

THE HIGH COST OF LIVING REDUCED

Much has been said about the high cost of living, its causes, and the possibilities of its reduction. But little has been said about the most costly leak: the false economy existing today in nearly every household.

Much foodstuffs are bought with but one point in view: "How cheap can I get it" without a thought of quality or "after cost." One of the most serious in baking powder.

By the use of perfect baking powder the housewife can derive as much economy as from any other article used in baking and cooking. In selecting the baking powder, therefore, care should be exercised to purchase one that retains its original strength and always remains the same, thus making the food sweet and wholesome and producing sufficient leavening gas to make the baking light.

Very little of this leavening gas is produced by the cheap baking powders, making it necessary to use double the quantity ordinarily required to secure good results.

You cannot experiment every time you make a cake or biscuits, or test the strength of your baking powder to find out how much of it you should use; yet with most baking powders you should do this for they are put together so carelessly they are never uniform, the quality and strength varying with each can purchased.

Calumet Baking Powder is made of chemically pure ingredients of tested strength. Experienced chemists put it up. The proportions of the different materials remain always the same. Sealed in air-tight cans, Calumet Baking Powder does not alter in strength and is not affected by atmospheric changes.

In using Calumet you are bound to have uniform bread, cake or biscuits, as Calumet does not contain any cheap, useless or adulterating ingredients so commonly used to increase the weight. Further, it produces pure, wholesome food, and is a baking powder of rare merit; therefore, it is recommended by leading physicians and chemists. It complies with all pure food laws, both STATE and NATIONAL. The goods are moderate in price, and any lady purchasing Calumet from her grocer, if not satisfied with it, can return it and have her money refunded.

McLean Met His Match.

John R. McLean stepped in front of a lurching Irishman, one evening, and obstructed the sidewalk so that the Irishman was obliged to stop and look at him. McLean said:

"Here's that half dollar I borrowed of you. Now you must quit telling the neighbors that I never pay my debts."

Half drunk, and wholly dazed, the Irishman took the silver piece, looked at it intently, and then said:

"Be dad, yes can't get off that alsy. It wor a whole dollar that yes borried; so fork over."

And he forked over another half dollar, and went his way, laughing heartily at the quick wit of the Irishman.—Illustrated Sunday Magazine.

Ten Beautiful Christmas Cards Free

To quickly introduce the biggest and best farm journal in the West, we make this special 30 day bargain offer: Send 10 cents for trial 3 months' subscription and we will give you free our collection of 10 very finest Gold Embossed Christmas post-cards. Nebraska Farm Journal, 313 Range Building, Omaha, Neb.

The Simple Life.

Mrs. Knicker—You will have to get up to light the fire.
Knicker—Unnecessary, my dear; I never smoke before breakfast.

TOUGH LUCK, INDEED.



Nurse—Hivins! The baby swallowed a bottle of ink an' not a bit of blotting paper in th' house!

NEWSPAPERS TAKING IT UP

Metropolitan Dailies Giving Advice How to Check Rheumatism and Kidney Trouble.

This is a simple home recipe now being made known in all the larger cities through the newspapers. It is intended to check the many cases of rheumatism and dread kidney trouble which have made so many cripples, invalids and weaklings of some of our brightest and strongest people.

The druggists everywhere, even in the smallest communities, have been notified to supply themselves with the ingredients, and the sufferer will have no trouble to obtain them. The prescription is as follows: Fluid Extract Dandelion, one-half ounce; Compound Sarsaparilla, one ounce, and Compound Syrup of Sarsaparilla, three ounces. Mix by shaking well in a bottle. The dose is one teaspoonful after each meal and at bedtime.

Recent experiments in hospital cases prove this simple mixture effective in Rheumatism. Because of its positive action upon the eliminative tissues of the kidneys, it compels these most vital organs to filter from the blood and system the waste impurities and uric acid which are the cause of rheumatism. It cleanses the kidneys, strengthens them and removes quickly such symptoms as backache, blood disorders, bladder weakness, frequent urination, painful scalding and discolored urine. It acts as a gentle, thorough regulator to the entire kidney structure.

Those who suffer and are accustomed to purchase a bottle of medicine should not let a little inconvenience interfere with making this up, or have your druggist do it for you.

ROAD and FARM IMPROVEMENT

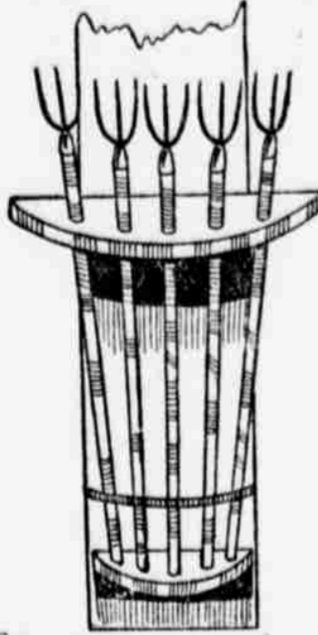


RACK TO HOLD PITCH FORKS

Another Example of "A Place for Everything and Everything in Its Place"—How Made.

(By JOHN W. GRAHAM.)
Having occasion to be in the hay-loft after dark several times I have run over a fork and once I struck my ankle against a prong and it came very near causing serious trouble.

This led to the construction of the holder shown in the drawing. The rack is made of an inch board, one



Pitch Fork Rack.

foot long and eight inches wide. One side of the board is cut to a half circle. Near the circle edge of the board, five holes are bored, the holes large enough to admit a large fork-handle. This board is nailed to a post 4 feet from the floor. The support (for the end of the handles) is the same shape as the one with the holes but only half as large and it has no holes in it. It is nailed to the post, one foot from the floor.

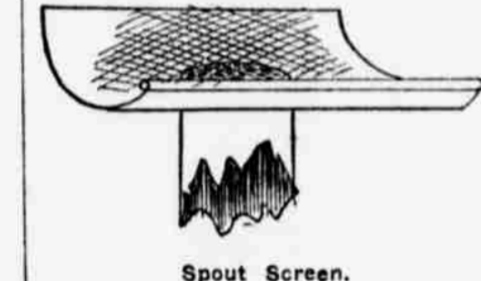
A piece of hoop-iron is nailed to the post six inches above the lower piece, forming a circle which holds the end of the handles in place.

This is another example of "A place for everything and everything in its place."

SENSIBLE DEVICE ON SPOUT

Strainer Composed of Mesh Fabric or Wire Screen Prevents Leaves and Trash from Entering.

This is an excellent device for preventing any leaves, twigs and other trash from entering the down spout of a leader from the roofs of houses and barns. The strainer is composed of mesh fabric or wire screen and it



Spout Screen.

is equally effective whether the down spout connects with the eaves-trough at one end or at a point intermediate of the ends, as all refuse may be carried by the force of the water, over the edge of the trough, there rendering the latter self-cleaning.

STORE ROOTS OVER WINTER

Careful Treatment is Needed to Insure Beauty of Plants Next Season—Some Suggestions.

When frost has cut down the glory of the flaming canna, has withered the late blooming dahlia, has seared the huge leaves of caladiums, and has left scarcely a memory of the rich coloring of gloxinias, it is time to think of their winter welfare.

The roots of all these plants need careful treatment if they are to give of their beauty next season.

Remove the tops of the roots that are to be saved, especially if they have been badly nipped with frost, as the decay may spread to the bulbs. These may be left to ripen in the earth for a few days and should be dug on a bright, sunny day.

Dry in the sun for several days, or, if the weather be cold, spread on the floor of a sunny room and cover at night with blankets to protect from frost. When dry, shake off the loose earth and pack in boxes of sand, paper bags, or on the shelves of frost-proof cellars, according to the nature of the roots.

Caladium bulbs can be easily wintered in a dry, frost-proof cellar. The chief danger is decay of the center shoot. Keep a sharp watch for this, and, if it is noticed, pull off the decayed parts down to where it is sound. Store in flour bags or in boxes of sand.

Keeping Honey.

Honey improves with age. The older it is the finer the flavor. Extracted honey is much easier to keep than comb, as the latter is liable to get soiled, and must be kept in tight cases.

GOOD ROADS ARE BENEFICIAL.

Comprehensive System Would Greatly Lessen Cost of Transportation of Products.

(By JAMES G. HARRISON.)

A comprehensive system of good roads would confer many substantial benefits upon the farmers of the United States. Better roads would greatly lessen the cost of transporting produce to market, and as soon as the farmers learn how to make good roads, and make them, the greater will be their profits.

When farmers learn that on each mile of highway, three rods wide, approximately 27,000 tons of water fall annually, they will begin to appreciate the necessity of highway drainage, and learn that a hard road cannot be made out of mud. No plan of road work, no amount of labor and machinery, will make a good dirt road that will stay good until some plan is adopted to get rid of the water.

It has been satisfactorily demonstrated that a fairly gratifying road for hauling heavy loads should be rounded up in the center, so that water may quickly flow into ditches at the side and be carried off through properly constructed channels. Culverts should be provided to conduct water under the roadway and thus prevent gulying the roadway with running water.

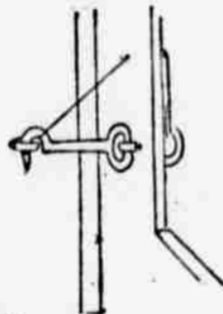
Nothing will give farmers better ideas of how a good road should be built, or show them the losses they are sustaining traveling to market over poor roads, than Farmers' Bulletin No. 95, which may be had free of cost by writing a postal card to the department of agriculture, Washington, D. C., and asking for it. It is one of the most practical helps a farmer can have in solving the transportation question in the country.

Good roads help both the farmers and the city people. Therefore any proposition which looks to endowing the country with good roads is entitled, if not to acceptance, at all events to a respectful hearing.

UNHOOK DOOR FROM OUTSIDE

Convenient Way Illustrated of Unfastening Door by Fastening Cord to Staple on Inside.

A cord is fastened to the hook and then passed through a hole in the door and tied to the knob outside.



Unhooking Door.

Pulling the string will remove the hook; slip the string off the hook, and the door cannot be opened from the outside.

Fall Mulching of Vegetables.

Any time during the fall the mulching of rhubarb, asparagus, and all of the vegetable and flowering perennials may be done. Any kind of fine or coarse manure will do. The fall and early winter rains will dissolve out richness of the manure and carry it to the roots of the plants before freezing. It is best to mulch the lawn some time in December or January.

Changing Fashions.

Fashionable folks are taking up horses again, the automobile having become too common for them. And farmers are buying automobiles to save their horses.



FARM NOTES

There is nothing saved by fall setting of asparagus.

The sweet potato crop has grown wonderfully in the last few years.

Many failures occurred from planting poor seed potatoes last spring.

Teach the hired man the best methods of farming, for his knowledge will prove your gain.

Now is the time when the man who kept his cornfield clear of weeds reaps his reward.

Land containing plenty of humus holds the moisture better than that which is cropped every year.

There is a whole lot besides luck in raising a good crop. It takes judgment, care and persistent application.

It is as important to have a fine seed bed for grass as any other crop, a fact that many do not seem to be aware of.

If barn-yard manures are to be used to fertilize, they should be evenly applied and well mixed with the soil by frequent harrowings.

Plowing under leguminous crops like clover and cow peas, in addition to making humus, supplies nitrogen one of the most important elements of fertility.

Keep the potatoes in a cool place after digging them. This applies also to all root crops. If kept at a low temperature they remain crisp and nutritious.

Oil the mower and binder sickle and the scythe, wrap them with cloth and lay them away where there will be no danger of anything being injured on them.

THE CRUCIFIXION

Sunday School Lesson for Dec. 11, 1910
Specially Arranged for This Paper

LESSON TEXT—Matthew 27:15-50. Memory verses, 4, 41-42.

GOLDEN TEXT—"He was wounded for our transgressions. He was bruised for our iniquities."—Isa. 53:5.

TIME—Friday morning, April 7, A. D. From six o'clock A. M. till three o'clock P. M.

PLACE—(1) Pilate's judgment hall either in Herod's Palace in the western part of the city; or in Castle Antonia adjoining the Temple area on the north.

The Roman trial, before Pilate, was in the palace of Pilate, opening into a large court. See place. In the Jewish court the charge brought against Jesus was blasphemy, that is treason against God and the Jewish commonwealth. The penalty was death.

When the leaders brought Jesus before Pilate they hoped that the governor would accept their verdict, and simply counter-sent their sentence without inquiring further, taking for granted that they would not have condemned a man to death unless he deserved it. But Pilate asked: "What accusation bring ye against this man?"

The verdict of Pilate was, "I find no fault in this man."

From the mockeries in Pilate's court Jesus was led away to be crucified.

Jesus was so weak from his long and intense sufferings that an African from Cyrene was compelled to help him bear the cross.

The distance was from half a mile to a mile, according to the place of starting (the tower of Antonia, or Herod's palace) and the location of Calvary. In advance was a soldier carrying a white wooden board on which was written the nature of the crime. Next came four soldiers, under a centurion, with the hammer and the nails, guarding Jesus, who bore, as always in such cases, the cross on which he was to suffer (John 19:17, r. v.). Then came two robbers, each bearing his cross and guarded by four soldiers. As they went forth into the street they were followed by a great multitude—many with eager curiosity; priests exulting over their enemy; Mary, with other women, weeping (Luke 23:27).

This scene is vividly described in "Ben Hur." "He was nearly dead. Every few steps he staggered as if he would fall. A stained gown, badly torn, hung from his shoulders over a seamless under-tunic. An inscription on a board was tied to his neck. A crown of thorns had been crushed hard down upon his head. The mob sometimes broke through the guard and struck him with sticks, and spit upon him. Yet no sound escaped him."

The seven words from the cross:

1. Father, forgive them; for they know not what they do, was probably spoken in the height of the agony, when the cross with the victim upon it was dropped with a sudden wrench into its place in the ground.

2. Today shalt thou be with me in paradise. To the penitent robber, toward noon.

3. Woman, behold thy son. Behold thy mother! Toward noon, when committing his mother to the loving care of John.

4. Elo i, Elo i, ma sabach thani. Aramaic for My God, my God, why hast thou forsaken me? Spoken in the darkness and depression of spirit near his death, about three o'clock in the afternoon. The sole expression of spiritual suffering.

5. I thirst, in the intense thirst of his dying hour. The sole expression of bodily suffering.

6. It is finished. "The Worker's Cry of Achievement, the Sufferer's Cry of Relief."

7. Father, into thy hands I commend my spirit. His dying cry, "the triumphant note of a conqueror."

"Redemption through his blood," so frequently referred to in the New Testament, gives the highest possible expression of love. Blood is life, the life he gave to save us. But this includes the whole life of Christ, his coming, his life work, his death on the cross, and his resurrection—it was this Christ who expressed his supreme love and his Father's love by giving his life that we might live. The sacrifice on the cross was the highest proof and the strongest expression of the love of God to man. Christ proved the greatness of his love by what he was willing to suffer for those he loved. Ruskin says that "the fountain in which sins are indeed washed away is that of love, not of agony." But the agony was the measure and the proof of love. It declares God's love to man "in letters that can be read from the stars." The fact is that there is no other way to express in language, that all can understand the highest degrees of heroism, courage, self-sacrifice, and love. It is these qualities we see rather than the agony, as we do not see the particles of matter in the air by which the sunlight is diffused, but we see the light.

Every power and every motive that can touch the heart of man to lift him out of sin into the kingdom of heaven radiates from the cross, as the completion of the sacrifice of Christ, it shows to us the evil of sin, since redemption from sin demanded such a cost. It reveals to us the loving heart of God. It shows that we cannot enter heaven unless we are cleansed from sin. It teaches us the value of salvation, great beyond our conception. It shows the value of our souls, of character, of a right life. It sets us an example of doing right at any cost, even of our lives.

NOTHING SORDID ABOUT HIM

Poet Was Looking for Appreciation of the Ages That Stretched into the Future.

The editor looked at the poetry and then he turned back to the poet. For a moment his customary assurance failed him. The poet was so thin and seedy and hollow eyed.

"See here, my friend," he said in as gentle a voice as he could assume on short notice, "I don't want to discourage you, but while your stuff here is fairly good—and perhaps a little better—it is a standing rule of this paper never to buy poetry."

The poet drew himself up with a sudden snort.

"Why, suffering Dante," he cried, "you didn't suppose from my appearance that I was out for the filthy simoniacs, did you? Why, bless your journalistic soul, all I'm working for is a plain niche in the Hall of Fame!"

It Revolted Him.

William Loeb, Jr., at a dinner in New York, referred with a smile to the harsher penalties, even to imprisonment, that are now to be inflicted upon smugglers.

"They take it hard, very hard, these smugglers," said Mr. Loeb. "Revolted at the size of their fines, they make me think of George White, the chicken thief."

"What! George shouted reproachfully on hearing his sentence. 'What! Ten dollars for stealin' that chicken? Why, Judge, I could 'a' bought a smarter hen for 50 cents!'"

Some One Must Do It.

J. Pierpont Morgan, at one of the sumptuous dinners that he gave in Cincinnati during the recent church congress, praised the power of advertising.

Mr. Morgan's eulogy concluded with an epigram quite good and quite true enough to be pasted in every business-man's hat.

"If a dealer," he said, "does not advertise his wares, it is ten to one that the sheriff will do it for him."

Making it Palatable.

The Barber—That's great soap I'm using on your face. It's made of corn meal.

The Victim—I think it would taste better if you put some milk with it—Yonkers Statesman.

TRY MURINE EYE REMEDY

for Red, Weak, Watery Eyes and Granulated Eyelids. Murine Doesn't Smart—Soothes Eye Pain. Druggists Sell Murine Eye Remedy, Liquid, 25c, 50c, \$1.00. Murine Eye Salve in Aseptic Tubes, 25c, \$1.00. Eye Books and Eye Advice Free by Mail. Murine Eye Remedy Co., Chicago.

There is not a vice which more effectually contracts and deadens the feelings than the desire of accumulating possessions.—Mant.

Rheumatism, Neuralgia and Sore Throat will not live under the same roof with Hamlin's Wizard Oil, the best of all remedies for the relief of all pain.

A quarrel merely proves that one of the parties to it hasn't any more sense than the other.

W. L. DOUGLAS

'3 \$3.50 & '4 SHOES FOR MEN & WOMEN
Boys' Shoes, \$2.00, \$2.50 & \$3.00. BEST IN THE WORLD.

The benefits of free hides, which apply principally to sole leather, and the reduced tariff on sole leather, now enables me to give the wearer more value for his money, leather and longer wearing \$3, \$3.50 and \$4 shoes than could give previous to the tariff revision.

Do you realize that my shoes have been the standard for over 30 years, that I make and sell more \$3.00, \$3.50 and \$4.00 shoes than any other manufacturer in the U. S., and that Dollar for Dollar, I guarantee My Shoes to hold their shape, look and fit better, and wear longer than any other \$3.00, \$3.50 or \$4.00 shoes you can buy? Quality has made my shoes The Leaders of the World.

You will be pleased when you buy my shoes because of the fit and appearance, and when it comes time for you to purchase another pair, you will be more than pleased because the last ones wore so well, and gave you so much comfort.

If none genuine without W. L. Douglas's name on the last. CAUTION—Name and price stamped on the bottom. W. L. DOUGLAS, 143 Spark St., Brockton, Mass.

W. L. U., LINCOLN, NO. 49-1910.

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WANTS HER LETTER PUBLISHED

For Benefit of Women who Suffer from Female Ills

Minneapolis, Minn.—"I was a great sufferer from female troubles which caused a weakness and broken down condition of the system. I read so much of what Lydia E. Pinkham's Vegetable Compound had done for other suffering women I felt sure it would help me, and I must say it did help me wonderfully. My pains all left me, I grew stronger, and within three months I was a perfectly well woman."

"I want this letter made public to show the benefit women may derive from Lydia E. Pinkham's Vegetable Compound."—Mrs. JOHN G. MOLDAN, 2115 Second St., North, Minneapolis, Minn.

Thousands of unsolicited and genuine testimonials like the above prove the efficiency of Lydia E. Pinkham's Vegetable Compound, which is made exclusively from roots and herbs.

Women who suffer from those distressing ills peculiar to their sex should not lose sight of these facts or doubt the ability of Lydia E. Pinkham's Vegetable Compound to restore their health.

If you want special advice write to Mrs. Pinkham, at Lynn, Mass. She will treat your letter as strictly confidential. For 20 years she has been helping sick women in this way, free of charge. Don't hesitate—write at once.

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