

FOOD VALUE OF CHESTNUTS

Are Rich in Starch and Fat, Better Than Potatoes and Almost as Good as Bread.

In France much attention is given to the propagating of the chestnut, and the fruit is spoken of with enthusiasm and respect. In French literature, especially in stories for children, the chestnut tree is quite as important a feature as the plum tree in the politics of this country, where we speak lightly of the chestnut and then pay at the rate of \$5 a bushel for them. The small French chestnut is called the "chataigne," but the large or giant chestnut is the "marron." The marron is cultivated extensively in France and Italy, where it is used in large quantities.

"Every soda fountain menu," says the New York Soda Fountain, a trade journal, "has some reference to marrons, and marrons glace are a favorite after-dinner morsel at all the larger hotels, yet few persons realize that while primarily a dessert delicacy, marrons are an exceedingly wholesome and valuable food. It is not generally known that the fruit of the chestnut tree is nearly as valuable as bread and more valuable than potatoes as a food, being rich in starch and fat."

In some districts of Pennsylvania much attention is now given to the planting of chestnut trees. There are several hill counties in Indiana, like Brown, Monroe and Morgan, where the marron and the smaller sized chestnuts could be made a source of profit.

MAKES A BIG DISCOVERY

Shortington Finds That Things Once Bemoaned May Prove Greatest Blessing.

"You know how opposites are attracted," said Mr. Shortington.

"When I was a younger man my very particular friend and chum was a chap who was six feet four, while I wasn't much more than four feet six. Despite the disparity in our dimensions we were the closest of friends, and as far as I was concerned there was only one thing that marred my otherwise complete happiness and that was that I could not be as tall as he. But the time came when I thought differently about that, and when in fact, he, instead of being proud of his altitude, wished only that he had been built on my more limited scale, and that was when in our later life we had both come to be afflicted with rheumatism.

"Then when I looked at him, racked with pain throughout his tall frame, I was glad that I was not tall but short; and when he reflected on the nearly two feet more of space in himself that the rheumatism had to roam over he used to groan and wish that he had been built short like me.

"Isn't it singular how things come about? The things that at one time we may most bemoan may prove in the end our greatest blessing."

Wife Wins, as Usual.

"Of course, one can never win an argument with one's wife," remarked a broker the other day. "Even if one is perfectly right in his contention, the fates, or the postoffice department or something else will turn up to make it appear that the man is wrong. For instance, a few days ago my wife remarked that a letter in a plain envelope dropped in a letter box would be delivered even if it had no stamp. Of course I knew better, and told her so, but she was obstinate. Just to prove my contention when I was at the office the next day I drew a picture of a goose on a sheet of paper. Underneath the likeness I wrote: "Dear Madam: If you pay two cents to get this you are a goose." I put the sheet in a plain envelope and addressed it to my wife. The next morning the doorbell rang furiously while I was still in bed. I waited for the wife or the maid to respond, but both had gone out. Finally I went to the door myself. There was a fool letter carrier with that crazy letter, and I had to dig down and pay the two cents postage due. If I had given the letter to my wife she would have been still more firmly convinced that she was right."

What He Remembered.

When a prospective voter in one of Chicago's election districts was asked the date of his naturalization he replied that he had taken out his papers so long before that he could not remember just when he had become an American.

The officer to whom this statement was made was extremely thoughtful for a moment. Then he added:

"Can you remember who was the Republican candidate for president that year?"

"Sure, I don't remember who was running for president," was the response, "but it was the same year that Stuffy McGinnis was appointed Dog Drownder."

Common in New York.

The stranger in New York was startled by the clanging of an ambulance bell. The ambulance stopped at the side door of a hotel and the attendants hurriedly entered the building with their stretcher. But there was no crowd, no confusion.

"What's the excitement?" the stranger asked a native.

"There's no excitement," the latter replied. "A stage lady has shot a wealthy gentleman. That's all."

And he hurried along.—Cleveland Dealer.

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