

# The Farmer

## Clothing Budgets and Negro Movable Schools

To be Discussed on Radio Program, September 21.

An important item to the thrifty housewife is the expenditure of money required for clothing the family. How farm women in New Jersey are attempting to solve their clothing problems with the help of the extension service will be explained by a home demonstration agent—Alice M. Seely—in a radio talk entitled "A Clothing Budget for the Farm Family," to be given during the land-grant college radio program scheduled for September 21.

In his talk entitled "Carrying the School to the Farmer," T. M. Campbell, colored field agent for the United States Department of Agriculture, will describe how modern extension practices are carried to colored homes by a motorized school. Ozie I. Garrett, Negro 4-H Club member from Mississippi, will explain how 4-H Club work has helped her and her family. The United States Army Band will provide music between the talks.

Land-grant college radio programs are arranged by the agricultural colleges of various states in co-operation with the United States Department of Agriculture. They are broadcast always on the third Wednesday of each month from 12:30 to 1:00 p. m., eastern standard time, over a network of 47 radio stations associated with the National Broadcasting Co.

Tune in one of these stations on network of National Broadcasting Company.

Eastern Standard Time—12:30 to 1:30 p. m. KDKA, Pittsburgh; WBAL, Baltimore; WBZ, Boston; WBZA, Springfield; WFLA, Tampa; WGAR, Cleveland; WHAM, Rochester; WIOD, Miami; WIS, Columbia; WJAX, Jacksonville; WJR, Detroit; WJZ, New York City; WLW, Cincinnati; WRVA, Richmond; WWNC, Asheville; WPTF, Raleigh; WRC, Washington.

Watch for land-grant college radio hour. Always the third Wednesday in each month.

A CLOTHING BUDGET FOR THE FAMILY, Alice M. Seely, County Home Dem-

stration Agent, Ocean County, N. J.

CONCERT, The United States Army Band.

WHAT MY 4-H CLUB HAS MEANT TO ME, Ozie Bell Garrett, 4-H Club member, Madison County, Miss.

CONCERT, The United States Army Band.

Time of Broadcast—12:30 to 1:30 p. m., eastern standard time; 11:30 a. m. to 12:30 p. m., central standard time; 10:30 to 11:30 a. m., mountain standard time; 9:30 to 10:30 a. m. Pacific standard time.

Distribution.—Copies of this announcement have been sent to all extension workers.

Dear Suzanne: I am 17 and not allowed to go out with boys. My father says I can only go with my mother. Is he right? JOY.

Parents are always right. However, your dad seems a little strict. Tell him that 17 is okay for boy interest, but promise him you won't become too deeply interested, and keep your promise.

Dear Suzanne: I go with a musician who is not doing so well now and has no other trade. Mother says he will never amount to much. What shall I do? LOVE.

pathy with his profession—well, it's up to you. It all seems a chance, after all.

## ALMOST FLAT ON HER BACK

Aching back! Will it never stop? She's nearly desperate. Lydia E. Pinkham's Vegetable Compound has relieved "feminine troubles" for over 50 years.



## PUZZLING PROBLEMS

A man gave a sum of money to his 3 daughters and 2 sons. The younger son received \$8,000, which was 4-5 the elder son's share and 4-15 of the entire amount given. If the remainder was divided equally among the three daughters, what did each daughter receive?

ANSWER

\$4,000. Explanation—multiply 8,000 by 15-4; multiply 8,000 by 5-4; subtract \$10,000 from \$30,000; subtract 8,000 from 20,000; divide 12,000 by 3.

## WHAT TO WEAR

By VALERIA

Knitted Clothes in Spotlight of Fall Fashions

COLORS GET ATTENTION OF SMART SHOPPERS

The knitted things for fall are still spotlighted in all the busiest and smartest sports shops. Good looking new things, with all the intriguing new patterns and colors are hanging casually around to tempt the early bird shopper.

Designing knitters continue the modest method of knitting the skirt of the fall dresses in the same practical, solid formation of last season . . . but they certainly knit the sleeves with a large and nonchalant abandon. The new sleeves must have been copied from the first amateur effects of certain wartime numbers, for the patterns are as loose and open as any careless knitter ever lost count over, but the lacy effect is tremendously effective and fashionable.

The colors are complete knockouts . . . until you have seen the one piece affairs with long sleeves tightly fitted from the shoulder to about four inches above the elbow, then puffed, and then tight from there to the wrist, you have seen nothing.

Sport Dresses

Other knit sports dresses go in for stripes . . . clear, bright streaks of color against a white background for the surplice bodice top and long, unpuffed sleeves . . . for instance, a bright blue closely woven skirt with a bodice that is an eye-filling display of yellow, green, red, and blue streaks marching horizontally from left to right across the upper half of the anatomy.

## WEEK'S POEM

REMEMBRANCES

By NETTIE RAMSEY

Between the covers of an old scrap book,

All faded now, and worn and dim with age,

Dear friends, loved scenes look out from many a page;

Old gardens beckon, or some shady nook

Or meadow path invites my restless feet:

I lose myself in thoughts of "Days Gone By,"

I laugh with these kind friends, or heave a sigh—

Their ever-changing moods I always meet.

Here's "Old Aunt Mary" in her garden, sweet

With scent of lavender and mignonette,

Where tall Delphinium in prim rows are set,

So like their owner, quaint and trim and neat.

And gently stealing through this waking dream,

The presence of "And Old Sweet-heart of Mine,"

And here, "The Barefoot Lad," with rod and line

And string of fish, tanned face with smiles agileam.

In "Orchard Lands of Long Ago," I roam,

I tramp the meadows sweet with new-mown hay—

I hear the bells jingle far away, As through the twilight dews the cows come home,

I dip the paddle of "The Old Canoe" And ply again the river's placid breast,

Where snowy water-lilies gently rest Like fallen stars upon the mirrored blue.

BUTTERSCOTCH FROSTING

One and one-third cups sugar,

2-3 cup brown sugar, 1-3 cup butter, 2-3 cup cream.

Mix the ingredients and boil until a soft ball forms in cold water (about twelve minutes). Cool without stirring, then beat until right consistency to spread.



D. C. BRIDE — Mrs. Alonzo H. Brown, Jr., who was formerly Miss Alice I. Fry, daughter of Mr. and Mrs. Clifford Fry.

## THE HUMAN THING TO DO

Don't talk loudly in parlor car or day coach, as it may be very disturbing to other passengers.

The efficient secretary answers her employer's telephone in this manner: "Mr. Brown's office; Miss Smith talking."

A serving spoon or ordinary table-spoon, held in the right hand, is used for most vegetables, such as peas, mashed potatoes, spinach, etc.

If a sheet of paper burns when thrown into the oven, the oven is too hot for baking.

When purchasing rugs that are to receive quite a lot of strong sunlight, it is well to remember that greens, browns, and dark blues will fade more readily than lighter shades.

## Modern Etiquette

What is the correct way of introducing a man to a woman?

ANSWER

The man is invariably presented to the woman. The only exceptions are when a woman is introduced to the President of the United States to a Cardinal or to a reigning sovereign.

## CHICHESTERS PILLS

THE DIAMOND BRAND. Ladies! Ask your Druggist for Chichesters Diamond Brand Pills in Red and Gold metallic boxes, sealed with Blue Ribbon. Take no others. Buy of your Druggist. Ask for CHICHESTERS' DIAMOND BRAND PILLS, for 40 years known as Best, Safest, Reliable. Buy Now! SOLD BY DRUGGISTS EVERYWHERE

## for WOMEN only

Why worry about delayed periods from unnatural causes. Get Quick Results using FEMME'S Liquid-Tablet Relief. Used by doctors. Moves clogs long overdue. Pleasant, safe, no interference any duties. Satisfaction guaranteed treatment \$2.95. Postage if C.O.D. Specially Compounded for Very Obstinate Cases \$5.00. Illustrated Folder Free with order. FETONE CO., Dept. 16-F St. Louis, Mo.

## GET A LUCKY HAND

WITH A WRITTEN GUARANTEE Its Principles Will Help You. Information Free—Write or Call ALEXANDER'S PSYCHO AID, Inc. 211 W. 137th St. New York, N.Y. THE ORIGINAL D. ALEXANDER

## CHICAGO WOMAN DREADED CHILD BIRTH

Told She Might Die, Woman Almost Crazy With Fear . . . . .

MRS. RUTH MARSHALL



"When little Joan was on the way," reports Mrs. Marshall of Chicago, Illinois, recently, "I was sick and run-down. I just felt tired and mean all the time. My mother and friends told me it was very dangerous for a woman to have a baby when she felt that way.

"I was plenty scared. Even if I lived thru it, I was afraid my baby would be weak and ailing. I was so frightened I just had the misery. My skin was terrible. I had an awful backache and was constipated. I could scarcely do the chores. Even my husband looked at me with pity. Everybody kept telling me what a chance I was taking. I scarcely knew what to do.

"About that time an old school friend who has four strong, lovely children, and is the picture of health herself, dropped in to see me. She was shocked by my condition.

"Why Ruth," said she, "This is all your own fault entirely. It is so easy to help nature and protect both yourself and child!"

"But how can I, Martha?" I asked. I just broke down and cried.

"Then she told me about a Doctor Caldwell, who attended more than three thousand births in fifty years of family practice without losing a single mother or child!" (The official Platt County records in Illinois prove the truth of this astonishing statement.)

"He originated a wonderful medicine, based on years of experience. Expectant mothers who do not dare use strong, habit-forming cathartics can take Dr. Caldwell's Syrup Pepsin at any time. It drives the body poisons out of the system,

permitting sound sleep and healthy digestion. Nature does the rest. Why don't you try some, Ruth, and see how it picks you up almost at once!"

"I began noticing the benefits of taking Syrup Pepsin almost at once. My liver became more active and bowel muscles stronger. Even my complexion began to clear up. Everyone noticed it. It was just like a miracle.

"I am so grateful for my present good health and my fine strong girl. We are all so very happy we are looking forward to having another lovely baby soon."

Mothers! You are only as strong as your organs. When these become run-down and your liver and bowels are weak, you should act at once. Dr. Caldwell's Syrup Pepsin is not expensive and it is put up conveniently in large-size bottles carried by most good druggists. Don't take a lot of patent medicines which may be dangerous and weakening. And don't "Just give up." Get a bottle of genuine Dr. Caldwell's Syrup Pepsin, take it according to directions, and feel the new energy and strength returning to your entire system! Don't be subject to colds, heartburn, biliousness and other evidence of run-down system. Dr. Caldwell's prescription is perfectly safe, and very pleasant to take.



WATCH YOUR HAIR GROW

LONG and THICK

... and the price of Genuine Black and White Hair Grower is only 25c



You wouldn't believe that there's a product made that will grow hair as quickly as Genuine Black and White Hair Grower. But your eyes will tell you it's true when you use this amazing grower and see the long, luxuriant, silken tresses which it never fails to grow. Try it today and be convinced. Genuine Black and White Hair Grower in the big can, only 25c at your druggist.

## Genuine BLACK AND WHITE HAIR GROWER

See How Easy it is to Dress Your Hair, Too



Apply a little Genuine Black and White Pluko HAIR DRESSING to your stubborn strands and see how soft it makes them . . . how easily you can dress your hair in any style, and keep it always looking smooth, lovely, neatly dressed. Two kinds: White 50c. Amber 30c.

To Protect Hair From Burning and Breaking Off



—apply Genuine Black and White GLOSSINE every time you use hot irons and combs. Keeps hair from burning, turning red and breaking off. Makes it soft and silky, fairly glistening with life and lustre. Genuine Black and White GLOSSINE in large can only 25c at your druggist.