 No. Division St., Buffalo, N.Y.

Miss Irene Crosby, prominent in Social Life in East Savanah, Ga., adds her testimonial to the value of Lydia E. Pinkham's Vegetable Compound.



MEXICAN

Mustang Liniment

cures Sprains and Strains.

AMER

during last Year

801 New York Life Bldg., Omaha, Neb

Were Welcomed to

NAME LONG TO A

×

V Rennard

4

DEAR MRS. PINKHAM : - " It always gives me pleasure to find an article of real value and unquestioned merit. I have found Lydia E. Pinkham's Vegetable Compound well calculated to relieve and cure the various troubles arising from irregularities and menstrual pains.

"Much suffering could be spared if we only paid more attention to proper living and diet, but as long as women do not do this, your Vegetable Compound has come to the front as a true friend in need. I have been very pleased indeed with the relief it has brought me. I find that I have perfect health now, and that my mind is also more clear and active since I used your Vegetable Compound. It has been of great benefit to me, and I gladly recommend it. Very sincercly yours, MISS IRENE CROSBY, 313 East Charlton St., East Savannah, Ga."

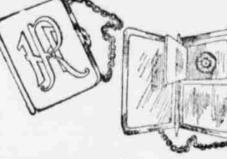


What the Women of Japan Are Doing, | forth socially, he does not take her The women of Japan do not go out tare occasions in the past. We had in Empress once who led an army into Korea and fought at the head of her toldiers. And even in the last cenbry, when the Shogun made his last Mand against the Mikado, nearly a thousand women and girls belonging to families attached to the Shogun walls, and many were killed.

go out. But there is much left for girls play an important role."-Minnethe women to do, and there is not a apolis Tribune, woman in Japan who will shirk her duty. Not only must she take care of the family while the men are away, but she must work for the soldiers. Our Empress herself is the patron of the Japanese Red Cross society, whose president is always a prince of the royal house. With her own hands the Empress prepares bandages and clothing for the men in the field; and so great was her personal interest in the field; and so great was her personal interest in the men who fought in the war with China that at the close of the war she who had lost one on the baitlefield.

The women who act as nurses must lay aside their kimonos and wear the regular dress of a hospital nurse. Both before and since the war with China the women of Japan have attended the hospital training schools, where instruction is given by American and European nurses, and there are now no better nurses in the world than those of Japan .--- Mrs. Sadazuchi Uchida, in Harper's Weekly,

A Case of Conveniences.



There are ingenious contrivances without end for the smart woman's convenience. A novel affair has the appearance of a plain card case suspended from a chain. On its side is a monogram, either in ribbon letters is not generally known how great a or in brilliants. But to carry cards is help it is at such times not to try to lickels and pennies drop on to a only half its mission. When it opens, sleep, but to go to work deliberately [hinese gong." there is found on one side a fair-sized to get rested in preparation for it. In mirror. Half of the other side lifts up. nine cases out of ten it is the unwilldisclosing a tiny puff for powder or ingness to lie awake that keeps us rouge. The lower half contains a awake. We wonder why we do not memorandum book. When the entire side is lifted up there is a place for cards. The center contains a little gold pencil with a jeweled top. What could be more complete than this little case? For shopping or calling it is invaluable.

with him; when he receives gentlemen and fight to-day as they have done on in his own house-a rare thing by the way-madam seldom presents herself, unless in some menial capacity. And while such a thing as conjugal love must exist in Japan, it usually escapes the notice of the foreign sojourner, the people considering it vulgar to exhibit emotion of any kind in public. The wife as a social unit being comfought behind and upon the castle pletely submerged, it follows that others of her sex must take her place It is different now. Only the men socially, and in this office the geisha



The toys used by Queen Victoria

when a child will be on exhibition at the world's fair at St. Louis.

rowns of gold and silver.

At a recent fashionable weddiug in be popular next summer.

The Japanese woman does not blacken her teeth under any mistaken idea that it makes her attractive. She does it to make herself unattractive. Her husband is supposed to know her value.

Recently an old woman at Clinchy, France, was told that she had won \$20,000 in a Spanish lottery, Later she found she had been hoaxed and the shock of the disappointment killed her instantly.

The oldest love letter in the world is in the British museum. It is a proiosal of marriage for the hand of an Egyptian princess and it was made 3,500 years ago. It is in the form of an inscribed brick.

Hint for Sleepless Folk.

It is not uncommon to hear people say, "I was too fired to sleep"-but it

NEVER WAS WEST Veteran-"I presume you nevel heard an Indian war whoop?." Civilian-'N-o, but I've heard boys coming out of school."

EITHER MIGHT.

Mrs. Binks (reading)-"Women an endure pain better than men." Mr. Binks-"Who says that-s foctor or a shoe maker?"

NO HOPE THERE

Mistress (thinking about dessert) -"What kind of pies are you most familiar with?"

New Girl-"Baker's pies, mum."

Dangerous Neglect.

It's the neglect of back. ache, sideache, pain in the hips or loins that finally prostrates the strongest body. The kidney warnings are serious -they tell you that they are unable to filter the body's waste and polson from the blood-the sewers are clogged and impurities are running wild to impregnate nerves, heart, brain and every organ of the body with disease elements. Doan's Kidney Pills are quick to soothe and strengthen

lick kidneys, and help them free the system from poison. Read how valuable they are, even in cases of long standing:

L. C. Lovell, of 415 North First street, Spokane, Wash., says: "I have In Dutch Guiana the women carry Lad trouble from my kidneys for the upon their persons all their family past ten years. It was caused by a savings in the shape of heavy brace- strain to which I paid little attention, lets, anklets, necklaces and even But as I neglected the trouble it betame worse and worse until any strain or a slight cold was sure to be followed by severe pain across my back. Then London the hats of the bridesmaids the action of the kidney secretions bewere trimmed with natural flowers came deranged and I was caused much and it is predicted that the style will annoyance besides loss of sleep. Doan's Kidney Pills were brought to my nolice, and after taking them a short lime their good effect was apparent. All the pain was removed from my

back and the kidney secretions became normal. Doan's Kidney Pills do all that is claimed for them." A FREE TRAL of this great remedy

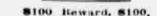
which cured Mr. Lovell will be mailed In application to any part of the United States. Address Foster-Milburn Co., Buffalo, N. Y. For sale by all druggists, price 50 cents per box.

FOUND AT LAST,

Inventor-"1've hit a money-makng thing at last. The preachers vill go crazy over it, and it will sell ike hot cakes. It's a church conribution box."

Friend-"What good is that?"

Inventor-"It's a triumph. The oins fall through slots of different izes, and all dollars, halves, quarters ind dimes land on velvet but the



Remember that every woman is cordially invited to write to 16's. Pinkham if there is anything about her case or symptoms she does not understand. Mrs. Pinkham's address is Lynn, Mass. Her advice is free, and is cheerfully given to any ailing woman who asks for it.

FORFEIT if we cannot forthwith produce the original letters and signatures of above testimonials, which will prove their absolute genuineness. Lydia E. Pinkham Med. Co., Lynn, Mass.

> THE USUAL PROGRAM Lady-"My foot seem to be swell ed."

> Shoe Dealer-"These No. 2 shoe have been in stock so long that the have shrun k."

Lady-"'1 really believe my joint are enlarged." "Yos likely these shoes are wrongl

mirked. They may be No. 1's." Lady-"I certainly can't get then 01.17

Dealer-Your instep is high. will get another pair with a nigher instep. All persons of noble ancestr have high insteps"

They are settled and settling on the Grain and Grazing Lands, and are pro-Dealer (back purt of the store Wilfreid Laurier recently said: "A star has riem moon the horizon, stoward it that every innigrant caves the land of his ancestors to and said a house for himself cost two minutes later)-"Quick, George rub the marks off those number sixe e and seek a home for himself nos a his gaze"-Canada. There is and give them to that woman in **ROOM FOR MILLIONS** front."

FILEB Homestends given away. Schools, Churches, Rail-ways, Markets, Climate, every-thing to be desired. We are promised a seed time and bary(st, but we ain't satisfied unles For a descriptive Alias and other in formation, apply - Superinstances In Mudratics, Ottawa, Canada, or autho-rized Canadian Government Agentwe kan diktate the quantity ov oat we are going to git to the aker, and what the price iz going to be.

Sale Ten Million Boxes a Year. CANDY CATHARTIC 10r. ANAL REPORT OF THE REPORT OF THE PROPERTY OF T All 25c. 50c. Druggists BEST FOR THE BOWELS

Flowers in Waste Places.

You can grow flowers anywhere, if you only know the proper kind for each location, says Country Life in America. There is no portion of the earth's surface that cannot be covered by some kind of plant growth, nor a situation so desperate that it could not be redeemed with the life and cheer and color that flowers give. You have only to select the right variety of seed and you will find that there is no clay too tough, no sand too hot and dry, no rocks too devoid of soil, no winter too severe. If you have a swamp and are afraid of it, you can transform it into a water-lily pond or a bog garden. If you own a bit of woods you can fill it with wild flowers. In the heart of the biggest city a ten-inch hole can be made in the pavement, as they do in Boston, to cover the wall of the house with vines. The slums have their window boxes, and house leeks grow upon the shingles of a roof. Even the dump heap that you pass daily need not be an eyesore. Put a package of sunflower, poppy or morning glory seed in your pocket, and scatter the seed over the offending spot. And of all the people who enjoy the transformation, you wig enjoy it most.

Japanese Wives.

Just now, when our attention is directed to the war, it is interesting to know and hear about the customs of the countries engaged in the struggle. This is just a little about the wives and mothers of Japan.

"The position of the Japanese wife is not that of equality with her husband. He is the liege lord, to be obeyed by her in the most servilemanner. He exacts from her the little attentions that an American woman expects, and usually gets, from her most, and has an advantage over husband. Without so much as a mur- books put up against the wall in that mur of complaint from his sponse, who the clothes do not crush nearly so must always receive him with bows badly. Some presty curtains reaching and smilles and ever have her mind and from the shelf to the floor were used to drape the closet.-Woman's Home ore Fyes, use Thompson's Eye Water when he pleases. When he fares Companion.

sleep. We toss and turn and wish we could sleep. We fret and fume and worry because we do not sleep. We think of all that we have to do on the following day, and are oppressed with the thought that we cannot do it if we do not sleep. First, we try one experiment to see if it will not make us sleep and when it fails we try another, and perhaps another. In each experiment we are watching to see if it will work. There are many things to do, any one of which might help us to sleep, but the watching to see if they will work keeps us awake .-- Leslie's Monthly.

Plain Shirt Waists.



The shirt waist at the left shows one of the new spring styles. The walst is of white dotted pique, with fine stitching. The sleeve with the box plait extending its length is becoming to a stout person. The wa'st fastens under a box plait at one side. The walst at the right is of red linen stitched with white. Under the neckband of red linen and stitchery is set a collar of white embroidered linen.

A Home-Invented Clothes-Closet.

closet, I obtained a board 12 inches wide and four feet long. This was fastened securely to the wall by means of brackets, just high enough for me to reach conveniently. Into the board I screwed about two dozen hooks-the kind made to fasten into the under side of shelves. This made ample room for the clothes that were needed

The readers of this paper will be pleased to earn that there is at least one dreaded disease hat science has been able to cure in all its tages, and that is Catarrh. Hall's Catarrh Cure s the only positive cure known to the medical caternity. Catarrh being a constitutional dis-ase, requires a constitutional treatment. Hall's atarth Cure is taken internally, acting directly in the blood and nuccus surfaces of the system. hereby destroying the foundation of the dis-use, and giving the patient strength by buildin the constitution and assisting nature in doing s work. The proprietors have so much faith it sourally powers that they offer One Hundres ollars for any case that it fails to "ure. or 1.st of testimonials. Address, F. J. CHENEY & CO., Totedo, O

Seid by Druggists, 75c. Ball's Family Pilts are the best.

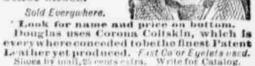
Kowardice iz wuss than the nite. nare.

WANTED AT ONCE

A reliable man or woman in every town for the ext three mooths. Three Do lass per Day, mathing entirely new. Everybody wants it Fini nuple. Twenty cents. Address. GEO, W. BICK, Dept ., York, Neb.



are worn by more men than any other make. The reason is, they hold their shape, fitbetter, wear longer, and have greater intrinsic value than any other shoes.



W. L. DOUGLA* Brockton, Mass-

