

HOW TWO WOMEN ESCAPED OPERATIONS

Doctor Advised Use of Lydia E. Pinkham's Vegetable Compound

Happy Results in Both Cases

St. Joseph, Missouri.—"Both of my sides swelled and hurt me so that I could not move or do any of my work. There was heavy pressure and pains through my lower organs and the doctor told me to try Lydia E. Pinkham's Vegetable Compound for these troubles. He said I had this one chance, and if the Vegetable Compound did not help me nothing but an operation would. After taking several bottles I felt it was helping me and now I am able to do my own work. If my testimonial will help others I shall be glad for them to read it and hope your Vegetable Compound will do them as much good as it did me."—Mrs. Wm. LOCKMAN, 513 N. 4th St., St. Joseph, Mo.

Pinkham's Blood Medicine, also Lydia E. Pinkham's Liver Pills and used Lydia E. Pinkham's Sanative Wash and the capsules and prescription recommended. I am doing all my work and have gained twenty pounds. I am taking the medicines still, but I feel fine. You have my permission to use this letter for the good of others."—Mrs. MARY MARK, 37 Hamilton Ave., Whites Plains, N. Y.

Some female troubles may through neglect reach a stage when an operation is necessary. But most of the common ailments are not the surgical ones; they are not caused by serious displacements, tumors, or growths, although the symptoms may appear the same. When disturbing ailments first appear, take Lydia E. Pinkham's Vegetable Compound to relieve the present distress and prevent more serious troubles. Many letters have been received from women who have been restored to health by Lydia E. Pinkham's Vegetable Compound after operations have been advised by attending physicians.

White Plains, N. Y.—"I had such a pain that I could hardly walk and the doctor said that I needed an operation. I was sick for a year before I started taking your medicine and I could not work. I saw your advertisement in a little book and that is how I came to take Lydia E. Pinkham's medicines. I have been taking the Vegetable Compound and Lydia E.

Lydia E. Pinkham's Private Text-Book upon "Ailments Peculiar to Women" will be sent you free upon request. Write to the Lydia E. Pinkham Medicine Co., Lynn, Massachusetts. This book contains valuable information.

Cows Do Well on Sawdust.
From an experiment station in Wisconsin comes the report, quoted in the Scientific American, that after a long continued diet consisting of one-fourth part of white pine sawdust in their ration cows showed no visible change in their weight or milk production.

As in Football.
Life is full of ups and downs and it takes a wise fellow to make his downs help him towards his goal.—Boston Transcript.

Some men try to do others they are dumbed by.

Real adventures are usually uncomfortable.

It is a wise fish that can read lines.

Child Training at Home

THE VALUE OF AN EDUCATION

By EDWARD N. CLOPPER, PH. D., Assistant Secretary, National Child Labor Committee.

SOME time ago, the United States bureau of education at Washington printed a statement which showed the amount of money that had been earned by different groups of young people up to the time they were twenty-five years of age. Those who had remained in school until they were eighteen had earned nearly 50 per cent more than those who had left school at fourteen and had been working four years longer.

Such a statement of facts will convince intelligent parents that they should keep their children in school and not yield to the temptation of permitting them to go to work because the family's expenses are high and children are paid better wages than formerly.

Men and women are always grateful for the sacrifices which their parents made in order to give them education. They know that in the struggle to make a living, the educated man or woman has a great advantage over the ignorant and can reach higher places and receive better pay. Today the competition among those who work, whether they work with hand or brain, or both, was never so keen, and the ones who are best equipped are the winners. An education is one of the chief items in the necessary equipment.

All States Have School Laws.
Your state law tells you that you must send your child to school until he is of a certain age and then he may leave and go to work—if you let him. And he may want to do so and beg you to let him take that job in the factory where his friend Joe works. But you are older and know better than he does what is for his best interest. You know that if you let him leave school as soon as the law allows, you are giving him no better chance in this world than all children get—for the law requires them all to go

CONSPICUOUS AND DECIDED EFFECT OF KINDERGARTENS

Dr. Carroll D. Wright, formerly commissioner of labor for the United States, emphasizes the importance of the kindergarten in the following significant statement:

"The conspicuous and decided effect of kindergartens in preventing the inception of criminal tendencies in children exposed by their homes, or neglect, to such tendencies, proves most conclusively that the kindergarten effects an immense pecuniary saving to the community, not only in diminishing expenditures otherwise necessary for police and protective measures, but in rendering what would otherwise be a criminal population, a part of a useful, law-abiding, self-supporting membership of the state."
This country is spending \$3,500,000 a day on its criminal classes.

to school that long—and if you yield to his urging now you will have to bear his disappointment later when he finds out that it was a great mistake.

The education which the public school now gives is better adapted to the needs of children than the courses which were taught a generation ago. Today the child learns how to make himself useful and how to do this in an intelligent way.

Every child should begin his education in the kindergarten, for in it the seeds of good citizenship are sown. It is in the kindergarten that honesty, loyalty and consideration for the rights of others are instilled during the child's most impressionable years. Patriotic songs and stories of our great heroes implant deep love of country; marching and games develop self-control, team work and adaptability; hand work and modeling promote efficiency and appreciation of labor. Surely the foundations of the skilled artisan and the loyal citizen of the future can be laid in no better place than in a well-equipped kindergarten!

People Pay for Kindergartens.
After starting in the right way, the longer the child stays in school, the more useful he will become and the better able to take upon himself the responsibilities of life. The school of today aims to make intelligent, efficient citizens, but it will not succeed if the child is taken out and put to work at the earliest possible moment. The people pay for the kindergarten, elementary grammar and high schools so that their children may have the benefit of them. You are one of the people and you help to support these schools. They are your schools, built and kept up for the sake of your children as well as for all other children. Use them, then. Keep your child in school. Let him begin in the kindergarten and graduate from the high school.

LINCOLN'S WISH

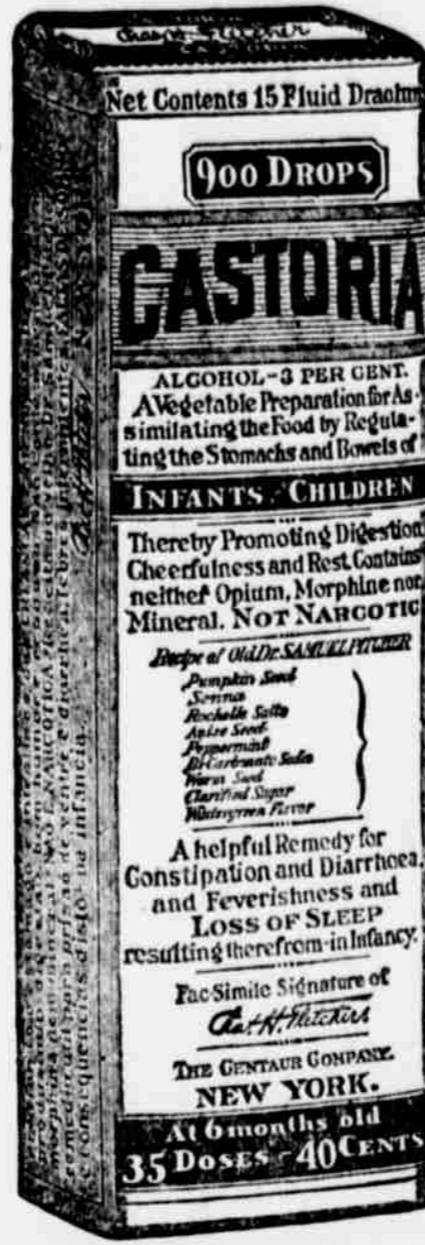
I hope the time may come when our country shall guarantee to all an unfettered start and a fair chance in the race of life.—Abraham Lincoln.

Why Castoria?

YEARS ago Castor Oil, Paregoric, Drops and Soothing Syrups were the remedies in common use for Infants and Children; Castor Oil so nauseating as to be almost impossible and the others all containing Opium in one form or another, but so disguised as to make them pleasant to the taste, yet really to stupify the child and give the appearance of relief from pain.

It required years of research to find a purely vegetable combination that would take the place of these disagreeable, unpleasant and vicious remedies that from habit had become almost universal. This was the inception of, and the reason for, the introduction of Fletcher's Castoria, and for over 30 years it has proven its worth, received the praise of Physicians everywhere and become a household word among mothers.

A remedy ESPECIALLY prepared for Infants and Children and no mother would think of giving to her baby a remedy that she would use for herself, without consulting a physician.



Exact Copy of Wrapper.

Children Cry For



Have You Tried It?

Everybody has read the above headline; how many believe it? Have you a little one in the home, and has that dear little mite when its stomach was not just right felt the comforts that come with the use of Fletcher's Castoria? You have heard the cry of pain. Have you heard them cry for Fletcher's Castoria? Try it.

Just help baby out of its trouble tomorrow with a taste of Castoria. Watch the difference in the tone of the cry, the look in the eye, the wiggle in the tiny fingers. The transformation is complete—from pain to pleasure. Try it.

You'll find a wonderful lot of information about Baby in the booklet that is wrapped around every bottle of Fletcher's Castoria.

GENUINE CASTORIA ALWAYS

Bears the Signature of

Chas. H. Fletcher

THE CENTAUR COMPANY, NEW YORK CITY.

Your New Home

should be made artistic, sanitary and livable.



These walls should be Alabastined in the latest, up-to-the-minute nature color tints. Each room should reflect your own individuality and the treatment throughout be a complete perfect harmony in colors.

The walls of the old home, whether mansion or cottage, can be made just as attractive, just as sanitary, through the intelligent use of

Alabastine

Instead of kalsomine or wallpaper

It is absolutely necessary if you expect Alabastine results that you ask for and secure Alabastine.

Avoid kalsomines under various names and insist on the package with the cross and circle printed in red. That is the only way to be sure you are getting the genuine Alabastine.

Alabastine is easy to mix and apply, lasting in its results, and absolutely sanitary.

Alabastine is a dry powder, put up in five-pound packages, white and beautiful tints, ready to mix and use by the addition of cold water, and with full directions on each package. Every package of genuine Alabastine has cross and circle printed in red.

Better write us for hand-made color designs and special suggestions. Give us your decorative problems and let us help you work them out.

Alabastine Company

1655 Grandville Ave. Grand Rapids, Mich



111 one-eleven cigarettes



Three Friendly Gentlemen
TURKISH VIRGINIA BURLEY

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In a new package that fits the pocket—
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The same unmatched blend of
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KEY OVERALLS

Costs Less Per Day To Wear Them

SPOHN'S DISTEMPER COMPOUND

is indispensable in all cases of Cough, Cold, Influenza, Distemper, Pink Eye, Measles, etc. Made of metal, can't spill or tip over; will not soil or injure anything. Guaranteed.

FLY KILLER
6 by EXPRESS, prepaid, to your dealer or HAROLD SOMERS, 150 De Kalb Ave., Brooklyn, N. Y.

Kill All Flies!

THEY SPREAD DISEASE
Flies, mosquitos, DAIRY FLY KILLER attracts and kills all flies. Neat, clean, ornamental, convenient and cheap. Keeps all flies, gnats, etc., off your nose, mouth, food, etc. Guaranteed.

PARKER'S HAIR BALM

Restores Color and Beauty to Gray and Faded Hair
Removes Dandruff, Itching, Scalp Itching, Itchy Head, etc. Made in U.S.A.

HINDERCORNS

Removes Corns, Callouses, etc. Stops all pain, ensures comfort to the feet. Makes walking easy. Use by mail or at drug stores. Hissoc Chemical Works, Patuxent, Md.

W. N. U., LINCOLN, NO. 19-1922.

Bayer's Aspirin

WARNING! Say "Bayer" when you buy Aspirin. Unless you see the name "Bayer" on tablets, you are not getting genuine Aspirin prescribed by physicians over 22 years and proved safe by millions for

Headache Colds Rheumatism
Toothache Neuralgia Neuritis
Earache Lumbago Pain, Pain

Accept only "Bayer" package which contains proper directions. Handy "Bayer" boxes of 12 tablets—Also bottles of 24 and 100—Druggists. Aspirin is the trade mark of Bayer Manufacture of Monocetolaldehyde of Salicylic Acid.

Piker.
"Daniel was a piker; he didn't have any nerve!"
The thin, pale person, who muttered thus, lifted his lip in a sneer.
"He was a piker," he added, scornfully. "He only went into a den of lions."
A moment passed—a moment of tense content.
"I," he continued, "I am a greater man than Daniel was! For I am on my way to interview the cashier at the bank where I am overdrawn!"

WOMEN NEED SWAMP-ROOT

Thousands of women have kidney and bladder trouble and never suspect it. Women's complaints often prove to be nothing else but kidney trouble, or the result of kidney or bladder disease.
If the kidneys are not in a healthy condition, they may cause the other organs to become diseased.
Pain in the back, headache, loss of ambition, nervousness, are often times symptoms of kidney trouble.
Don't delay starting treatment. Dr. Kilmer's Swamp-Root, a physician's prescription, obtained at any drug store, may be just the remedy needed to overcome such conditions.
Get a medium or large size bottle immediately from any drug store.
However, if you wish first to test this great preparation send ten cents to Dr. Kilmer & Co., Binghamton, N. Y., for a sample bottle. When writing be sure and mention this paper.—Advertisement.

As He Understood It.
Robert came home from Sunday school not long ago humming the music of the closing hymn, "Jesus is seeking the humble heart."
"What is that you are humming, Robert?" asked his mother. "I haven't heard you say the words yet."
"Don't you know, mother?" answered Robert, much surprised, "It's Jesus sneaking through Humboldt park."—Buffalo Express.

Shave With Cuticura Soap
And double your razor efficiency as well as promote skin purity, skin comfort and skin health. No mug, no slimy soap, no germs, no waste, no irritation even when shaved twice daily. One soap for all uses—shaving, bathing and shampooing.—Advertisement.

Changing Color Scheme.
"Father, are all Bolsheviks red?"
"No, my boy, some of them are pretty blue."—Der Brunner (Berlin).

ALLEN'S FOOT-EASE DOES IT
When shoes pinch or corns and bunions ache, get a package of ALLEN'S FOOT-EASE, the antiseptic powder to be shaken into the shoes. It takes the sting out of corns and bunions, gives instant relief to smarting, itching, swollen feet. 1,500,000 pounds of powder for the feet were used by our Army and Navy during the war.—Advertisement.

Some Resemblance.
Gigwire—So poor old Longsuffer is married at last? Did he marry money?
Gommick—Well, she certainly talks