INTERNATIONAL SUNDAY SCHOOL **ESSON**

(By E. O. SELLERS, Director of Even-ing Department, The Moody Bible In-stitute of Chicago.)

LESSON FOR MAY 19.

THE OLD LAW AND THE NEW LIFE.

LESSON TEXT—Matt. 5:17-28.
GOLDEN TEXT—"He that loveth his neighbor hath fulfilled the law.'—Rom. 13:8.

If there is any one thing we as Americans delight in, it is in enacting laws. We seem to have an insane idea that all the ills of human life can be cured by legislation. There seems to be a correspondingly greater carelessness in the matter of law enforcement. Jesus did not found his kingdom upon a multiplied number of "Thou shalt not's," of merely negative enactments. He took the old Divine law and "fulfilled" i. e., filled it full with life. He put purpose, life and vitality into that law. He transformed it from an outward formal observance to an inward heart motive. At the outset of this lesson Jesus not only says that he will obey the law of Moses and the admonitions of the prophets, but that those same principles shall apply in the hearts of the citizens of his new kingdom. That moral order which is in accordance with the Divine standard is still to be observed. Christfanity gives no license to its followers. The righteous-ness which is of Christ does not lessen our moral obligations. Jesus says that not the least "jot or tittle," the smallest part of a Hebrew letter, the "dotting of an I or the crossing of a T" shall be set aside. They must all be realized in the lives of his follow-Responsible for Teachings.

In order to emphasize this still further, he talls those whom he calls and appoints to his service that they shall be held responsible for what they teach, as well as what they practice, with regards these commands. To teach men to break one of the very least is to become least in his new kingdom. To obey and to teach others to obey is to become great in this new kingdom. Such is the importance he places upon the Old Testament teachings and his statement as to its authors. Let us beware reading into his words any meaning that shall set aside this portion of Holy Writ, or that shall suggest any question as to their accepted authorship or authority. But Jesus was also aware of the danger of outward obedience or mere perfunctory fulfilment of that law together with the myriads of traditions that had grown up with it. Hence it is that he so specifically warns his e., right relations, must exceed that the disagreeable odor. of the Pharisees whose loyalty to the aw and to tradition is so famous. His followers must keep not only the form but the spirit also, and so he goes on to illustrate. Beginning with an old commandment, "Thou shalt not kill," he shows us that the outward final act of murder is but an outgrowth of the spirit of a man's heart, hence he who hates his brother man is in danger of, i. e., already in the power of, those forces that in their culmination will bring him before the tribunal.

"In danger of hell." Jesus clearly indicates in all of his teaching a future state of punishment as well as one of bliss, and granting that these words are only symbolical, of which we are not convinced, we must pray to be delivered from the reality. These words are of the merest nonsense if they be not true, and certainly we cannot accuse Jesus of jesting nor suggest him to be a fool (lacking in knowledge) as he speaks upon so serious a subject

Jesus' Philosophy Simple.
"Rememberest thy brother hath aught against thee." The philosophy of Jesus is perfectly simple. If anger is criminal then he who is guilty must of necessity become reconciled to that one whom he has offended. Not merely that we are to forgive those who have wronged us, for that is not such a hard matter. But we must get right with our brother who has augit against us before our gifts will be acceptable unto God. Some one has said, "it is far easier to give up a coin than to give up a quarrel. It is easier to lay down a generous offering than to lay down a grudge." This requires haste, we must agree with our adversary quickly or else he will turn upon us and presenting his righteous cause before the tribunal bring upon us a judgment for our anger, our censoriousness, or our condemnation. Once thus brought before the judge, be it an earthly tribunal, public opinion, or a loving God, our opportunity is past and we shall be obliged to pay to the uttermost, even so small a part as a farthing-about

two-fifths of a cent. True reformation is not wholly destructive. So our Lord began his new kingdom by grafting it as it were upon the strong root of the past law which was good, but this new application bore a vastly different fruit than any thus far grown. Both had their root in the love of God for fallen humanity, and the finest flower of both is to be the application of the law of love as shown in man's relation to

Such, then, is Jesus' attitude towards the Old Testament law and his application of that law.

Latest Creation in Hats



Photograph by Underwood & Underwood, N. Y.

It does not matter what the braid of the hat may be, the shape is the thing—the hat shown above is made of white peanut braid caught with a assel of fiber. The wings are all inclined to point to the back.

EASY TO RESTORE NECKWEAR | LINING IS IMPORTANT PART

dress.

veloped.

French Women Are Most Particular

as to This, and Their Judg-

ment is Good.

French women adore linings, and

when a new coat, or stole, or muff is

being chosen the lining is certainly as

important as the outside material. Furs will have white satin linings

covered with real lace; evening coats

will be enchantingly lined with layers

of chiffon in different shades, so that

when the coat falls away from the

Underpetticoats of vivid chiffon have

the same result when the upper skirt

is lifted. A tailor-made of quite or-

dinary serge will be lined with a dainty

silk flowered cachemire. in fact, lin-

ings are large items in the mind of

the woman who understands the art of

Nothing gives a surer note of dis-

tinction to a garment than its inside

material, and one may go so far as to

say that a tailor-made or evening

cloak of any kind, that is badly or in-

differently lined is as lacking in finish

shoes that are not irreproachable in

as hair that is not well brushed or

TIDY HABITS TO BE PRIZED

Fortunate Indeed Is the Woman or

Cultivated Them.

Tidiness is one of the most attrac-

tive of feminine qualities. It is also

one of the rarest. Early and per-

sistent must be the training which

carries the girl into womanhood with

her "bump of neatness" well de-

Unless inherently fastidious during

school days, she is liable to drift into

careless habits which she never out-

One girl may have a trick of leaving

shoes about her room. As a child she

was permitted to do this, and as she

grew older the untidy custom was

never abandoned, for the simple rea-

son that she herself did not notice

anything unusual about it, and prob-

ably nobody else took the trouble to

correct her. Another slovenly habit

is leaving a bunch of combings in the

comb or on the dressing table. Con-

stant vigilance on a woman's part is

necessary in these small matters if

Vogue of Rough Surfaces.

The liking for rough surfaces is

continuation of a winter fad, and is

reflected into a very large percentage

stuffs of this kind in all the light

spring-like tones, soft gray mixtures, white and black stripes, checks, etc.,

and particularly in the brownish tones

ranging from deep ecru through buff

and sand and light khaki tones, a

flecking of white usuall ygiving soft-

Vogue in Laces.

black and white are noted with great

mist. Fine maline lace is a strong

favorite for handsome evening and

afternoon gowns, and Chantilly in

black and in white is much employed.

Large use is also being made of net flouncings in the wide and demi-

widths, as well as the edges and nar-

row bands. Venise appears in bands

edges and demi-flounces on many of

Silk Flowers.

The song of the silk flower has not

yet been finished. We are still using

the handmade blossom in all sizes on

Have you noticed the tiny wreaths

the most attractive models.

Demi-flounces of shadow lace in

ness and character to the coloring.

she would be thought really tidy.

Who Has Systematically

heels, soles and general polish.

shoulders a beautiful effect of color

Process Not Expensive, and Complete Return of the Original Freshness Is Sure.

These dainty accessories to our wardrobes become soiled very quickly, and we often regret having to use water upon them, for they never regain their first freshness.

To send them to the dry cleaner's each time is an expensive luxury. They may be cleaned in this manner at home:

When a number of pieces have accumulated, place them in a quart jar catches the eye. and fill it three-quarters full of gaso-

After closing it airtight, shake vigprously and allow it to stand for several hours. Shake from time to time. Remove the articles and rub the soiled spots with a pure white soap. using an old toothbrush. Repeat this process until the neckwear is thoroughly clean.

Hang out of doors, that the air may quickly dry them. When the gasoline has evaporated, bring them in and hang them in a warm place.

Heat helps wonderfully in dispelling the odor of gasoline.

Place in a closely covered box containing sachet bags. Byt the time the followers that their righteousness, i. neckwear is needed it will have lost

Simple Silk Waist



of the new tailor suitings which the This simple waist is of colored silk merchants are showing since the first with kimono sleeves. It is trimmed of the year. There are charming with bands of silk embroidery and has a little yoke of lace.

Styles Change Gradually. On the whole the radical change expected in spring fashions will certainly not take place all at once. Little by little fuller skirts, overdresses and even paniers will make their appearance, but these effects will only ap pear slowly and gradually. Undoubtedly the fuller styles will prevail later on, but the evolution of fashion, like every other action or movement aim- frequency, says the Dry Goods Econoing at attaining perfection, is of the "festina lente" category.

Judging from reports from Paris the change of silhouette will not be remarkable this year. La Parisienne has not yet tired of "la ligne" and the simple lines of the figure, especially from hip to hem. Gracefully arranged tunic, loopings or knottings of mousseline de sole, low down upon the skirt, either in front, at the back or upon the sides, will be seen, and a tendency toward the double skirt will be gradually accentuated.

Bilk Net Gloves. dresses, hats and accessories. The demand for the diaphanous in of roses on the ends of velvet and silk dress has brought out a new glove sashes? These are made in the simmade of silk net. This is heavily incrusted up the back in crystal beads, plest way, the little roses being merewith here and there a rhinestone in- ly ribbon that has been folded and troduced in the design. wound around itself and sewed.

NATION SAVED BY A SPIDER Scotland Profited by the Lesson the Insect Taught to Its

Monarch.

Scotland has many legends that the sheepherders and highland peasants never get tired repeating. A long time ago King Bruce ruled over Scotland before that country became a part of England, and he learned a lesson from

a spider that enabled him to succeed when otherwise he would have failed. King Bruce had lost many battles. He was discouraged. He had made his final effort against his enemies and failed to vanguish them. Deep in despair he went to a lonely room in his castle. Reclining on the couch and thinking, he happened to notice a spider drop from the ceiling on a ried? single silken cord. He watched the spider fastinatedly. It now began its ascent. It slipped. Time and time again it tried to mount, but each time it failed. The king watched intently. forgetful of all else. An hour passed. Finally the spider succeeded. It was an inspiration for King Bruce. Why should he get discouraged, having tried only a few times and failed? He made one last grand rally against his enemies and routed them, and from

Something Just as Good. Barber-Getting pretty thin on top, sir. Ever use our Miracle Hairgrow-

this incident came the old saying, "If

ine? The Chair-Oh, no! It wasn't that that did it.-Judge.

Over That Now. "Is their honeymoon over?" "I guess so. She's stopped sitting up for him when he's out late nights."

ALL FREE.



Mrs. New-Wed-How much did you pay the minister when we were mar-

New-Wed-Nothing. Mrs. New-Wed-How was that? New-Wed-He didn't dare to take my money for fear that it was taint-

Milky Way Causes Glaciers. Another suggested cause of glacial periods is that they have been due to the shifting of the milky way, such as is known to have occurred. Assuming that much of the earth's heat comes from the stars, Dr. Rudolf Spitaler at first you don't succeed try again." finds that the change of position in relation to the milky way might have given a different distribution of temperature from that existing at the present time. The stars are not only crowded in the region of the milky way, but many of them are of the hottest type.

> Wanted to Know. He-My father weighed only four pounds at his birth. She-Good Gracious! Did he live? ting you have forgotten it.

Surgeon in Ancient Times. High honorariums were paid surgeons in ancient times. When Darfus, the son of Hystaspes, sprained his foot Damocedes was called in, another surgeon of renown having falled to effect a cure. Damocedes was sucressful, and the king took him to his harem and introduced the doctor to the ladies of the court. The ladies filled a vase of gold with money and precious pearls, which a eunuch was ordered to carry to the doctor. The eunuch let fall the vase, and the careful historian tells us that slaves gathered up the pearls.

A Kind-Hearted Man.

"Mr. Wombat!" "Couple of suffragettes out here throwing stones at your window," bawled the policeman. "How long have they been doing

that?" "Oh, several hours." "Let 'em alone. It amuses the girls and I don't believe they'll hit the window."

Calculation.

"Going to make garden?" "I dunno," replied the man who al. ways looks discouraged. "I'm busy now aguring up how many tons of lettuce I'll have to raise to pay for the spade and the rake and the rest of the outfit."

Appropriate.

Willis-Why do you call your machine a "she?" Gillis-It is said to be the "last word" in an automobile construction.

-Judge.

It's an easy matter to forget an injury, provided you don't keep forget-

If You Like a Little Quiet Fun

Ask some pompous person if Grape-Nuts Food helps build the brain.

Chances are you get a withering sneer and a hiss of denunciation.

Then sweetly play with the learned toad.

Ask him to tell you the analysis of brain material and the analysis of Grape-Nuts.

"Don't know? Why, I supposed you based your opinions on exact knowledge instead of pushing out a conclusion like you would a sneeze."

"Well, now your tire is punctured, let's sit down like good friends and repair it."

The bulky materials of brain are water and albumin,

but these things cannot blend without a little worker known as Phosphate of Potash, defined as a "mineral salt." One authority, Geohegan, shows in his analysis of brain,

5.33 per cent total of mineral salts, over one-half being Phosphoric Acid and Potash combined, (Phosphate of Potash) 2.91 per cent. Beaunis, another authority, shows Phosphoric Acid and

Potash (Phosphate of Potash) more than one-half the total mineral salts, being 73.44 per cent in a total of 101.07.

Analysis of Grape-Nuts shows Potassium and Phosphorus (which join and make Phosphate of Potash) is considerable more than one-half of all the mineral salts in the food.

Dr. Geo. W. Carey, an authority on the constituent elements of the body, says: "The gray matter of the brain is controlled entirely by the inorganic cell-salt, Potassium Phosphate (Phosphate of Potash). This salt unites with albumin and by the addition of oxygen creates nerve fluid or the gray matter of the brain. Of course, there is a trace of other salts and other organic matter in nerve fluid, but Potassium Phosphate is the chief factor, and has the power within itself to attract, by its own law of affinity, all things needed to manufacture the elixir of life."

Further on he says: "The beginning and end of the matter is to supply the lacking principle, and in molecular form exactly as nature furnishes it in vegetables, fruits and grain. To supply deficiencies—this is the only law of cure."

Brain is made of Phosphate of Potash as the principal Mineral Salt, added to albumin and water. Grape-Nuts contains that element as more than

one-half of all its mineral salts.

Every day's use of brain wears away a little.

Suppose your kind of food does not contain Phosphate of Potash.

And if you don't, why shouldn't nervous prostration and brain-fag result?

Remember, Mind does not work well on a brain that is even partly broken down from lack of nourishment.

It is true that other food besides Grape-Nuts contains varying quantities of Brain food. Plain wheat and barley do. But in Grape-Nuts there is a certainty.

And if the elements demanded by Nature, are eaten, the life forces have

A man who sneers at "Mind" sneers at the best and least understood part of himself. That part which some folks believe links us to the Infinite.

Mind asks for a healthy brain upon which to act, and Nature has defined a way to make a healthy brain and renew it day by day as it is used up from work of the previous day. Nature's way to rebuild is by the use of food which supplies the things required.

"There's a Reason" for

Grape-Nuts

POSTUM CEREAL COMPANY, LIMITED, BATTLE CREEK, MICHIGAN, U. S. A.

FROM THE EDITOR. He Forgot That He Had a Stomach

Talking of food, there is probably no professional man subjected to a greater, more wearing mental strain than the responsible editor of a modern newspaper.

To keep his mental faculties constantly in good working order, the editor must keep his physical powers up to the highest rate of efficiency. Nothing will so quickly upset the whole system as badly selected food and a disordered stomach. It therefore follows that he should have right food, which can be readily assimilated, and which furnishes true brain nourishment.

"My personal experience in the use of Grape-Nuts and Postum," writes a Philadelphia editor, "so exactly agrees with your advertised claim as to their merits that any further exposition in that direction would seem to be superfluous. They have benefited me so much, however, during the five years that I have used them at I do not feel justified in holding my testimony.

"General 'high living,' with all that the expression implies as to a generous table, brought about indigestion, in my case, with restlessness at night and lassitude in the morning, accompanied by various pains and distressing sensations during working hours.

"The doctor diagnosed the condition as 'catarrh of the stomach,' and prescribed various medicines, which did me no good. I finally 'threw physics to the dogs,' gave up tea and coffee and heavy meat dishes, and adopted Grape-Nuts and Postum as the chief articles of my diet. "I can conscientiously say, and I

wish to say it with all the emphasis possible to the English language, that they have benefited me as medicines pever did, and more than any other food that ever came on my

"My experience is that the Grape-Nuts food has steadled and strengthened both brain and nerves to a most positive degree. How it does it I cannot say, but I know that after breakfasting on Grape-Nuts food one actually forgets he has a stomach, let alone 'stomach trouble.' It is, in my opinion, the most beneficial as well as the most economical food on the market, and has absolutely no rival." Name given by Postum Co., Battle Creek, Mich.

How are you going to rebuild today the worn-out parts of yesterday?

the needed material to build from.

A healthy brain is important, if one would "do things" in this world.