

DISCOURAGED WOMEN.

A Word of Hope for Despairing Ones.

Kidney trouble makes weak, weary, worn women. Backache, hip pains, dizziness, headaches, nervousness, languor, urinary troubles make women suffer untold misery. Ailing kidneys are the cause. Cure them. Mrs. S. D. Elison, N. Broadway, Lamar, Mo., says: "Kidney trouble wore me down till I had to take to bed. I had terrible pains in my body and limbs and the urine was annoying and full of sediment. I got worse and doctors failed to help. I was discouraged. Doan's Kidney Pills brought quick relief and a final cure and now I am in the best of health."

Remember the name—Doan's. Sold by all dealers. 50 cents a box. Foster-Milburn Co., Buffalo, N. Y.

Aid Fight Against Tuberculosis.

At the recent meeting of the National Association of Bill Posters, held in Atlanta, Ga., it was decided to donate to the campaign against tuberculosis \$1,200,000 worth of publicity. The bill posters in all parts of the United States and Canada will fill the vacant spaces on their 3,500 bill boards with large posters illustrating the ways to prevent and cure consumption. The Poster Printers' association has also granted \$200,000 worth of printing and paper for this work. This entire campaign of bill-board publicity will be conducted under the direction of the National Association for the Study and Prevention of Tuberculosis in co-operation with the National Bill Posters' association.

The Newer Way.

Many ideas in regard to women have entirely changed, and among the better and wiser changes is that old thought that the women who were given to good works must needs be dowdy. It is undeniable that "good" women used to wear dowdiness as a sort of hall mark of virtue. As a matter of fact, dowdiness is merely a mark of bad taste and a sign of some lack in the mind. Women are no longer lacking in the wisdom that chooses pretty rather than ugly clothing, and those who do not make the best of their appearance are losing a golden opportunity of giving pleasure.

Severe.

Samuel Gompers was talking in the smokeroom of the Baltic about a recent newspaper attack on a rich corporation.

"It was a cruel attack," Mr. Gompers chuckled. "It was as cruel as the Jonesville Clarion's paragraph about old Deacon Hiram Ludlow."

"This paragraph hender the Clarion's obituary column. It said:

"Deacon Hiram Ludlow of Frisbie township, aged 82, passed peacefully away on Thursday last from single blessedness to matrimonial bliss after a short but severe attack by Maria Higgins, a blooming widow of 37 summers."—Detroit Journal.

Look at the Names.

In 4 A. D. Fearaidhach-Fionashtna was an Irish king, a "most just and good prince," who was slain by his successor, Flaithadh-Fion, who was treated to a similar fate by Fionadh-Fionohadh, "the prince with the white cows," who died at the hands of "the Irish peblains of Connaught." Eochair-Moidneadhain was one of the half dozen who died of natural causes, and Flaithheartagh was one of the two to resign the monarch's scepter for the monk's cowl.—New York Press.

Well, What?

"Pa!"
"Johnny, leave me alone and don't ask me another question!"
"Aw, jest one more an' then I'll keep still!"
"Well, what is it?"
"What relation is a cousin german to a Dutch uncle?"—Cleveland Leader.

BAD DREAMS Caused by Coffee.

"I have been a coffee drinker, more or less, ever since I can remember, until a few months ago I became more and more nervous and irritable, and finally I could not sleep at night for I was horribly disturbed by dreams of all sorts and a species of distressing nightmare."
"Finally, after hearing the experience of numbers of friends who had quit coffee and were drinking Postum, and learning of the great benefits they had derived, I concluded coffee must be the cause of my trouble, so I got some Postum and had it made strictly according to directions.

"I was astonished at the flavor and taste. It entirely took the place of coffee, and to my very great satisfaction, I began to sleep peacefully and sweetly. My nerves improved, and I wish I could wear every man, woman and child from the unwholesome drug—ordinary coffee."
"People really do not appreciate or realize what a powerful drug it is and what terrible effect it has on the human system. If they did, hardly a pound of it would be sold. I would never think of going back to coffee again. I would almost as soon think of putting my hand in a fire after I had once been burned."

"A young lady friend of ours had stomach trouble for a long time, and could not get well as long as she used coffee. She finally quit coffee and began the use of Postum and is now perfectly well. Yours for health."

Read "The Road to Wellville," in pkgs. "There's a Reason."
"Ever read the above letter? A new one appears from time to time. They are genuine, true, and full of human interest."

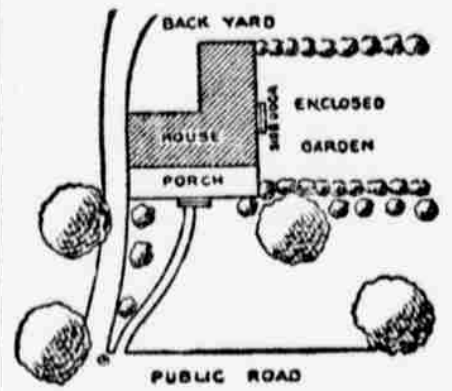
FARM AND GARDEN

MAKE FARM HOMES TASTEFUL

Practical Suggestions for Beautifying Country Residences in Any Locality.

Farming differs from every other sort of business in this, that the farm is not merely a factory and a place of business, but it is the home of the family, writes Prof. F. A. Waugh, of the Massachusetts Agricultural College, in Orange Judd Farmer. The importance of the farm as the home establishment is much greater than its importance as a place of business; and this makes it imperative that the place should be supplied with every available comfort and made attractive with every sort of beauty which substantial good taste can suggest.

The ordinary schemes of landscape gardening are not very suitable to the common farm. This is largely because the ambitious landscape gardener do not sufficiently consider the use of the farm as a factory and a place of business. The best that can be done in most cases is for the farmer, his wife and other advisers, to develop the grounds to the best of their own judgment and in the light of actual requirements. A few suggestions from the standpoint of a landscape



Suggestions for a Farmyard.

gardener, who is at the same time himself a farmer, may be of some assistance in this direction.

Simplicity is the keynote of good taste in everything. Therefore, let the design of the farm grounds be very simple. Do not try anything elaborate. Do not make the place look cluttered.

Have a good lawn. Nothing is more tasteful and satisfactory than good, clean, green grass. Even if the lawn is not very large and not elaborately graded, it will still be the most attractive part of the place. Have a few good trees. Nothing is more attractive about a farmhouse, with the possible exception of lawn grass, than large, dignified, noble trees.

For shrubs and other ornamental plants, use native species. The common native shrubs and plants are among the best of all ornamental materials.

If flower beds are desired, put them at the side or rear of the house, preferably in connection with the vegetable garden. Flower beds are usually a nuisance on the front lawn, and nearly always inappropriate about a farmyard.

Keep the front yard separate from the back yard. Everyone will readily remember a great many farms where this simple injunction is highly disregarded. It is not unusual to find a milk wagon or a chicken coop or hay rack left in the front yard of a farmhouse. Such things do not belong there.

Have some space about the house so arranged that it can be used for living and playing. We do not live out of doors as much in this country as we ought to. This statement applies even to farm families. A suitably built open porch, paved court, or clean grass plat, makes a delightful place for serving meals. Very often it is pleasanter to eat out of doors than in the house; and if definite plans are made, this is much easier than might be supposed. There should also be room in the garden for playing croquet, a secluded and shady spot where one can sit down to read or sew; and if the women of the house wish to give a party on the lawn, there should be every opportunity for it.

Keep the place clean and tidy. This is final evidence of good taste and an absolutely necessary condition in every circumstance.

Value of Manure.

Keep hauling manure out on the land as fast as it is made. It is of as much value to put it on the plowed ground as it is to plow it under. Harrowed well into the surface, it not only furnishes ready plant food, but serves as a mulch for holding moisture in dry weather. It may be scattered on corn ground to advantage all through the corn growing season as long as the wagon can be hauled down the corn rows. Cultivation will spread it and mix it with the soil and rains will dissolve out the richness and carry it into the roots of the corn.

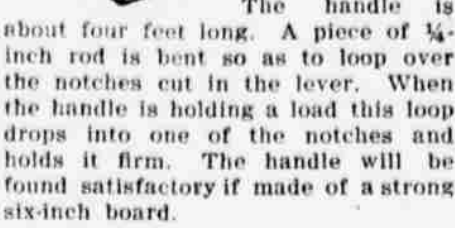
Rural Telephone a Success.

The rural telephone has come to be a practical farm utility, often paying for itself ten times over in one year. Man has long been trying to overcome time and space, and he has practically accomplished the result by the use of the telephone. Life in the country is not so slow with a telephone in your house and in the house of every neighbor.

HOW TO MAKE A WAGON JACK.

Illustration and Directions for Constructing One That Will Be Useful to Any Farmer.

The base for this wagon jack is 12 feet long, being made of a piece of plank. The standards are 22 inches long, fastened to a 2x4, which is mortised into the plank between the standards. The handle is about four feet long. A piece of 1/4-inch rod is bent so as to loop over the notches cut in the lever. When the handle is holding a load this loop drops into one of the notches and holds it firm. The handle will be found satisfactory if made of a strong six-inch board.



HANDY BERRY-PICKING CRATE

Two Baskets, Each Containing Four Quart Boxes, Can Be Made from Five-Gallon Oil Can.

Two picking baskets, each holding four quart boxes and having space in the center for culls, can be made from one of the square five-gallon oil cans in which coal oil is sold. Cut the can in two through the center, lengthwise, punch a hole at each side and put in a wire for a handle. After the four quart boxes are placed in the corners considerable space is left in the center into which all small, inferior berries can be put, thus grading the fruit as picked. After the boxes are lifted out the small fruit is quickly poured into some receptacle provided for it, for use in making jam or to be sold as seconds.

SWEEP FOR HAULING IN HAY.

One Can Be Made of a Few Pieces of Lumber That Will Carry a Large Load to Stack.

Use one piece 4x4 lumber 12 feet long and six pieces of 2x4, 7 feet long in making the sweep shown in the accompanying illustration. Five of these 2x4 pieces should be sharpened at one end so as to slide through the hay. They are fitted into places sawed into the piece of 4x4 about three-fourths inch deep and 18 inches apart, and there are securely bolted. The pieces of 2x4 should be fastened to the 4x4 about 5 feet from the pointed ends. The other 2x4 should be nailed on behind as indicated. The ends of the piece of 4x4 may be rounded off so as to hold a rope without slipping off.

A large load may be brought to the stack in this way, saving much time and labor.

CULTURE OF THE CABBAGE.

Should Be Planted on New Ground to Avoid Maggot Pest; How to Set Out.

Although it does not follow that planting on new ground will secure exemption from cabbage maggot attack, yet such is the tendency, and hence it will be well to plant or sow this crop as far as possible from any field infested the previous season. The adult flies do not travel far under normal conditions, and if they find shelter near their place of hatching are likely to hang around that place, and they will accept any substitute wild plant rather than fly to distant points hunting for cultivated plants.

The farther the plants are grown from previously infested areas the more apt they will be to remain free from attack, as a rule, and yet even in new ground, especially near a woods or in a sheltered situation, they sometimes become more or less infested. It is probable that in such cases there are wild cruciferous plants in the neighborhood in which the insects have been breeding or sheltered in which the flies have hibernated, and it further emphasizes that no matter where the crop is grown a close watch should be kept for the insect, and when once noted active measures should be begun at once. Likewise, avoid planting such crops on ground infested the previous season and follow such infested plots with some other cruciferous plants.

When cabbage and cauliflower plants are set out the soil should be tightly pressed around the stem of the plant at the surface, and the soil itself should be pressed down smooth, flat and firmly. The newly hatched maggot is feeble, and if it fails to get under cover promptly it is killed by the sun or falls victim to some of the prowling predatory insects continually on the lookout for food. On heavy soils this in itself affords a large measure of protection, and plants on such soils are not so much attacked. On lighter sandy soils it will be less useful, but will add to the difficulties of the maggot in establishing himself.

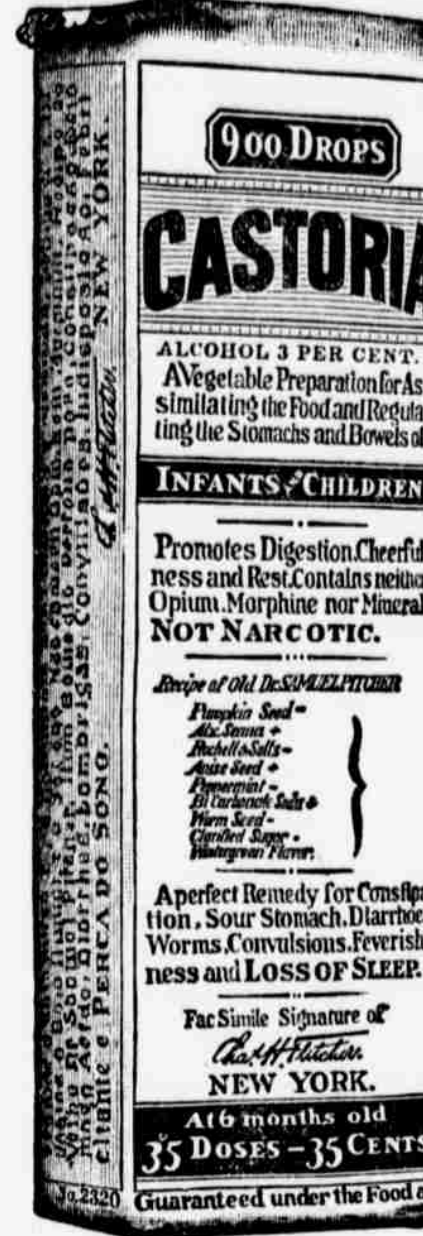
Make Permanent Improvements.

Every farmer should aim at permanent improvements. There is no structural or building material equal to concrete for plasticity, beauty and durability. Furthermore, it is exceedingly cheap, considering its lasting qualities. There is no end to the useful things for which it may be used. Haul sand and gravel every spare day you can, and during spare time of late summer and fall buy good cement and build something that, like the pyramids, will stand for all time.

What is Castoria.

CASTORIA is a harmless substitute for Castor Oil, Paregoric, Drops and Soothing Syrups. It is pleasant. It contains neither Opium, Morphine nor other Narcotic substance. Its age is its guarantee. It destroys Worms and allays Feverishness. It cures Diarrhoea and Wind Colic. It relieves Teething Troubles, cures Constipation and Flatulency. It assimilates the Food, regulates the Stomach and Bowels, giving healthy and natural sleep. The children's Panacea—The Mother's Friend.

The Kind You Have Always Bought, and which has been in use for over 30 years, has borne the signature of Chas. H. Fletcher, and has been made under his personal supervision since its infancy. Allow no one to deceive you in this. All Counterfeits, Imitations and "Just-as-good" are but Experiments that trifle with and endanger the health of Infants and Children—Experience against Experiment.



Letters from Prominent Physicians addressed to Chas. H. Fletcher!

Dr. F. Gerald Blattner, of Buffalo, N. Y., says: "Your Castoria is good for children and I frequently prescribe it, always obtaining the desired results."
Dr. Gustave A. Eisengraeber, of St. Paul, Minn., says: "I have used your Castoria repeatedly in my practice with good results, and can recommend it as an excellent, mild and harmless remedy for children."
Dr. E. J. Dennis, of St. Louis, Mo., says: "I have used and prescribed your Castoria in my sanitarium and outside practice for a number of years and find it to be an excellent remedy for children."
Dr. S. A. Buchanan, of Philadelphia, Pa., says: "I have used your Castoria in the case of my own baby and find it pleasant to take, and have obtained excellent results from its use."
Dr. J. E. Simpson, of Chicago, Ill., says: "I have used your Castoria in cases of colic in children and have found it the best medicine of its kind on the market."
Dr. R. E. Bakildson, of Omaha, Neb., says: "I find your Castoria to be a standard family remedy. It is the best thing for infants and children I have ever known and I recommend it."
Dr. L. R. Robinson, of Kansas City, Mo., says: "Your Castoria certainly has merit. Is not its age, its continued use by mothers through all these years, and the many attempts to imitate it, sufficient recommendation? What can a physician add? Leave it to the mothers."
Dr. Edwin F. Pardee, of New York City, says: "For several years I have recommended your Castoria and shall always continue to do so, as it has invariably produced beneficial results."
Dr. N. B. Sizer, of Brooklyn, N. Y., says: "I object to what are called patent medicines, where maker alone knows what ingredients are put in them, but I know the formula of your Castoria and advise its use."

GENUINE CASTORIA ALWAYS Bears the Signature of

Chas. H. Fletcher
The Kind You Have Always Bought
In Use For Over 30 Years.
THE CENTAUR COMPANY, 77 MURRAY STREET, NEW YORK CITY.

GOT HIM!



Gertrude—The man I marry must be a genius.
Bertie—Thank heaven we have met!

IN AGONY WITH ECZEMA.

Whole Body a Mass of Raw, Bleeding, Torturing Humor—Hoped Death Would End Fearful Suffering.

In Despair; Cured by Cuticura.

"Words cannot describe the terrible eczema I suffered with. It broke out on my head and kept spreading until it covered my whole body. I was almost a solid mass of sores from head to foot. I looked more like a piece of raw beef than a human being. The pain and agony endured seemed more than I could bear. Blood and pus oozed from the great sore on my scalp, from under my finger nails, and nearly all over my body. My ears were so crusted and swollen I was afraid they would break off. Every hair in my head fell out. I could not sit down, for my clothes would stick to the raw and bleeding flesh, making me cry out from the pain. My family doctor did all he could, but I got worse and worse. My condition was awful. I did not think I could live, and wanted death to come and end my frightful sufferings. In this condition my mother-in-law begged me to try the Cuticura Remedies. I said I would, but had no hope of recovery. But oh, what blessed relief I experienced after applying Cuticura Ointment. It cooled the bleeding and itching flesh and brought me the first real sleep I had in weeks. It was as grateful as ice to a burning tongue. I would bathe with warm water and Cuticura Soap, then apply the Ointment freely. I also took Cuticura Resolvent for the blood. In a short time the sores stopped running, the flesh began to heal, and I knew I was to get well again. Then the hair on my head began to grow, and in a short time I was completely cured. I wish I could tell everybody who has eczema to use Cuticura. Mrs. Wm. Hunt, 135 Thomas St., Newark, N. J., Sept. 28, 1908."

Potter Drug & Chem. Corp., Sole Props., Boston.

Our mistakes of yesterday are responsible for our worries of to-day.

USE THE BEST FAULTLESS STARCH FOR LAUNDRY WORK FOR SHIRTS COLLARS CUFFS AND FINE LINEN

HAMLIN'S WIZARD OIL GREAT FOR PAIN

THE OIL THAT PENETRATES

Ought to Be. "Is the man you recommend to us capable of good head work?" "Well, he's a barber." The mere fact that a man doesn't call you a liar is no reason that he doesn't think you are one.

Ask Your Druggist for Allen's Foot-Ease. "I tried ALLEN'S FOOT-EASE recently, and have just bought another supply. It has cured my corns, and the hot, burning and itching sensation in my feet which was almost unbearable, and I would not be without it now.—Mrs. W. J. Walker, Camden, N. J." Sold by all Druggists, 25c.

Life's Unequal Combat. You, a river, are contending with the ocean.—Latin.

THE FINEST FABRIC is coarse compared with the lining of the bowels. When irritated we have pains, diarrhea, cramps. Whatever the cause, take Painkiller (Perry Davis).

When a spinster marries a man who is already bald she doesn't get all that she is entitled to.

Lewis' Single Binder, the famous straight 5c cigar—annual sale 9,000,000.

Time will tell—unless the gossips beat it under the wire.



DODD'S KIDNEY PILLS FOR ALL KIDNEY DISEASES BRONCHITIS, RHEUMATISM, DIABETES, BACKACHE, GRAVEL, NEURALGIA, MIGRAINE, ETC. 375 "Guaranteed" Cures

FREE SAMPLES of Champion Washing Tablets, works wonders without rubbing. Works in cold water. Ask your grocer or write CHAMPLAIN, N.Y. OAKLAND, CAL. (not mixed with any other use.) Thompson's Eye Water

SICK HEADACHE

Positively cured by these Little Pills.

CARTER'S LITTLE LIVER PILLS. They also relieve Distress from Dyspepsia, Indigestion and Too Hearty Eating. A perfect remedy for Bile, Dizziness, Nausea, Drowsiness, Bad Taste in the Mouth, Coated Tongue, Pain in the Side, TORPID LIVER. They regulate the Bowels. Purely Vegetable. SMALL PILL. SMALL DOSE. SMALL PRICE.

CARTER'S LITTLE LIVER PILLS. Genuine Must Bear Fac-Simile Signature. Refuse Substitutes.

DAISY FLY KILLER

placed anywhere attracts and kills all flies, house flies, stable flies, mosquitoes, etc. It is clean, ornamental, convenient, cheap, long-lasting, and does not soil or tip over. Will not burn or injure anything. Guaranteed effective. Officially tested and approved by the Health Board, 150 No. 4th Street, Brooklyn, New York.

Shave Yourself NO STROPPING NO HONING



KNOWN THE WORLD OVER

3-STROKE SELF-FEED HAY PRESS

All hay and straw, that men can run it. Three strokes in one hour. Easy draft. Strong blades. Shipped on trial. Satisfaction guaranteed.

THE AUTO-FEED HAY PRESS COMPANY 1516 WEST 12th STREET KANSAS CITY, MO. Send for Catalog No. 12

PARKER'S HAIR BALM Cleanses and beautifies the hair. Promotes a luxuriant growth. Shines like the finest hair. Gray hair turns to youthful color. Cures scalp diseases and hair falling. 25c and 50c at Druggists.