you keep your skin clear, eyes, eye-brows, lips and hair attractively

about cosmetics, except for a little

powder to keep your nose and fore-

A certain quantity of perspiration

is normal. Fallure to perspire is

nothing to be proud of, because it is

an indication of subnormal health

Two Ways to Relief

ing daily. Air your dresses and

shoes after each wearing. To guard

against even a suggestion of per-

spiration odor, use one of the as-

tringents or deodornats on the mar-

ket for that purpose. In some cases

a mild solution of warm water and

alum is sufficient astringent to dis-

An excellent treatment for more

difficult cases of underarm perspira-

tion is four parts distilled water to

one part aluminum chloride. Do not

use this too often. Once every three

days is sufficient for the first few

applications. After the second week,

once a week will do the work.

Sometimes three applications at

three-day intervals will relieve the

condition. An application every ten

days thereafter will prevent recur-

solution too frequently. If you do

so, you can cause a skin problem.

Let the solution dry thoroughly on

the skin before putting on your

dress, (For sensitive skins, the

parts bathed with this solution

should be rinsed after it has dried.)

Always wash under the arms before

courage perspiration.

Make a complete change of cloth-

head from becoming shiny.

conditions.



NOTE:-Your question will be answered FRFE in this col umn ONLY when a cl pping of this column is enclosed with YOUR GUESTION, YOUR FULL NAME, BIRTHDATE and CORRECT ADDRESS. For PRIVATE REPLY send twenty-five cents and a self-addressed, stamped envelope for my NEW ASTROLOGY READING and receive by return mail my FREE ADVICE on THREE QUESTIONS. Send all letters to Abbe Wallace, care of The Omaha Guide, 2418 Grant Street, Omaha, Nebraska.

N. S. A .- Please tell me why falling in love with the man.

and her girl. It seems to me emotions too much in his prethat you made your friend lose sence. interest by calling him so often. Don't run af.er the boys but company.

plan I have in mind at this time

not amount to muck. Wait until time. the first of September before making any change and you will your circumstance.

I am going to get the job that I ask them not to come? I want next summer.

Ans: Don't depend on it.... when next summer com

ound you will be so far advanc- than to be disappointed. This cd that you won't even want trip has been planned for sevand winter and you will be will enjoy staying in your small ing position next summer than interest them. the one in mind.

with the man I am now goin ther and his wife? with?

Hospital Director

wyn is the new medical direc or pise him the rest of his life. of the John A. Andrew Memorial hospital of Tuskegee instiby physicians from one end of away? the country to the other.

tremendous section of the that calls her at all hours of south, patients coming here the day and early part of each from surrounding states for night. This is a habit that she treatment and in addition is as- could over come if vosuming an even more important her. Talk with her for she status as the headquarters for could be reasoned with but nestate and county health pro- ver fuss about the way she acts. grams which are being operated in connection with the federal and state governments. Also it the permanent headquarters of the John Andrews Clinical Society, which brings together each spring the largest gathering of physicians outside of the National Medical Society.

Dr. Walwyn, a native of Kinston,, Jamaica; a student of Morgan college, graduate of Howard university and Medical school, the latter in 1928 has served as an instructor in Howard Medical school since 1929 and as acting director of Howard Health Service. He will also head the student heath department at Tuskegee Dr. Joshua A. Williams who has been serving as acting medical director is to pursue graduate work upon a fellowship this next year.

Oh Brother, "Don't you want to save a dime?" Get your tickot on time to the season's greatest Carnival Barn Dance, on or before Sat., July 24, 10 P. M.

my boy friend stop coming to but that is all. The man in see me all of a sudden? Put in question is very skeptical and the column immediately please. doubts any one he comes in con-Ans: He became interested in tact withso don't show your

L. B.-Will my husband still sit still and they will seek your go with the woman I have in mind? What should I do?

Ans: Do nothing until you H. J. B .- I am a constant actually see your husband with reader of your column. Tell me the girl. If by chance you if I should proceed with the should see them together again then there is two things Ans: I am inclined to believe to do. Go home or remain with that things in general are not as him and say nothing. Your husserious as you believe hem to band does not love any other be, therefore your plan would- wo nan but he does love a good

W. R. F .- My parents are be able to clearly determine supposed to visit me this sumand I am worried because my place is so small I cannot take skin is moist. It will probably look W. W. J.—Please tell me if care of them in comfort. Should

Ans: No.....this would break their hearts. They had rather National Ass'n come and sleep, on the floor able to get a much better pay- apartment. A change is what

Ans: Your brother is very Ans: There is danger of your upset but he is in his right mind. Your mother and sister-Tuskegee Selects New in-law should avoid him as much as possible until be "a " Tuskgee Institute, Ala., July than apt to say something that a report on the finances. The 23 (ANP)-Dr. Cyril A. Wal- will make one of them des-

P. W. R .- My wife runs from tute. The announcement of Dr. one neighbor's house to an-Walwyn's appointment this other all the time and is never WHERE? To the big Carnival

John Andrews hospital serves a it is the neighborhood gossip everybody has fun.

BURLINGTON TRAILWAYS NOW-FASTEST TIME to CALIFORNIA - CHICAGO on The CLIPPER"

and "The Californian" Free Pillows — — Reclinios Chairs — Supervised Low Cost Meal Service. Faster by Hours to the Coast



3 Buses Daily to ST. JOSEPH—KANSAS CITY 4 Buses Daily to CHICAGO Bargain Excursion Fares to CHICAGO

Only \$12.50 Round Trip

On sale every Priday, Saturday and Sunday—5 day return limit LOW FARES EVERYWHERE EVERY DAY ALL-EXPENSE VACATION TOURS Information - Tickets BURLINGTON BUS DEPOT 15th and Douglas

BEAUTY No ROMANCE by Marie Downing DIRECTOR, LARIEUSE BEAUTY FOUN DATION

The Larleuse Beauty Foundation was established by the Godefroy Manufacturing Company to study methods of preserving women's natural beauty, and to make the results of this research available

PERSPIRATION

"His brow is wet with honest | those with drier complexions. If

Perspiration is above criticism for the working man, but for us, groomed, you won't have to worry dear ladies, it is a decided foe of attractiveness, for to be completely electable and to have the irresistiole charm of feminine daintiness is

During these warm summer days our efforts to control excessive perbecomes a real battle. requent bathing to keep the skin resh and clean is of primary imortance. A cold sponge or shower is an excellent preventive, and a few drops of your favorite perfume or some bath salts in the bath water will help achieve your goal, Light Make-up

If you perspire freely about the ace, makeup should be used sparingly and applied carefully. Don't nake the mistake of trying to overome the effects of perspiration by a heavy application of cosmetics, for would soon become streaked and blotched. As a result your appearance would be worse than if no nakeup at all were used.

Rinsing the face with witch hazel or any good astringent lotion beore applying cosmetics is a good This has a mildly tringent effect that will check the flow of perspiration and also soothe and cool the skin. Your choice of powder for the

summer should be made very care-Be sure to get one as light in weight as possible. A heavy powder clots easily on moist skins so the lighter the powder, the better for those who perspire freely. Don't feel handlcapped if your fresh and smooth and will not have he parched dried out appearance

And in closing-"Let your brow that the warm, sunny days bring to beget no needless sweat." Kills Baby and Wife

Lecington, Niss., July 22

(ANP)-A family quarrel re-

sulled fues lay in the suicide

According to statemen s to

investigating officers, the cou-

ple had quarrelled at the home

of Will Crawford, father and

husband, and difficulties had

apparently been smoothed out

before they went home. The

shooting followed. Crawford us-

ed an automatic shotgun load-

ed buckshot on his wife. The

fired twice. He then shot him-

self through the head with a

.38 calibre pistol, dying instant-

baby being in her arms as he

Annual Report Out Then Takes Own Life

New York, July 22-The the job. Study hard this fall cral months and your parents 27th Annual report of the NAACP covering the activities for the year 1936 is available for distribution. The 36-page of Sam Cra. ford, 35-year-old, pamphlet is divided into six farmer, after shooting his wife C. L. W .- Do you think that short chapters covering various and eight month old baby girl G. P. Tell me if there my brother is in his right mind pases of the association's activis any danger for me by going the way he is treating my mo- ities. One chapter is devoted to lynching and others to legal defense, the fight for increased economic opporuntities and the campaign against inequalities in public education. Other chapters cover the work off the himself again for he is more branches of the association and annual report sells for ten cents plus postage.

Everybody's Going!

week by President Patterson home long enough to fix meals Dance featuring Anna Mae Win fills a post which had been and look after her house. Is it burn and her Swing Band on look upon with interest another man that keeps her Mon., July 26, at the beautiful Dreamland hall. The Bacchanite Ans: It isn't another man but Boys will be on hand o see that

> WINTER GARMENTS CLEANED and REPAIRED Free Storage Pay Next Fall Fully Insured

J. C. Wood and Co

Men's Dress Ehirts 131/2 to 20

Men's Ties. \$.29-4 for \$1.00 Open until 9 Sat. evenings

\$1.00

ACE TIE SHOP 1402 Farnam

Every member of this Club is matri-monially minded! You will know ali Are you a LONELY HEART?

Do you want to find SOUL-MATE? THEN JOIN THIS CLUB

about your fellow members of the opposite sex and have the privilege of chooseverywhere! All Club matters are han-dled in strict privacy. No outsiders need

Nation-Wide WELCOME RECEPTION CLUB

ALWAYS DEPENDABLE

Both Our Service and Printing. We are Equipped To Print Anything From Stamps to Newspapers. We Call For and Deliver.

OMAHA GUIDE PUB. CO. 2418 Grant Street WE 1517—1518

Paul C. Commers Denies Rumors

My good friends of Omaha, I, Paul C. Commers wish to inform you that I am in very good health, and I haven't as yet lost any part of my mind. I just heard the untrue news of my being taken from a train as a unatic. This news of course reached me through some friends of Omaha. I was quite surprised when asked if I had been carried from a train as a lunatic. Just where the news originated I do not know. All I can do is say that I am very sorry that someone took just a ittle too much for granted. And I can assure you that I am quite sane, and I am still living. I am making my home with my wife and kids. If there is any more while you news I can furnish I shall be very glad to do so. As I don't expect to be in Omaha any time soon.

Paul C. Commers

Everybody's Going! WHERE? To the big Carnival Dance featuring Anna Mae Win

burn and her Swing Band on Mon., July 26, at the beautiful Dreamland hall. The Bacchanite Boys will be on hand to see that everybody has fun.

HERMAN'S

MARKET

Proprietor

HERMAN FRIEDLANDER

"EAT FLEISCHMANN'S YEAST FOR HEALTH"

24th and Lake Street

WEbster 5444

Sleeps on As Thief Takes Shoes Off Feet Notice to Subscribers-

Nashville, July 22 (ANP)thief took his wrist watch the victim. Cole lay doubled up asleep in the back of his automobile while the theft occcurred, and did not know any- THE OMAHA GUIDE PUB. CO. thing of what happened until he awoke and stepped out of

Now-almost overnight—you can make vour skin many shades lighter-free from freckles, pimples, blackheads,

sleep

large pores, blotches. Tonight at bedtime spread Nadinola Bleaching Cream on face, neck and arms. While you sleep it gently dissolves dark pigment. Remember-Nadinola is doubleacting. It gives results you have never found in any ordinary bleach.

TRY Get Nadinola today at any toi-AT OUR 50c. If not delighted, money cheerfully refunded. NADI-NOLA, Dept. 93, Paris, Tenn.

Nadinola Bleaching Cream

IMPORTANT NOTICES

Please notify the Omaha Guide office, by mail or telephone, as to your change of address. The postal authorities make a charge for Macon Cole, driver for an undertaking company, imitated not notified, in time to prevent deone of his frequent passengers livery to the wrong address. The so well Sunday night that a Omaha Guide will be forced to charge a small fee of five cents for each change of address withfrom his arm, 45 cents from a out notice. Please call WE 1517 or trousers pocket, and the shoes mail us a post card with your new from his feet without arousing address on it, at one week before you move. This will prevent a duplication of papers and the five cents charge. Thanking you for your cooperation in this matter.

> C. C. Galloway, Business Mgr.

Robbin's Pharmacy Ve Make Our Own Ice Cream

Fresh Daily 2306 No. 24th St. WE 1711

ARE YOU ONLY A. THREE-QUARTER WIFE?

MEN, because they are men, can M. Decause they are men, can never understand a three-quarter wife—a wife who is all love and kindness three weeks in a month and a hell cat the rest of

No matter how your back aches —how your nerves scream—don't take it out on your husband.

For three generations one woman has told another how to go "smiling through" with Lydia E. Pinkham's Vegetable Compound. It helps Nature tone up the system, thus lessening the discomforts from the functional disorders which women must endure in the three ordeals of life: 1. Turning from girlhood to womanhood. 2. Pregirlhood to womanhood. 2. Pre-paring for motherhood. 3. Ap-proaching "middle age."

Don't be a three-quarter wife, take LYDIA E. PINKHAM'S VEGETABLE COMPOUND and



Bleach Cream



And Our 18 Other Cannolene Beauty Creations

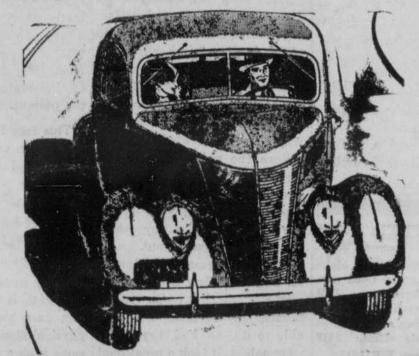
Beginning our New Advertising Compaign we will give a Free Start

Cannon Cosmetics Co., Dept. 20-A. Atlanta, Ga.

The Omaha Guide 6000 New Subscription Drive Is On

valuable prizes to be given to subscribers tion, call our office, WE. 1517. during this campaign drive. Subscriptions

Omaha Guide Campaign Drive opened to The Omaha Guide are only \$2.00 per June 7, 1937, for 6,000 new subscribers year. See the new Ford V-8 1937 Car in and closes September 6, 1937. You will Hineman's Garage display window, at have to hurry if you want one of the new 24th and Lake Sts. For further informa-



ing the month of July will be .given years as you like.

All subscribers who pay at The Omaha 20 per cent discount on the year's sub-Guide Office,2418-20 Grant Street, dur- scription. You can subscribe for as many