

After Every Meal

WRIGLEY'S

helps the stomach.

After a hearty meal, try its friendly relief and comfort to the over-burdened stomach.

It is the beneficial and satisfying sweet for old and young.

And the cost is very small.

Try the New P. K.

Adds a Zest—Helps Digest

Some Dogs and Some Folks

By C. B. WHITFORD

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A dog with a "gallus" movement and an air walked into the doctor's office and said with a show of pride: "I'm a Bohemian, Doc. Is there anything you can do for that ailment? I've had it long enough and I feel like getting rid of it if I can."

"Are you a sure-enough Bohemian, Jack, or are you just a plain tramp alley dog?"

"Oh, I'm the real thing. I know it, because I've got qualities and I haven't got a home. I just knock about and see all there is to be seen and mix with all sorts of dogs and folks. I eat at any old time, and I eat all the outlandish stuff on the market. And then I've got genius enough to knock all the other dogs I meet. I know lots of things you wouldn't think I knew. But somehow I can't get much more than a few bones and a poor bed for it all. I'm a Bohemian, all right, and I'm just waiting for some one to come along and appreciate me. You might show me how to promote this idea."

"About all the genius that ain't busy is in Bohemia. Of course genius don't always eat like other folks, but for all that the Bohemian is a good fellow. Every one used to enjoy buying him a glass of beer, and it was a real pleasure to see him eat a handout with it, just as if it were a bit of delicatessen or some high-priced hand-picked food. You can't pinch a real Bohemian anywhere, but what you'll squeeze out a little information, more especially if you pinch him in the artistic parts. He don't look any more like an esthetic than you do, Jack, but he is esthetic to the core. When you find the real Bohemian you are in luck if he will let you hand him a big piece of money for a little piece of work. One thing makes me think you are only a tramp with a high-sounding title is the fact that you are really and earnestly looking for a job. Dogs are just like folks, Jack, once they get the Bohemian habit they don't want to get cured, at least they never go hunting for medicine."

"Oh, I ain't so stuck on getting a job that I'll take anything that comes along. You have got to show me something pretty good, and the folks that get me have got to understand that I am just a little eccentric. I can't bear to be interfered with. I've got to have by own way or I make trouble. I don't exactly have to have a new job, and maybe if I got a good one I wouldn't keep it long. What I really crave just now is a change."

"Just what I thought. You wouldn't keep a steady job if you had one. You would soon be back to the free-and-easy life of the alley. Men get a kind of bulging genius sometimes that cracks their heads. Then they become number two Bohemians and there they stick until they get to be old enough to be picked up by some good aunt, who is herself old enough to appreciate the eccentricities of genius. As long as you can outmaneuver the dog catcher, Jack, and can work your genius for a bone and a bed, you'll stick to the joys of the alley. Perhaps when you get to be old some one will let you lie around their place and tell their friends what a great dog you might have been. Dogs and folks are pretty much alike. They get to thinking they have qualities, and then they persuade themselves it's a fine thing to be as free as air and uneasy as a bird, without a steady eating place or a regular bed. You've got the habit all right, Jack, and you won't be suited away from the alley and the alley life. You are too young for a change."

Forest Station Established.

So marked has been the destruction of the timber lands in the southern Appalachian region that the Department of Agriculture has established a new forest experiment station at Asheville, N. C., to determine methods of conservation and control, says the Scientific American. This station is the first of its kind in the eastern states. A further object of the establishment is to secure information for forests regarding the handling of southern trees.

Her First Love Affair.

When I was six years old I thought I was in love with a boy the same age. We both attended private kindergarten. While he was out of the room I fixed his chair and when he came back to sit down I pulled it from under him. He cried and had to be taken home, and that ended my "first love affair."—Exchange.

One secret of success is constancy of purpose.

After Thorough Trial a Detroit, Mich., Man Endorses Pe-ru-na

The following letter written from Detroit, Michigan is no snap judgment expressed on the merits of PE-RU-NA, the well-known catarrh remedy, but rather a mature, sober opinion formed after a full year's trial.

This is the way Mr. Michael Fako of 906 East Palmer Avenue, in the Michigan Metropolitan, writes: "After using PE-RU-NA for about one year I have found it a very good medicine for catarrh. It has helped me a great deal and I am very well satisfied. I have gained in weight, eat and sleep well, my bowels are regular and better color in my face."

"PE-RU-NA has done wonders and to me is worth its weight in gold. I shall continue to use PE-RU-NA as long as I live and recommend to my friends who are troubled with catarrh." Nothing can be more convincing than an endorsement of this nature from an actual user. There are many people in every community whose experience, in using PE-RU-NA, has been identical with Mr. Fako's. It is the standby for coughs, colds, catarrh, stomach and bowel disorders and all catarrhal conditions. Put up in both tablet and liquid form. SOLD EVERYWHERE.

HOW TWO WOMEN ESCAPED OPERATIONS

Doctor Advised Use of Lydia E. Pinkham's Vegetable Compound

Happy Results in Both Cases

St. Joseph, Missouri.—"Both of my sides swelled and hurt me so that I could not move or do any of my work. There was heavy pressure and pains through my lower organs and the doctor told me to try Lydia E. Pinkham's Vegetable Compound for these troubles. He said I had this one chance, and if the Vegetable Compound did not help me nothing but an operation would. After taking several bottles I felt it was helping me and now I am able to do my own work. If my testimonial will help others I shall be glad for them to read it and hope your Vegetable Compound will do them as much good as it did me."—Mrs. Wm. Lockman, 513 N. 4th St., St. Joseph, Mo.

White Plains, N. Y.—"I had such a pain that I could hardly walk and the doctor said that I needed an operation. I was sick for a year before I started taking your medicine and I could not work. I saw your advertisement in a little book and that is how I came to take Lydia E. Pinkham's medicine. I have been taking the Vegetable Compound and Lydia E. Pinkham's Blood Medicine, also Lydia E. Pinkham's Liver Pills and used Lydia E. Pinkham's Sanative Wash and the capsules and prescription recommended. I am doing all my work and have gained twenty pounds. I am taking the medicines still, but I feel fine. You have my permission to use this letter for the good of others."—Mrs. MARY MARK, 37 Hamilton Ave., White Plains, N. Y.

Some female troubles may through neglect reach a stage when an operation is necessary. But most of the commoner ailments are not the surgical ones; they are not caused by serious displacements, tumors, or growths, although the symptoms may appear the same.

When disturbing ailments first appear, take Lydia E. Pinkham's Vegetable Compound to relieve the present distress and prevent more serious troubles. Many letters have been received from women who have been restored to health by Lydia E. Pinkham's Vegetable Compound after operations have been advised by attending physicians.

Lydia E. Pinkham's Private Text-Book upon "Ailments Peculiar to Women" will be sent you free upon request. Write to the Lydia E. Pinkham Medicine Co., Lynn, Massachusetts. This book contains valuable information.

CONSIDER USE OF AIRSHIPS

Possibility of Their Successful Employment in Making Aerial Observations of the Himalayas.

Consideration has been given to the possibility of aerial observations in the Himalayas. The range, it appears, has only six peaks above 27,000 feet high, and an aviator flying at about 23,000 or 24,000 feet should have no difficulty in crossing if the highest peaks were avoided, while, if he chose certain of the gorges, an altitude of some 19,000 feet would suffice. The greatest of the many obstacles to be encountered is the mountain sickness, which occurs in the highest altitudes through deficiency of oxygen. The gradual climber, going afoot, is less handicapped in this respect than the aviator rising suddenly from sea level in his machine; on the other hand, the pedestrian has more fatigue to undergo, and this practically equalizes matters. The chief consideration in any case is an adequate supply of oxygen, with a proper inhaler.

Passports a Nuisance.

Up to the time of the beginning of the war the passport regulations were very simple and the fees inexpensive, but when the great contest broke loose it was necessary to make it more difficult and unfortunately the rigid regulations of the war times have never been changed. The fee for issuing and vising was \$2, but it was increased to \$10 by the United States. At once the nations of Europe made their charges accordingly so that in order to visit a few countries the matter of securing a passport was a serious one. The matter remained in this shape although there was considerable grumbling by those who were compelled to submit, not only against the charges but the amount of red tape which was necessary in order to get a passport.

A Good Word for Him.

Hans Schmidt was reputed to be the neatest man in the neighborhood. He died. His body was placed in the grave, and according to an old Pennsylvania German custom the people stood around the open grave, waiting for someone to say some good things about the deceased before filling the grave. After a long wait, Gustave Schulze said: "Well, I can say just one good thing about Hans; he wasn't always as mean as he was sometimes."

First Steam Transatlantic Trip.

The American vessel Savannah crossed the Atlantic from Savannah, Ga., to Liverpool in 1819 in 29 days 11 hours. The trip was made partly under steam but mainly by sail. In 1833 the Royal William, of 830 tons, built in Canada, made the first transatlantic voyage entirely under steam.

All natural action is beauty in action.

DIDN'T GET AWAY FROM HIM

Discords Might Have Been Omitted, but They Were Very Apparent to Mr. Spinks.

Spinks, the musician, and his wife were on their way home from a concert and were overheard discussing the merits of the entertainment.

"It set my teeth on edge," Spinks said, "to hear the orchestra playing 'Yankee Doodle' and 'Dixie' at the same time. The idea is all right of course, and even commendable from a sentimental point of view, but the two pieces, when played together, are full of discords."

"But didn't you notice," said his wife who is something of a musician herself, "that where certain notes or passages would have been discordant they were omitted from one air or the other and left to the drums?"

"Of course, I noticed it," he testily rejoined, "but I could hear the discords in my mind just the same!"—Milwaukee Sentinel.

It is the respectable appearance of most sinners that makes them dangerous.

As Kathleen Saw It.

Mother (quoting neighbor's clever daughter to small child who has failed lamentably in a school examination)—"I can't think how you can be so stupid, Kathleen. Why, look at little Marjorie Daniels. She has passed with honors." Kathleen (weeping)—"Yes, M—mummy, b—but you seem t—to forget that M—m—marjorie Daniels has c—clever p—p—parents."—London Tit-Bits.

Pa Had His Revenge.

"Get your pa to come on out and play ball with us, Billy," urged one of the neighborhood gang.

"No chance!" ejaculated Billy with emphasis. "The last game he played with us I struck him out three times and when we got home he said I'd been wasting too much time on foolish amusements and I'd have to study more."—Success.

Fish Story.

"Uh. Where is that big fish you hooked?"

"It pulled me overboard."

Some men are too intellectual to be intelligent.

Why Risk Your Health?

THE path of the coffee or tea drinker is beset with dangers to health and comfort. These dangers lurk in the irritant, caffeine, which is the active principle of both coffee and tea.

Its fragrant aroma and rich, full-bodied flavor are delightful. Postum is made from roasted wheat and contains no caffeine, nor any other harmful ingredient whatsoever.

Order from your Grocer TODAY!

Postum comes in two forms: Instant Postum (in tins) prepared instantly in the cup by the addition of boiling water. Postum Cereal (in packages, for those who prefer to make the drink while the meal is being prepared) made by boiling fully 20 minutes.

For those who enjoy a well-made cup of coffee or tea, but find that it makes them nervous, wakeful and irritable, there's satisfaction and freedom from discomfort in delicious Postum—the table beverage of no regrets.

Postum FOR HEALTH

"There's a Reason"

Made by Postum Cereal Company, Inc., Battle Creek, Mich.

Stockings. The long stockings formerly worn were called hose; when knee-breeches were introduced the breeches were called upper-stocks and the lower part nether-stock or stockings. The knitted stocking originated in Italy; it was first brought to England by William Rider in 1564. Woven stockings were devised by William Lee, of St. John's college, Cambridge, in 1599.—Exchange.

Man and the Flowers. The fragrance of plants is not for man's pleasure; it is a means of attracting insects to fertilize them. The object of many present-day florists is to improve a flower in its coloring, size and substance—in short to "paint the lily." They cannot improve the fragrance, which is perhaps the reason they seem to care so little for its disappearance under their handling.—Exchange.

Merely Shifts It. The man who doesn't want any trouble and endeavors to smooth things so he will have none, not infrequently mixes the dope for some one else.—Exchange.

Everybody wants to save money, but few of us want to do without things to do it.

Learn to wait—life's hardest lesson.

To insure glistening-white table linens, use Red Cross Ball Blue in your laundry. It never disappoints. At all good grocers.—Advertisement.

Getting up early is more often a matter of taste rather than of principle.

Successful men possess either ability or nerve.

There is a time for all things.

Genuine

ASPIRIN

SAY "BAYER" when you buy. Insist!

Unless you see the "Bayer Cross" on tablets, you are not getting the genuine Bayer product prescribed by physicians over 23 years and proved safe by millions for

Colds	Headache
Toothache	Rheumatism
Neuritis	Lumbago
Neuralgia	Pain, Pain

Accept only "Bayer" package which contains proper directions. Handy "Bayer" boxes of 12 tablets—Also bottles of 24 and 100—Druggists. Aspirin is the trade mark of Bayer Manufacture of Monocetate of Salicylic Acid

CONSTIPATION

Take a good dose of Carter's Little Liver Pills—then take 2 or 3 for a few nights after. They cleanse your system of all waste matter and Regulate Your Bowels. Mild—as easy to take as sugar. Genuine bear signature—Small Pill. Small Dose. Small Price.

Prince of Pessimists.

The "Weeping Philosopher" was Heraclitus, a Greek sage and naturalist, who lived in Ephesus about 500 B. C. He was so called because of his solemn bearing, the gloomy views he took of human life, and his frequent lament over the folly of mankind. "The Laughing Philosopher" was a name given to the Greek sage, Democritus of Abdera, in Thrace, who lived between 460 and 357 B. C., because of his satire at the expense of the human race. He showed much flippancy in discussing human life and viewed with supreme contempt the aspirations of man. This ancient philosopher advanced the theory of the formation of the universe by atoms in motion, which was later developed by Epicurus and Lucretius.

Struggling Youths.

The head of a large shipping firm in the West received a letter from a millionaire banker asking that his son be given a job where he could learn the business. Soon after the head of the shipping firm wrote back to the young man's father:

"Your son has arrived. I have given him employment in my office at \$20 a week, with others of his class. One of these young men has just bought a \$100,000 yacht and another comes to the office in a \$12,000 motorcar. I think your son will find his surroundings congenial."—Philadelphia Ledger.

So Far and No Farther.

"Felice created a sensation in her bathing suit by showing a little more of her figure than any other girls on the beach."

"She's handicapped now that the bathing season is over."

"How's that?"

"In the case of street attire, the law steps in just about where competition really begins."—Birmingham Age-Herald.