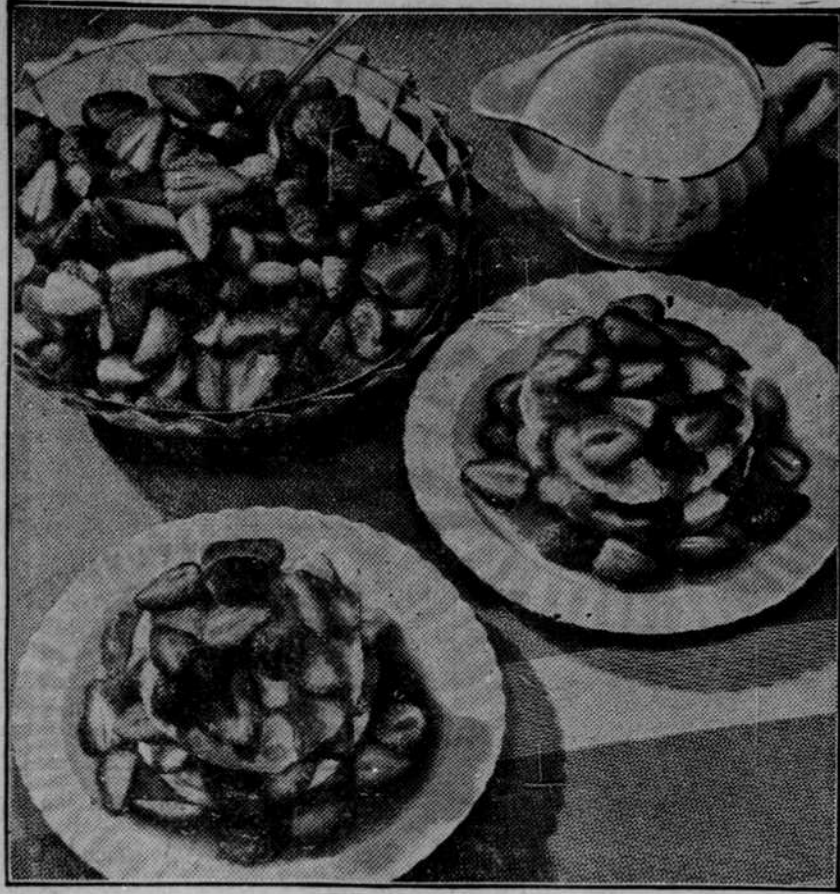


Easy on POINTS



A grand finale for wartime meals

Serve Strawberry Shortcakes often and keep the family smiling

You'll say these put the "ray" in rationing—only a couple of your valuable ration-points for six bountiful servings of the biggest favorite of all, Strawberry Shortcakes!

- Ingredients list for Strawberry Shortcakes: 2 cups sifted flour, 1/2 cup Spry, 1/2 cup milk, 1 quart fresh strawberries, 1/2 cup sugar, 1/2 cup butter, 1/2 cup raisins, 1/2 cup nuts, 1/2 cup cranberries, 1/2 cup currants, 1/2 cup blueberries, 1/2 cup blackberries, 1/2 cup raspberries, 1/2 cup peaches, 1/2 cup apricots, 1/2 cup pineapples.

AMERICA'S FAVORITE DESSERT—STRAWBERRY SHORTCAKE!

How fortunate we are that some of our favorite foods are low in points, and we are actually urged to eat more of them! Now that

lots of cream, old-fashioned style! Make sure your shortcakes are tender, light and delicately crisp—minus any strong flavor of their own. Use an all-vegetable shortening that's bland and pure, all shortening for your money. Then follow this recipe tested in a famous kitchen. It's so easy, in fact, that your own ten-year-old can make these Strawberry Shortcakes and surprise you for dinner tonight!

Scrape carrots and slice thin, Melt Spry. Add carrots, salt, orange rind, and sugar. Cover, and cook over medium heat 10 minutes, stirring frequently. Uncover and cook 5 minutes longer to glaze and absorb excess moisture. Serves 4.

strawberry-shortcake time has rolled around again, lets enjoy these juicy berries with flaky-crisp pastry—cream or white milk poured over, wartime style. This our forefathers did and found good!

low on carrots. We have been asked to tell you readers about the plentifulness of carrots, and urge greater use of them during the next month or six weeks. This is such "hot news" that we could only print the recipe and suggested copy, hoping that it will be distinctively worthy and helpful of you, our readers' attention.

CARROTS NOW VERY PLENTIFUL—IT'S PATRIOTIC TO USE THEM FREELY

Uncle Sam asked our farmers to increase their production of carrots and they did it—this spring's crop is the largest in history. Prices are very reasonable, and you don't pay any points to enjoy this tasty and toothsome vegetable. Carrots you know, are a good source of Vitamin A, which is essential for growth, good vision and healthy skin. Help yourself to all of these.

Serve carrots raw—in crispy strips—with all your salads during the coming months, and use them for garnishes and relishes on every occasion. Raw carrots have a sweet and nutty taste that's like hearts of celery. Your family will love—them so pack them in the lunch boxes, and get some ready for the youngsters when they come home from school, hungry for a snack.

In boiling carrots, be sure to use the least possible water and boil only 8-20 minutes, or until just tender, in a tightly covered saucepan. During the last few minutes of cooking, add Spry or butter, to improve flavor.

Here's another yummy way to cook carrots, so the whole family will ask for them again and again. Better clip for your wartime cookbook.

GLAZED CARROTS

- 6 medium-sized carrots, 2 tablespoons Spry, 1 teaspoon salt, 1 1/2 teaspoons grated orange rind, 1/2 teaspoon sugar.

LOCAL NOTES

VICTORY NIGHT The Zion S. A. Botts Club, assisted by the Rubnotts and the Missionary Society, is sponsoring Victory Night at the church (down stairs) Thursday night, May 27th. There will be a quilt exhibit and moving pictures.

The public is cordially invited. Admission free. Mrs. A. N. Anderson, Pres., L. Farrell, Reporter.

CHURCH OF THE LIVING GOD

1906 North 24th St., Rev. S. K. Nichols, Pastor. Rose Oliver, Reporter. Sundays school 9:45 am. Morning Service 11:30 am. Y.P.U. 6 pm. Evening Service 7:30 pm. Wednesday night Service 7:30 pm. Friday night Women's Work 8:00 pm.

We had a grand time Sunday with a lovely Sunday school and a grand attendance. Morning service was grand also. Our pastor preached an inspiring sermon which we enjoyed very much. His subject was on the "Power of Prayer."

Sunday night we had a large attendance and a grand time was had in the Lord. Our Pastor really gave us food for thought. He also sang us a beautiful baritone solo, title "No Night There."

We were also glad to have with us Mr. and Mrs. Smith and family from South Omaha. Mrs. Smith gave us a beautiful solo, titled "Tonight." Visitors are always welcome.

Our pastors text for Sunday May 23 will be "Servants Whatever Jesus saith unto you, do it." Sunday night text, "Satan kidnapped the world and Jesus paid the ransom."

Don't forget Sunday, May 23, is Missionary Day. The Women's Work will sponsor a Program at 3 P. M.

The Women Work will sponsor a Chicken Dinner and Fish Sandwich Saturday, May 22 at the home of Mrs. A. Oliver 2424 Brakline, Chicken dinners complete 50c. Get your dinner from us. From 2 'til 7. The church is praying for Little Vivian Gregory who is ill in the hospital.

MT. NEBO BAPTIST CHURCH

3211 Pinkney Street, Rev. J. P. Mosley, Pastor. The Mt. Nebo Baptist Church is doing remarkable work in the way of remodeling the building. In less than a year's time a considerable sum of money has been raised and everything paid for up to date.

We are hoping to complete the work this week, because on Sunday night, May 23 Rev. C. Q. Hickerson, pastor of Bethel Baptist Church of South Omaha will conduct a ten day meeting for us. The public is cordially invited especially

Mother Forrest is President of

ally the unsaved. Don't forget the date, May 23. James Butler, Reporter.

MR. EUGENE PIERRE, SR.

age 60 years, died Monday morning May 19th at a local hospital after an extended illness. Mr. Pierre was a table waiter at a local hotel. He had been a resident of Omaha and a member of St. John's church, for 29 years. He is survived by a son, Mr. Eugene Pierre, Jr., Omaha (three sisters, Mrs. Rachel Anderson, Mrs. Edna Williams, both of New Orleans, La., Mrs. Essie Mae Southall, Thibodaux, La., and other relatives. Funeral services were held Friday afternoon from The Thomas Funeral Home with Rev. P. F. Ridley and Rev. F. C. Williams officiating with burial at Prospect Hill Cemetery.

MRS. MINNIE WASHINGTON SANDERS

age 34 years, died Monday morning May 17th at a local hospital. Mrs. Sanders had been a resident of this community for 10 years and is survived by two sons, Willie James Washington, Artré Sanders, Jr., father, Mr. Henry Hobson, all of Omaha and other relatives. Funeral services were held Wednesday afternoon from Thomas Funeral Home with Rev. C. C. Reynolds officiating with burial at Prospect Hill Cemetery.

LEGION NEWS

(BY JULIUS E. HILL) (Post Publicity Officer)

As the large crowds that nightly come to the Lounge has made it necessary for Roosevelt Post to expand and reorganize its house committee that was done at a meeting Wednesday evening of last week. Each member was selected and given duties to perform for which he is best suited.

SERVICEMEN'S ALLOWANCES AND ALLOTMENT FOR DEPENDENTS EXPLAINED

Doubtless many people would like information concerning Family Allowance and the allotments made by Servicemen for other purposes. For your convenience, here is a brief explanation of these benefits as administered for the Army by the Office of Dependency Benefits. The Government will help enlisted men in the lowest grades of Service to take care of dependents with Family Allowances under Public Law 625—77th Congress.

WHAT IS A FAMILY ALLOWANCE?

A government check sent to the soldier's dependents regularly every month. The Family Allowance is made up of money set aside from his pay and money contributed by the Government. It is granted only upon application. It is payable only to dependents eligible under the law. These include, primarily, wife and child (Class A relatives); dependents parents and minor dependents sisters and brothers (Class B dependents).

HOW MUCH IS SET ASIDE FROM THE SOLDIER'S PAY?

\$22 a month, if the allowance is for Class A relatives only, or class B dependents only. \$27 a month, if it is for both class A and Class B.

HOW MUCH WILL THE SOLDIER'S DEPENDENTS GET?

Here are a few examples: Wife \$50, Wife and child \$62, Wife and 2 children \$72, Father and mother only \$47, Wife and parents \$80.

HOW SOON DOES A FAMILY ALLOWANCE BEGIN TO BE PAID?

The allowance begins to accrue the month after he applies and is payable when that month has ended. For instance, if he applies in March, the allowance begins to accrue in April and is payable in May.

WHO MAY APPLY?

The soldier may apply as soon as he is on active duty. All enlisted men in the fourth, fifth, sixth or seventh grades may apply. Dependents may apply too, but it is better for the soldier himself to do it. His wife or child (also a divorced wife to whom alimony is payable) may receive this benefit with or without his consent. But Class B dependents may receive it only if the soldier agrees.

WHO DIRECTS THE ODB?

Colonel H. N. Gilbert (AGD) is the Director, Colonel Gilbert, a veteran of World War I, was in charge of pre-World War recruiting activities for the Army.

WHEN WAS THE AGENCY ORGANIZED?

In October, 1942, several offices which had administered the various soldiers' benefits separately were merged into a single agency—the Office of Dependency Benefits.

HOW MANY FAMILY ALLOWANCES ARE IN EFFECT?

On March 1, 1943, a total of 1,772,534 Family Allowances were in effect.

the War Mothers' Chapter. But what is more important, she is a staunch Christian who doesn't confine her religious activities to one day in a week, as so many do. Therefore the gift of a Bible coming from one so well versed in its precepts and one who daily is governed by them, enhances its value two-fold.

And through this column Theodore Roosevelt Post wishes to publicly express its thanks and deep appreciation of the Bible presented to it by Mother Forrest.

The Lounge was the scene of a birthday party given for Miss Henrietta Claxton, one of its popular waitresses last Tuesday night. Those present had an enjoyable time. Miss Claxton received presents from the other waitresses. The Post wishes her many more happy birthdays.

As far as your reporter can learn Eugene Freely is the only veteran in Omaha who was a member of his outfit—headquarters company, 809 Pioneer Infantry, AEP, (band). Wonder if he remembers some of the places we went together and the things we did. No doubt he has forgotten a lot—however it isn't likely he's forgotten the night the whole band was taken to the guard house. Oh no!...he couldn't forget THAT incident.

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SERVICEMEN'S FRIEND



Chicago, (P.P.S. Inc.) Mrs. Edna Williams, program director of Chicago's Service Men Center No. 3, is the charming young lady pictured above. Mrs. Williams, with the able assistance of Mrs. Marie Moore, is doing a wonderful job in effecting 124,639 had been temporarily disallowed for insufficient evidence; 15,372 disapproved and 4,664 were in process.

HOW MANY CLASS E ALLOTMENTS ARE IN EFFECT?

On March 1, 1943, there were 962,145 Class E Allotments in effect.

HOW MUCH MONEY HAS THE ODB DISBURSED IN FAMILY ALLOWANCE AND ALLOTMENT PAYMENTS?

As of March 1, 1943, disbursements totaled \$493,890,922.

HOW MANY ARE EMPLOYED IN THE ODB TO ADMINISTER THESE BENEFITS?

There are approximately 10,000 civilian employees, directed by a staff of 153 officers. The ODB works day and night—to GET 'EM PAID.

BUY YOUR—POULTRY AT THE NEBRASKA PRODUCE

2204-6 NORTH 24th ST. Get the Best in Quality at the NEBRASKA PRODUCE Lowest Price PHONE WE. 4137

TIME AND TIDE WAIT ON NO MAN—NOW IS THE TIME TO GET YOUR SHOES REBUILT.

Quality Material & Guaranteed Quality Work FREE DELIVERY Call AT. 7060 The LAKE SHOE SERVICE J. L. TAYLOR, PROP.

CONSTITIPATED?

Don't Force! Don't Strain—Thus Risking Hemorrhoids TRY THIS FOR 5 DAYS Here's one right and proper way to maintain hard dry passages and obtain more "easy" movements. Every morning for 5 days, 15 minutes before breakfast, drink a glass of hot water to which one teaspoonful of Kruschen Salts has been added. While you are eating breakfast, the hot water and Kruschen will be feeding moisture to those hard, dry passages. They become soft, moist, easier to expel. No need to strain and thus risk painful rectal irritation. Usually within 30 minutes wastes are expelled smoothly and gently. You feel gloriously fresh again. Be sure to follow the simple directions. Don't delay—you can get Kruschen Salts at any drug store.

Chairs for Rent

FOR ALL OCCASIONS. REASONABLE PRICES. WE. 1517

Assembly Hall for Rent

BY NIGHT OR WEEK FOR CIVIC OR POLITICAL ORGANIZATIONS, SOCIAL CLUBS, CONVENTIONS AND ALL ANNUAL AFFAIRS. AT A REASONABLE RATE. WE. 1517.

AMAZING New Low Cost SICKNESS AND ACCIDENT POLICY INSURES YOUR WHOLE FAMILY

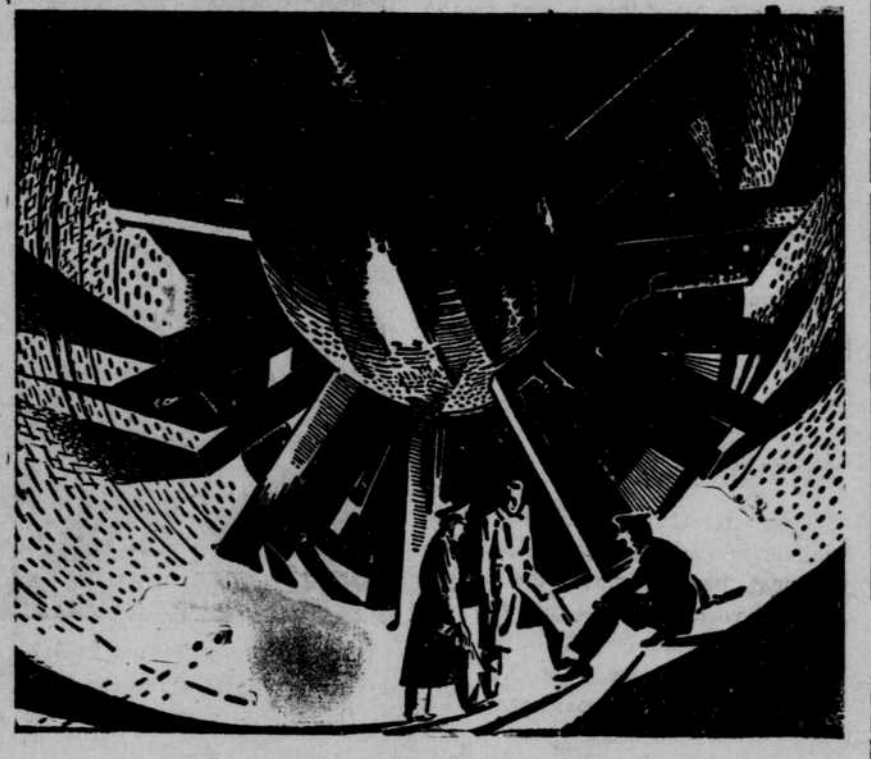
ONLY \$1 FOR ALL NO MEDICAL EXAMINATION You may include each and every member of your family in one application—mother, father, children and even grandparents for \$1.00 a month per family. We take your word that your family is in good health. Don't delay—ACT NOW! \$7,500.00 ACCUMULATED CASH FOR STATED ACCIDENTAL DEATH

SEND NO MONEY Get a policy on our Free Inspection Offer—see for yourself. Thousands and thousands of dollars already paid in claims to policyholders. Act now, tomorrow may be too late. No obligation. FREE INSPECTION OFFER

We Offer for Your Approval A Complete Curtain Service and Another thing—Have Your Dry Cleaning Done Now! —Cash and Carry Discounts—

EDHOLM & SHERMAN

2401 North 24th Street WE. 6055



THE WORLD'S BIGGEST WIND-- TO BLAST THE WORLD'S BIGGEST WINDBAGS!

A roaring, raging hurricane seldom hits harder than 100 miles an hour. But at Wright Field, Ohio, Air Force engineers whip up an almost unbelievable 400-mile wind—to help improve American military planes.

Two forty-foot fans, weighing nearly a million pounds, put the "hurry" in this hurricane tunnel. They're driven by a huge 125-ton electric motor with a terrific horsepower rating. They permit accurate tests of large-scale plane models at speeds up to 400 miles an hour. America's sleek fighters and burly bombers are faster, safer, more deadly to the enemy, because America has the world's biggest wind tunnels—and the world's biggest supply of electric power.

In fact, electric power is basic to nearly all war production. It turns the machines that turn out tanks, planes and guns. It welds the steel seams of ships. It flashes the urgent words of war by air and by wire. War has brought shortages of many materials, but there has been plenty of electric power for war production.

The electric companies under business management, supplying about seven-eighths of all America's electric power, had a BIG job to do—and did it!

NEBRASKA POWER COMPANY

Advertisement for 'A B C's of Home Canning' book, featuring an illustration of a woman in a kitchen and text describing the book's content.

- JAR LIDS Seal-All, 12-Lid, 10c; Self-sealing, Ctn. 10c; PECTIN M. C. P., 3-oz., 9c; JAR RINGS Sturdy, 12-Ring, 4c; VINEGAR Old Mill, Gal, 39c; cider, Jug 39c.

GUARANTEED - FRESH FRUITS and VEGETABLES

- ORANGES Sunkist, California, Valencia, Lb., 10c; CELERY Florida, well-bleached, Lb., 17c; GRAPEFRUIT white "meated", Florida, Lb., 7c; CARROTS Tops removed, Lb., 6c; CAULIFLOWER Closely netted, Lb., 23c; SPINACH Clean, broad-leaf, Lb., 9c.

OTHER NON-RATIONED FOODS

- POST TOASTIES 11-oz. Pkg., 8c; APPLE JUICE Farnsworth, 46-oz. Btl., 19c; CEREALS Kellogg's 10-Pkg. Variety Pkg., Ctn., 19c; FLOUR Kitchen Craft, 10-lb. Bag, 42c; SOUP MIX Lipton's 3 2 1/2-oz. Pkgs., 25c; VANILLA Westag, 8-oz. Btl., 10c; CRACKERS Excell, 2-lb. Ctn., 18c; B. POWDER Clabber Girl, 10-oz. Can, 7c; BREAD Julia Lee 24-oz. Loaf, 10c; MUSTARD Sunset, salad-style, Jar, 10c.

BLUE - STAMP RATIONED FOODS

Blue-colored Rationing Stamps G, H, and J are effective through May 31. JUICE Town House, 46-oz., 29c; Grapefruit (4 pts.), Can, 29c; BEETS Aunt Nell, 16-oz., 10c; diced (9 points), Jar, 10c; BABY FOOD Gerber's Small (1 point), Can, 6c; CORN Libby's, cream-style No. 2 (14 points), Can, 14c.

RED - STAMP RATIONED FOODS

- Red-colored Rationing Stamps E, F, G, and H are effective now and through May 31. BUTTER Tasty Pound, 1-lb., 52c; (8 points), Ctn., 52c; MARGARINE Sunlight (5 points) in Omaha only, Lb., 18c; LARD Pure (5 points), 1-lb., 17c; HOUSEHOLD SUPPLIES SWAN SOAP "It's Pure", Regular Cake, 6c; RINSO Granulated soap, 24-oz. Pkg., 22c; SU-PURB Granulated soap, 24-oz. Pkg., 21c; MATCHES Book-style, 50-Count, Carton, 11c.

SAFeway