



Try these Bakers' Raisin Pies
—save baking at home

THERE are luscious raisin pies just around the corner, at your grocer's or a bake shop.

Baked to a turn—a flaky crust filled with tender, tempting raisins, the rich juice forming a delicious sauce.

Once try these pies that master bakers bake fresh daily in your city and you'll never take the trouble afterwards to make raisin pies at home.

Get a pie now and let your men folks taste it.

Made with tender, thin-skinned, meaty, seeded Sun-Maid Raisins.

Raisins furnish 1560 calories of energizing nutriment per pound in practically predigested form.

Also a fine content of food-iron—good food for the blood.

Use raisins frequently, therefore, which are both good and good for you, in puddings, cakes, cookies, etc.

You may be offered other brands that you know less well than Sun-Maid's, but the kind you want is the kind you know is good. Insist, therefore, on Sun-Maid brand. They cost no more than ordinary raisins.

Mail coupon for free book of tested Sun-Maid recipes. Learn what you can do with luscious raisins.

SUN-MAID RAISINS
The Supreme Pie Raisin

Your retailer should sell you Sun-Maid Raisins for not more than the following prices:

Seeded (in 15 oz. blue pkg.)—20c
Seedless (in 15 oz. red pkg.)—18c
Seeded or Seedless (11 oz.)—15c



Blue Package

CUT THIS OUT AND SEND IT

Sun-Maid Raisin Growers,
Dept. N-553-7, Fresno, California
Please send me copy of your free book, "Recipes with Raisins."

NAME.....
STREET.....
CITY..... STATE.....

Indian Lodge Tales

By
Ford C. Frick

THE WORLD OF SUN AND BLUE SKY

NOW when the Navajos climbed from the world of darkness into the world of moon and stars they were very happy, and for many years they flourished and prospered under the guidance and leadership of their great chief, Chis-Chil-E-Go.

All the warriors and the elders of the tribe, who had lived in darkness for many years, rejoiced at the new twilight they had found, and were content to rest in this world in peace and happiness. They planted their crops and fished in the streams and hunted in the mountains and valleys, and reared their families in the light of the moon and the stars.

But it so happened that years passed, and the elders of the tribe died, and the younger men became leaders—and they were discontented and unhappy, and they began to seek about for new worlds and new streams and new forests.

There was in this world of twilight a great lake, and in the center of the lake was a great lily that grew and grew until no man could see the top and only the whiteness of the moonlight on its enormous petals was reflected for the tribesmen to see. The Navajos watched the lily, and saw it grow, and they were curious, but none among them was brave enough to swim the lake or climb the lily stalk.

But finally there came a young man as chief, the great grandson of Chis-Chil-E-Go, and he was very brave and very venturesome. Seeing the sadness and discontent of his people in the land of twilight and shadow, his heart was sore oppressed and he determined to find a new world where happiness would come to everyone. So for days he prayed to the Great Father for advice, and in his prayers came the vision of a new world where there was great light and warmth, and where there were days and nights—a land of green fields and wooded hills.

So, bidding his people wait for him, he jumped into the lake and swam to the great lily stem, and this he entered and the door closed behind him. And inside the lily stalk he found a great hall leading upward and upward, and this he climbed. For days and days he continued to climb.

But finally one day he looked up and saw light, and so he pushed on upward and upward, until he stepped out from the lily stalk into a lily blossom.

The lily blossom lay in the middle of a great lake, and the lake was situated in a new world—a world of sunshine and green trees. There it was that the Navajo chieftain first saw the sun, and when he saw the great father of fire he was frightened and amazed, and he fell on his face and worshipped it, and gave thanks for the new world which he had found.

When he arose and swam to the shore he found a world of happiness and content; warmed by the rays of the father sun, where birds sang, and animals played in the fields, and flowers bloomed and everything was gay.

Then like his great grandfather he remembered his own people, and taking food from the trees and the streams he went back through the lily stalk to the land of twilight, and there he called the tribesmen about him and told of the discovery he had made. Many of the people believed him, but some did not, and there was much discussion. But finally the tribe decided to divide, and those who were brave and strong started for the new world, but those who were weak or old, or afraid, remained behind in the world of twilight.

So the young chief and his party started out, and they climbed the lily stalk and came into the world of sunshine and warmth, and like their chief they fell on their faces and thanked the Father Sun for the new world which he had given them.

So it was that the Navajos came into the world of sunshine which they know today—and when they had come here then they planted their crops, and built their homes, and tended their herds even as they do unto this day.

But those who were weak and afraid, and who had remained behind were lost forever—for when the tribe had ascended to the new world then the great lily dried up and disappeared, and where it had grown there was only a mammoth mountain, shutting off forever the road to the land of twilight.

Guide to Visitors.

A busy literary man tacked the following announcement on the door of his residence: "No admission except on business. No business transacted here." The legend on the back door was like unto it: "Please do not enter without knocking. Please do not knock."

American Indians Asiatics?

The American Indians are probably descended from immigrants from Asia by way of Alaska and the Aleutian islands.

Rev. B. M. Bridges Gives Facts in His Case

It is doubtful if there has ever been a medicine endorsed by so many ministers of the Gospel as has Tanlac. Indeed, there is scarcely a faith, creed or denomination in all the land in which one, or more, of the clergymen has not publicly expressed their indebtedness to the Premier Preparation for the benefits they have derived from its use.

One of the latest to speak out in this connection is Rev. B. M. Bridges, a widely known and beloved Baptist preacher, residing at Mooreboro, N. C., whose statement follows:

"Tanlac has given me a good appetite, toned up my system and renewed my strength in such a gratifying way that I am glad to recommend it to anyone who is in a run-down condition. For ten years past I have had such a severe case of indigestion that I could not find anything to eat that agreed with me. Finally I became very nervous and could get but very little sleep or rest.

"It seems that I took nearly everything trying to get myself right, but nothing helped me until I ran across Tanlac. My nerves are so much better now that my sleep is sound and refreshing. I enjoy my meals and have also gained weight. I can say from experience that Tanlac is a splendid medicine and tonic, for it has built me up wonderfully."

Tanlac is sold by all good druggists.—Advertisement.

A Knockout.

Dix—I see that a famous doctor has placed his O. K. on pie for breakfast.
Dix—It would be a K-O for me.

Shave With Cuticura Soap

And double your razor efficiency as well as promote skin purity, skin comfort and skin health. No mug, no slimy soap, no germs, no waste, no irritation even when shaved twice daily. One soap for all uses—shaving bathing and shampooing.—Advertisement.

A woman is never sure that she is happily married until she discovers that she isn't.

Red Cross Ball Blue is the finest product of its kind in the world. Every woman who has used it knows this statement to be true.—Advertisement.

When you hear a man refer to a baby as "it" you can safely bet that he is a bachelor.

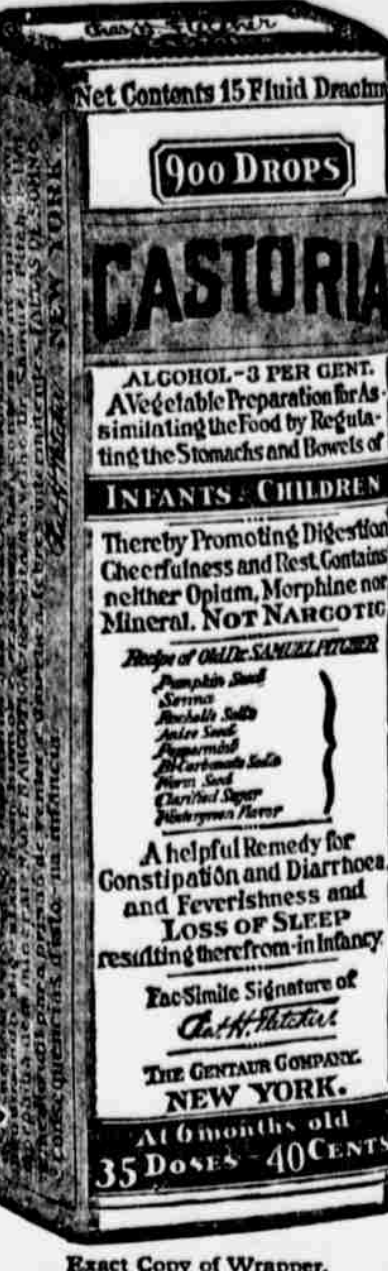
10 Cents Gives Charming New Shade to Old Lingerie
PUTNAM FADELESS DYES—dyes or tints as you wish

Rare Find in English Church.

After three centuries of concealment behind plaster and rubbish, the remains of a Fourteenth century stained-glass window have been discovered at Chelsea (England) Old church. The old glass, which is of immense value, was found between layers of soft plaster behind a mass of old bricks. In one window only a fragment of a border was found, but in the other a panel two feet by two was brought to light. The panel is nearly complete, the head of the figure—apparently that of St. Lawrence or St. Stephen—is missing. The glass seems to be of a date not later than the middle of the Fourteenth century. With the exception of Westminster abbey, there is no London church with its own glass of so early a date.

Possibly as many men succeed by following an impulse as by following a plan.

Love is the real thing until the newness begins to wear off.



CASTORIA
For Infants and Children.
Mothers Know That Genuine Castoria Always Bears the Signature of Dr. J. C. Hutchins
In Use For Over **Thirty Years**
CASTORIA



Spohn's Disteremper Compound
DON'T LET THAT COUGH CONTINUE!
will knock it in very short time. At the first sign of a cough or cold in your horse, give a few doses of "SPOHN'S." It will act on the glands, eliminate the disease germ and prevent further destruction of body by disease. "SPOHN'S" has been the standard remedy for DISTEMPER, INFLUENZA, PINK EYE, CATARRHAL FEVER, COUGHS and COLDS for over a quarter of a century. Sold in two sizes at all drug stores.
SPOHN MEDICAL COMPANY
GOSHEN, INDIANA

CONSTIPATION
Take a good dose of **Carter's Little Liver Pills**—then take 2 or 3 for a few nights after. They cleanse your system of all waste matter and **Regulate Your Bowels.** Mild—as easy to take as sugar. *Genuine bear signature—Beechwood*
Small Pill. Small Dose. Small Price.

Need for Worry.
Stella—I'm to be married next week and I'm terribly nervous.
Ella—I suppose there is a chance of a man getting away up to the last minute.—London Mail.

DYED HER SKIRT, DRESS, SWEATER AND DRAPERIES WITH "DIAMOND DYES"

Each package of "Diamond Dyes" contains directions so simple any woman can dye or tint her worn, shabby dresses, skirts, waists, coats, stockings, sweaters, coverings, draperies, hangings, everything, even if she has never dyed before. Buy "Diamond Dyes"—no other kind—then perfect home dyeing is sure because Diamond Dyes are guaranteed not to spot, fade, streak, or run. Tell your druggist whether the material you wish to dye is wool or silk, or whether it is linen, cotton or mixed goods.—Advertisement.

Rabbit Cannery May Solve Problem.
In Argentina a rabbit cannery has been established in the hope of ridding some sections of the country of a pest in a profitable way.

Sure Relief FOR INDIGESTION
BELL-ANS
INDIGESTION 25 CENTS
6 BELL-ANS Hot water Sure Relief
BELL-ANS
25c and 75c Packages, Everywhere

Dizzy Spells
Are Usually Due to Constipation
When you are constipated, not enough of Nature's lubricating liquid is produced in the bowel to keep the food waste soft and moving. Doctors prescribe Nujol because it acts like this natural lubricant and thus replaces it.
Nujol is a lubricant—not a medicine or laxative—so cannot gripe. Try it today.
Nujol
A LUBRICANT—NOT A LAXATIVE

PARKER'S HAIR BALM
Removes dandruff, restores color and beauty to gray and faded hair. Sells at 10c at drug stores.
HINDERCORNS Removes Corns, Calluses, etc. stops all pain, restores comfort to feet, makes walking easy. Sold by mail or at drug stores. *Hinder Corns, World's Footcure, N. Y.*
W. N. U., LINCOLN, NO. 45-1922.

If we have good brains are we grateful enough to Providence or are we vain?

A grindstone's color is gray; and when a man has his nose to the grindstone, life looks gray.

It's well to have a song in your heart, especially if you haven't the right kind of voice.

A FEELING OF SECURITY

You naturally feel secure when you know that the medicine you are about to take is absolutely pure and contains no harmful or habit producing drugs.

Such a medicine is Dr. Kilmer's Swamp-Root, kidney, liver and bladder remedy. The same standard of purity, strength and excellence is maintained in every bottle of Swamp-Root.

It is scientifically compounded from vegetable herbs.

It is not a stimulant and is taken in teaspoonful doses.

It is not recommended for everything. It is nature's great helper in relieving and overcoming kidney, liver and bladder troubles.

A sworn statement of purity is with every bottle of Dr. Kilmer's Swamp-Root.

If you need a medicine, you should have the best. On sale at all drug stores in bottles of two sizes, medium and large. However, if you wish first to try this great preparation send ten cents to Dr. Kilmer & Co., Binghamton, N. Y., for a sample bottle. When writing be sure and mention this paper.—Advertisement.

A million dollars' reward will never bring back lost time.

A stout heart crushes ill luck.



Mrs. Emma Gunter
Decatur, Ill.—"At various times during my married life I have been greatly benefited by two of Dr. Pierce's medicines, Golden Medical Discovery and Favorite Prescription. The Golden Medical Discovery restored me to health at one time when I had a deep-seated bronchial cough and was in a weakened, debilitated state of health; and during one of my expectant periods Favorite Prescription proved not only to be a splendid tonic and nerve but I had practically no suffering. It is a pleasure to recommend medicines so reliable as Dr. Pierce's and I do so at every opportunity."—Mrs. Emma Gunter, 1228 N. Calhoun St.

Your neighborhood druggist can supply you with either of these famous remedies in tablets or liquid. Do not neglect your health. Write Dr. Pierce, Pres. Invalids' Hotel, Buffalo, N. Y., for free medical advice.

Are you among these thousands?
THOUSANDS of people keep on trying, year after year, to build health from food that has been robbed of certain elements required for perfect nutrition.
If your food doesn't contain the mineral properties that go to build up nerve, tooth and bone structure, there is no other means by which you can get these vital elements.
This is one reason why so many well-informed people eat Grape-Nuts
Get a package of Grape-Nuts from your grocer today, and give the family a help to health.
Grape-Nuts
—the Body Builder
Postum Cereal Co., Inc. Battle Creek, Mich.

—the food that enriches the blood, and builds sound, healthy bodies.
Grape-Nuts is made from whole wheat flour and malted barley—baked for 20 hours, which develops the natural richness of the grains and makes for ready digestibility.
And Grape-Nuts is perfectly delicious—served with milk or cream, or made into an appetizing pudding for dinner.