| ROOSEVELT OFF | of the |
| :---: | :---: |
|  |  rallway to Port Florence. on whe athores of Lake Victoria Nyanan, where |
| EX.PRESIDENT SAILS AWAY TO DARK CONTINENT. | a short stop will bo made, then a steamer will be taken to Entebe, milles nway. There a caravan will be ter an |
|  |  |
|  |  |
| Then He Will Travel and Speak in Europe- Tiree Skilled Naturalists and His הun Kermit Accom. $t$ any Him. | In a general way the course of the Nile will be followed to Gondokoro, |
|  |  |
| New York.-Theodore Roosevelt, ex president of the United States, sailed out of New York harbor Tuesday on the steamer Hamburg of the Hamburg heralded hunting trip in British Eas Africa. |  |
|  |  |
|  |  |
|  |  |
|  |  |
| of Mr. Roocevelts's a triends, who had |  |
|  |  |
|  |  |
| rail of the steamer wavthg his hand and smliling with dellight. Beside him |  |
|  |  |
| stood the three men selected from hundreds of applicants to accompany |  |
| hlm and assist hm in collecting the |  |
| speeimens of Afrrcan fauna which he |  |
| of the Smithsonian institution. These fortunate individuals were Maj. Ed |  |
|  |  |
| gar A. Mearns, J. Loring Alden and Smithsontan's expedition. The fifth |  |
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\begin{gathered}
\text { LESS MEAT } \\
\text { Advice of Family Physiciar }
\end{gathered}
$$ Formerly people thought meat nec.

$\begin{aligned} & \text { essary } \\ & \text { vigor } \\ & \text { ftrengh and muscular }\end{aligned}$ vigor. man who worked hard was sup-
The med to require meat two or three posed to require meat two or three
times a day. Sclence has found out
difere

$$
\begin{aligned}
& \text { pepsia and nervousess. My physician } \\
& \text { advised me to eat less meat and } \\
& \text { grease moor }
\end{aligned}
$$

## $$
6
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\begin{aligned}
& \text { differently. } \\
& \text { t fi now a common thing for a fam. } \\
& \text { fiy physictan to order leess meat, as in } \\
& \text { the tolowing letter from a N. Y man. } \\
& \text { I Ihad suffered for years with dys. } \\
& \text { pepsia and nervousness. My physlelan }
\end{aligned}
$$breakfast of chops, trice of my motatos, usual

but got no relief until I tried Grape.ccereal part of my meals for two years,
am moneam now a well man. Grape-Nuts,
benefted my health far more than the$\$ 500.00$ worth of medicine I had takenbefore.
"My wife and chlldren are healthlerthan they had been for years, and we
are a very happy family, largely due toare a very happy familly, largely due to
Grape Nuts."We have been so much benefted
by Grape-Nuts that it would be un-crateful not to acknowledge it."
Name given by Postum Co., Battle



8Ask for the Baker's Cocoa bearing this trademark. Don't be misled by imitations
The genuine sold everywhere
PUTNAM FADELESS DYES

