

Watch Your Kidneys!

That "bad back" is probably due to weak kidneys. It shows in a dull, throbbing headache or sharp twinges when stooping. You have headaches, too, dizzy spells, a tired, nervous feeling and irregular kidney action. Don't neglect it—there is danger of dropsy, gravel or Bright's disease! Use Doan's Kidney Pills. Thousands have saved themselves more serious ailments by the timely use of Doan's. Ask your neighbor!

A Nebraska Case
N. I. Cooper, retired farmer, 311 W. 7th St., Lexington, Neb., says: "I had an attack of lumbago that was so severe I could hardly get up or down. This attack came on while I was in the field and it was all I could do to get to the house. I sent for Doan's Kidney Pills and a few days use cured me."

Get Doan's at Any Store, 60c a Box

DOAN'S KIDNEY PILLS

FOSTER-MILBURN CO., BUFFALO, N. Y.



Vaseline

PETROLEUM JELLY

For burns, cuts, sprains and all skin irritations. Relieves dryness of scalp.

REFUSE SUBSTITUTES

CHESEBROUGH MFG. CO. State Street New York

VICTIMS RESCUED

Kidney, liver, bladder and uric acid troubles are most dangerous because of their insidious attacks. Heed the first warning they give that they need attention by taking

GOLD MEDAL HARLEM OIL CAPSULES

The world's standard remedy for these disorders will often ward off these diseases and strengthen the body against further attacks. Three sizes, all druggists. Look for the name Gold Medal on every box and accept no imitation

EASY TO KILL



RATS AND MICE

By Using the Genuine **STEARNS' ELECTRIC PASTE** Ready for Use—Better Than Traps

Directions in 15 languages in every box. Rats, mice, cockroaches, ants and waterbugs destroy food and property and are carriers of disease. Stearns' Electric Paste forces these pests to run from the building for water and fresh air. Do and kill. "Money back if it fails."

FRECKLES

Positively removed by Dr. Perry's Pink Pills. "Mr. Wadleigh seems to have few intimate friends." "It's his own fault." "Why so?" "He's always been lending sums ranging from \$10 to \$50 to people who talk as if they would die of chagrin if they owed him money longer than 24 hours, and then proceed to make it a lifetime obligation."—Birmingham Age-Herald.

BOSCHEE'S SYRUP

Allays Irritation, Soothes and Heals Throat and Lung Inflammation. The almost constant irritation of a cough keeps the delicate mucous membrane of the throat and lungs in a congested condition, which Boschee's Syrup gently and quickly soothes and heals. For this reason it has been a favorite household remedy for colds, coughs, bronchitis and especially for lung troubles in millions of homes all over the world for the last fifty-five years, enabling the patient to obtain a good night's rest, free from coughing, with easy expectation in the morning. You can buy Boschee's Syrup wherever medicines are sold.—Advertisement.

True. "Why all this stuff about Henry VIII?" "I dunno. We've got plenty of newer scandals."

MURINE Night and Morning. Have Strong, Healthy Eyes. If they Tingle, Itch, Smart or Burn, if Sore, Irritated, Inflamed or Granulated, use Murine often. Soothes, Refreshes, Safe for Infants and Adults. At all Druggists. Write for Free Eye Book. Kertes Eye Remedy Co., Chicago

The AMERICAN LEGION

(Copy for This Department Supplied by the American Legion News Service.)

WHISTLE BROUGHT HIM FAME

Restaurant Cook, Harry Keynton Jones, Famous as Author of "Rose of No Man's Land."

From out the bustling kitchen of a popular summer resort restaurant near St. Paul, Minn., there issued during the vacation season a blitting song and whistled ditties that sounded so strangely familiar that American Legion service men of the World War decided to investigate. They found the musician to be one Harry Keynton Jones, a five-foot-tall Cockney, also the restaurant cook.

Jones began his musical career as chef of a Winnipeg grenadier regiment during the war. Later he tended the private skillet of Gen. Sir Julian Byng at Vimy Ridge, and more important than that, he wrote "Rose of No Man's Land," the war song that had a long run of popularity. A penny whistle which he bought and played for the prime purpose of amusing his kitchen pollee caused his rise to music fame, he declared.

In France he was transferred to the officers' mess. There Lieutenant Colonel McRae, who later wrote "In Flanders Fields," heard the penny whistling, and the two became friends. Some time afterward they together turned out the words and music of the No Man's Land song.

Jones, wounded at Cambrai, was invalided back to Canada. After his discharge from the hospital he began a sightseeing tour of the states, depending upon his cooking ability for ready employment. He now has a song with a New York publisher which he hopes to put forth soon.

HEADS WAR DISABLED SCHOOL

Dr. Arthur Davis Dean, Veteran of the World War and Educator of Wide Experience.

Dr. Arthur Davis Dean, recently chosen by the government as school superintendent of all America's war disabled, is himself a veteran of the World War as well as an educator of wide experience and a specialist in vocational training.

During the war, Dr. Dean, a major in the sanitary corps, worked on the physical and mental rehabilitation of the sick and wounded as they were returned to the United States in almost all the large government hospitals of the country. With nine years' experience in vocational education work in New York state, he served as head of the division of vocational schools in the state department of education from 1908 to 1917, when he became professor of vocational education in Teachers' college, Columbia university. He directed the New York state prison survey in 1919 and investigated the possibilities of industrial and agricultural education in Porto Rico for the Insular government.

Dr. Dean was born Sept. 15, 1872, at Cambridge, Mass., and was educated at the Massachusetts Institute of Technology. He is a member of Columbia university post of the American Legion.

ONE-ARMED VET ALMOST WON

Ernest Mastros, Second in Swimming Race; Wounded Buddies Winner and Third in Sprint.

The throng of spectators who watched the finish of an exciting sprint during a swimming meet in Madison Square Garden, New York, recently, vigorously applauded the efforts of Ernest Mastros, a little chap who brought up in second place. Their enthusiasm was heightened when the race had finished and they saw Mastros as he was climbing out of the big tank. He had lost his left arm, serving with the American forces in France, and he all but won the event by the sole power of his good right and his abundance of gameness.

However, the winner of the race, William McIntyre, also was wounded in France, the surprised crowd learned later, as was Harold E. Taylor, who finished a close third in the same match. The trio of wounded war veterans are members of the Metropolitan Life post of the American Legion, formed of men and women employees of the life insurance company who served during the World War.

LEGION MAN IS LAWMAKER

Sturgis, South Dakota Legislator, is Author of Measures in the Interests of Americanism.

The first man on the job in the morning, he further surprised legislative circles by never missing a single roll call during the time the legislature was in session.



Carroll D. Erskine, preacher-legislator of Sturgis, S. D., has carried what he learned in his country's service with him, the electorate of his state say. He left after 15 years of Presbyterian ministry on leave of absence to serve as chaplain of the Eighteenth Battalion during the World War, seeing 14 months' service. After the armistice, while stationed at Camp Merritt, N. J., he met all transports at the docks and ministered to wounded men being returned to American hospitals. In appreciation of his work the men presented him a jeweled watch.

In the legislature, Mr. Erskine was author of a bill to insure proper observance of Armistice day, and of another requiring all school teachers to take an oath of loyalty to the Constitution. He is a member of the American Legion in Sturgis, and state chairman of the boy scouts. He was born in Binghamton, N. Y., and educated at Lake Forest college, Illinois.

TO OBTAIN DENTAL SERVICE

Veterans, to Receive Treatment, Must Comply With the Conditions Prescribed.

An outline of the procedure for ex-service men to obtain dental treatment has been prepared by the national service division of the American Legion.

Dental treatment will be furnished by the bureau of war risk insurance to veterans of the World War under the following conditions:

- 1. Where a person has been awarded compensation for dental disability.
- 2. When such treatment is necessary for the cure of a condition which resulted from military service and is the reason for which compensation has been awarded.
- 3. In emergency cases which are immediately necessary for the relief of conditions endangering the life of the patient or causing great pain.

Claimants who have not been awarded dental disability, but feel they should have such due to military service, should immediately file claim in the regular manner; whereupon they will receive an order from the district medical supervisor to report to the nearest dental examiner for examination and such emergency treatment as may be required. Approval of the dental examiner's report must be made by the bureau of war risk insurance.

MOTHER SEEKS SOLDIER SON

American Legion Searching for James E. Adie, Shell Shock Victim—Disappeared in February.

Refusing to believe that her son is dead, although she read recently a newspaper account of the burial in Minnesota of a soldier who bore marks of identification identical with those of her son, Mrs. Margaret Adie, Lowell, Mass., has appealed to the American Legion for help in her untiring search.

The boy sought is James E. Adie, a wounded service man of the World War who disappeared on February 27 last while on his way from Lowell to Boston, Mass., where he was to receive a government examination. The former soldier was suffering from a severe attack of shell shock at the time.

With her husband's death since the war the mother is in straightened circumstances. Her son's government compensation checks have been arriving monthly during his absence, she declares, but they cannot be cashed without his signature.

To Roosevelt's Memory

A bronze tablet dedicated to the memory of the late Col. Theodore Roosevelt recently was presented the American Legion of Kings County, New York, by the United Spanish War Veterans. The tablet was composed of metals taken from the ill-fated Maine, the Olympia, Dewey's flagship; the Oregon, which made the trip from San Francisco in time to aid in the destruction of Cervera's fleet at Santiago and the old battleships New York and Brooklyn.

IMPROVED UNIFORM INTERNATIONAL

Sunday School Lesson

(By REV. P. H. FITZWATER, D. D., Teacher of English Bible in the Moody Bible Institute of Chicago.)

LESSON FOR NOVEMBER 13

PAUL BEFORE THE ROMAN GOVERNOR.

LESSON TEXT—Acts 24:1-27. GOLDEN TEXT—Herein do I exercise myself, to have always a conscience void of offense toward God and man.—Acts 24:16. REFERENCE MATERIAL—Luke 12:4-12. PRIMARY TOPIC—Why Paul Was Not Afraid. JUNIOR TOPIC—The Secret of Paul's Courage. INTERMEDIATE AND SENIOR TOPIC—Defense Before a Roman Governor. YOUNG PEOPLE AND ADULT TOPIC—Paul's Defense Before Felix.

1. Paul Accused (vv. 1-9). Tertullus, perhaps a Roman barrister, formally made the accusation according to Roman law. He began with flattery. He gave Felix the fullest praise when he and all the people knew that he lied; for Felix was one of the worst governors—destitute of morals and justice. He brought a four-fold charge against Paul:

- 1. "A pestilent fellow" (v. 5). This would indicate a fellow utterly base and corrupt—a plague.
- 2. An inciter of rebellion, a mover of sedition (v. 5). This they hoped would bring him into conflict with the Roman power.
- 3. That he was the ringleader of a sect—a schismatical party—a heretic (v. 5).
- 4. That he had profaned the temple (v. 6).

2. Paul's Defense (vv. 10-21). In this defense note: 1. Paul's frankness and courtesy (v. 10). Flattery is entirely wanting. He gives recognition of the fact that Felix had been ruler of this people long enough to be able to judge justly, as the habits and ways of the Jews were familiar to him; and then, in a dignified manner, assumes that Felix will render a just decision based upon the facts of the case.

3. The charge of heresy (vv. 14-16). This charge he met by a concession and a denial. He admitted that he was of the "Way" which they called heresy, but clearly showed that it was in keeping with the Hebrew religion: (1) he worshiped the same God (v. 14); (2) he fully believed in the same Scriptures (v. 14); (3) he had the same hope of a coming resurrection of the dead (v. 15). He declared that he made as the principle of life a conscience void of offense before God and man.

4. The charge of sacrilege, or profanation of the temple (vv. 17-21). This charge he refuted by showing (1) that he had come all the way from Greece (v. 17) to worship at the feast; (2) that he had not come up empty-handed, but had brought alms for his nation (v. 17); (3) that there were not competent witnesses present to testify as to his behavior in the temple (v. 18); by challenging his enemies to testify as to his conduct in the council (v. 20).

III. Paul Before Felix the Second Time (vv. 22-27).

This is a sort of a sequel to the trial. Wicked as Felix was, Paul's manner somewhat won his favor, though he did not release him. His sentence was indulgent imprisonment, which kept him free from his enemies while under Roman protection. Felix sent for Paul that he might hear of Christ from him. Paul behaved himself aright before these sinners in high life. He reasoned of righteousness, self-control and judgment to come, before Felix and his sinful wife, with such power that Felix was terrified and declared that he would hear Paul further at a convenient time. This was a most flimsy excuse for not changing his life and granting justice to Paul. He was so in bondage to sin that he was unwilling to change. Also he hoped that by delaying matters he would receive a bribe.

The Lord Changeth Not.

And I will come near to you to judgment; I will be a swift witness against false swearers, and against those that oppress the hireling in his wages, the widow and the fatherless, and that turn aside the stranger from his right, and fear not me, saith the Lord of Hosts. For I am the Lord; I change not.—Malachi 3:5, 6.

Worship.

A main purpose of worship on earth on the part of Christians, who believe that they have to prepare for the sight of God in judgment, is that it is a preparation. Worship is an education for the inevitable future.—H. P. Liddon.

Who Shall Enter.

Not every one that saith unto me, Lord, Lord, shall enter into the kingdom of heaven; but he that doeth the will of my Father which is in heaven.—Matthew 8:21.

DARLING BABY BRIGHTENS HOME

Children's Laughter a Pleasing Sound



Altoona, Pa.—"I am writing to tell you what Lydia E. Pinkham's Vegetable Compound has done for me. We had six children die almost at birth. From one hour to nineteen days is all they have lived. Before my next one was born I took a dozen bottles of your Vegetable Compound, and I can say that it is the greatest medicine on earth, for this baby is now four months old, and a healthier baby you would not want. I am sending you a picture of her. Everybody says 'That is a very healthy looking baby.' You have my consent to show these few lines to anybody."—Mrs. C. W. BENZ, 131 3rd Avenue, Altoona, Pa.

Mrs. Janssen's experience of interest to childless wives. Millaton, Wis.—"I want to give you a word of praise for your wonderful medicine. We are fond of children, and for a considerable time after we were married I feared I would not have any. I began taking Lydia E. Pinkham's Vegetable Compound, and it strengthened me so I now have a nice, strong, healthy baby girl. I suffered very little at childbirth, and I give all the credit to your medicine, and shall always recommend it highly."—Mrs. H. H. JANSSEN, Millaton, Wis.

Mrs. Held of Marinette, Wis., adds her testimonial for Lydia E. Pinkham's Vegetable Compound. She says:

Marinette, Wis.—"I was in a nervous condition and very irregular. My doctor advised an operation. My husband brought me one of your booklets and asked me to try Lydia E. Pinkham's Vegetable Compound. It overcame my weakness so that I now have a healthy baby girl after having been married nine years. I am glad to recommend your medicine, and you may use my letter as a testimonial."—Mrs. H. B. HELD, 330 Jefferson St., Marinette, Wis.

There are many, many such homes that were once childless, and are now blessed with healthy, happy children because Lydia E. Pinkham's Vegetable Compound has restored the mother to a strong and healthy condition, as it acts as a natural restorative for ailments as indicated by backache, irregularities, displacements, weakness and nervousness.

Women everywhere should remember that most of the commoner ailments of women are not the surgical ones—they are not caused by serious displacements or growths, although the symptoms may be the same, and that is why so many apparently serious ailments readily yield to Lydia E. Pinkham's Vegetable Compound, as it acts as a natural restorative. It can be taken with perfect safety and often prevents serious troubles.

Therefore if you know of any woman who is suffering and has been unable to secure relief and is regretfully looking forward to a childless old age, ask her to try Lydia E. Pinkham's Vegetable Compound, as it has brought health and happiness into so many homes once darkened by illness and despair.

Lydia E. Pinkham's Private Text-Book upon "Ailments Peculiar to Women" will be sent to you free upon request. Write to The Lydia E. Pinkham Medicine Co., Lynn, Massachusetts. This book contains valuable information.

What to Take for Disordered Stomach

Take a good dose of Carter's Little Liver Pills—then take 2 or 3 for a few nights after. You will relish your meals without fear of trouble to follow. Millions of all ages take them for Biliousness, Dizziness, Sick Headache, Upset Stomach and for Sallow, Pimply, Blotchy Skin. They end the misery of Constipation. Genuine bear signature—Brentwood. Small Pill; Small Dose; Small Price.

Modern Speed.

Still Buck—Man, I tell you I'm the fastest guy on record. Many a time I've outrun a bullet for four miles and got away from it clean.

Civvie Again—Call that speed? Shucks! I can turn out th' lectric light and be in bed before the room is dark."—American Legion Weekly.

Fictions of Finance.

"Nobody attempts to sell a farmer gold bricks or green goods any more." "What's the use?" inquired Farmer Cornstosser. "They can work faster and safer with oil stock literature."

Children's handkerchiefs often look hopeless when they come to the laundry. Wash with good soap, rinse in water blued with Red Cross Ball Blue.—Advertisement.

Progression.

He—Every time I kiss you it tends to make me a better man. She—Ooh, you angel!

A Good Question.

She had the money and he a small job. He wished to get married very badly, but she was rather undecided. One night as they sat talking about the future, he having coaxed her into a half-way engagement, he said, "And we'll be very careful and not run into debt and have trouble as the Sissons did. We'll always pay cash—won't we, dear?" A suspicious look came on to her face. Quickly she put forth the question. "Whose cash?"

Her Defense Perfect.

Jane, after having plucked a bouquet of roses, was reproached severely by her dad, who said: "Didn't I tell you not to pick any of these flowers without leave?" "Yes, daddy," replied the youngster, "but all these had leaves."

Genuine BAYER ASPIRIN

Never say "Aspirin" without saying "Bayer."

WARNING! Unless you see name "Bayer" on tablets, you are not getting genuine Aspirin prescribed by physicians over 21 years and proved safe by millions for

Colds	Headache	Rheumatism
Toothache	Neuralgia	Neuritis
Ears...	Lumbago	Pain, Pain

Accept only "Bayer" package which contains proper directions.

Sandy tin boxes of 12 tablets—Bottles of 24 and 100—All druggists. Ask for the trade mark of Bayer Manufacture of Monoaceticester of Salicylic Acid.