

THE HINT GENTEEL.



Mr. Saphend—By Jove, it's nearly 12 o'clock. Perhaps I had better be going.

Miss Smart—Well, they say "Never put off till tomorrow what you can do today."

Obedience.

Prompt and unquestioning obedience is the corner stone of the foundation of success in life. No man can give orders properly who has not learned to take them, and "save he serve, no man may rule."

Sheer white goods, in fact, any fine wash goods when new, owe much of their attractiveness to the way they are laundered, this being done in a manner to enhance their textile beauty.

Not Hard to Please.

"Woman may be uncertain and coy," remarked the boarding house philosopher, "but she isn't hard to please. That's where the poet is wrong."

"What new light have you had on that subject, Mr. McGinnis?" asked the landlady.

"She'll put up with almost any kind of stick for a husband and wear any old thing on her head for a hat."

His Professional Habit.

"How did that sculptor leave his affairs?" "In a strictly professional condition."

"What do you mean?" "In statu quo."

Nebraska Directory

Vellie Wrought Iron Vehicles

Will Not Wear Out. Insist on having them—ask your local dealer or JOHN DEERE PLOW COMPANY, Omaha—Sioux Falls

REBUILT TRACTION ENGINES

WAREHOUSE FOREMAN WANTED who will invest \$3000 in business. Would you move to Lincoln? Address LOCK BOX 611, LINCOLN, NEB. References furnished on application.

Lightning Rods—Copper Cable

KODAKS We have a complete line of fresh Amateurs Photo Supplies. Our Amateur Finishing Department is in the hands of experts and equipped for prompt service.

Beatrice Creamery Co.

CREAM Monuments

HERBERT E. GOOCH CO. BROKERS AND DEALERS Grain, Provisions, Stocks, Cotton Main Office, 204-205 Fraternity Bldg. Lincoln, Nebraska.

GREEN FLAG ROOFING

F. W. BROWN LUMBER CO. LINCOLN, NEBRASKA

DON'T Wear Other Overalls When You Can Buy OAK BRAND OVERALLS

JUST AS CHEAP SOLD BY LEADING DEALERS EVERYWHERE

BYrne & HAMMER Dry Goods Co.

PROFITABLE TRUCK FARMING IN ATLANTIC COAST STATES

Besides the Staple Market-Garden Crops, There Are Many Others Which Are Peculiar to Certain Localities and Climate.



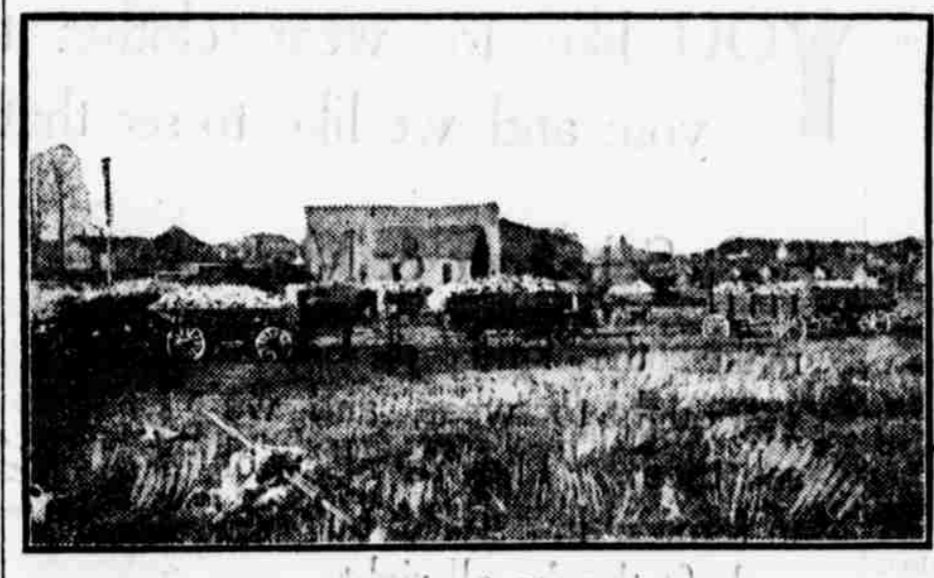
One Day's Harvest.

The development and extension of truck farming in the Atlantic coast states has been coincident with the development of transportation facilities throughout that section.

Transportation facilities, together with cheap labor and cheap lands at the south, have made it possible to produce products out of season at the north in competition with greenhouse products.

The first development of truck farming, as we now recognize it, as distinguished from market gardening, took place about Norfolk, Va., and Charleston, S. C. Both of these places were provided with steamship connections to northern ports before rapid railway transportation became a feature in the moving of perishable products and as a result of these advantages for reaching the markets these two ports became important truck-producing centers for supplying the northern trade.

Besides these advantages, the peculiar geographic formation of the territory immediately surrounding Norfolk gives it a winter climate characteristic of sections many miles southward. The fact that the coast line of the United States at this particular point is very broken, together with the proximity of the Gulf stream, gives this area a winter climate which enables it to produce some of the standard



Wagon with Cabbage at Sauerkraut Factory.

garden crops without protection and many of the more tender crops with only slight protection during the winter months. The islands off the coast of South Carolina, in the vicinity of Charleston, are so protected by the warm currents and by the atmosphere of the sea that orange trees are grown successfully in the open, and in some favorable seasons are known to produce fruit. It is therefore possible to grow the harder truck crops in the open and the more tender ones with very slight protection during the winter.

The advantages of the Norfolk region for truck work appealed to a Jerseyman by the name of Hugh Bates, who went to this section about 1840. Naturally he followed the practices of his home people of New Jersey in the new territory, and, while he found some of his precautions unnecessary, his work on the whole was successful. He was followed later by other growers from the same territory.

It was not until 30 years later that the first all-rail shipments of truck were made from this territory. Railways began carrying the products from Norfolk to northern markets in 1855, and from Charleston in 1858.

The methods employed to adapt cabbage to the requirements of the market and to the different areas in the trucking region are distinct and each forms a chapter in the cultural history of this important truck crop. For instance, at the south cabbage is a winter crop, seeds being sown during September and October, the plants transplanted to the field at the beginning of winter, and kept in a slowly growing condition throughout the colder portion of the year, to be forced rapidly by the addition of stimulating fertilizers early in the spring to supply the demands of the market as the warm weather comes on. This product is naturally very soft and must be consumed with little delay;

FOR THE LUNCHEON TABLE.

Hazelnut Wafers a Delicacy That Most Toss May Be Sure Will Be Greatly Appreciated.

These are quite a change from ordinary cakes, and are invariably appreciated. Required: Half a pound of flour, four ounces of brown sugar, two ounces of butter, two ounces of shelled and finely-chopped hazelnuts, four tablespoonfuls of milk, a few drops of lemon juice and vanilla.

Cream the butter and sugar with a wooden spoon until soft and white. Add the flour very lightly, then stir in the milk very slowly and smoothly. Shake in the nuts, and add lemon juice and vanilla to taste. Rub a half baking tin over very lightly with salad oil or butter. Spread some of the mixture very thinly on it, and mark it out into squares with a knife.

Bake in a moderately hot oven for about six minutes, or until set. Rub the handle of a wooden spoon over with a very little oil, cut out the wafers, lift them up, and press them round the spoon-handle, so as to curl them.

Draw each one gently off as it is molded. This process needs to be quickly done, or the mixture hardens. The best plan is to do it near the fire or by the oven door.

These wafers will keep for a long time if placed in an air-tight can. The nuts can be bought ready shelled and dried from any grocery.

Baked Steak.

Required: Three pounds of rump steak, one ounce and a half of butter, one pint of stock, three large Spanish onions, four cloves, two tablespoonfuls of Worcester sauce, cayenne and salt to taste, half an ounce of flour.

First fry the steak in butter till nicely browned, then put it in a baking pan, with the fat in which it was fried. Have ready the parboiled insides of two or three large Spanish onions, put it in a baking pan, with the fat in which it was fried. Have ready the parboiled insides of two or three large Spanish onions, put these with the steak, cloves, one pint of stock, the Worcester sauce (or ketchup), cayenne and salt to taste. Cover the pan and bake slowly for two hours. Slice the outer parts of the onions and fry them a golden brown, dish the stew, and thicken the gravy, colored to a nice brown, and strain over. Garnish with fried onions and serve.

Fixing Old Chairs.

If you have old rush bottom or cane-seated chairs and do not want to go to the expense of having them recaned, try making a seat for them at home.

Cut away carefully the caning and nail strips of girthing tightly across the opening. Cover with a piece of fine fibre matting or burlap, just the shape of the seat, but a half-inch larger. Turn in the edges all around and nail to the chair with brass-headed tacks for studding.

If the woodwork has grown shabby, buy a preparation that quickly removes and softens the varnish and scrape with pieces of glass. The chair can then be done up with any desired stain.

Savory Pancakes.

Required: Six tablespoonfuls of flour, three eggs, a tablespoonful of minced scallion, a tablespoonful chopped parsley, half a tablespoonful of pepper, lard for frying.

Put the flour into a basin with a small teaspoonful of salt. Make this into a batter of proper consistency with three eggs beaten up in a little milk till smooth. Then stir in a tablespoonful of minced onion, parsley and a liberal seasoning of pepper. Let the batter stand for two hours, and fry a small coffee-cupful at a time in a little boiling lard. Roll up each pancake as soon as finished, dust with salt and coralline pepper, and serve hot.

Summer Bedding.

Inexpensive as ordinary cheesecloth is, it makes excellent summer bed comforts if lined with split cotton and tied with baby ribbon. True, these comforts will not wash without color fading, but they are so very inexpensive that one could afford new ones when old ones were too badly soiled for use. Pale blue cloth, knotted with pink, yellow or blue, is very pretty; lavender knotted with white is equally attractive and white knotted with green is cool looking.

Lancashire Pudding.

Line a pie dish with good short crust paste; line also the edges of the dish, and brush over with egg. Beat up two eggs, add half a pint of warm milk, two ounces brown sugar, the grated rind of one lemon, and one-fourth pound of currants. Bake till set, and serve either hot or cold.

Light Biscuit.

To each quart of wheat flour add one-half cup of graham flour. This makes delightful biscuits and are much more healthful, as the graham flour does not lie heavily on the stomach as the white flour does. More graham may be added if desired.

Sandwich Ham.

After blanking a piece of ham the short shank end is generally stringy and often wasted. If this is passed twice through a meat chopper and then mixed with a little sweet cream, it makes ham which is excellent for sandwiches.

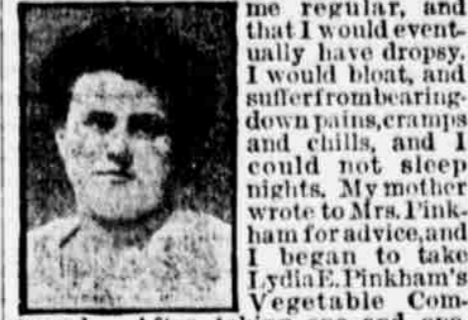
Caps for Rockers.

Little caps made of heavy cloth and fitted over the ends of rockers save much scratching on baseboards and other furniture from having rocking chairs pushed against them.

MOTHERS WHO HAVE DAUGHTERS

Find Help in Lydia E. Pinkham's Vegetable Compound

Winchester, Ind. — "Four doctors told me that they could never make me regular, and that I would eventually have dropsy. I would bloat, and suffer from bearing-down pains, cramps and chills, and I could not sleep nights. My mother wrote to Mrs. Pinkham for advice, and I began to take Lydia E. Pinkham's Vegetable Compound. After taking one or one-half bottles of the Compound, I am all right again, and I recommend it to every suffering woman." — MRS. MAY DEAL, Winchester, Ind.



Hundreds of such letters from girls and mothers expressing their gratitude for what Lydia E. Pinkham's Vegetable Compound has accomplished for them have been received by The Lydia E. Pinkham Medicine Company, Lynn, Mass.

Girls who are troubled with painful or irregular periods, backache, headache, dragging-down sensations, fainting spells or indigestion, should take immediate action to ward off the serious consequences and be restored to health by Lydia E. Pinkham's Vegetable Compound. Thousands have been restored to health by its use.

If you would like special advice about your case write a confidential letter to Mrs. Pinkham, at Lynn, Mass. Her advice is free, and always helpful.

BEYOND DOUBT.



"I suppose you mistake me for a fool?" "Mistake you? My dear boy, I know you too well!"

SKIN ROUGH AS BARK.

Baby Boy Had Intense Itching Humor — Scratched Till Blood Ran. Found a Cure in Cuticura.

"Our son, two years old, was afflicted with a rash. After he suffered with the trouble several weeks I took him to the doctor but it got worse. The rash ran together and made large blisters. The little fellow didn't want to do anything but scratch and we had to wrap his hands up to keep him from tearing the flesh open till the blood would run. The itching was intense. The skin on his back became hard and rough like the bark of a tree. He suffered intensely for about three months. But I found a remedy in Cuticura Soap and Cuticura Ointment. The result was almost magical. That was more than two years ago and there has not been the slightest symptom of it since he was cured. J. W. Lauck, Yukon, Okla., Aug. 28 and Sept. 17, 1908." Potter Drug & Chem. Corp., Sole Props., Boston.

He who is false to duty breaks a thread in the loom, and will find the flaw when he may have forgotten the cause.—H. W. Beecher.

Mrs. Winslow's Soothing Syrup. For children teething, softens the gums, reduces inflammation, allays pain, cures wind colic. See a bottle.

She is a wise young wife who tries her first cake by a tramp.

Occasionally a dressmaker gives her husband fits.

DODD'S KIDNEY PILLS FOR ALL KIDNEY DISEASES. FOR RHEUMATISM BRIGHT'S DISEASE DIABETES BACKACHE. GUARANTEED CURE.

PARKER'S HAIR BALM Cleanses and beautifies the hair. Promotes its natural growth. Never Fails to Restore Gray Hair to its Youthful Color. Cures scalp diseases, Itch, Dandruff, etc., and is sold at Drugstores.

ALLEN'S FOOT-EASE Shake Into Your Shoes. Allen's Foot-Ease is a powder for the feet. It relieves painful, swollen, smarting, nervous feet, and instantly takes the sting out of corns and bunions. It's the greatest comfort discovery of our age!

45 to 50 Bu. of Wheat Per Acre have been grown on farm lands in

WESTERN CANADA



Much land would be satisfactory. The general average is above twenty bushels.

"I have found in their prices of the great crops and that wonderful country." Fact from correspondence National Editorial Association of August, 1908.

It is now possible to secure a homestead of 160 acres free and another 160 acres at \$3.00 per acre. Hundreds have paid the cost of their farms (if purchased) and then had a balance of from \$10.00 to \$12.00 per acre from one crop. Wheat, barley, oats, flax—all do well. Mixed farming is a great success and dairying is highly profitable.

"Last Best West" pamphlets and maps sent free. For these and information as to how to secure lowest railway rates, apply to Superintendent of Immigration, Ottawa, Canada, or the authorized Canadian Government Agent:

W. V. BENNETT, 801 New York Life Building, Omaha, Nebraska.

Paxtine TOILET ANTISEPTIC

THE TEETH Paxtine excels any dentifrice in cleaning, whitening and removing tartar from the teeth, besides destroying all germs of decay and disease which ordinary tooth preparations cannot do.

THE MOUTH Paxtine used as a mouth-wash disinfects the mouth and throat, purifies the breath, and kills the germs which collect in the mouth, causing sore throat, bad teeth, bad breath, grippe, and much sickness.

THE EYES when inflamed, tired, ache relieved and strengthened by Paxtine.

CATARH Paxtine will destroy the germs that cause catarrh, heal the inflammation and stop the discharge. It is a sure remedy for uterine catarrh.

Paxtine is a harmless yet powerful germicide, disinfectant and deodorizer. Used in bathing it destroys odors and leaves the body antiseptically clean.

FOR SALE AT DRUG STORES, ETC. OR POSTPAID BY MAIL.

LARGE SAMPLE FREE! THE PAXTINE TOILET CO., BOSTON, MASS.

SICK HEADACHE

Positively cured by these Little Pills. They also relieve Dizziness, Indigestion and Too Heartily Eating. A perfect remedy for Dizziness, Nausea, Drowsiness, Headache, Pain in the Stomach, Biliousness, Flashes, Ringing, Pain in the Side, TORPID LIVER, etc. Purely Vegetable.

Genuine Must Bear Fac-Simile Signature. REFUSE SUBSTITUTES.

Constipation— Nearly Every One Gets It

The bowels show first sign of things going wrong. A Cascarel taken every night as needed keeps the bowels working naturally without grip, gripe and that upset sick feeling.

Ten cent box, week's treatment. All drug stores. Biggest seller in the world—million boxes a month.

Readers of this paper desiring to buy anything advertised in its columns should insist upon having what they ask for, refusing all substitutes or imitations.

placed anywhere it will destroy all insects, mites, ticks, lice, fleas, beetles, caterpillars, etc. It is a safe and reliable insecticide for all domestic purposes. Write for full particulars to: B. J. RAY, 1200 St. John St., Brooklyn, N. Y.

DAISY FLY KILLER

Always Ready Always Sharp NO STROPPING NO HONING

LAND—IRRIGATED—LAND. Perpetual water right. Fine water; productive soil; crop failures unknown; 50 bu. wheat per acre; 50 to 100 bush. alfalfa; beautiful climate; free timber; easy terms; write now. LINCOLN LAND CO., Rock Springs, Wyoming.

Thompson's Eye Water. W. N. L., LINCOLN, NO. 24-1909.

ALLEN'S FOOT-EASE

Allen's Foot-Ease is a powder for the feet. It relieves painful, swollen, smarting, nervous feet, and instantly takes the sting out of corns and bunions. It's the greatest comfort discovery of our age!