

No 'Luck' in Having Good Garden— Simply Reward for Lots of Hard Work

By BLANCHE SPANN PEASE

Hi Frontier fans!

That seasonal gentleman, Colonel Corn, fresh off the cob, is with us again. And what zest he adds to the tempting parade of quick breads that come out of the oven! If you've ever tasted kernel corn muffins, then you know you are in for a treat with golden kernerette biscuits and fresh corn pancakes.

All of these delectable corn-flavored breads are prepared in an easy tempo suited to August temperatures. Yet they are made with nutritious ingredients calculated to give you vitality no matter what the weather. Enriched flour, for instance, brings B-vitamins for pep and go, steady nerves, all-around good health, and food iron for good blood.

For breakfast, maybe you'd like a batch of fresh corn pancakes made from this easy-to-follow recipe. If preferred, use your pancake mix and add the cup of corn at the last. Serve from griddle to table, adding butter or margarine and hot syrup.

FRESH CORN PANCAKES
One cup sifted enriched flour, 2 teaspoons baking powder, 1/2 teaspoon salt, 1 egg, 1/4 cups milk, 1 cup whole-kernel corn, 2 tablespoons melted shortening.
Sift together flour, baking powder and salt. Beat egg. Add

milk, corn and shortening. Add to flour mixture and mix well. Cook on lightly greased hot griddle. Makes about 12 five-inch pancakes.

For luncheon, you might prepare bowls of hot tomato soup, followed by a crisp lettuce salad topped with bacon dressing. The perfect accompaniment to such a meal is squaw corn muffins.

These borrow from early Americana by adding crisp green pepper along with kernel corn. You'll like these muffins with salads and main dishes, too. Go easy on the mixing, and the muffins will be as light as you like them.

SQUAW CORN MUFFINS
One cup sifted enriched flour, 1 1/2 teaspoons baking powder, 1/2 teaspoon salt, 1/2 teaspoon dry mustard, 1 egg (beaten), 1 tablespoon melted shortening, 1/2 cup milk, 1/2 cup drained canned whole-kernel corn, 1/4 cup chopped green pepper.

Sift together flour, baking powder, salt and mustard. Combine egg, shortening, milk, corn, and green pepper. Add to flour mixture, stirring only until flour is moistened. Fill greased muffin pans 2/3 full. Bake in hot oven (425 degrees F.) 20 to 25 minutes. Makes 6 three-inch muffins.

Shortcake Bases
Flakey biscuits speckled with golden corn make unusual shortcake bases for creamed chicken. Add the corn, and also green pepper if you wish, to the flour and fat mixture, then proceed as in making biscuits. Corn

kernels may be added to drop biscuit dough used to make dumplings to go with stewed chicken or meat stews.

GOLDEN KERNELLETTES
One cup sifted enriched flour, 1 1/2 teaspoons baking powder, 1/2 teaspoon salt, 1 to 2 tablespoons shortening, 1/2 cup whole kernel corn (cooked), 2 tablespoons chopped green pepper, 1/3 to 1/2 cup milk.

CREAMED CHICKEN
One and one-half cups chicken cooked chicken, 2 cups chicken gravy.

Sift together flour, baking powder and salt. Cut or rub in shortening. Add corn and green pepper. Mix well. Add milk and mix until flour is moistened. Toss on lightly floured board and knead 1/2 minute. Roll dough 3/4 inch thick. Cut with 3-inch biscuit cutter. Bake on ungreased baking sheet in hot oven (450 degrees F.) 10 minutes. Fold diced chicken into gravy. Spoon creamed chicken between and over split kernerettes. Makes 4 three-inch biscuits.

Subscription Winners
Mrs. Marie Wehrly, of Atkinson, wins a 3-months' subscription prize today. The other goes to Mrs. Roy Lanman, of O'Neill, Atkinson, Nebr.

Dear Blanche and Readers:
Hi! What's cooking?
We've just passed the spring season ushering in fresh foods. One of the best ever to me is the asparagus that grows so freely in groves and tree lined roads in our part of Nebraska. It's really super fixed for the frozen food locker for later use. For fruit, the tart pinkish rhubarb hits the spot, in cobbler, pie or sauce. So many turn their noses up at this food, maybe it's because it's so plentiful and folks want to share it with others.

If you are a gardener, you'll enjoy watching the growing things and wonder when the first radishes and lettuce will be ready for the table.

Oh, sure, the store bought lettuce is handy and good but that's for the season when the garden variety cannot be had. It's so handy to have leaf lettuce in the garden for a garnish, for sandwiches, salads or for a dish of wilted lettuce with plenty of bits of bacon in it. It's a man's dish that's sure.

Guess what's next — yum, yum, you're right. It's fresh peas. Any extras can very profitably be canned or prepared for the food locker.

Of course, there are several vegetables that come along and are very good but now I'm waiting for the prize, namely, corn on the cob. Guess I'll never lose my taste for this delicacy. There's nothing to compare to the sweet succulence of tender corn dripping with butter. I've been told that only pigs eat corn off the cob—that's for me—we can eat it cut off the rest of the year.

Next! Ah, those golden red ripe home grown tomatoes—there's no comparison between them and the pallid tasteless ones that appear on the market early in summer.

To me there's something really tasty in new potatoes from your own patch. There's a lot of satisfaction in growing and gathering your own vegetables. Of course, it's work.

Did you ever find anything worthwhile that wasn't worth some work? It's been a pet peeve of mine to have folks say, "My, you're so lucky to have a good garden."

Don't they realize that it wouldn't be good without a lot of work, water and care, but oh, it's worth it.

Bugs and pests, Oh yes, isn't that life? It's all a struggle. Nuf sed.

MRS. MARIE WEHRLY
—tfw—
Mrs. Lanman's Letter—
O'Neill, Nebr.

Dear Blanche:
Just got our paper a while ago and see you're asking for more letters and recipes so thought I'd take time and write a few lines and send you some recipes, which we like very much.

Isn't this nice cool weather for July? Too cool at times unless one has a little fire.
Here are a couple recipes we

SANDHILL SAL

Most women think that their husbands have the best wives in town.

A husband is a bachelor who has had his degree of fun and now has to settle down and earn enough to feed the family.

It's more important to know whether she can fry an egg than if she can bake a cherry pie, Billy Boy.

Most women want curtains on their house to keep people from looking in — but nothing can keep a woman from looking out.

REAL ESTATE TRANSFERS

WD—Alice Matthews et al to W. Durven Kipple & wf. 7-22-50 \$400. East 80 ft Lots 5 to 9 Blk D O'Neill & Hagerty's Add O'Neill

WD—M Charles Thiele to Joseph L. Knievel & wf 6-28-49 \$1-16 acres in NE 1/4 NE 1/4 27-25-9

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WD—Sophie Toy to Alva Marcellus 7-28-50 \$5200- Lots 6 & 7 Blk 3- Hazelets Add- O'Neill

WD—Fannie A Riely to Ruth J Riley Baker 6-2-44 \$1- SW 1/4 SW 1/4 SE 1/4 S 1/2 NW 1/4 17- SE 1/4 NE 1/4 18. All NE 1/4 NE 1/4 west of highway sec 20-26-14


WD—Francis J Gilg to Willard A Naprstek & wf 7-28-50 \$9000. Lot 13 Blk B- Gilg's Replat- O'N

Library Gets New Paint and Lights

The Grattan township public library will reopen August 9. It has been closed the past 3 weeks, being painted and having new lights installed, Librarian Bernadette Brennan, has announced.

LAWRENCE I. HAMIK

Stuart, Nebraska
Republican Candidate
FOR
HOLT CO. SHERIFF
WORLD WAR II VETERAN
SERVED NEARLY TWO YEARS
AS HOLT COUNTY DEPUTY SHERIFF



Your Support Will Be Appreciated
PRIMARY AUGUST 8, 1950

Send Us a Letter—

We need letters terribly for The Frontier Woman. Each week we give 2 readers prizes of 3-months' subscriptions each to The Frontier for the use of their letters. Wouldn't you like to write us one? Write about anything you like.

Good canning recipes and ideas should be welcome at present and school lunch recipes and ideas will not come amiss either—school will be starting before we know it.

Send your letters to Mrs. Blanche Pease, The Frontier Woman, Atkinson, Nebr.

Visit Patients—

Mr. and Mrs. Harrison Hovey and son, Dudley, of Stuart, and Mr. and Mrs. Archie Bright and son, Eddie Rae, spent Sunday in Norfolk visiting Mrs. Richard Hovey and son, Robert Lewis, who are in the Lutheran hospital.

Visit Dakota—

Mr. and Mrs. Joe M. Wadsworth and family visited Sunday with Mr. Wadsworth's brother, Rev. Dallas Wadsworth, at Mina, S. D. Reverend Wadsworth recently moved to Mina from Ipswich.

Frontier for printing.

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... VOTE FOR ...

LEO S. TOMJACK


Democrat Candidate
for
SHERIFF
OF HOLT COUNTY

Lifelong Resident of Holt County
Manager of Union Store., O'Neill
Primaries August 8th, 1950

WM. F. (Bill) WEFSo

Atkinson, Nebr.
CANDIDATE FOR
County Assessor
Holt County, Nebraska
REPUBLICAN
TICKET

Will Appreciate Your Support
At the Primaries August 8, 1950



Born and raised in Holt County; 44 years of age; 17 years of experience in farming and ranching north of Stuart; serving a four-year term as a member of the board of directors of the Niobrara Valley Electric Membership Corporation (REA); member of Atkinson Lions Club; young enough to serve the public efficiently, old enough to serve with good judgment.

RUTH HOFFMAN

Republican Candidate for Nomination for
COUNTY CLERK OF HOLT COUNTY

Voters of Holt County:

The work in my office is especially heavy now, keeping me very busy and I shall not try to contact many of you personally, so am taking this means of asking you to support me for a second term of office.

Because of the varied kinds of work in this office, I feel that my experience will enable me to run it more efficiently than one who is not familiar with the work in this office. If reelected, I will endeavor to carry on the work as faithfully, economically and honestly as I have in the past.

Your vote at the Primary Election will be appreciated.

RUTH HOFFMAN

11-13c

I NEED YOUR VOTE AND SUPPORT

BOB TOMLINSON

Democratic
Candidate for
SHERIFF
Of Holt County




Lifelong resident of Holt County. I own and operate a ranch of 1,000 acres, 18 miles Northeast of O'Neill Primaries August 8, -950

If nominated and elected, I will work for the best interests of the County

FRANK NELSON

O'Neill, Nebr.
Your Present Representative
Candidate for Renomination
On Non-Political Ballot
for the
State Legislature
28TH DISTRICT



Holt, Boyd, Rock and Kewa Paha Counties
Farm owner and operator, 44 years in Holt county and a native Nebraskan

- I live on and operate a farm about halfway between O'Neill and Spencer, or 4 miles east and 1 mile north of Midway.
- I have served my community in various positions of trust, and have served you in the last session of the Legislature where I worked for home rule on all measures that are of a local nature.
- Should you feel my experience in the past session and 44 years facing problems similar to yours would enable me to serve you better in a second term I shall appreciate your support at the Primary August 8, 1950.

O'NEILL TRANSFER

John Turner, Prop.

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O'NEILL