

## MICAH'S PICTURE OF PEACE

Sunday School Lesson for May 28, 1911  
Specially Arranged for This Paper

LESSON TEXT—Micah 4:1-5.  
MEMORY VERSE—2:1.  
GOLDEN TEXT—"Nation Shall Not Lift up Sword Against Nation, Neither Shall They Learn War Anymore."—Mic. 4:3.

TIME—Micah prophesied in the reigns of Jotham, Ahaz, and Hezekiah, who reigned (Beecher) from B. C. 754 to B. C. 685.  
PLACE—He probably lived in his native town, Moresheth-gath, southwest of Jerusalem.  
PROPHETS—Isaiah and Hosea.

This important lesson deals with a subject that is of the greatest moment in our modern life, a problem that is rapidly approaching solution. After ages of warfare the world seems nearing the era of peace. In the forming of The Hague Tribunal the world has taken, in our lifetime, by far the longest step ever taken toward realizing the Christian ideal of universal brotherhood. But, strange to say, while this has been going on, the world's expenditures in preparation for war have been increased beyond anything the past has known or imagined, so that the coat of a militant peace has become the world's heaviest burden. We are to discuss, therefore, as a vital, urgent theme: "The Terrible Evils of War, and the Coming of the Reign of Peace."

Micah has been picturing the sins of his nation, and the terrible punishment that was to come as a result. Now he turns in a flash to a contrasting picture, the glorious, peaceful reign of Messiah.

There is no thought that this happy time is to conclude human existence, but it is to be the last stage of human existence, and is to be unending.

Micah saw the beloved Mount Zion, the eastern, Temple hill of Jerusalem. It was called the tower of the flock, the flock being the Hebrews, and the Temple being compared to the watch-tower into which the shepherds went for shelter in a storm or for protection from robbers. It is also called the strong hold. Zion is not a mountain but only a small hill, about 400 feet above the valley; yet the prophet saw it rising grandly and surely until it was lifted up far above the loftiest summits of the highest mountains on earth.

He saw restored the first dominion, the glory that was his nation's under David and Solomon; yes, even more than that, since he saw many nations flow into it to learn of the ways of Jehovah, the teachings of the true religion. Flow implies an impetuous, voluntary onrush, like the inward sweep of the 60-foot tides in the Bay of Fundy. Nations then will be "born in a day." Converts will come by Pentecosts. The earth will be filled with the knowledge of the Lord, as the waters cover the sea. It is from this triumphant Church of God that universal peace will spring. It cannot come from any other source.

The central thought of this magnificent passage is the reign of Messiah, that which all our churches exist to establish. The most striking evidence of that reign is the inauguration of universal peace.

An effective federation of the nations, such as might fitly be called "The United States of the World," will take the place of war. It will have a world constitution, a world legislature, a world judiciary, and a world executive, just as individual nations now have these instruments of government.

We can inaugurate the reign of peace by helping the peace societies do their noble work. By studying the question in Sunday schools and public schools. By an earnest advocacy and study of missions, which do more than anything else to cultivate the spirit of love for other peoples, and understanding of them. By protesting against the war spirit in congress and against the appropriation of vast sums for unnecessary wars.

What are recent gains in the direction of international peace and federation? The establishment of the international court of arbitration at The Hague, which is the beginning of the world judiciary. The enacting by the nations of more than eighty treaties agreeing to submit disputes to The Hague court for arbitration. The peaceful settlement of more than 600 international disputes, some of them most dangerous, such as that caused by the firing of the Russian fleet upon British fishing vessels in the North sea. The establishing of the Central American high court of nations. The forming of the international bureau of American republics. The placing of a beautiful statue of Christ upon the summit of the Andes between Chile and Argentina. In token of their agreement not to fight each other. The forming of the Interparliamentary union, a large body made up of members of the various national parliaments and congresses, working steadily for peace. The beginning of a world executive by the formation of many international bureaus, such as the universal postal union, the international bureau of agriculture, and the international committee of weights and measures. The growing opposition to war on the part of financial institutions and business men and on the part of organized labor. When the laboring men of the world declare that they will no longer serve in armies and the business men declare that they will no longer pay for war, this terrible curse will surely be at an end.

## EXPLORING THE AIR

Six Nations Interested in Series of Investigations.

Mass of Information Concerning Conditions in High Altitudes is Being Obtained—Weather Balloons Used for Tests.

Omaha.—Six nations are interested in a series of investigations now being carried on in Omaha by the United States government and collaborated in by the governments of England, Germany, France, Italy and Belgium. These investigations have for their object the thorough exploration of the atmosphere at a height of more than ten miles above the earth's surface, and so successfully are they being carried out that a mass of information concerning conditions existing as high as eighteen miles up in the air has been secured. Similar explorations are being conducted in the countries named above and when these are completed all information gathered by each country is to be exchanged with all other countries engaged in the investigations.

The research is being prosecuted with the assistance of "weather balloons," which are sent aloft bearing in attached baskets a number of delicate contrivances for measuring whatever conditions are met on the trip from earth through the clouds and back again to earth. The experiments continue for two weeks, a weather balloon being sent up each afternoon during that period by each of the six governments. When the information thus gained is properly arranged the meteorological bureaus in each of the countries taking part will receive tabulated copies.

The little balloons, which are six feet in diameter, are so arranged that they will explode somewhere far above the ten-mile level, the explosive force being the hydrogen with which the bag is filled.

One of these balloons recently reached a height of 18 miles before bursting and at that altitude the temperature was only 35 degrees below zero, although at a point between nine and ten miles high the records showed

that a temperature of 94 degrees below zero had been gone through. On this particular date the temperature at Omaha, the starting point of the balloon, was 47 degrees above zero.

Another balloon registered an air current traveling at a rate of more than 100 miles an hour.

The instruments used are so delicate that one of them—that for measuring the humidity—depends for its record upon the distance that a human hair will lengthen on passing through a stratum of air which contains slightly more moisture than did the stratum immediately below it.

The records are made upon a soot-covered cylinder by a stylus point, operated by a level, which in turn is controlled by the instruments. This cylinder is slowly turned by a clock-work arrangement, and when the box is returned to the weather station a glance at the sooty covering will give the atmospheric pressure, the humidity, and the wind velocity at any height traversed by the balloon.

The strand of hair used in the instrument for determining the humidity is chemically dried before it is placed in position. Thereafter, upon passing through a moist stratum, the hair absorbs a portion of the moisture, the hair lengthens and the stylus point records the change on the cylinder. If the next stratum is dry some of the moisture in the hair is evaporated, the hair becomes shorter, and the cylinder makes the record accordingly.

The air pressure is determined, or recorded by the aid of a small cylinder, from which most of the air has been drawn. A small plunger, to which is attached a stylus point, makes the necessary scratches on the soot-covered cylinder.

### Drapery on Poster Women.

New York.—There was joy in Jamaica, especially among the members of the citizens' committee, over the receipt of a letter from a bill posting company which has to do with the "immoral posters" which have decorated the fences for some time.

The letter was sent by F. L. Hann of Brooklyn and was to the effect that a great reform will be worked in the matter of the displaying of burlesque house posters. Mr. Hann informs the committee that hereafter when a burlesque poster shows a woman in tight, "something will be placed over these tight hiding from view any of the woman's bare limbs."

## WHAT I WENT THROUGH

Before taking Lydia E. Pinkham's Vegetable Compound.

Natick, Mass.—"I cannot express what I went through during the change of life before I tried Lydia E. Pinkham's Vegetable Compound. I was in such a nervous condition I could not keep still. My limbs were cold, I had creepy sensations, and I could not sleep nights. I was finally told by two physicians that I also had a tumor. I read one day of the wonderful cures made by Lydia E. Pinkham's Vegetable Compound and decided to try it, and it has made me a well woman. My neighbors and friends declare it had worked a miracle for me. Lydia E. Pinkham's Vegetable Compound is worth its weight in gold for women during this period of life. If it will help others you may publish my letter."—Mrs. NATHAN B. GREATON, 51 N. Main Street, Natick, Mass.

The Change of Life is the most critical period of a woman's existence. Women everywhere should remember that there is no other remedy known to medicine that will so successfully carry women through this trying period as Lydia E. Pinkham's Vegetable Compound.

If you would like special advice about your case write a confidential letter to Mrs. Pinkham, at Lynn, Mass. Her advice is free, and always helpful.

It sometimes happens that a street fight reminds a married man that there are other places like home.

### Important to Mothers

Examine carefully every bottle of CASTORIA, a safe and sure remedy for infants and children, and see that it bears the Signature of *Dr. J. C. Fletchman* In Use For Over 30 Years. Children Cry for Fletcher's Castoria.

Consistent. Doctor—You are considerably under weight, sir. What have you been doing? Patient—Nothing. But I'm a retired grocer, Doc.—Puck.

### Well Mated.

Thus the inquisitive boarder: "What has become of the old-fashioned woman who used to call a wedding reception an infare?" Response by the white-haired boarder: "I think she married the old-fashioned man who used to crack his knuckles regularly twice a day."

His Wurst. The German proprietor of a Brooklyn delicatessen store has got far enough along to pun in English. A writer in the New York Sun reports the fact.

Hanging in the window of the little shop is this advertisement: "The Best You Can Do Is Buy Our Wurst."—Youth's Companion.

### Difficult to Answer.

Explaining the happenings of the sixth day of the creation, Miss Frances Hartz read to her Sabbath school class: "And the Lord God formed man out of the dust of the ground." "Well," spoke up one kid, "that's nothin' new. Did he put him in the sun to dry, the way we do our mud pies?"

Miss Hartz discreetly slurred the answer and proceeded with her lesson.—Cleveland Leader.

### IN THE GOOD OLD SUMMER TIME.

Many a time this summer you're going to be just about done out by the heat—hot, and so thirsty it just seems nothing could quench it. When such moments arrive or when you just want a delicious, palate tickling drink step into the first place you can find where they sell COCA-COLA. It's delicious, refreshing and completely thirst-quenching. At soda-fountains or carbonated in bottles—see everywhere. Send to the COCA-COLA CO., Atlanta, Ga., for their free booklet "The Truth About COCA-COLA." Tells what COCA-COLA is and why it is so delicious, cooling and wholesome.

When a married woman prays for a hat, the Lord may answer her prayer, but it's her husband who pays for it.

Mrs. Winslow's Soothing Syrup for Children teething, softens the gums, reduces inflammation, allays pain, cures wind colic, 25c a bottle.

Many a girl would promise to marry a man if she thought he wouldn't be so silly as to expect her to live up to her promise.

Beautiful Post Cards Free. Send 5c stamp for five samples of our very best Gold Embossed Birthday, Flower and Motto Post Cards, beautiful colors and loveliest designs. Art Post Card Club, 721 Jackson St., Topeka, Kan.

### Strictly Business.

Mrs. Knieker—Did you hold a short session with your husband? Mrs. Becker—Yes, I merely had him pass an appropriation bill.

For over fifty years Rheumatism and Neuralgia sufferers have found great relief in Hamlin's Wizard Oil. Don't wait for inflammation to set in. Get a bottle today.

### To the Point.

Over in Hoboken in a shop frequented by Germans, hangs a sign framed in mournful black, reading thus: "We regret to inform our honored customers that our good and generous friend, Mr. Credit, expired today. He was a noble soul, always willing and helpful, but has been falling for some time. May he rest in peace. PAY CASH!"

### Age of Oysters.

Oysters grow only during the summer and especially during the long, warm summers at that, and are scarcely big enough for the month before the third year. It is easy after looking over a bunch of shells to tell how old an oyster is. A summer hump and the winter sink come across the shell every year, but after the seventh or tenth year full growth comes; then, by looking at the sinks between the humps it is hard to tell anything more about Miss Oyster's age. Oysters live to be twenty years old.

### A Question of Change.

A story is going the rounds of a couple of young people who attended church recently. When the collection was being taken up the young man commenced fishing in his pocket for a dime. His face expressed his embarrassment as he hoarsely whispered: "I guess I haven't a cent, I changed my pants." The young lady, who had been examining the unknown regions of woman's dress for her purse, turned a pink color and said: "I'm in the same fix."

### Had His Troubles.

"Michael Dolan, an' is it yourself?" "Yes; sure it is." "Well, ye know that blitherin' spalpeen, Widdy Castigan's second husband?"

### That I do.

"He bet me a bob to a pint of whiskey I couldn't swally an egg without breakin' the shell uv it." "An' ye did it?" "I did." "Then phwats allin' ye?" "It's doon there," laying his hand on the lower part of his waist coat. "If I jump about I'll break it and cut me stomach wid the shell, an' if I kape quiet I'll hatch and I'll have a Shanghai rooster scratchin' me inside."

### Fine Scheme.

Wife—Please match this piece of silk for me before you come home. Husband—At the counter where the sweet little blonde works? The one with the soulful eyes and— Wife—No. You're too tired to shop for me when your day's work is done, dear. On second thought, I won't bother you.

LADIES CAN WEAR SHOES one size smaller after using Allen's Foot-Paste, the antiseptic powder to be shaken into the shoes. It makes tight or new shoes feel easy. *Allen's Foot-Paste*. For Free trial package, address Allen S. Gilmsted, Le Roy, N. Y.

An artist is one who can create that which has the power to haunt the mind.



Do you feel all tired out? Do you sometimes think you just can't work away at your profession or trade any longer? Do you have a poor appetite, and lay awake at nights unable to sleep? Are your nerves all gone, and your stomach too? Has ambition to forge ahead in the world left you? If so, you might as well put a stop to your misery. You can do it if you will. Dr. Pierce's Golden Medical Discovery will make you a different individual. It will set your lazy liver to work. It will set things right in your stomach, and your appetite will come back. It will purify your blood. If there is any tendency in your family toward consumption, it will keep that dread destroyer away. Even after consumption has almost gained a foothold in the form of a cough, or bronchitis, or bleeding at the lungs, it will bring about a cure in 98 per cent. of all cases. It is a remedy prepared by Dr. R. V. Pierce, of Buffalo, N. Y., whose advice is given free to all who wish to write him. His great success has come from his wide experience and varied practice. Don't be wheedled by a penny-grabbing dealer into taking inferior substitutes for Dr. Pierce's medicines, recommended to be "just as good." Dr. Pierce's medicines are of known composition. Their every ingredient printed on their wrappers. Made from roots without alcohol. Contain no habit-forming drugs. World's Dispensary Medical Association, Buffalo, N. Y.

## W. L. DOUGLAS

EST. 1872 \$2.50 \$3 \$3.50 & \$4 SHOES FOR MEN & WOMEN

W. L. Douglas shoes cost more to make than ordinary shoes, because higher grade leathers are used and selected with greater care. These are the reasons why W. L. Douglas shoes are guaranteed to hold their shape, look and fit better and wear longer than any other shoes you can buy.

**BEWARE OF SUBSTITUTES.**

The genuine have W. L. Douglas name and the retail price stamped on the bottom, which guarantees full value and protects the wearer against high prices and inferior shoes. **REFUSE SUBSTITUTES CLAIMED TO BE 'JUST AS GOOD.'**

If your dealer cannot supply you with the genuine W. L. Douglas shoes, write for Mail Order Catalog. Shows and direct from factory to wearer, all charges prepaid. W. L. Douglas, 145 Spring St., Brockton, Mass. BOYS' SHOES \$2.00, \$2.50 & \$3.00

### SETTING A HIGH STANDARD

Child's Idea of Goodness Set Forth in Perfect Faith, Without Irreverence.

All things are relative, and to the child, gazing at life and its wonders with eyes as yet undimmed by sophistication or sorrow, nothing is impossible, nothing unspeakable, nothing too sacred to be discussed or too difficult to be attempted. Not irreverence nor impertinence, but innocence prompts such speeches as that recorded of the child of a popular journalist by his devoted paternal grandmother.

"Grandma," said the little boy, delightfully addressing her, "do you know what's going to happen? Papa says that if we're real, real good, he'll take us to the circus!" "That's nice," smiled the young-hearted adult between whom and the eager youngling no hint of age separation mars perfect comradeship. "How good do we have to be?" "The embryo man, after a moment of silent consideration: "Oh, as good as God, I guess!"

### A Poetic Prosecutor.

John Burns, city prosecutor of St. Paul, was trying to show Judge Finehout why some young men ought to be fined for tearing pickets off the fence of Mrs. Joe Gosick. Mr. Burns said: "I know Mike Chicklet tore off that picket, and the lady took offence." "No lady is charged with taking a fence," replied Judge Finehout, "and, besides, this is no place for poetry."

### Not Particular.

She—I heard Freddy Fickle has decided to marry and settle down to a particular girl. He—Huh! She can't be.

### "All Run Down"

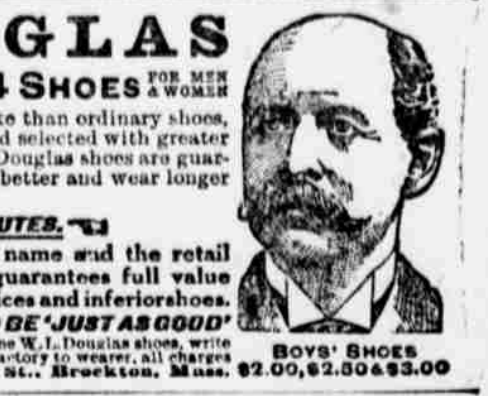
Describes the condition of thousands of men and women who need only to purify and enrich their blood. They feel tired all the time. Every task, every responsibility, has become hard to them, because they have not strength to do nor power to endure.

If you are one of these all-run-down people or are at all debilitated take **Hood's Sarsaparilla**. It purifies and enriches the blood, and builds up the whole system. Get it today in usual liquid form or chocolate tablets called **Sarsatabs**.

**PATENTS** Formulas are made in patents. Prepared by Dr. J. C. Hood, 1131 North Second St., Philadelphia, Pa. Fitzgerald & Co., Box 24, Washington, D. C.

### Do You Feel This Way?

Do you feel all tired out? Do you sometimes think you just can't work away at your profession or trade any longer? Do you have a poor appetite, and lay awake at nights unable to sleep? Are your nerves all gone, and your stomach too? Has ambition to forge ahead in the world left you? If so, you might as well put a stop to your misery. You can do it if you will. Dr. Pierce's Golden Medical Discovery will make you a different individual. It will set your lazy liver to work. It will set things right in your stomach, and your appetite will come back. It will purify your blood. If there is any tendency in your family toward consumption, it will keep that dread destroyer away. Even after consumption has almost gained a foothold in the form of a cough, or bronchitis, or bleeding at the lungs, it will bring about a cure in 98 per cent. of all cases. It is a remedy prepared by Dr. R. V. Pierce, of Buffalo, N. Y., whose advice is given free to all who wish to write him. His great success has come from his wide experience and varied practice. Don't be wheedled by a penny-grabbing dealer into taking inferior substitutes for Dr. Pierce's medicines, recommended to be "just as good." Dr. Pierce's medicines are of known composition. Their every ingredient printed on their wrappers. Made from roots without alcohol. Contain no habit-forming drugs. World's Dispensary Medical Association, Buffalo, N. Y.



### THE BEST WAY.

Child's Idea of Goodness Set Forth in Perfect Faith, Without Irreverence.

All things are relative, and to the child, gazing at life and its wonders with eyes as yet undimmed by sophistication or sorrow, nothing is impossible, nothing unspeakable, nothing too sacred to be discussed or too difficult to be attempted. Not irreverence nor impertinence, but innocence prompts such speeches as that recorded of the child of a popular journalist by his devoted paternal grandmother.

"Grandma," said the little boy, delightfully addressing her, "do you know what's going to happen? Papa says that if we're real, real good, he'll take us to the circus!" "That's nice," smiled the young-hearted adult between whom and the eager youngling no hint of age separation mars perfect comradeship. "How good do we have to be?" "The embryo man, after a moment of silent consideration: "Oh, as good as God, I guess!"

### A Poetic Prosecutor.

John Burns, city prosecutor of St. Paul, was trying to show Judge Finehout why some young men ought to be fined for tearing pickets off the fence of Mrs. Joe Gosick. Mr. Burns said: "I know Mike Chicklet tore off that picket, and the lady took offence." "No lady is charged with taking a fence," replied Judge Finehout, "and, besides, this is no place for poetry."

### Not Particular.

She—I heard Freddy Fickle has decided to marry and settle down to a particular girl. He—Huh! She can't be.

### If You Have Money.

That fellow Gotrox is a multimillionaire. He has more money than brains. "Well, what does he want with brains?"

## Can't Get Away From It

Is it possible to nourish, strengthen and Rebuild the Brain by Food?

Every man who thinks uses up part of the brain each day. Why don't it all disappear and leave an empty skull in say a month of brain work? Because the man rebuilds each day.

If he builds a little less than he destroys, brain fog and nervous prostration result sure. If he builds back a little more each day, the brain grows stronger and more capable. That also is sure. Where does man get the material to rebuild his brain? Is it from air, sky or the ice of the Arctic sea? When you come to think about it, the rebuilding material must be in the food and drink.

That also is sure. Are the brain rebuilding materials found in all food? In a good variety but not in suitable proportion in all.

To illustrate: we know bones are made largely of lime and magnesia taken from food; therefore to make healthy bone structure we must have food containing these things. We would hardly feed only sugar and fat to make healthy bone structure in a growing child.

Likewise if we would feed in a skillful manner to insure getting what the brain requires for strength and rebuilding, we must first know what the brain is composed of and then select some article or articles (there are more than one) that contain these elements.

Analysis of brain by an unquestionable authority, Geoghegan, shows of Mineral Salts, Phosphoric Acid and Potash combined (Phosphate of Potash) 2.91 per cent of the total, 5.33 of all mineral salts.

This is over one-half.

Beautins, another authority, shows "Phos-

phoric Acid combined" and Potash 73.44 per cent from a total of 101.07.

Considerable more than one-half of Phosphate of Potash.

Analysis of Grape-Nuts shows: Potassium and Phosphorus (which join and make Phosphate of Potash) is considerable more than one-half of all the mineral salts in the food.

Dr. Geo. W. Carey, an authority on the constituent elements of the body, says: "The gray matter of the brain is controlled entirely by the inorganic cell-salt, Potassium Phosphate (Phosphate of Potash). This salt unites with albumen and by the addition of oxygen creates nerve fluid or the gray matter of the brain. Of course, there is a trace of other salts and other organic matter in nerve fluid, but Potassium Phosphate is the chief factor and has the power within itself to attract, by its own law of affinity, all things needed to manufacture the elixir of life."

Further on he says: "The beginning and end of the matter is to supply the lacking principle, and in molecular form, exactly as nature furnishes it in vegetables, fruits and grain. To supply deficiencies—this is the only law of cure."

The natural conclusion is that if Phosphate of Potash is the needed mineral element in brain and you use food which does not contain it, you have brain fog because its daily loss is not supplied.

On the contrary, if you eat food known to be rich in this element, you place before the life forces that which nature demands for brain-building.

Mind does not work well on a brain that is broken down by lack of nourishment.

A peaceful and evenly poised mind is necessary to good digestion.

Worry, anxiety, fear, hate, etc., etc., directly interfere with or stop the flow of Pyloric, the digestive juice of the mouth, and also interfere with the flow of the digestive juices of stomach and pancreas.

Therefore, the mental state of the individual has much to do (more than suspected) with digestion.

Brain is made of Phosphate of Potash as the principal Mineral Salt, added to albumen and water.

Grape-Nuts contain that element as more than one-half of all its mineral salts.

A healthy brain is important, if one would "do things" in this world.

A man who sneers at "Mind" sneers at the best and least understood part of himself. That part which some folks believe links us to the Infinite.

Mind asks for a healthy brain upon which to act, and Nature has defined a way to make a healthy brain and renew it day by day as it is used up from work of the previous day.

Nature's way to rebuild is by the use of food which supplies the things required. Brain rebuilding material is certainly found in

## Grape-Nuts

"There's a Reason"

Postum Cereal Company, Ltd., Battle Creek, Mich.