

The Frontier Woman—

## Lynch Reader Offers Virtuous Recipe: Measure Love Into Your Conversations

By BLANCHE SPANN PEASE

Today I had an oven dinner. Roast beef, scalloped potatoes, baked beans, and baked kraut. Do you try to fix oven meals when you are using the oven anyway for the meat? I usually fix my potatoes one way or another in the oven when I'm roasting meat, and vegetables, too. I just add drippings of some meat to the kraut and a little water, and other canned vegetables can be warmed up in the oven, too, you know. If you use glass oven containers for the baked goods, they can be served right in them at the table, and what is left can be stored in the refrigerator. It saves lots of dish-washing, you know. You can even bake a dessert at that time.

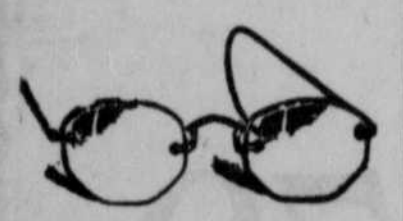
One of our favorite one dish meals is hamburger pie. When I make it, I use 1 medium sized onion, chopped, 1 pound ground beef, salt and pepper, 2 1/2 cups cooked green beans, 1 can condensed tomato soup (either 10 1/2 or 11 ounce size) 5 medium sized potatoes, 1/2 cup warm milk, 1 beaten egg, salt and pepper. Brown the onion in hot fat, add meat and seasonings and brown. Add drained beans and soup, pour into greased casserole. Mash potatoes, add milk, egg, and seasonings. Spoon in mounds over meat. Bake in moderate oven of 350 F. for 30 minutes. Serves 6.

It's economical, too. It will take one 6 ounce package of 7 minute macaroni, 1/4 pound dried beef, 1/4 cup chopped green pepper, 3 tablespoons butter, 3 tablespoons flour, 1 1/2 cups milk, 1 cup grated American cheese. Cook macaroni in boiling salted water, for 7 minutes and drain. (Be sure to use type that will cook in 7 minutes). Frizzle meat and cook green pepper in butter, add flour and blend, add milk, cook until thick, stirring constantly, add 1/4 cup cheese. Combine sauce and macaroni, pour into greased casserole, top with remaining cheese. Bake in moderate oven of 350 F. for 30 to 40 minutes. Serves six. Chicken and rice makes a good casserole, too. At least, we think so. 3 cups cooked rice, (1 cup uncooked) 1/4 ounce can pimientos, chopped, 1 1/2 cups diced cooked chicken, 1/4 to 1/2 cup canned mushrooms, 1/2 cup blanched almond meats, 1 1/4 cup chicken broth, 1 1/2 tablespoons flour.

Combine rice and pimiento. Place one third of rice mixture in greased casserole alternate layers of remaining rice, chicken, mushrooms, and nutmeats. Pour over chicken broth seasoned with salt and pepper and blended with flour. Bake in moderate oven 350 F. 1 hour. Serves 6 to 8.

—ftw—

**This Casserole Is Economical—**  
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## Marian Jo Kalkowski, Dale Barta Wed in Church Ceremony

LYNCH — Miss Marian Jo Kalkowski, daughter of Mr. and Mrs. Albin A. Kalkowski, became the bride of Dale Barta, son of Mr. and Mrs. Arthur Barta, of Verdell, on Tuesday, June 19, at a nuptial high mass at 9 a.m. in the Assumption BVM church of Lynch.

The double ring ceremony was performed by the Rev. John Wiczorek before the altar decorated with spring flowers.

The wedding party entered the sanctuary to the organ strains of the "March Pontificale," played by Irene Stenger who also sang at the offertory "Oh Lord I Am Not Worthy". The Benedictine sisters sang the nuptial high mass.

Before the recessional, Irene Stenger and Cyril Burbach sang a duet, "On This Day Oh Beautiful Mother."

Evelyn Barta and Carol Ann Schochenmaier were flower girls and were dressed in white satin formal.

Paul Michael Kalkowski cousin of the bride, was ringbearer. The bride, given in marriage by her father, wore a gown of white bridal satin fashioned with a yoke of nylon net. The bodice of lace over satin was fitted and buttoned to below the waist in the back with tiny lace covered buttons.

The sleeves were fitted and came to a long point over the hands. The full skirt featured lace panels applied in petal point design ending in a 3 yard train. Her veil was of finger tip length net illusion held in place by a crown of tiny seed pearls.

The bride carried out the bridal traditions. Her arm bouquet was of red roses centered with a gardenia corsage.

Matron of honor for her sister was Mrs. Cyril Burbach. Miss Joan Rosicky, friend of the couple, was bridesmaid. They wore identical taffeta gowns with matching sweetheart bonnets and gauntlets in orchid and sea green respectively. They carried colonial bouquets of yellow carnations.

The bridegroom, who was attired in blue, had for his attendants Cyril Burbach and Lawrence Kalkowski.

Ushers were Le Roy Barta and Herman Schochenmaier.

The bride's mother chose a gray bemberg gown and the bridegroom's mother wore blue. Each wore a corsage of yellow roses.

After the ceremony the wedding party were guests of the Benedictine sisters at the Sacred Heart hospital at a wedding breakfast.

A reception was held at the bride's home with dinner served to 75 guests.

The brides table, decorated with the bride's colors, was centered with a 3-tier cake topped with a miniature bride and bridegroom.

In charge of the serving were Mesdames Tillie Novak, Ed Johns, Martin Jehorek and Miss Margaret Stenger.

Mrs. Herman Schochenmaier, sister of the bride, was in charge of the guest book and gifts.

Mrs. Bartos is a graduate of the Lynch schools, has been a rural school teacher since graduation.

The bridegroom, a graduate of the Verdigre schools and a veteran of World War II, has been assisting his father in farming.

**WEDS AT GREELEY . . .**  
Miss Alta June Pruss (above), daughter of Mr. and Mrs. Henry Pruss, of O'Neill, and Patrick Joseph Cook, son of Mr. and Mrs. William Cook, of Greeley, was married Tuesday, June 12, at Sacred Heart Catholic church in Greeley. The bride appeared in a street-length all white embroidered nylon dress. Miss Mary Ann Cook, sister of the bridegroom, was bridesmaid. The couple will reside in Sioux City. Mr. Cook is an auctioneer. — O'Neill Photo Co.

wonders of God's creation. The rest one finds as he kneels at the church altar, while soft music blends with the tendering of man's soul. While your mind is in meditation of other things which add a special sweetness to your thoughts, maybe I could drop a little recipe of a different type than usual.

Measure enough love into your conversations that you will not intentionally hurt a neighbor. Be sure that your words are thoroughly sifted so no wrong impressions are formed. Failure to sift will often result in a flop.

Considerations of others failures might add flavor. If you are the type that gets a special satisfaction from "ripping some one apart" (so to speak) it is advisable to chill this ingredient well before adding to the mixture.

If your conversation is made with care, your friends will admire you and be glad you are their neighbor.

MRS. L. H. HOY

**SANDHILL SAL**

Get too big for your trousers and you'll pay, by walking around in your shorts someday. Some of us cannot rest until we live up to our exaggerated ideas of ourselves.

When a man thinks a woman doesn't understand him, the trouble is she usually does.

Some people are so busy wondering and worrying about what may happen that they lose track of what is happening.

Rev. V. R. Bell took Mardelle Johnson, Carolyn Lindberg, Marilyn Carroll and Jim Rodman to the intermediate camp at the state park at Ponca Sunday afternoon. He will bring them back Saturday.

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A wedding dance was given the same evening. For the wedding trip the bride chose a beige suit with navy accessories.

After the wedding trip the couple will make their home on a farm south of Verdell.

## Butcher Hogs Dime Over River Markets

There were 800 hogs and 175 cattle offered at the Thursday, June 21, sale at the O'Neill Livestock Market.

Butcher hogs weighing 190 to 240 pounds sold from \$22.00 to \$22.30; the 240 to 270 pounders, \$21.75 to \$22.00; the 270 to 300 pounders \$21.50 to \$21.75 and the heavier butchers, weighing over 300 pounds were quoted from \$21.25 down.

The light feeder sows, 250 to 300 pounds, were moving from \$20.00 up to 21.25. These were those good vaccinated feeder sows. Heavier sows, 300 to 400 pounds, sold from \$18.50 to \$19.50. The boars were quoted from \$12.00 to \$15.00; and stags from \$14.00 to \$16.50.

Thursday receipts in O'Neill included several hundred head of feeder pigs, and these ranged in price from \$8.00 to \$15.00, depending upon size.

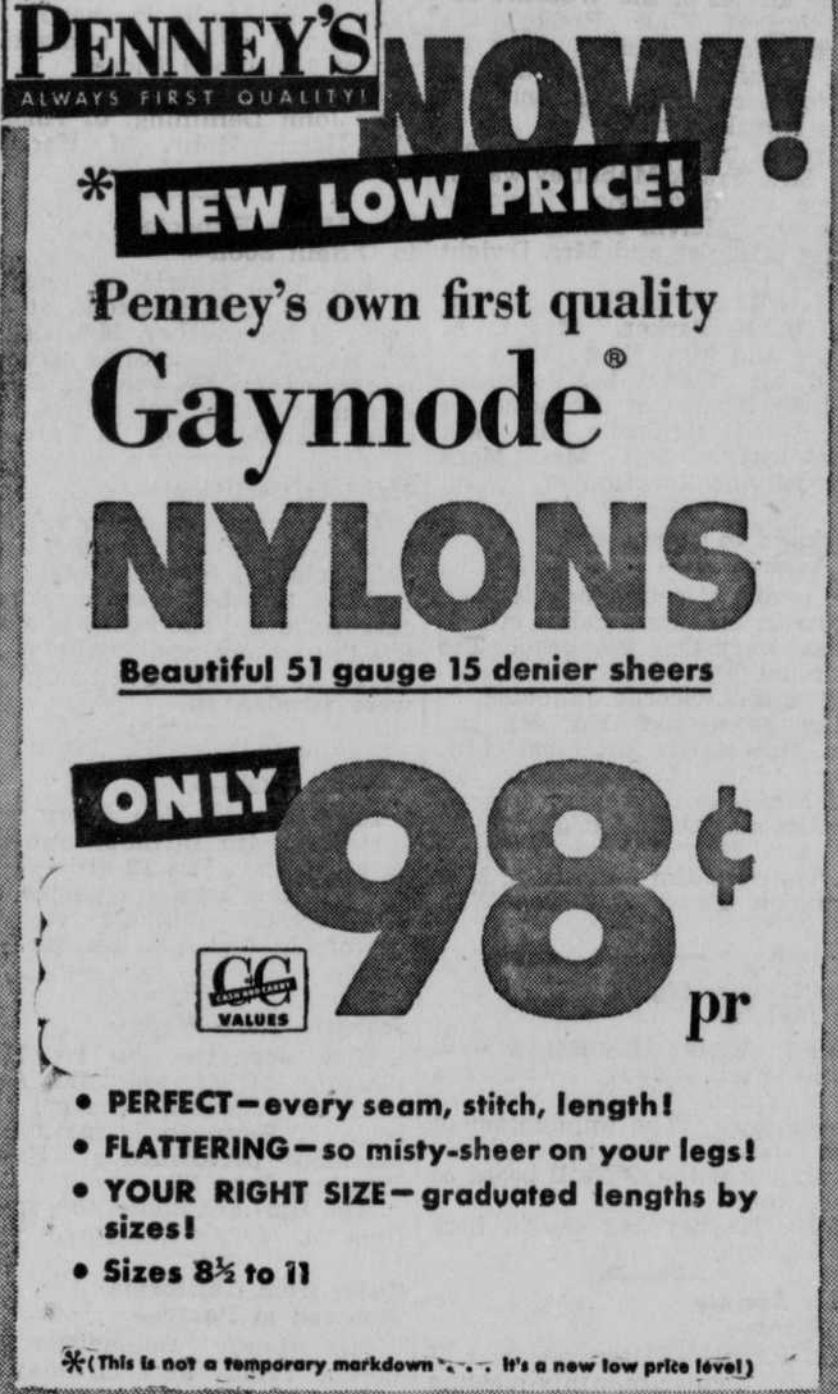
Some steer calves, 300 pounders, sold as high as \$42.00; some short yearling steers, 450 to 550 pounders, were selling from \$37.00 up to 39.50; some yearling heifers, and there were quite a number of these, weighing 400 to 500 pounds, moved from \$34.50 to \$37.00. There were a few warmed up heifers, on grain for about 4 months, that sold at the \$32.00 figure. Good fat cows were quoted from \$25.00 to \$27.00; the medium cows, \$22.00 to 24.00; shelly canners, \$17.00 to \$19.00; bulls, \$28.00 to \$29.50. A few grass fat cows showed up.

**Visitors Here—**  
Mr. and Mrs. Dave Willy and daughter Helen Ann, of Napa, Calif., Mrs. Frank Sumner and son James, of Neligh, and Mrs. Kenny Johnson, of Clearwater, were visitors at the Leo Schneider home Wednesday June 20th. Mr. and Mrs. Clarence Sausser

visited Sunday evening in Atkinson with Mrs. Sausser's parents, Mr. and Mrs. M. M. Cleary and attended the reception given for Rev. Richard Parr at the Knights of Columbus hall.

Mr. and Mrs. J. N. Parkins, of Omaha, spent the weekend with Mr. and Mrs. Charles E. Yarnall. Mr. and Mrs. D. D. DeBolt and

daughter, Mr. and Mrs. Ned Allendorfer and daughter and Mr. and Mrs. C. L. Brady, jr., and family departed on Sunday, June 24, for a vacation in Colorado. Among the places they will visit are Estes Park and with Mrs. Allendorfer's brother, Vernon Lane, and family, at Colorado Springs. Also her mother, Mrs. June Lane, who is visiting there.



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