

THE WOMAN'S WORLD

Chatting With Arden H. Duane (For ANP)

Here is a peppy and highly seasoned fish that can be prepared at anytime. This quick snack made more appetizing by this unusual creole sauce can be served with crackers, cheese, celery hearts, potato chips and coffee.

One can sardines, two cloves garlic, one tablespoon chopped green pepper, one tablespoon prepared mustard, one teaspoon dry horse radish, one teaspoon water, two tablespoons salad oil, one half teaspoon salt, one half teaspoon celery salt, one half teaspoon paprika, one fourth teaspoon red pepper and the juice of one half lemon. Arrange sardines on platter. Place slices of lemon, tomato and pickle on platter for border. Crush garlic in mixing bowl. Add chopped onion and green pepper, crushing these with garlic. Add mustard, dry horse radish (mixing with water) and salad oil. Mix remaining seasonings. This recipe will serve four.

Do you know what to serve at your next cocktail party. Well let me

SHE LOST 20 POUNDS OF FAT

Feel full of pep and possess the slender form you crave—you can't if you listen to gossipers.

To take off excess fat go light on fatty meats, butter, cream and sugary sweets—eat more fruit and vegetables and take a half teaspoonful of Kruschen Salts in a glass of hot water every morning to stimulate excess waste.

Mrs. Elma Verille of Havre de Grace, Md., writes: "I took off 20 lbs.—my clothes fit me fine now."

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tell you. Bar bits. I found out that I just couldn't stop nibbling them after my first taste. They seem to leave a haunting wanting taste in the mouth that can't be satisfied unless you try another and another. They are made of cheese and macaroni in the most unusual shapes I've ever seen. They are salted just enough to keep you thirsty. Don't forget the name. Bar Bits.

Evaporated milk can be used in any recipe that requires milk. It is unadvised and when it is diluted in one part milk to one part water it is equivalent to whole milk. If you have recipes calling for evaporated milk for thrift's sake, heat the milk over water until there is a thin film on the surface or heat unopened in boiling water for five minutes. Be sure to chill thoroughly. Evaporated milk will double itself when whipped.

Every housekeeper takes stock of linen the first of the year. This is the best time of year to buy at January "White Sales." Many shops, without knowing the size of the bed they want to fit, when a sheet is labeled single that means seventy by one hundred and eight inches three fourths means eighty-one by one hundred and eight inches, doubling means ninety by one and eight inches.

The men of the house usually prefer small face towel size bath towels. And I think they are best for the young of the family, too. They'd rather use these towels instead of anything fine and showy or the huck surfaced.

If you are in the market for a new tablecloth be sure to know the size of the top of the table and the height of the table. A skimpy table cloth will spoil a beautiful setting. It will be cheaper and save you a lot of running around later if you purchase matching napkins along with the cloth.

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NOTE—Your question printed free in this column. For private reply send 25c and (self addressed stamped envelope for my New Astrological Reading and receive by return mail my advice on three questions free. Sign your full name, birthdate and correct address. Address Abbe Wallace, P. O. Box—11, Atlanta, Georgia.

L. L. B.—Tell me if my friend and I are going back and does he like me as well as I think he does?

Ans: There is no doubt as to your love for him, or his love for you. In as much as L. S. and yourself are very much in love with each other—there is no excuse why you should not resume your previous standing.

H. C. D.—Will I ever get the money that I am expecting. Also tell me about the pain that I am having in my chest?

Ans: You can NOT possibly hope to get the amount of money that you wish. If you are willing to accept a smaller amount, you will be more successful. The pain in your breast can be relieved by consulting your Doctor and following his advice as it is given to you.

W. E. W.—Will I soon get a job so that I can support my wife and my mother as they need help? I have had breaks recently.

Ans: Yes—you will get work in the very near future if you haven't as yet gone to work. The recent disagreement that you had with your former employer should not in any way keep you from getting another position.

M. B.—I have been going with a boy for over a year and he has asked me to marry him. I told him yes, but should I after what happened?

Ans: Go to the boy and explain your position to him fully. He will understand and I believe forgive you. It is best to get this off your chest before entering marriage for you will be able to enjoy your wedded life with more contentment.

L. J. B.—Will you please tell me if I will ever meet a man for a husband soon? I have tried so hard to find someone that I like.

Ans: It seems that you are aiming too high in your search for a husband. Any man that

quarter. See the note attached to this column for the address. I will also give you my personal opinion on three questions free.

FREMONT

Sunday school opened at the usual hour with Miss Majorie Watts in charge. Attendance was good. Morning worship was at 11 a. m. with the pastor, Rev. H. D. Piggue, delivering the sermon. Rev. Oliver G. Butler of Omaha led the devotional services. At 3 p. m. the Founder's Day program was observed in honor of Bishop Richard Allen, who organized this Christian body some 150 years ago.

I. S. C.—Please tell me if we will ever hear from my brother again? Answer soon.

Ans: At this time your brother is involved in rather complicated domestic and business affairs and has not had a chance to write you. It is nothing that will cause any harm. He will soon straighten his problems out and begin corresponding regularly.

A. M.—Should I leave where I am and go with the party I have in mind?

Ans: Although your age could by no means be classed as old—I believe that you have reached the age where you should be somewhat settled. Therefore—it should be best to stick with your friends of long standing.

E. F. W.—I want you to tell me if I should stay with my husband? He seems to be a handicap to me?

Ans:—After living with your husband as long as you have, and both of you being of the age you are—I should think there would be no desire on the part of either of you to SEPARATE. He is not a handicap, but is likely that you are a bit BORED IN SPIRITS lately.

L. C.—I want to get a New Astrology Reading. How can I get one?

Ans: Yes—you can purchase an Astrology Reading for a

and daughter. Mrs. Katherine daughter of the pastor, attended services in Fremont Sunday. Rev. Piggue called on Mr. Ewing in the afternoon. Mr. Ewing's sister passed away last week.

A lovely and beautiful tea sponsored by the AME. S. S. was held at the home of Miss Marjorie Watts, 1626 North C. St. The colorful holiday scheme was carried out throughout the house. The center piece was of red and white. Carnations with two red candles on each end of the table. The tea was well attended and was reported as being a huge success.

Miss Lo'sanne Herndon of Omaha, spent the week end at home visiting with her parents and friends. Miss Herndon was accompanied back to Omaha by her brother, Jack Herndon who came down on business.

Mr. Desmond Ewing who has been indisposed for the past week is able to be out again.

Mr. Jack Herndon and his friend spent Saturday in Omaha.

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