



Mrs. Hughson, of Chicago, whose letter follows, is another woman in high position who owes her health to the use of Lydia E. Pinkham's Vegetable Compound.

"DEAR MRS. PINKHAM:—I suffered for several years with general weakness and bearing-down pains, caused by womb trouble. My appetite was fitful, and I would lie awake for hours, and could not sleep, until I seemed more weary in the morning than when I retired. After reading one of your advertisements I decided to try the merits of Lydia E. Pinkham's Vegetable Compound, and I am so glad I did. No one can describe the good it did me. I took three bottles faithfully, and besides building up my general health, it drove all disease and poison out of my body, and made me feel as spry and active as a young girl. Mrs. Pinkham's medicines are certainly all they are claimed to be."—Mrs. M. E. HUGHSON, 347 East Ohio St., Chicago, Ill.

Mrs. Pinkham Tells How Ordinary Tasks Produce Displacements.
Apparently trifling incidents in woman's daily life frequently produce displacements of the womb. A slip on the stairs, lifting during menstruation, standing at a counter, running a sewing machine, or attending to the most ordinary tasks may result in displacement, and a train of serious evils is started. The first indication of such trouble should be the signal for quick action. Don't let the condition become chronic through neglect or a mistaken idea that you can overcome it by exercise or leaving it alone.

More than a million women have regained health by the use of Lydia E. Pinkham's Vegetable Compound.

If the slightest trouble appears which you do not understand write to Mrs. Pinkham, at Lynn, Mass., for her advice, and a few timely words from her will show you the right thing to do. This advice costs you nothing, but it may mean life or happiness or both.

Mrs. Lelah Stowell, 177 Wellington St., Kingston, Ont., writes:
"DEAR MRS. PINKHAM:—You are indeed a godsend to women, and if they all knew what you could do for them, there would be no need of their dragging out miserable lives in agony. I suffered for years with bearing-down pains, womb trouble, nervousness, and excruciating headache, but a few bottles of Lydia E. Pinkham's Vegetable Compound made life look new and promising to me. I am light and happy, and I do not know what sickness is, and I now enjoy the best of health."

Lydia E. Pinkham's Vegetable Compound can always be relied upon to restore health to women who thus suffer. It is a sovereign cure for the worst forms of female complaints,—that bearing-down feeling, weak back, falling and displacement of the womb, inflammation of the ovaries, and all troubles of the uterus or womb. It dissolves and expels tumors from the uterus in the early stage of development, and checks any tendency to cancerous humors. It subdues excitability, nervous prostration, and tones up the entire female system. Its record of cures is the greatest in the world, and should be relied upon with confidence.

\$5000 FORFEIT if we cannot forthwith produce the original letters and signatures of above testimonials, which will prove their absolute genuineness. Lydia E. Pinkham Medicine Co., Lynn, Mass.

Looking for a Home?

Then why not keep in view the fact that the farming lands of Western Canada are sufficient to support a population of 50,000,000 or over? The immigration to Western Canada during the past six years has been phenomenal.



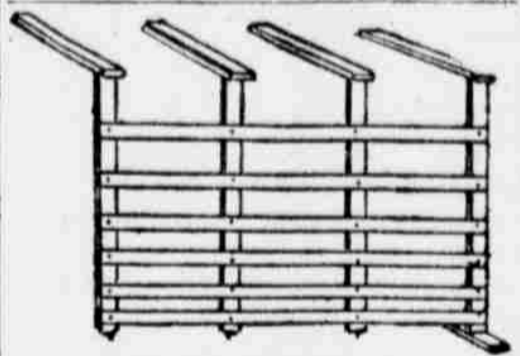
FREE Homestead Lands
easily accessible, and other lands may be purchased from Railway and Land Companies. Western Canada's grain lands produce marvelous crops, while the grazing lands contain all the nutritive qualities for fattening cattle and other stock. Markets, Schools, Railways and all other conditions make Western Canada a desirable spot for the homeseeker.

You Can Get Allen's Foot-Ease FREE.
Write to-day to Allen S. Olmsted, Le Roy, N. Y., for a FREE sample of Allen's Foot-Ease, a powder to shake into your shoes. It cures tired, sweating, damp, swollen, aching feet. It makes new or tight shoes easy. A certain cure for Corns and Bunions. All drug-gists and shoe stores sell it. 25c.

Earliest Green Onions.
The John A. Salzer Seed Co., La Crosse, Wis., always have something new, something valuable. This year they offer among their new money-making vegetables, an Earliest Green Eating Onion. It is a winner, Mr. Farmer and Gardener!
JUST SEND THIS NOTICE AND 10c and they will send you their big plant and seed catalogue, together with enough seed to grow 10,000 plants!
1,000 fine, solid Cabbages,
2,000 delicious Carrots,
2,000 blanching, nutty Celery,
2,000 rich, buttery Lettuce,
1,000 splendid Onions,
1,000 rare, luscious Radishes,
1,000 gloriously brilliant Flowers.
In all over 10,000 plants—this great offer is made to get you to test their warranted vegetable seeds and
ALL FOR BUT 10c POSTAGE, providing you will return this notice, and if you will send 20c in postage, they will add to the above a package of the famous Berliner Cauliflower. (C. N. U.)



Portable Scale Rack.
A. J. Kingery, of Illinois, tells how to construct a portable scale rack and sends the St. Louis Republic a sketch. "My scale platform," he says, "is 7x14 feet and I use posts 4x4, seven feet long, with four on a side for uprights. In both ends of the uprights bore a 9-16-inch hole, six inches deep, and take a five-eighth rod and cut in lengths of eight inches and drive in these holes. Next lay 4x4's on the platform of scales, one side at a time, laying the two end ones flush with the ends of the planks on the platform. Then space the other 4x4's equally distant from the ends, then nail on six fence boards, the first board six inches from the bottom of the 4x4's and the rest of them should be eight inches apart. Mark opposite each rod in the 4x4's and bore a three-fourth-inch hole, two inches from the outer edge of plank. Nail the boards on the inside



of the 4x4's. Hang the gates so they can be taken off easily. Use 2x4's for cross ties at the tops of the posts to fit over the iron pins placed in them. Drive a 20-penny nail through the ends of the pieces of 2x4's so they will not pull out when strained. Use staples and hooks for fastening the gates. One man can take this rack off or put it on in a few minutes. To take the rack off first remove the gates. Then take off the cross ties, then lift off the sides. Put on again by reversing the operation."

How to Catch Sheep.
A sheep should never be caught by its wool, says Pacific Homestead. This method not only causes the animal unnecessary pain, but in the case of fat sheep that are to be killed it does much harm to the joint of mutton that lies underneath where the wool was pulled. It causes a dark bruise just in the same manner as our bodies become discolored from being bruised.

The proper way to catch a sheep is to take it either by the hind leg just above the gambrel joint or by putting the hand underneath its jaw or neck. In using a crook it is important that the sheep are not caught below the gambrel joint, as injury to the leg is liable to result from this.

A Successful Frog Industry.
Mr. Nathaniel Wetzen, formerly of Kilbourn, Wis., says an exchange, has been remarkably successful in several large business enterprises of an agricultural nature. He acquired the title of "melon king" by making Rocky Ford, Col., famous for its cantaloupes. He has just now won the title of "frog king" by doing \$40,000 worth of business in bull-frogs at Beaumont, Texas, during the past year. These frogs came from both Louisiana and Texas, and Mr. Wetzen is about to establish near New Orleans the largest frog ranch in the world, where 30 expert catchers will be constantly employed.

Poke for Calves.
Paul Wolson, of Kansas, says: "A very good poke for keeping calves or cows from going through the wire fence is made as shown in the sketch. Take four pieces of barbed wire about four feet long, twist together and make a hook at top end. Place over the calf's neck and twist all four together under the neck of the calf and make another hook below. A calf will not make many attempts to creep having one of these on."

Dairying in Canada.
The outlook for winter butter is good, says a Canadian correspondent of Hoard's Dairyman. Stocks are light, and holders of choice fall creamery are not selling, believing better things are in store for them. Winter creamery butter is not altogether dependent on the export trade for a market. The local demand for this quality is increasing every year, and many factories find a ready market for their winter's output right at home. By all means our dairymen should make butter instead of cheese during the winter.

Cutting Corn Fodder Feed.

The writer recently called on a German farmer who was making his way in the world, but with little capital to work with. He had read much of the advantages of shredded corn stover and of feeding stock roughage run through a cutter if one could not have the use of the shredder. Both machines were beyond his means, but he was determined to test for himself the value of the cut fodder. He had evidently proved its value to his satisfaction, for he said that the present was the third winter he had cut the fodder for his three cows each day with a hatchet.

It was an enormous task, but as he had the time to spare and had proved it profitable he continued it. With a smile of satisfaction he said that he had made enough money from the extra milk to pay for a good cutter, which he would have another season. The chances are this man will earn a shredder this time. Many dairymen and farmers with but a few cows decline to do such work or to use a cutting machine, saying that it does not pay when the dairy is small. This is just where many of us make mistakes, for if we would look out for the small profits the larger ones would come by accumulation and later there would be room for the shredder.

Raise Eggs for Big Prices.

The poultryman who has handled his fowls just right is reaping the benefit of the high prices at which eggs are now selling. If the hens are not laying and they are of an age when they should be, the thing to do is to see that the houses they occupy are warm and free from draughts; then look into the food question closely and see that the rations furnish the egg producing and egg making quantities and that they are properly given; that is, not too much or too little. Supply fresh water, plenty of grit and a dust box and keep the houses and the hens free from lice. These things done regularly for several weeks will bring the eggs. If not, then the hens should go to the carcass market as soon as possible so that the expense of feeding them may be cut off. This may be an heroic remedy, but the fact remains that if a hen cared for on the lines indicated does not lay, provided, of course, that she is well and at a laying stage, she has no part in the operation of a farm for profit and should be turned into money as soon as possible.

Angoras at the Fair.

Every Angora breeder should be proud of the recognition given Angora goats at the St. Louis Exposition, says American Sheep Breeder. Hon. F. D. Coburn, chief of the live stock department, has offered the same premiums for Angoras as for sheep. There could have been no complaint of injustice had he offered less for goats, owing to the newness of "ANGORA QUEEN," of the industry, and so we all appreciate the liberality of the premiums. The best way for goat men to show their appreciation is to have a large number of the best goats in the country at that great show. It would be well at this early date to select the goats you propose to show there and get them in good condition. This portrait of Mrs. M. Armer, of Kingston, N. M., is reproduced from American Sheep Breeder. Mrs. Armer is known as the "American Angora queen."



The Silo.
Briefly summed up, the advantages of the silo are: First, ensilage produces cheap protein; second, it is a succulent food and as near to June grass as we can get in the winter and makes dairying the most profitable in winter time, when prices are highest and there is more time to take care of the cows; third, in a silo you can store the most feed in the smallest space; fourth, ensilage does away almost entirely with the necessity of purchasing commercial feed; fifth, the productive capacity of a herd is increased; sixth, ensilage is the cheapest and best supplementary feed.—A. W. Mowbray, President Minnesota Dairy Association.

Where the Flax and Hay Grow.
Of 27,300,510 bushels of flaxseed produced in the United States last year, North Dakota is credited with raising 13,245,120 bushels; Minnesota, 6,013,598 bushels, and South Dakota, 3,905,212 bushels.

The four great hay-producing States are New York, producing 6,964,919 tons last year; Iowa, 5,631,852 tons; Missouri, 4,745,312 tons; Illinois, 4,273,253 tons. Total production of the United States, 61,305,940 tons.

A dull-looking moon means rain.



Restored to Health.
Many weak, suffering women do not know that their kidneys are sick. Backache, tells of sick kidneys and so do urinary disorders. Sick kidneys make bad blood, and bad blood makes bad digestion, heart palpitation, dizzy headaches, nervousness, sleeplessness, sciatica, rheumatic pains and constant depression.

Can't be restored to health until the kidneys are cured. Read how one woman was restored by using Doan's Kidney Pills:

Mrs. H. A. Van Sickle, 311 6th Ave., S. W., Roanoke, Va., says: "Kidney trouble was hereditary in our family and I had been so continually afflicted with the disease that I began to despair of even temporary relief. Sometimes I suffered so severely that I was confined to my bed. The aching in my back was intense and the kidney disorder caused an excess of uric acid in my blood, which impaired my digestion. I was compelled to deny myself of many of the little delicacies of diet. The doctors diagnosed my case as congestion of the kidneys. I had about given up hope when I began using Doan's Kidney Pills, but I took only a few doses when their curative powers were proven to my satisfaction. I have never been without them in the house since."

Doan's Kidney Pills are sold by all dealers; price 50 cents; or mailed on receipt of price by Foster-Milburn Co., Buffalo, N. Y. Write for free list.

ODD THINGS ON THE PIAKE AT THE WORLD'S FAIR

Tableau of Fashions from Period of Roman Colonies to the present.

Drive of tandem of Zebrules, the new hybrid animal not found in natural history.

Battle history of America in largest cyclorama ever constructed.

Gypsy lane of Barcelona with genuine Romans.

Boy fire brigade, shetland ponies and complete apparatus.

Clouds of creation of world are of steam controlled by vacuum.

Burros carry persons up narrow trails into cliffs sixty feet high.

Genuine Geisha girls dance, sing and serve tea in native kiosks.

World created in hollow shell 150 feet in diameter and 5 feet high.

You remove your shoes before entering the mosque of Omar.

Buddha temple with 500 hideous idols of the fourteenth century.

Knights in armor tilt in tournament lists.

Cramme's chapel on the rocks of Cashe.

Dadera, the annual sacrificial feast of India.

Transparent mirrors: Yourself one instant: in the next living masterpiece of art.

Adam's rib impersonated by a human being.

Street in Paris with architectural typical of all periods in France.

St. Lawrence's gate at Doregal.

Way of sorrows is 900 feet long; David street is 1,000 feet long.

Fiesta on the Corso de Seville.

Porto Rico has added \$10,000 to the world's fair appropriation making \$30,000 in all.

THIN DIET.

No Nourishment in It.
It's not easy to keep up when coffee has so ruined the stomach that food won't digest.

A Missouri woman says: "I had been an invalid for two years from stomach trouble caused by coffee, got so bad I couldn't digest food and for quite a while I lived on milk and lime water—nothing but that—a glass of milk and lime water six times a day. In this way I managed to live, but of course did not gain."

It was about 5 months ago I began using Postum Food Coffee; I did not need the milk and lime water after that, for I gained rapidly and can now eat a good meal and drink from 1 to 3 cups of Postum each meal and feel fine.

"I would not go back to coffee for any reasonable pay. I like Postum better than coffee now and make Postum by directions on box and it is just fine; never found a better way to make it than on box. Now this is all true and you can easily prove it." Name given by Postum Co., Battle Creek, Mich.

Postum is a brew from field grains with all the nourishment left in. It makes red blood and rebuilds particularly well where coffee has done damage as it does to nearly all who drink it.

A 10 days' trial of Postum in place of coffee works wonders. There's reason.

Get the little book, "The Road Wellville," in each pkg.

Sale Ten Million Boxes a Year.
THE FAMILY'S FAVORITE MEDICINE
Cascarets
CANDY CATHARTIC
THEY WORK WHILE YOU SLEEP
BEST FOR THE BOWELS