

Prices Higher on West Coast

By BLANCHE SPANN PEASE, Homemaking Editor

Recently while we were on vacation, I had the opportunity to buy fresh meats in various parts of the country. And it struck me all over again, how hard it must be for women with large families to feed them on what small amounts they may have to spend. Meat was higher on the West coast than anywhere else. In fact, everything seemed higher there, from meat to motels! Perhaps wages are higher in comparison, I wouldn't know.

I liked best to buy at the self service counters and I think most homemakers do.

To get the most from your meat, select it wisely, care for it properly and cook it correctly. This is advice from the national livestock and meat board and it is good advice.

They also have other good advice to offer you. With several kinds and many cuts of meat on the retail market, meat offers more in variety and price range than almost any other food. Knowledge of the countless opportunities in meat is a distinct advantage, for it assures varied and interesting menus. The selection of meat on the retail market presents a challenge to the shop-

per because there are not only scores of cuts of beef, veal, pork and lamb, but also the variety meats and many kinds of sausages and ready-to-serve meats with which she should become acquainted.

The care of meat in the home is important. Fresh meat should be unwrapped as soon as it comes from the market. Store fresh meat uncovered or loosely covered in the coldest part of the refrigerator. Cured meat should also be stored in the refrigerator. Canned hams should be kept under refrigeration. Frozen meat should be stored at a temperature of zero or below. It may be placed in the refrigerator under normal refrigeration if it is to be used immediately after defrosting. Never refreeze meat.

The basic rule of meat cookery is to always cook meat at low or moderate temperatures. This rule applies whether meat is to be cooked by dry heat, moist heat or with fat. Dry heat cookery methods are roasting, broiling and pan-broiling.

In roasting, meat is cooked by hot air; in broiling, by direct heat; in pan-broiling, by transmitted heat from the frying pan. In moist heat cookery, meat is cooked by braising or in liquid. In braising, meat is cooked in a covered utensil with or without the addition of a small amount of liquid. In pan-frying, meat is cooked in a small amount of fat. In deep fat frying, sufficient fat is used to cover the meat being cooked.

The quality of beef and the tenderness of the cuts are the two factors which determine the cooking methods which should be used in their preparation. Tender cuts of beef should be cooked by roasting, broiling and pan-broiling and may be served rare, medium or well done, according to personal preference. The less tender cuts should be cooked by braising or in liquid to the well done stage. All cuts of beef, regardless of the cooking methods, should be cooked at low or moderate temperatures. This applies to all other meats as well as beef.

If you are buying beef to roast ask for standing ribs, rolled ribs, rump (high quality). If you are buying beef to broil, you want rib tenderloin, T-bone, porterhouse, tip, sirloin and top round steaks or patties.

The beef cuts to broil are pot roasts, arm, blade, round and flank steaks, short ribs, plate, brisket, cross cut shanks.

The beef cuts to pan-fry are thin rib, club, tenderloin, T-bone, porterhouse, sirloin and top round steaks or patties.

Beef cuts to be cooked in liquids are neck, shank, heel of round, plate, brisket, short ribs, corned beef and stew meats.

Legal Notice

(First pub. Oct. 20, 1955)
NOTICE OF SCHOOL LAND LEASE SALE

Notice is hereby given that the Board of Educational Lands and Funds of the State of Nebraska, or its authorized representative, will offer for lease at public auction on the 8th day of November, 1955, at 9:00 o'clock A.M., at the office of the County Treasurer of Holt County, in O'Neill, Nebraska, the following educational lands within said county:

DESCRIPTION	SEC.	TWP.	RGE.
All	16	31	12

Said sale may be adjourned from day to day until all lands have been offered. No sale will be final until approved by the Board of Educational Lands and Funds, and the Board reserves the right to reject any and all bids.

BOARD OF EDUCATIONAL LANDS AND FUNDS
 Robert D. Hiatt, Secretary
 25-27c

(First pub. Oct. 20, 1955)
NOTICE OF HEARING OF PETITION FOR FINAL SETTLEMENT OF ACCOUNT
 No. 4037

COUNTY COURT OF HOLT COUNTY, NEBRASKA.
 ESTATE OF AGNES SOKUP, DECEASED.
 TO ALL CONCERNED:

Notice is hereby given that a petition has been filed for final settlement herein, determination of heirship, inheritance taxes, fees and commissions, distribution of estate and approval of final account and discharge, which will be for hearing in this court on November 9, 1955, at 10 o'clock, A.M.

LOUIS W. REIMER
 County Judge.
 (COUNTY COURT SEAL) 25-27c

(First pub. Oct. 13, 1955)
NOTICE FOR PETITION FOR ADMINISTRATION
 Estate No. 4063

In the County Court of Holt County, Nebraska, October 6, 1955. In the Matter of the Estate of Clara May Tucker, Deceased.

Notice is hereby given to all persons interested in said estate that a petition has been filed in said Court for the appointment of Ray Tucker as Administrator of said estate, and will be heard November 3, 1955, at 10 o'clock A.M., at the County Court Room in O'Neill, Nebraska.

LOUIS W. REIMER,
 County Judge.
 (COUNTY COURT SEAL) 24-26c

DR. H. D. GILDERSLEEVE
 OPTOMETRIST

Northeast Corner of 4th & Douglas
 O'NEILL, NEBR.
 Phone 167

Eyes Examined - Glasses Fitted
 Office Hours: 9.5 Mon. thru Sat.

PRAIRIE SCHOONER MOBIL HOMES



SPECIAL OCTOBER SALE

- 1 - 10% Off for Cash
- 2 - 25% down, 36 months on balance
- 3 - 5% off, 1/3 down on balance

Will take used Mobil Home on down payment

WE FINANCE — WE TRADE
O'Neill Trailer Sales — Phone 254
 DICK TOMLINSON, Prop.

Letters to Editor

Redbird, Nebr.
 October 10, 1955

Dear Sir:

I just heard you say you wanted your public to voice its opinion as to the music on your program. I very much enjoy Guy Lombardo's music, so I say keep on with it. I listen to your program nearly every time.

Sincerely,
 MRS. ELDON SEDIVY

O'Neill News

Men Invited to Play Cards
ROCK FALLS—Pleasant Day club met on Wednesday, October 12, at the home of Mr. and Mrs. William Clausen, with one member absent and four visitors present. After the noonday meal the greater part of the afternoon was devoted to business.

Mrs. James Curran decided to have a card party on the evening of October 21. The next club meeting will be in O'Neill on the evening of November 9, at the home of Mr. and Mrs. Francis Curran. The men folks are invited to come along and play cards while the ladies have their club meeting.

REAL ESTATE TRANSFERS
 WD—Frank LeMunyan to Beulah Douglas 10-17-55 \$1- SE 1/4 20-29-15- Grantor reserves a life estate
 WD—Frank LeMunyan to Lucille Olberding 10-17-55 \$1- SW 1/4 4- E 1/2 W 1/2 NW 1/4 4- 28-15- Grantor reserves a life estate
 WD—Bernard V Allen to Dwight C. Worcester & wf 10-17-55 \$1- Part of SE 1/4 SW 1/4 19-29-11 120 ft x 60 ft

Ponton Insurance
 FLORENCE PONTON, Prop.
 Insurance of All Kinds & Bonds
 Phone 106 — Golden Bldg.

Two O'Neill Men Among Enlistees

The following army enlistments have been announced by the army recruiting office at O'Neill:

For the regular army (unassigned): Duane F. Pickinpaugh of Newport; Leo G. Nelson of Bassett; Wilbert Provost of Gordon; Eugene R. Janzing and Stanley W. Plesel, both of O'Neill.

For special schools and special assignments: Gerald L. Thompson and David J. Meyer, both of Crofton, for signal corps; August J. Bauch of Norden, for helicopter repair school; Clifford J. Walter of Chambers, for track repair school; Arlen L. DeKay of Verdel, for aircraft instrument and electrical system repair school; Raymond H. Sukup of Orchard, for meat and dairy hygiene school; Charles G. Smith of Purdum, for special school.

Frontier for printing!

It Happened In NEBRASKA...



Sun-up on the prairie was a busy time for wagon trains. While women prepared breakfast and men rounded up the oxen, children milked the cows and folded bed covers. All was confusion before starting time for the new day's 15-mile journey!

Today there is less confusion in the public mind than ever before about Nebraska taverns. The public-spirited attitude of our tavern owners has earned a new respect for taverns, which are now well-run, respected places of business.

NEBRASKA DIVISION
 United States Brewers Foundation
 710 First Nat'l Bank Bldg., Lincoln

HEREFORDS

Production Sale

Location: 16 miles southeast of O'Neill, Nebr., on U.S. Highway 20 and 2 1/2 miles southeast; OR 6 miles northwest of Ewing, Nebr.; OR 5 miles south of Page, Nebr., and 2 1/2 miles southeast; OR 8 miles west of Orchard, Nebr., on U.S. Highway 20 and 2 1/2 miles southeast, on —

TUESDAY, NOV. 1ST, 1955

Sale Starts at 1 O'Clock

Lunch to Be Served on Grounds

40 BULLS

This offering of Van Horns' Bulls includes some excellent herd bull prospects and range bulls with plenty of size for age. These range bulls have been fed to go out and do a good job for you immediately.

This entire sale offering is sired by—

B.R. Proud Mixer 47th

With the exception of eight bulls and five females sired by—

Hiwan Baca 6th

20 FEMALES

(ALL OPEN)

Some of these are very promising show prospects and all of them will develop into good, useful cows.

The Breeding of the Cow Herd:

BATTLE ASTER — BATTLE ASTER A DOMESTIC LAMPLIGHTER 17th

MISCHIEF DOMINO 28th — DOUBLE DOMINO BATTLE B. ASTER 10th

SILVER KNIGHT 10th — SILVER KNIGHT 15th

WRITE FOR A CATALOG



V. H. COMMANDER MIX 1st (to sell)



V. H. COMMANDETTE 37th (to sell)

Van Horns' Reg. Herefords

H. A. AND ROBERT E. VAN HORN

Page, Nebraska

CHARLES CORKLE, Auctioneer

Fieldmen Representing The Hereford Journal, American Hereford Association, The Nebraska Farmer, Omaha Journal-Stockman, Nebraska Hereford Association

FIRST NATIONAL BANK, O'Neill, Clerk