Elixir & Senna

acts cently yet promptly on the bowels; cleanses the system effectually; assists one in overcoming habitual constipation permanently.

To get it's beneficial effects.always buy the genume.

CALIFORNIA FIG SYRUP CO.



is health insurance. The best way to insure the health of your family when any member gets in a "run-down" condition, is to use a tonic that removes the cause of the ill-health. Such

DR. D. JAYNE'S TONIC VERMIFUGE

A "run down" condition is generally due to the failure of the digestive organs to properly digest the food. Dr. D. Jayne's Vermifuge tones up the digestive organs so that they supply the body with proper nourishment, and in this way bring about last-ing health. Ordinary tonics simply supply food material in predigested form, and consequently are only effective as long as the tonic is taken.

Sold by all Druggiststwo sizes, 50c and 35c. Dr. D. Jayne's Expectorant has been relieving and curing Coughs, Colds, and similar ailments for nearly four generations.

Nebraska Directory

MARSEILLES CORN SHELLER JOHN DEERE PLOW CO., OMAHA

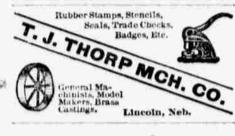
Beatrice Creamery Co.



teachers on receipt of 15 cts. in stamps, a 15-inch, hard maple, I ross edged rule. JOHN G. WOODWARD & CO. "The Candy Men" Council Bluffs, ia.

SOUTH DAKOTA Improved and unimproved farms in eastern South Dakota for sale on

CROP PAYMENTS or 10 YEARS TIME Will erect buildings on any farm on same easy terms. Price \$20 to \$40 per acre. For lists, maps, etc., address ALEX. H. RAIT, Farmers & Merchants' Bldg., 15th and O Sts., Lincoln, Neb.



RUPTURE of all varieties permanently cured in a few days without a surgical operation or detention from business. No pay will be accepted until the patient is completely satisfied. Write or call on

FRANTZ H. WRAY, M. D.

STEELWOOL SOLE

RUBBERS

Boots and Arctics





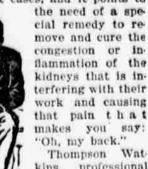
Ask your Dealer for Goods with this brand

American Hand-Sewed Shoe Co. OMAHA

BACKACHE IS KIDNEYACHE.

Usually There Are Other Troubles to

Pain in the back is pain in the kidneys, in most cases, and it points to



terfering with their work and causing that pain that makes you say: Thompson Watkins, professional nurse, 420 N. 23rd

St., Parsons, Kan., says: "For some time I was annoyed with sharp twinges across the small of my back and irregular passages of the kidney secretions. Since using Doan's Kidney Pills,

I am free from these troubles." Remember the name-Doan's. Sold by all dealers. 50 cents a box. Foster-Milburn Co., Buffalo, N. Y.

THE CLEVER GIRL.



"Your father ordered some wood from me this morning, miss. Do you know whether he wants hard or soft?" "Oh-er-not too hard."

New Geyser in Yellowstone Park. For a few days past there have been indications of an eruption of some kind near the Fountain hotel in Yellowstone park, says a dispatch from Mammoth Hot Springs, Wyo. Now a new and magnificent geyser has broken out in full force about 100 feet north of the regular Fountain geyser near Fountain hotel. This new geyser, which does not appear to affect any of the others in that vicinity, played to a height of 150 to 200 feet, throwing off immense quantities of hot water, mud and steam. The new geyser does not play regularly as does Old Faithful, but at short intervals, the eruptions occurring five or six hours apart, and lasting about one hour.

Many Were In the Same Boat. According to the Saturday Evening Post, this is a story heard with much glee by congress during the last days of the Roosevelt administration:

During the recent cold spell in Washington, a man, shivering and ragged, knocked at the door of a K street house and said to the lady: "Please, madam, give me something to eat. I am suffering severely from exposure."

"You must be more specific," the lady replied. "Are you a member of the senate or of the house?"

In the Beginning. "Yours is certainly an unusual case," said the lawyer, "and it will be neccessary to consult a number of books."

"So?" queried the client. "Yes," answered the legal light, "and we will begin with your pocket-

A Ready Explanation. "What is the reason you were so

late in discovering the north pole?" "Well," answered the explorer, "you see they have such long nights in the arctic regions that I overslept."

Wherein They Differ. Her-When a man starts to talk he

never stops to think Him-And when a woman starts she never thinks to stop.

I think the first virtue is to restrain the tongue; he approaches nearest to the gods who knows how to be silent even when he is in the right.-Cato.

Devote each day to the object then in hand, and the evening will find something done.-Goethe.

A BANKER'S NERVE Broken by Coffee and Restored by

A banker needs perfect control of the nerves, and a clear, quick, accurate brain. A prominent banker of Chattanooga tells how he keeps himself in condition:

"Up to 17 years of age I was not allowed to drink coffee, but as soon as I got out in the world I began to use it and grew very fond of it. For some years I noticed no bad effects from its use, but in time it began to affect me unfavorably. My hands trembled, the muscles of my face twitched, my mental processes seemed slow and in other ways my system got out of order. These conditions grew so bad at last that I had to give up coffee altogether.

"My attention having been drawn to Postum, I began its use on leaving off the coffee, and it gives me pleasure to testify to its value. I find it a delicious beverage; like it just as well as I did coffee, and during the years that I have used Postum I have been free from the distressing symptoms that accompanied the use of coffee. The nervousness has entirely disappeared, and I am as steady of hand as a boy of 25, though I am more than 92 years old. I owe all this to Postum." "There's a Reason." Read the little book, "The Road to Wellville," in

pkgs. Grocers sell. Ever rend the above letter? A new one appears from time to time. They are genuine, true, and full of human interest.

THIRTY ONE STATES ASK FOR CONVENTION.

BUT ONE MORE WILL BE NEEDED

Congress Will Have Long List of Delicate Questions to Answer

> When Petitions Are Presented.

Washington, D. C .- One of the biggeat pieces of business that any congress has ever had to determine will require the attention of that body at the coming session. For congress will be called upon to decide whether a convention of the states shall be permitted as directed by the constitution. looking to the revision of that venerable instrument.

When two-thirds of the states petition congress for such a convention, congress is commanded by the constitution to call it, and to make laws for its organization, selection and compensation. Thirty-one states constitute two thirds of the union; and just thirty are now on record as having passed, through their legislatures, the necessary resolutions asking for such a convention.

Whenever one more state shall have added its resolution, the matter will be, in a mandatory fashion, before congress. There is considered almost no doubt that more than one additional state will join the column this winter, because the income tax amendment to the constitution is attracting general attention to the matter of constitutional amendment, and while ratification of the income tax amendment does not involve adoption of the demand for a convention of states, yet it does bring the general subject to the front.

Congress will have a long line of delicate questions to answer when it confronts the petitions of thirty-one states for a convention. There has never been a convention of the states Many of the states which have passed these resolutions asking a convention have asked it for the purpose of amendment to effect popular election of senators; others have placed no limitation upon it. The first question is, whether this convention, once in existence and organized can be re stricted to the least range of enterprise that any state may have defined? If twenty states asked for a convention to consider senatorial elections, and eleven asked a convention to consider income taxation, would congress still be required to take the necessary steps and provide the preliminary legislation? And if so, could the convention take up all the questions specified in the states' resolutions and as many others as it chose?

answered in experience. The strong element in congress which would oppose to the bitter end any effort to secure a convention would undoubtedly urge that there must be absolute uniformity in the demands and that the convention be restricted absolutely to specified subjects. In this view, it would be almost impossible ever to get a convention save for the general purpose of revision; and in that case, the mandate would be as broad as the whole constitution.

Constitutional essayists have in general held the opinion that a constitutional convention, once called and organized, is a law unto itself, no matter how restricted the range of the demand for its election, the convention once in existence can do anything it pleases. Its work, of course, must be submitted again to the states and must be ratified by three-fourths of

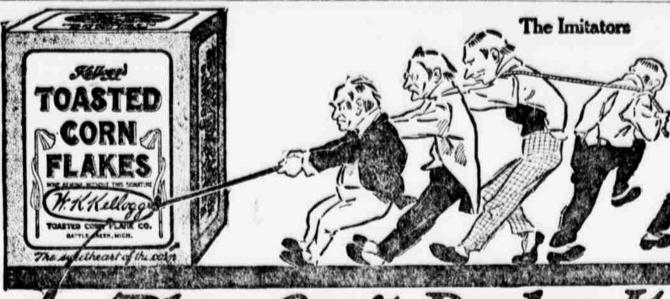
And this leads to another inquiry. If the convention decides to submit ten amendments to the states, must all ten be voted upon in gross by the states, or can they be voted up or down separately? On this point there is precedent in favor of voting on them separately, so that part may be rejected and part sustained. This was the method when the first series of amendments were submitted by the first congress. Some of them were acted upon and took effect long before the fate of others had been de cided.

Conservative statesmen are generally fearful of a constitutional convention lest it should be radical and should fundamentally reorganize the constitution. From these will come strong opposition if the matter becomes acute, as it is expected to do inside the next year. The men who favor certain amendments, however, and who would like to see a convention, urge that there is small danger of much radicalism, simply because the work of a radical convention would be certain of rejection by the states; hence the probability that the leadership would be essentially conservative on the theory that a few reforms would be better than a complete fizzle.

Man and Wife Found Dead.

Philadelphia, Pa .- Surrounded by pieces of broken crockery and other evidences of a struggle, the bodies of Maurice Harpham, forty-four years old, and his wife, Alice, aged fortyfive, were found Sunday in the dining room of their home. The man had two wounds in his breast, while the woman, in whose hand a revolver was clutched, had been shot through the forehead.

Harpham, who was the woman's second husband had frequent quarrels with her, according to neighbors, due to jealousy.



They Can't Budge It

No amount of force or persuasion on the part of the imitators is great enough to even budge it from its present firm hold on the minds of the people. This has been emphatically demonstrated several times during the past few years. Imitations have come and gone, but Kellogg's goes on with an ever increasing demand. This proves that the people won't be fooled by inferior quality. They know the goodness of Kellogg's-and they invariably come back to it. Try it yourself today. At all Grocers.

\$1,000 GOLD AND SILVER TROPHY for the BEST EAR OF CORN

to be known as W. K. Kellogg National Corn Trophy to be given at the National Corn Exposition, OMAHA, NEB., December 6th to 18th, 1909. For the purpose of encouraging the better breeding in corn for improving the quality, W. K. Keilogg, President of the Toasted Corn Flake Co., offers a \$1,000.00 beautiful solid gold and silver trophy to the person growing the best car of corn in two different seasons. The first season's specimen to be sent to the National Corn Exposition, Omaha, Neb., before November 27th, 1909. This offer is open to every man, woman and child in the United States. It will be judged by the leading corn authority of the world, Prof. P. G. Holden. Watch this paper for further particulars,

KELLOGG TOASTED CORN FLAKE CO., Battle Creek, Mich.



She-John Henry! I wonder how you can sit there and look me in the

He-So do I, my love; but it's surprising what a recklessly brave man

LEWIS' "SINGLE BINDER."

A hand-made cigar fresh from the table, wrapped in foil, thus keeping fresh until smoked. A fresh cigar made of good tobacco is the ideal smoke. The old, well cured tobaccos used are so rich in quality that many who formerly smoked 10c cigars now smoke Lewis' Single Binder Straight 5c. Lewis' Single Binder costs the dealer some more than other 5c cigars, These questions have never been but the higher price enables this factory to use extra quality tobacco. There are many imitations: fooled. There is no substitute! Tell the dealer you want a Lewis "Single

Joke Medicine.

Binder."

He is a very practical, seriousminded man of business. The other day he met a friend, and related to him an alleged joke, and at its conclusion laughed long and heartily. The friend looked awkward for a

moment, and then said: "You'll have to excuse me, old man,

but I don't see the point." "Why, to tell you the truth, I don't just see the point myself. But I've made it a rule to laugh at all jokes; I think it's good for the health."

Deafness Cannot Be Cured

by local applications, as they cannot reach the discased portion of the car. There is only one way to
cure deafness, and that is by constitutional remedies.
Deafness is caused by an inflamed condition of the
mucous lining of the Eustachian Tube. When this
tube is inflamed you have a rumbling sound or imperfect hearing, and when it is entirely closed, Deafness is the result, and unless the inflammation can be
taken out and this tube restored to its normal condition, hearing will be destroyed forever; nine cases
out of ten are caused by Catarrh, which is nothing
but an inflamed condition of the mucous surfaces.

We will give One Hundred Dollars for any case of
Deafness (caused by catarrh) that cannot be cured
by Hall's Catarrh Cure. Send for circulars, free.

F. J. CHENEY & CO., Toledo, O.

Sold by Druggists, 75c.
Take Hall's Family Phils for constipation.

Didn't Stay There. Father-Didn't I tell you I would whip you if I caught you in the water

Son-Yes, sir, and that's the reason hurried out when I saw you coming.

What can harm us if we are true to ourselves and to what we think is right?-Black.

The highest medical authority on foods,

Sir James Crichton Browne, LL. D.-F. R. S.

ber 23rd, 1909, Dr. Browne, the foods, says, about brain and muscle building-"There is one kind of food

that seems to me of marked value as a food to the brain and (youth), and that is oatmeal.

in fats, organic phosphorus and lecithins.

as the mainstay of the Scottish laborer's diet and says it pro-

Good to Her Husband.

"George, dear," said Mrs. Dovekins, who had come downstairs in time to pour the coffee, "I'm going to walk to the car with you this morning. Aren't you glad?"

"Very glad, indeed, lovey. It's so nice of you to think of me and to get up early for the purpose of making it unnecessary to walk those dismal three blocks alone. How much do you ed Tougue, Pain in the Side, TORPID LIVER. They regulate the Bowels. Purely Vegetable want?

The cartoonist's wife was talking to a friend.

"I just know Fred didn't want to work at the office last night," she said.

asked. "Because in his sleep he said: 'Well, I'll stay, but I don't want to draw.'

As William bent over her fair face he whispered: "Darling, if I should ask you in French if I might kiss you, what would you answer?"

that follows taking a dose of castor She, calling up her scanty knowledge of the French language, exclaimed, "Billet doux."-Tit-Bits. move the bowels-tone up the

Aids Nature The great success of Dr. Pierce's Golden Medical Dis-

covery in curing weak stomachs, wasted bodies, weak lungs, and obstinate and lingering coughs, is based on the recognition of the fundamental truth that "Golden Medical Discovery' supplies Nature with body-build-ing, tissue-repairing, muscle-making materials, in con-densed and concentrated form. With this help Nature supplies the necessary strength to the stomach to digest food, build up the body and thereby throw off lingering obstinate coughs. The "Discovery" re-establishes the digestive and nutritive organs in sound health, purifies and enriches the blood, and nourishes the nerves-in short establishes sound vigorous health.

> If your dealer offers something "just as good," It is probably better FOR HIM---it pays better. But you are thinking of the cure not the profit, so there's nothing "just as good" for you. Say so.

Dr. Pierce's Common Sense Medical Adviser, In Plain English; or, Medteine Simplified, 1008 pages, over 700 illustrations, newly revised up-to-date Edition, paper-bound, sent for 21 one-cent stamps, to cover cost of mailing enly. Cloth-bound, 31 stamps. Address Dr. R. V. Pierce, Buffalo, N. Y.

oped, mentally energetic race,

good oatmeal such as Quaker

Oats not only furnishes

the best food for the human be-

ing, but eating it strengthens

and enlarges the thyroid gland

-this gland is intimately con-

nected with the nourishing pro-

"It seems probable therefore

that the bulk and brawniness of

the Northerners (meaning the

Scotch) has been in some measure

due to the stimulation of the

thyroid gland by oatmeal por-

because it is the best of all

The Scotch eat Ouaker Oats

SMALL PILL. SMALL DOSE. SMALL PRICE.

REFUSE SUBSTITUTES.

ress from Dyspepsia, In-

ligestion and Too Hearty

Eating. A perfect ren-edy for Dizziness, Nau-sea, Drowsiness, Bad

Taste in the Mouth, Coat

Genuine Must Bear

Fac-Simile Signature

Breuksood

In conclusion he says-

cesses of the body.

ridge in childhood."

PILLS.

CARTERS

Up-Set

His experiments prove that

of London, gives the best reasons for eating more

In an article published in the duces a big-boned, well-devel-

Youth's Companion of Septemgreat medical authority on

to the whole body throughout childhood and adolescence "Oats are the most nutritious of all the cereals, being richer

He says catmeal is gaining ground with the well-to-do of Great Britain. He speaks of it

CARTER'S Positively cured by these Little Pills.

How She Knew.

"Why, how do you know?" was

Lippincott's Magazine.

A Frencch Scholar.

oil, salts or calomel, is about the worst you can encure-Ugh-it gives one the creeps. You don't have to have it-CASCARETS



liver-without these bad feelings. Try them.

CASCARRTS for a box for a week's treatment, all druggists. Biggest seller in the world. Million boxes a month.

Sick Feeling

Live Stock and Miscellaneous Electrotypes

In great variety for sale at the lowest prices by

WESTERN NEWSPAPER UNION

554 W. Adams St.,

DEFIANCE STARCH—16 ounces to "DEFIANCE" IS SUPERIOR QUALITY.

W. N. U., LINCOLN, NO. 43, 1909.