

CRITICAL TIME OF WOMAN'S LIFE

From 40 to 50 Years of Age. How It May Be Passed in Safety.

Odd, Va.:—"I am enjoying better health than I have for 20 years, and I believe I can safely say now that I am a well woman. I was reared on a farm and had all kinds of heavy work to do which caused the troubles that came on me later. For five years during the Change of Life I was not able to lift a pall of water. I had hemorrhages which would last for weeks and I was not able to sit up in bed. I suffered a great deal with my back and was so nervous I could scarcely sleep at night, and I did not do any housework for three years.

"Now I can do as much work as any woman of my age in the county, thanks to the benefit I have received from Lydia E. Pinkham's Vegetable Compound. I recommend your remedies to all suffering women."—Mrs. MARTHA L. HOLLOWAY, Odd, Va.

No other medicine for woman's ills has received such wide-spread and unqualified endorsement. We know of no other medicine which has such a record of success as has Lydia E. Pinkham's Vegetable Compound. For more than 30 years it has been the standard remedy for woman's ills.

If you have the slightest doubt that Lydia E. Pinkham's Vegetable Compound will help you, write to Lydia E. Pinkham Medicine Co. (Confidential) Lynn, Mass., for advice. Your letter will be opened, read and answered by a woman, and held in strict confidence.

Relieves Backache Instantly

Sloan's Liniment is a great remedy for backache. It penetrates and relieves the pain instantly—no rubbing necessary—just lay it on lightly.

Here's Proof.
"I had my back hurt in the Boer War and in San Francisco two years ago. I was hit by a street car in the same place. I tried all kinds of dope without success. Two weeks ago I saw your liniment in a drug store and got a bottle to try. The first application caused instant relief, and now except for a little stiffness, I am almost well!"
FLETCHER NORMAN, Whittier, Calif.

SLOAN'S LINIMENT

is the best remedy for rheumatism, neuralgia, sore throat and sprains.

Miss E. Rm of Brooklyn, N.Y., writes: "Sloan's Liniment is the best for rheumatism. I have used six bottles of it and it is grand."
Sold by all Dealers. Price, 25c., 50c., and \$1.00.



Constipation Vanishes Forever

Prompt Relief—Permanent Cure
CARTER'S LITTLE LIVER PILLS never fail. Purely vegetable—act surely but gently on the liver. Stop after dinner. Stomach troubles—indigestion, improve the complexion, brighten the eyes.
SMALL PILL. SMALL DOSE. SMALL PRICE.
Genuine must bear Signature
Breen Wood

PARKER'S HAIR BALM

Clears and beautifies the hair. Promotes a luxuriant growth. Keeps the scalp cool. Gray Hair to its Youthful Color. Prevents itching and dandruff. 50c. and \$1.00 per bottle.

Brown's Bronchial Troches

Nothing exceeds this Cough Remedy. No opiates. Sample free. JOHN L. BROWN & SONS, Boston, Mass.

DEFIANCE STARCH

16 ounces to the package—other starches only 12 ounces—same price and "DEFIANCE" IS SUPERIOR QUALITY.

In a Surgeon's Coat

By A. MARIA CRAWFORD

The cotillion was over and they found a table cozily screened with palms and orange trees in full blossom. There was a mound of lilies of the valley on the white cloth.

"It looks as if we must be finishing somebody's happiness," exclaimed Betty, "for the decorations around here certainly indicate the expectation of a bride and groom."

"Gossip, that thing we all despise, yet to which we all listen, maintains that you are cast for the role and that Gregory Rhodes is to be your leading man."

"I know it," laughed Betty slipping a spray of the lilies through the turquoise and diamonds that held the laces at her breast. "It's a funny thing how anxious people are to marry me off to somebody. You remember how Aunt Martha tried to persuade me to take the honorable Charles in the mountains two years ago."

"Indeed I do, and since that time I have never cherished any love for her. You and I had such great times together that summer. Lucky thing for me that you found my coat yesterday!"

"It was a curious incident. I didn't have time to tell you all about it. I was running sister Helen's electric down a quiet street and there, in front of me, I saw a box. I stopped, picked it up and imagine my surprise when I read Dr. Robert Latimer, Townsend building."

"The messenger must have dropped it. God bless him!"

"Of course I don't know a thing about this town, so I asked a policeman to direct me to your office building. I was curious to know whether or not you were the Dr. Latimer I knew. Why don't you eat?" demanded the girl. "See all these good things that footman brought!"

"I am so glad to look at you again and to hear the sound of your voice that I have forgotten my hunger."

"When I went into your office and saw all those patients lined up I knew that I couldn't wait my time, for I was due at a luncheon in less than an hour, so when your attendant opened the door and called 'Next!' I gave him my card and asked if I might see you for just a minute—"

"And I heard your voice and came out in a hurry. It was a great thing for me to have you of all people find that surgeon's coat."

"What is a surgeon's coat?"

"A white coat I wear when I operate in my office. I dare say I look like a butcher."

"Helen says you are eminently successful and rank with the best old surgeons here. I am so glad. I have so often wondered about you."

"I wrote to you several times after I left the mountains."

"I never received the letters."

"No," he said, "because I was afraid to post them. Your sister had married and come here to live, and everywhere I turned I heard that you and Gregory were engaged, and knowing that broken hearts are beyond my skill to mend, I tried to forget you."

Betty looked pensive and the young surgeon resumed: "If it had not been for my worldly knowledge of what a girl in your position wants these days, I would have asked you to marry me that last night in the mountains. You remember how we walked up to Paradise Rock and a sudden storm came on and we took refuge under a big tree?"

The jewels on Betty's breast flashed as the laces rose and fell with her uneven breathing. "Yes," she answered softly.

"When the lightning played about us and the thunder boomed like giant cannons through the mountains, you were frightened and I—I held you in my arms."

"I was not frightened then."

He looked at her curiously. "Betty," he said, "if you had only known how much greater was the storm going on in my breast. I wanted you so, and now—"

"I wish I had known," whispered the girl just as Gregory Rhodes came through the opening in the palms.

"Well, you gave me a deuce of a slip tonight, Betty, but I see you found the place I intended for you anyway."

Dr. Latimer pushed back his chair. "Oh, sit down, Doc, I'm not stopping. I was just looking around to find out if Betty had what she wanted. I'll be around to your office tomorrow to interview you professionally. I need treatment. Betty flitted me this afternoon."

"Why, Gregory, you have always known that I—I—" stammered the embarrassed girl.

"You did it nicely enough, as nicely as a thing like that can be done. I don't mind talking before Doc Latimer," said Gregory, with his air of easy familiarity. "He's one of my best friends. I had this place all fixed up, for I expected to propose to Betty here again tonight, but the fates willed it otherwise."

"Perhaps," interrupted the surgeon. "Miss Betty prefers that I should not be told."

"I don't mind. Of course Gregory doesn't feel all this pretended grief or he would not parade it before anybody."

"Our families fixed up the match years ago. I thought Betty meant to

take me until this afternoon when I had her out sleighing and asked her to name the day. Then she said, 'I don't expect to marry you, Gregory. I'm old-fashioned enough to want to be in love, foolishly in love with the man I marry.' It's hard on me, for people will say—"

"Only your pride is hurt, Gregory," said Betty.

"Have it your way. Your sister Helen is looking for you. I'm going now."

"May I see you tomorrow night? I must, Betty."

"I'll have to tell a fib, for we have a dinner on at Carey's and a dance somewhere afterward, but I'll manage to have a headache and stay home," she promised.

Some time during the day a patient found occasion to say, "I saw you with Miss Betty Gaines last night. I suppose you know that she jilted Gregory Rhodes to marry a titled foreigner who arrives in New York tomorrow? She met him abroad this summer."

So Betty had been leading him on by the look in her eyes the night before. He bit savagely into his cigar, thankful that the dear old gossip had intervened to save his pride.

It was a very charming Betty in a soft clinging white gown, shorn of her jewels, a single blush rose on her breast, who greeted the surgeon. For a time he sat silent, afraid to trust his own voice. He glanced at the girl whose whole figure bathed in the ruddy glow from the fire. She seemed a priestess of the dawn to Latimer and he set his teeth and tried to think of some commonplace topic, but his brain had gone wrong, he concluded, and he waited for her to speak.

"Has it been a hard day? Are you very tired?" she asked quietly.

The note of sympathy stirred his anger.

"No," he flung out, "work, why, I work as if my task were made for me. Work is the one thing in life on which a man may confidently depend. It is the only thing that never fails him at a crucial time."

"Why this sudden and vehement bitterness, Bob?"

He had not heard her call his name for two years and the sound of her voice calling him thus, stirred the strings of his heart, but failed to set them in tune with her gentler spirit.

"Men have their work; women, nothing but amusement, which is usually found in making those same men fools at one time or another. I never loved but one woman and I loved her because I thought she was honest and true."

"Are you talking about me, Bob?" Betty's eyes were dark with fire.

"Today," he said, ignoring her question. "I have heard from two of your sister Helen's best friends that you are engaged to a nobleman who is to arrive in New York tomorrow. Yet last night you allowed me to make a fool of myself. It hurts, Betty."

"Have you no faith in me? Will you believe the sickly gossip of idle women in preference to the truth from the woman you claim to love?"

"I love you, Betty. The dream of you has helped me fight and in a measure—win. When I found you again, and you were not married, my love flared up into a consuming passion. You are the only thing I want in this world. Do you mean, can you mean," he asked, incredulously, his brain whirling at the look in her face, "that you are not going to marry that foreign devil?"

He leaned over her chair, looking deep in her eyes.

"Betty," he said; "Betty, do you love me?"

He lifted her to her feet.

"Is—is that surgeon's coat big enough for two?"

"Yes," he whispered, his lips at her white forehead, "and the pocket's big enough for Cupid."

Romans as Doctors.

It is not long since a party of dons, schoolmasters and other professional men, found themselves on a holiday tour at Caerwent, say the London Nation. A doctor, who had been profoundly uninterested in the fortifications and general antiquities, drifted into languid attention at the sight of a case of Roman surgical instruments in the museum, and was soon observed to warm into real excitement. After a few minutes of the closest attention he burst out with, "By Jove! they've got the newest pattern!" So, indeed, they had; 2,000 years ago some officer of the Roman army medical corps had used an instrument of a form which has only been reinvented within our own generation. The doctor has now a real respect for that businesslike nation; scales fell from his eyes. Most of us have only taken for granted that the Romans were as civilized as could reasonably be expected of men who lived so hopelessly long before our own time; but our children, we hope, will see more clearly into the secrets of this wonderful people's success.

The Charity Plant.

R. Fulton Cutting, the president of the Association for Improving the Condition of the Poor, gave a good definition of charity in an address in New York.

"Charity," he said, "is a plant which takes root in the heart, grows in the pocket and bears fruit in the hand."

INTERNATIONAL SUNDAY SCHOOL LESSON

(By E. O. SELLERS, Director of Evening Department, The Moody Bible Institute of Chicago.)

LESSON FOR MARCH 31.

REVIEW LESSON FIRST QUARTER.

Suggestions for Busy Teachers.

A good way in which to present a review of the lessons for the first quarter of the year 1912 would be to select the best person possible to act as leader and then to have either twelve classes, or that many selected groups (individuals may be utilized) and have each present the main thought of each of the twelve lessons.

Take the first lesson—let some elderly man speak for the character of Zacharias the priest—let him tell of the faithful discharge of his temple duties and while thus occupied of meeting the angel Gabriel with his startling message which was a challenge to Zacharias' faith. Then for the second lesson let some mother tell of the incidents of the birth of John the Baptist, of the rejoicing of friends and neighbors and the hymn of Zacharias who received his speech as soon as he had testified to God's will and showed his belief.

As for lesson three, let some child briefly state the facts only, or the birth of Jesus, i. e., read Luke 2:8-15, and this to be followed by some music suggestive of the angelic hosts.

In lesson four we revert to the temple service again at the dedication of Jesus. It would be very appropriate to have the superintendent of the Cradle Roll at this juncture to go through the service of receiving a baby for the Cradle Roll such as is frequently performed, keeping in mind the main fact of the lesson.

Now let three men enter the room, dressed in costume if desired, and recite either the necessary scripture verses or some poetry that will convey to all the idea of the visit of the wise men to Jerusalem in search of the child Jesus and that they found him not in Herod's palace, but in lowly Bethlehem and there presented their gifts and worshipped him.

For the sixth lesson, let a twelve-year-old boy having a good presence and strong speaking voice recite Luke 2:41-50.

Avoid Involved Questions.

Let the pastor of the church or some other clergyman tell of the prophecy of Isaiah and of John's fulfilling the same as he preached out in the country warning the people to avoid the wrath of God and to show by their righteous living the fruit of the lives that had repented of their evil ways. Emphasize, however, that John's greatest work (and ours as well) was to point men to Jesus the Lamb of the world.

In a review such as we are now conducting we must avoid the involved questions and only present the great facts of the baptism of Jesus; the witness of John, the presence of the Holy Spirit and God's audible approval of those silent years in Nazareth. This is the eighth lesson.

The ninth lesson has to do with the call of the first disciples. For this five boys might be selected. Let the leader recite Mark 1:14, 15, "Andrew" verses 17 and 18. Now let "James" take verse 19 then one (Simon Peter) recite verse 16 and "John his brother" verse 20. The leader can recite verses 21 to 26 and all together verses 27 and 28.

A physician would be an appropriate person to present lesson ten. Let him sketch the picture briefly of "all the city" gathered about Peter's door at the end of the day, the sick being healed.

Some busy business man ought to depict the story of "Jesus teaching in Capernaum," lesson eleven.

Emphasize team play and illustrate by a modern miracle if there be sufficient time. Jesus the daily friend and his interest in home life is the heart of the twelfth lesson.

Must Drill Carefully.

Of course care must be taken not to let any one lesson consume too much time else the whole will be much too long. This means careful drill and presentation before review Sunday.

If a written review is desired so frame the questions that the least efficient scholar may have an answer, i. e., let your question suggest the answer as far as possible. The success of a written review will depend upon the previous work of the teachers. If this suggested program is interspersed with singing, avoid singing all the verses and unnecessary instrumental preludes and interludes. At the close let the leader drill the school upon the twelve subjects.

1. The Birth of John the Baptist Foretold.
2. The Birth of John the Baptist.
3. The Birth of Jesus.
4. The Presentation in the Temple.
5. The Wise Men Led by the Star.
6. The Boy Jesus in the Temple.
7. The Ministry of John the Baptist.
8. The Baptism and Temptation of Jesus.
9. The Call of the First Disciples.
10. Jesus the Healer.
11. The Paralytic Forgiven and Healed.
12. Feasting and Fasting.

THE ETERNAL FEMINE.



Mr. Hound—I think I'll have to get a license—
Miss Kyoodle—Oh! this is so sudden!

HANDS BURNED LIKE FIRE

"I can truthfully say Cuticura Remedies have cured me of four long years of eczema. About four years ago I noticed some little pimples coming on my little finger, and not giving it any attention, it soon became worse and spread all over my hands. If I would have them in water for a long time, they would burn like fire and large cracks would come. I could lay a pin in them. After using all the salves I could think of, I went to three different doctors, but all did me no good. The only relief I got was scratching.

"So after hearing so much about the wonderful Cuticura Remedies, I purchased one complete set, and after using them three days my hands were much better. Today my hands are entirely well, one set being all I used." (Signed) Miss Etta Narber, R. F. D. 2, Spring Lake, Mich., Sept. 26, 1910.

Although Cuticura Soap and Ointment are sold everywhere, a sample of each, with 32-page book, will be mailed free on application to "Cuticura," Dept. L, Boston.

Spendthrift.

Uncle Ezra—Do you think the money young Eph Hoskins made down in New York will last him long?
Uncle Eben—You bet it won't! He's going at an awful pace. I was down in the general store last night, and young Eph was writing \$100 checks and lighting his cigars with them.—Puck.

Important to Mothers

Examine carefully every bottle of CASTORIA, a safe and sure remedy for infants and children, and see that it bears the Signature of *Chas. H. Fletcher* In Use For Over 30 Years. Children Cry for Fletcher's Castoria

The Result.

Mrs. Howard—Did you give Johnny an unbreakable toy?
Mrs. Barker—Yes, but the trouble is that he has broken everything else with it.—Harper's Bazar.

Use Allen's Foot-Powder

The antiseptic powder to be shaken into the shoes for tired, tender, smarting, itching, swollen feet. It makes your feet feel easy and makes walking a Delight. Sold everywhere. 25c. For free trial package, address Allen S. Olmsted, Le Roy, N. Y.

He Shut the Shutters.

"Willie, didn't I tell you to shut that shutter?" said Mrs. Boggs.
"The shutter's shut," replied Willie, "and I can't shut it any shutter."

Stop the Pain.

The hurt of a burn or a cut stops when Cole's Carbolsolve is applied. It heals quickly and prevents scars. 25c and 50c by druggists. For free sample write to J. W. Cole & Co., Black River Falls, Wis.

Nothing disappoints some women more than not to be disappointed in a new neighbor.

A remedy that has stood the test of time is worth trying. Gardfield Tea relieves liver, kidney and stomach troubles.

It doesn't require much inventive genius for a man to make a fool of himself.

Mrs. Winslow's Soothing Syrup for Children's teething, softens the gums, reduces inflammation, allays pain, cures wind colic, 25c a bottle.

Keep your troubles to yourself and they will not expand.

"Pink Eye" is Epidemic in the Spring. Try Murine Eye Remedy for Reliable Relief.

All of That.
"Who is Nat Goodwin?"
"He's the center of the All-America married team."

TO CURE A COLD IN ONE DAY
Take LAXATIVE PILLS. Quinine, Tablets, Progress or Food and 14 Tablets. Dr. W. GROVE'S signature is on each box. 25c.

Regret for the mistakes of our youth doesn't always prevent us from making them in old age.

Constipation can be cured without drugs. Nature's own remedy is Gardfield Tea.

There's room at the top because somebody is always coming down.

DO YOU NEED A TONIC

this Spring? Then get the best—the one that is backed by a proven reputation—

HOSTETTER'S STOMACH BITTERS

It Invigorates, Rebuilds, Nourishes. Don't experiment. INSIST ON GETTING HOSTETTER'S

A Pointed Argument

Galva-Nite is the ideal roofing for any kind of a building in any kind of a climate. Has over 30 years' experience. It is put up in rolls of 108 sq. ft. with zinc-coated, galvanized nails, cement and the illustrated direction sheet.

GALVA-NITE

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Ask your dealer for Galva-Nite. He will send you samples and booklets. Galva-Nite is the only roofing material of its kind. It is made in the U.S.A. by the Galva-Nite Roofing Co., Chicago, Ill.

44 Bu. to the Acre

is a heavy yield, but that's what John Kennedy of Edmonton, Alberta, Western Canada, got from 44 acres of Spring Wheat in 1910. Reports from other districts in that province show other excellent results—such as 44 bu. per acre, 35 bu. per acre, 33 bu. per acre, 32 bu. per acre, 31 bu. per acre, 30 bu. per acre, 29 bu. per acre, 28 bu. per acre, 27 bu. per acre, 26 bu. per acre, 25 bu. per acre, 24 bu. per acre, 23 bu. per acre, 22 bu. per acre, 21 bu. per acre, 20 bu. per acre, 19 bu. per acre, 18 bu. per acre, 17 bu. per acre, 16 bu. per acre, 15 bu. per acre, 14 bu. per acre, 13 bu. per acre, 12 bu. per acre, 11 bu. per acre, 10 bu. per acre, 9 bu. per acre, 8 bu. per acre, 7 bu. per acre, 6 bu. per acre, 5 bu. per acre, 4 bu. per acre, 3 bu. per acre, 2 bu. per acre, 1 bu. per acre.

WESTERN CANADA FREE

It's a habit of grain-growers and stock-raisers to look for the highest yields from 100 acres also from 50 acres and 25 acres. The highest yields in Western Canada are from 100 acres, and adjoining prairie sections of 100 acres that are in the highest districts. The highest yields in Western Canada are from 100 acres, and adjoining prairie sections of 100 acres that are in the highest districts. The highest yields in Western Canada are from 100 acres, and adjoining prairie sections of 100 acres that are in the highest districts.

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Woman's Power Over Man

Woman's most glorious endowment is the power to awaken and hold the pure and honest love of a worthy man. When she loses it and still loves on, no one in the wide world can know the heart agony she endures. The woman who suffers from weakness and derangement of her special womanly organism soon loses the power to sway the heart of a man. Her general health suffers and she loses her good looks, her attractiveness, her amiability and her power and prestige as a woman. Dr. R. V. Pierce, of Buffalo, N. Y., with the assistance of his staff of able physicians, has prescribed for and cured many thousands of women. He has devised a successful remedy for women's ailments. It is known as Dr. Pierce's Favorite Prescription. It is a positive specific for the weaknesses and disorders peculiar to women. It purifies, regulates, strengthens and heals. Medicine dealers sell it. No honest dealer will advise you to accept a substitute in order to make a little larger profit.

IT MAKES WEAK WOMEN STRONG, SICK WOMEN WELL.

Dr. Pierce's Pleasant Pellets regulate and strengthen Stomach, Liver and Bowels.

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Cures the skin and acts as a preventive for others. Liquid given on the tongue. Safe for broad masses and all others. Best kidney remedy. 50 cents and \$1.00 a bottle. 25c and 50c the dozen. Sold by all druggists and horse good houses, or sent express paid, by the manufacturer.

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