

Doctors Said Health Gone

Suffered with Throat Trouble

Mr. B. W. D. Barnes, ex-Sheriff of Warren County, Tennessee, in a letter from Memphis, Tenn., writes:



Mr. B. W. D. Barnes.

"I had throat trouble and had three doctors treating me. All failed to do me any good, and pronounced my health gone. I concluded to try Peruna, and after using four bottles can say I was entirely cured."

Unable to Work.

Mr. Gustav Himmelreich, Hochheim, Texas, writes:

"For a number of years I suffered whenever I took cold, with severe attacks of asthma, which usually yielded to the common home remedies.

"Last year, however, I suffered for eight months without interruption so that I could not do any work at all. The various medicines that were prescribed brought me no relief.

"After taking six bottles of Peruna, two of Lycopodium and two of Manalin, I am free of my trouble so that I can do all my farm work again. I can heartily recommend this medicine to any one who suffers with this annoying complaint and believe that they will obtain good results."

JUST A LITTLE TOO HASTY

Mr. Newlywed Resented What He Considered Impertinence, but the Joke Was on Him.

They were on their wedding tour, and imagined that every civility given them related to their new condition of servitude.

Having stopped at a way station, the bridegroom was approached by the station agent, who asked: "Are you going to take the next train?"

"It's none of your business," retorted the bridegroom, indignantly, as he guided the bride up the platform, where they condescended with each other over the impertinence of some of the natives.

Onward came the train, its vapor curling from afar. It was the last to their destination that day—an express. Nearer and nearer it came at full speed; then in a moment it whizzed past and was gone.

"Why in thunder didn't that train stop?" yelled the bridegroom.

"Cos you said 'twarn't none of my bizness. I has to signal if that train's to stop."

Deep-Sea Verbal.

Tommy Cod—What is it they call a pessimist, pa?

Pa Cod—A pessimist, my son, is a fish who thinks there is a hook in every worm!—Puck.

If a leap year girl has money to burn it isn't difficult for her to find a young man willing to furnish a match.

THE CARELESS GROCER

Blundered, and Great Good Came of It

A careless grocer left the wrong package at a Michigan home one day and thereby brought a great blessing to the household.

"Two years ago I was a sufferer from stomach troubles, so acute that the effort to digest ordinary food gave me great pain, and brought on a condition of such extreme nervousness that I could not be left alone. I thought I should certainly become insane. I was so reduced in flesh that I was little better than a living skeleton. The doctors failed to give me relief and I despaired of recovery.

"One day our grocerman left a package of Grape-Nuts food by mistake, so I tried some for dinner. I was surprised to find that it satisfied my appetite and gave me no distress whatever. The next meal I ate of it again, and to be brief, I have lived for the past year almost exclusively on Grape-Nuts. It has proved to be a most healthful and appetizing food, perfectly adapted to the requirements of my system.

"Grape-Nuts is not only easily digested and assimilated, but I find that since I have been using it I am able to eat anything else my appetite fancies, without trouble from indigestion. The stomach trouble and nervousness have left me, I have regained my plumpness and my views of life are no longer despondent and gloomy.

"Other members of my family, especially my husband, (whose old enemy, the 'heart-burn,' has been vanquished) have also derived great benefit from the use of Grape-Nuts food and we think no morning meal complete without it." Name given by Postum Co., Battle Creek, Mich.

"There's a reason," and it is explained in the little book, "The Road to Wellville," in pkgs.

"Ever read the above letter? A new one appears from time to time. They are genuine, true, and full of human interest."

NEW LAWS NEEDED

PRESIDENT ASKS IMMEDIATE ATTENTION TO WANTS OF PUBLIC DOMAIN.

MOST IMPORTANT OF ALL

Legislation in Interest of Alaska Is Imperative—Homestead Laws Need Revising—Leasing Law Recommended—Would Probe Cost of Living.

Washington, Feb. 2.—The president's special message on the work of the interior department was read to congress today.

There is no branch of the Federal jurisdiction which calls more imperatively for immediate legislation than that which concerns the public domain, and especially the part of that domain which is in Alaska.

The progress under the reclamation act has made clear the defects of its limitations, which should be remedied. The rules governing the acquisition of homesteads, of land that is not arid or semiarid, are not well adapted to the perfecting of title to land made arable by government reclamation work.

I concur with the secretary of the interior in his recommendation that, after entry is made upon land being reclaimed, actual occupation as a homestead of the same be not required until two years after entry, but that cultivation of the same shall be required, and that the present provision under which the land is to be paid for in ten annual installments shall be so modified as to allow a patent issue for the land at the end of five years' cultivation and three years' occupation, with a reservation of a government lien for the amount of the unpaid purchase money. This leniency to the reclamation homesteader will relieve him from occupation at a time when the condition of the land makes it most burdensome and difficult, and at the end of five years will furnish him with a title upon which he can borrow money and continue the improvement of his holdings.

I also concur in the recommendation of the secretary of the interior that all of our public domain should be classified and that each class should be disposed of or administered in the manner most appropriate to that particular class.

The chief change, however, which ought to be made, and which I have previously recommended in previous messages and communications to congress, is that by which government coal land and phosphate and other mineral lands containing non-metalliferous minerals, shall be reserved by the government, with restrictions as to size and time, resembling those which now obtain throughout the country between the owners in fee and the lessees who work the mines, and in leases like those which have been most successful in Australia, New Zealand and Nova Scotia. The showing made by investigations into the successful working of the leasing system leaves no doubt as to its wisdom and practical utility. Requiring as to the working of the same during the term may be so framed as to prevent any holding of large mining properties merely for speculation, while the royalties may be made sufficiently low, not unduly to increase the cost of the coal mined, and at the same time sufficient to furnish a reasonable income for the use of the public in the community where the mining goes on. In Alaska, there is no reason why a substantial income should not thus be raised for such public work as may be deemed necessary or useful.

There is no difference between the reasons which call for the application of the leasing system to the coal lands still retained by the government in the United States proper and those which exist in Alaska.

I am not in favor of government ownership where the same certainty and efficiency of service can be had by private enterprise, but I think the conditions presented in Alaska are of such a character as to warrant the government, for the purpose of encouraging the development of that vast and remarkable territory, to build and own a trunk line railroad which it can lease on terms which may be varied and changed to meet the growing prosperity and development of the territory.

For some years past the high and steady increasing cost of living has been a matter of such great public concern that I deem it of great public interest that an international conference be proposed at this time for the purpose of preparing plans, to be submitted to the various governments, for an international treaty relating to the high cost of living. Its extent, cause, effects, and possible remedies. I therefore recommend that, to enable the president to invite foreign governments to sign a conference, to be held at Washington, elsewhere, the congress pass an appropriation, not to exceed \$50,000, to defray the expenses of preparation and of participation by the United States.

The magnitude and complexity of modern industrial disputes have put upon some of our statutes and our present mechanism for adjusting such differences—where we can be said to have any mechanism at all—a strain they were never intended to bear and for which they are unequalled. What is urgently needed today is a re-examination of our laws bearing upon the relations of employer and employe and a careful and discriminating scrutiny of the various plans which are being tried in several of our countries, and in other countries. This would seem to be the first natural step in bringing about an adjustment of these relations better suited to the newer conditions of industry.

Every attention has been called to the injustice which is done in this country by the sale of articles in the trade purporting to be made in Ireland, when they are not so made, and it is suggested that the justice of the enactment of a law which, so far as the jurisdiction of the federal government can go, would prevent a continuance of this misrepresentation to the public and fraud upon those who are entitled to use the statement in the sale of their goods. I think it to be greatly in the interest of fair dealing, which ought always to be encouraged by law, for congress to enact a law making it a misdemeanor, punishable by fine or imprisonment, to use the mails or to put into interstate commerce any articles of merchandise which bear upon their face a statement that they have been manufactured in some particular country when the fact is otherwise.

Detained.

"A Chinaman is quoted in a newspaper as saying that his countrymen took a step forward when they cut off their queues."

"No doubt they did. In fact, I once saw a Chinaman whose queue prevented him from taking a step forward."

"How was that?"

"It was tied to a picket fence."

On the Market Now.

"What is your idea of nothing to buy?"

"An imitation dried codfish."

"For what are men better than sheep or goats?"

That nourish a blind life within the brain, If knowing God, they lift not hands of prayer Both for themselves and those who call them 'friend'?"

INTERNATIONAL SUNDAY SCHOOL LESSON

By Rev. William Evans, D. D., Director Bible Course Moody Bible Institute, Chicago.

LESSON FOR FEBRUARY 11.

THE BOY JESUS IN THE TEMPLE.

LESSON TEXT—Lukas 2:40-52. GOLDEN TEXT—"How is it that ye sought me? Wist ye not that I must be about my Father's business?"—Lukas 2:49. MEMORY VERSES—45, 47.

This lesson is the one solitary instance recorded in the strangely sealed thirty years of the Master's life. Here is an illustration of what is meant by the inspiration of election—only those things that were of vital and redemptive importance in the life of Jesus are recorded. John says, "Many other signs truly did Jesus which are not written in this book; But these are written, that ye might believe that Jesus is the Christ, the son of God; and that believing ye might have life through his name." For this reason, we should value every word that is written.

The lesson furnishes a model in character building for the youth. Jesus is the example, and the model boy. Jesus was a real boy. He ate, drank, played, grew, asked questions, just as other boys do.

His character, like all other character building, was a growth: "He increased in wisdom and stature." No character is instantaneous; it is the work of growth and years, indeed, of a lifetime. An icicle is formed drop by drop. Character is formed by single words and acts. A mushroom may grow in a night, but surely not the character of a man. Just as words and sentences are formed by means of the single letters of the alphabet, so words, thoughts, deeds, actions, looks, motives—these are the alphabet from which we spell character. Sow a thought, and reap a word; sow a word, and reap an act; sow an act, and reap a habit; sow a habit, and reap a character; sow a character, and reap a destiny.

Christ's character was developed in the home. He had a Christian home—the greatest gift of God this side of heaven. What chance has many a child today to build character in a home where the parents know not God, never read the Bible, never pray, never go to church? If for no other reason, parents should become Christians for their children's sake. If our children are lost, we parents are to blame, unless we have set before them the example of a Christian life.

As a boy, Christ was obedient to his parents. This was a manly thing. Parents are in the place of God to the child; God cannot be everywhere, so he made parents. The first commandment on the second table is obedience to parents, and it is the first commandment with a promise. The apron strings of the mother may become the reins of government of the nation. We must obey before we can command.

The character of Jesus was developed in the church also. His parents were churchgoers, and they had cultivated that habit in the child. In speaking of Jesus as a churchgoer, Luke says that "as his custom was, he went into the synagogue." What great thoughts must have come to the mind of Christ as he visited the temple! What dormant potentialities were aroused as he sat and listened to the exposition of God's word! Humanly speaking, Christ owed a great deal to the development of his character to his attendance at the temple. Can a symmetrical character be produced outside of the church and religion? We think not; certainly the best character cannot be produced in one who ignores these. In spite of all her failures, the church is the best institution in the world today for the building of character. We do our children a great wrong when we deprive them of the privileges of the church.

But Jesus was also a member of the Bible school—the teaching part of the church. This is evident from the fact that the instruction received was in answering and asking questions. No doubt many of the Scripture passages quoted by him were learned in the Jewish Bible school.

The boy Jesus was an interested as well as an interesting scholar in the school. He was no mere visitor. He came with a well prepared lesson, and that indicated that he had studied the lesson at home under the instruction of his parents. What a lesson for parents today!

Have you ever considered how many great and noble men the Sunday school of our land have been instrumental in producing? Did you ever think how many of the most influential men of the world today give their time to Sunday school work, thereby recognizing the power that their own early training in the Sunday school had been in their lives?

Consider the great characters that have played upon the stage of American history—or the history of the world for that matter—and you will find that a great part, if not the greatest part of the credit for the splendid characters possessed by these noble men and women is to be given to religion and the church.

HOUSEWORK IS A HEAVY BURDEN

The woman who "keeps house" has enough to do when she is in good, sound health, but if she is weak, tired all the time, and suffering from morn to night with an aching back, housework becomes a heavy burden.

Many women who were afflicted in this way say that Doan's Kidney Pills have made life easier for them.

Women are subject to kidney disease. The clothing they wear, the work they do, the worry and strain of bearing and rearing children, the lack of proper exercise; all tend to it.

Backache, heaving-down pains, headache, dizzy spells, faintness, fits of "blues," and other troubles often thought to be peculiar to the sex, are found frequently in kidney disease. When any one of these ills appears, together with a disordered condition of the kidney secretions, with passages too frequent, scanty or burning, just make up your mind that your kidneys are weak, and be quick to help them.

Doan's Kidney Pills have helped a great many weak women through the trying times when kidney disease means so much added misery. They do not disturb the stomach or bowels and contain no poison, dangerous nor habit-forming drugs. Doan's are harmless for children too.

When Kidney Troubles Keep You in Misery Day and Night



"I just can't get up!"

The following case is typical of the cure effected by Doan's Kidney Pills. Grateful testimony.

SAVED HER LIFE.

Made Well After Doctors Gave Up Hope.

Mrs. F. M. Hill, 188 W. 10 St., Waterloo, Iowa, says: "I enjoyed the best of health until the winter of 1905 when I was seized with kidney trouble. I gradually grew worse until I was devoid of all energy and ambition. There was a stinging pain through my kidneys, followed by a dull, grinding ache across my loins. The whites of my eyes changed color and the eyeballs bulged. My hands puffed and my feet became so swollen I could not wear my shoes. The kidney secretions caused great pain and also annoyance by their too frequent passage. I got so I could not eat, lost weight and was gradually growing weaker and weaker, when my father advised Doan's Kidney Pills. I obtained so much benefit from the very first that I continued and by the end of the first week the backaches and headaches had disappeared. I grew steadily better, and was at last completely cured. Doan's Kidney Pills saved my life when I was so sick that I did not care whether I lived or died. The doctors as well as myself had given up hope of my ever getting well. I am so grateful that I cannot recommend Doan's Kidney Pills too highly."

"When Your Back Is Lame—Remember the Name"
DOAN'S KIDNEY PILLS
Sold by all Dealers. Price 50 cents. Foster-Milburn Co., Buffalo, N. Y., Proprietors



A Draw.
Old Grouch—So you had a fight with Clarence. He claims he licked you.
Cholly—Oh! the boastful! It's true he wumped my ewant dweadfully, but when it was all ovah his collah was fwightly witted.

Both Wrong.
A ludicrous story is told of an Edinburg ballie, whose studies in natural history seem to have been limited. The following case came before him one day:

A man who kept a ferret having to go into the country, left the cage with the ferret in charge of a neighbor till he should return. The neighbor incautiously opened the cage door, and the ferret escaped. The owner was very angry, and brought a claim against him for damages.

The following was the decision of the learned ballie: "Nae doot," he said to the neighbor; "nae doot, ye was wrang to open the cage door; but," he added, turning to the owner, "ye was wrang too. What for did ye no clip the brute's wings?"

When Your Eyes Need Care

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After a Fashion.
Church Member—Does your father always practice what he preaches?
Minister's Son—Yesum; before a mirror.—Cornell Widow.

Nor a Brass Band.

Booth—What is the difference between charity and philanthropy?
Rube—Charity doesn't hire a press agent.

ONLY ONE "BROMO QUININE."
That's ELMER'S BROMO QUININE. Look for the signature of E. W. GROVE. Used the World over to Cure a Cold in One Day.

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When a man has occasion to appear before a police magistrate he is apt to forget his own name.

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FRANK LEWIS' STRAIGHT FIVE SMOKER
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Purely vegetable. Act gently on the liver, eliminate bile, and soothe the delicate membrane of the bowel. Care of constipation, biliousness, Sick Head, Flatulence, Indigestion, as millions know. SMALL PILL, SMALL DOSE, SMALL PRICE.
Genuine must bear Signature
Beechwood
The Farmer's Son's Great Opportunity
Why wait for the old farm to become your inheritance? Be it how it may, prepare for your future by purchasing a steady advance in price. Government returns show that the number of settlers in Western Canada from 1900 to 1910 was 50 per cent larger in 1910 than the total number of settlers in 1900. Many farmers have paid for their land by the proceeds of one crop. Free Homesteads of 160 acres at \$3.00 an acre. Fine climate, good soil, excellent railway facilities, low freight rates; wood, water and lumber easily obtained.
For pamphlet "East West" particulars as to suitable location and low settlers' rate, apply to Dept. of Immigration, Ottawa, Can., or to Canadian Gov't Agent.
W. V. BENNETT
Room 4 Bee Bldg. Omaha, Neb.
Please write to the agent nearest you.

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Now's the Time
not a year from now, when land will be high. The profit of the abundant crops of wheat, oats and barley, as well as cattle raising, are causing a steady advance in price. Government returns show that the number of settlers in Western Canada from 1900 to 1910 was 50 per cent larger in 1910 than the total number of settlers in 1900. Many farmers have paid for their land by the proceeds of one crop. Free Homesteads of 160 acres at \$3.00 an acre. Fine climate, good soil, excellent railway facilities, low freight rates; wood, water and lumber easily obtained.
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