WOULD GO FROM HOUSE TO HOUSE

Tennessee Farmer Wants to Go From House to House and Tell Everybody About Tanlac.

"If I were not so busy with my farm work I would go from house to house and tell the people about Tanlac," said A. J. Livingston, a well-known farmer, living near Ashland City, Tenn.

"I had stomach and kidney trouble and suffered torment with my back and side. The doctors could do nothing for me, so I wrote to a friend of mine in Nashville about Tanlac, and he advised me to try it, saying he had heard so many favorable reports about it and sent me a bottle.

"After taking the first bottle I felt so much better that I ordered another bottle myself and the result is I am a well man. I told a friend of mine about it and ordered a bottle for him and he had good results. I can eat anything I want and it don't hurt me, and can sleep like a log. To tell you the truth, I just simply feel like a new man and have more strength and energy than I have had in years. It is simply the grandest medicine in the world. I would like to see all of my friends and get those who are suffering to try it, and I hope you will reach them through this testimonial, which I have gladly given."

Tanlac, the celebrated medicine, which accomplished such remarkable results in this man's case, is a wonderful tonic, appetizer and invigorant. It builds up the system, creates a healthy appetite, promotes digestion and assimilation of the food and makes you feel strong, sturdy and well as nature intended.

Sold by leading druggists everywhere.—Advertisement.

Man's best friend is woman—so women say.

ASPIRIN

Name "Bayer" on Genuine

BAYER

Warning! Unless you see the name "Bayer" on package or on tablets you are not getting genuine Aspirin prescribed by physicians for twenty-one years and proved safe by millions. Take Aspirin only as told in the Bayer package for Colds, Headache, Neuralgia, Rheumatism, Earache, Toothache, Lumbago and for Pain. Handy tin boxes of twelve Bayer Tablets of Aspirin cost few cents. Druggists also sell larger packages. Aspirin is the trade mark of Bayer Manufacture of Monoaceticacidester of Salicycacid.

Pity may be akin to love, but it's a poor relation.

Don't Forget Cuticura Talcum

When adding to your toilet requisites. An exquisitely scented face, skin, baby and dusting powder and perfume, rendering other perfumes superfluous. You may rely on it because one of the Cuticura Trio (Soap, Ointment and Talcum). 25c each everywhere.

To win a girl's love quickly—bribe her father to object.

LADIES CAN WEAR SHOES

One size smaller and walk in comfort by using ALLEN'S FOOT=EASE, the antiseptic powder for the feet. Shaken into the shoes and sprinkled in the foot-bath, Allen's Foot=Ease makes tight or new shoes feel easy; gives instant relief to corns, bunions and callouses, prevents Blisters, Callous and Sore Spots.

It's better to be fresh than stale—but don't get too fresh.

Red Cross Ball Blue should be used in every home. It makes clothes white as snow and never injures the fabric. All good grocers, 5c.

Encouraging Symptom.

Mother—Is Johnny well yet?

Little Dick—I think so. I heard his mother scold him this morning.

KILL RATS TODAY

By Using the Genuine

STEARNS' ELECTRIC PASTE

The guaranteed "killer" for Rats, Mice, Cockroaches, Ants and Waterbugs—the greatest known carriers of disease. They destroy both food and property. Stearns' Electric Paste forces these pests to run from the building for water and fresh air.

READY FOR USE—BETTER THAN TRAPS

Directions in 15 languages in every box.

Two sizes, 35c and $1.50. Enough to kill 50 to 400 rats. U. S. Government buys it.

BE A NURSE

Exceptional opportunity at the present time for young women over nineteen years of age who have had at least two years in high school to take Nurses' Training in general hospital. Our graduates are in great demand. Address

Supt. of Nurses, Lincoln Sanitarium
Lincoln, Nebraska

KREMOLA A WONDERFUL FACE BLEACH. Removes Tan, Liver Spots, Pimples, etc. Druggist, or 20 H.I.C. Free book. Dr. C. H. BERRY COMPANY, 2975 Michigan Ave., Chicago.

The AMERICAN LEGION

(Copy for This Department Supplied by the American Legion News Service.)

EMERY THE NEW COMMANDER

Grand Rapids (Mich.) Official Is Elevated to Succeed the Late F. W. Galbraith, Jr.

Maj. John Garfield Emery of Grand Rapids, Mich., was unanimously elected national commander of the American Legion at a meeting of the national executive committee held in Indianapolis.

He succeeds the late Frederick W. Galbraith, Jr., who was recently fatally injured in an automobile accident at Indianapolis.

Major Emery was one of the five vice commanders of the Legion, having been elected to that position at the Cleveland meeting of the organization.

Thomas J. Bannigan, of Hartford, Conn., was elected vice-commander, succeeding Mr. Emery in that position.

Major Emery saw much fighting during the World war. He entered the second officers' training camp at Fort Sheridan August 27, 1917.

After finishing the course he was commissioned a captain of infantry

JOHN G. EMERY.

and sent to France with the first group of Americans. He at first was assigned to the railway transportation office at Blois, France, and remained there until February 20, 1918. Later he attended the First corps school at Gondrecourt until March 24, when he took charge of company F, Eighteenth infantry, First brigade, First division.

Major Emery participated in all the major actions with his regiment in 1918, at Cantigny in April, May and June; at St. Mihiel in September, and in the Meuse-Argonne offensive in September and October. He was commissioned a major of infantry August 30, 1918.

On October 9, 1918, during the Meuse-Argonne drive, Major Emery was wounded in the left arm and was invalided home, being discharged at Camp Custer. Soon after his return to Grand Rapids, he was elected a member of the Grand Rapids city commission, a position he has held since that time. Before entering the service he was a real estate and insurance broker.

Major Emery was born July 4, 1881, in Grand Rapids.

As vice-commander of the American Legion Major Emery was a close friend and confidant of Commander Galbraith.

WORKER FOR THE AUXILIARY

Devil's Lake (N. D.) Woman Is Elected First Vice President for Her State.

When the United States declared war against Germany her son was operating a large ranch in North Dakota. The son volunteered. His mother hurried to him and with her husband took over the task of managing that strip of fertile land which would provide bread and beef for the armies.

Mrs. Eugene Fenlon, Devil's Lake, N. D., played no spectacular part, therefore, in the world conflict, but she learned the service of sacrifice. There were times when the ranch was running smoothly enough and she spent the hours making bundles of comfort kits and knitting sox and sweaters.

When the mothers, sisters and wives of ex-service men organized a women's auxiliary to the American Legion in her city, Mrs. Fenlon was chosen president. The organization furnished clubrooms for their boys at an expense of $2,000 during her first administration. Mrs. Fenlon recently was elected first vice president of the Women's auxiliary of North Dakota.

Carrying on With the American Legion

Of all the fruit that grows in the Imperial valley of California, a considerable portion is planted and tended by disabled veterans of the World war. While receiving $100 monthly compensation from the government, the men are placed on tracts of land by the federal board of vocational education and are assisted in getting out their crops. R. T. Fisher, assistant national director of the government's rehabilitation work, recently complimented the California department of the American Legion for safeguarding the interests of the veterans who are winning their way back to health and usefulness in the fruit-growing project.

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The aid of women's clubs of the West in the interest of a coast to coast Victory Memorial highway will be solicited by Capitol post of the American Legion in Topeka, Kan., with which the plan originated. The Topeka Woman's club will place the request for co-operation before the coming convention of the state federation of women's organizations. Integral highways now in use would be hard-surfaced by the government. Bronze memorial figures of American soldiers in full equipment and with rifles at "present arms" would mark all state boundaries.

• • •

Another move to induce the United States government to force the release by the Bolsheviki of Capt. Emmet Kilpatrick, Uniontown, Ala., has originated with the department of Poland of the American Legion. Latest reports declare that the American, confined in a Moscow prison, is in a deplorable condition from brutality and terror. Captain Kilpatrick, a Red Cross worker, was captured in Crimea.

• • •

The National Americanism commission of the American Legion is making arrangements to have a member present at all Legion state conventions. In addressing the conventions the Americanism officials will lay emphasis upon the necessity of co-operation with teachers for the furtherance of education in citizenship, the promotion of patriotism and the development of Americanism.

• • •

A house-to-house canvass of the entire city of Chicago has been undertaken by posts of the American Legion, in seeking out veterans who have been unsuccessful in adjustment of compensation claims with the government. A recent membership campaign in Illinois netted a gain of 10,000 members for the first four months of 1921 over the corresponding period of last year.

• • •

The American language will replace German in the services of the Bethany Reformed church of Baxter, Ia., under the provision of a resolution adopted by the congregation after a conference with the local American Legion post commander. The Legion objected to preaching in German at the funerals of veterans who were killed in France.

• • •

Aerial mail flyers, their mechanicians and all who assist them in the U. S. Post Office department's air mail service will be ex-service men, according to an order issued by John S. Jordan, San Francisco, chief of construction, acting superintendent of the traffic division, air mail service, a copy of which has reached American Legion national headquarters.

• • •

A proper education for American children in China and Japan is the end sought by the Peking (China) post of the American Legion, which has written to Legion national headquarters to enlist the aid of ex-service men in the movement. The American Chamber of Commerce and other organizations are working with the Legion in the project.

• • •

Because they believe that Memorial day should be observed in a reverent and decorous manner, members of the American Legion in Indianapolis, Ind., have asked that the annual motor speedway race be held in the future on July 4 instead of on May 30. More than 130,000 persons attended the international motor classic this year.

• • •

When the town of Lawton, Okla., set about building a road to the oil fields, 20 miles away, Lowry post of the American Legion undertook the building of a much-needed bridge about eighteen miles from town. During the construction members of the post's Women's Auxiliary brought food to the busy Legionnaires every day.

• • •

Fifty-eight years of residence in America were not enough to induce a resident of Emerald, Neb., to familiarize himself with the American language and institutions of government. As a result his application for final citizenship papers was denied at a naturalization hearing in which American Legion members testified.

• • •

A resolution calling upon congress to pass the American Legion's legislation for the relief of disabled veterans of the World war sent by an American Legion post at Newberry, S. C., was accompanied by a large pair of shears. An attached card bore the inscription: "For the Love of Mike, Cut Out the Red Tape."

• • •

"No plan for future preparedness can be carried out without the support of the American Legion," said General Pershing at a banquet held in his honor at Lincoln, Neb.

IMPROVED UNIFORM INTERNATIONAL

Sunday School Lesson

(By REV. P. B. FITZWATER, D. D., Teacher of English Bible in the Moody Bible Institute of Chicago.)

(©, 1921, Western Newspaper Union.)

LESSON FOR JULY 17

THE CONVERSION OF SAUL.

LESSON TEXT—Acts 9:1-19a.

GOLDEN TEXT—This is a faithful saying, and worthy of all acceptation, that Jesus came into the world to save sinners; of whom I am chief.—1 Tim. 1:15.

REFERENCE MATERIAL—Acts 22:1-21; 26:1-23.

PRIMARY TOPIC—Learning to Obey Jesus.

JUNIOR TOPIC—Saul Becomes a Christian.

INTERMEDIATE AND SENIOR TOPIC—The Pharisee Becomes a Christian.

YOUNG PEOPLE AND ADULT TOPIC—A Study of Paul's Conversion.

I. Saul's Burning Hatred of Jesus (vv. 1, 2).

Saul knew full well that unless the movement set on foot by Jesus was stopped it would supersede Judaism, but he was entirely ignorant of the genius of Christianity. Christianity thrives on persecution. Prosperity may ruin the church, but persecution never.

The noble display of faith by Stephen in sealing his testimony with his blood did not soften Saul's spirit, but rather intensified his hatred for Jesus and His disciples. It made him more determined than ever to stamp out this Nazarene heresy. The intensity of his madness and the extent of its operations are best set forth in his own words (see Acts 22: 4 and Acts 26:10-12). He obtained authority from the chief priests to carry on this murderous work.

II. Saul Kicking Against the Pricks (vv. 3-9). The figure here is that of the eastern ox-driver following the ox with a sharp iron fixed to the end of a pole. The animal is prodded on with this instrument and if it is refractory it kicks against this sharp iron and injures itself. This is a picture of Saul as he was madly fighting against Jesus.

1. A light from heaven (vv. 3, 4a). The time had come for the Lord to interfere. Saul is stricken with blindness and falls to the earth. This physical demonstration accentuated the workings of his conscience which doubtless were going on, quickened by the Holy Spirit as He used Stephen's testimony.

2. A voice from heaven (vv. 4b, 5). This was the Lord's voice calling Saul by name and asking, "Why persecutest thou me?" This moved Saul to inquire, "Who art thou, Lord?" The answer came, "I am Jesus whom thou persecutest," as if to say persecution of the church is persecution of Jesus.

3. "What wilt thou have me to do?" (v. 6)). The dictator is now willing to be dictated to. The Lord told him to go into the city where information would be given him as to what he must do.

4. Saul entering Damascus (vv. 7-9). The haughty persecutor goes quite humbly into Damascus led by his attendants. For the space of three days he remained in blindness and fasting. What went on in his soul in those days no mortal can know, but we may be assured that he, like the Lord in the wilderness, was too deep in meditation and prayer to desire food. Doubtless in this time he got hold of the truths which he later proclaimed to the world; for his conversion was the basal fact of his theology.

III. Ananias Sent to Saul (vv. 10-19a).

Here appears upon the scene a hitherto unknown disciple.

1. Ananias' vision (vv. 10-12). In this vision the Lord appeared and instructed him to go to Saul. He gave him the name of the street and Saul's host, and informed him that Saul was now a praying man and that he had prepared Saul by the vision for the coming of Ananias.

2. Ananias' fear and hesitancy (vv. 13-16). He knew of Saul's mission and the authority by which he came. The Lord encouraged him to go, assuring him that Saul is no longer an enemy, but a chosen vessel to bear His name before the Gentiles, kings, and the children of Israel.

3. Ananias' obedience (v. 17). His fears being removed, Ananias went to the house where Saul was staying, put his hands on him and affectionately addressed him as "brother." The savage persecutor is now a brother in Christ. He informed Saul that the Lord had sent him with a twofold mission: (1) "That thou mightest receive thy sight;" (2) "Be filled with the Holy Spirit." He received sight forthwith. It is not said as to whether he received the Holy Ghost then, but his life's work proves that he did.

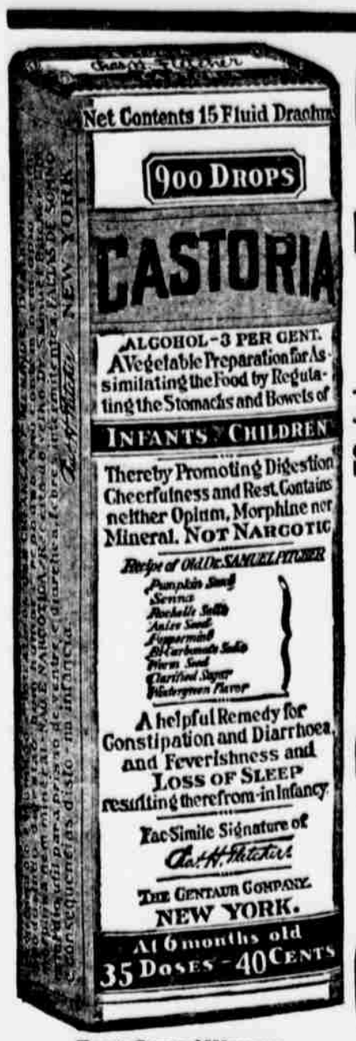
1. Saul baptized (vv. 18, 19a). After Saul received his sight Ananias baptized him.

God Gives Light and Strength.

Give yourself to God's perfect love to work out His perfect will. For all He means you to do, He will surely give light and strength. The throne of the Lamb is surely proof that there is no surer way for us to riches and honor than through His poverty.—Rev. Andrew Murray.

Life.

Life alone can rekindle life; what others claim from us is not our thirst and our hunger, but our bread and our guard.—Amiel.



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Mothers Know That Genuine Castoria Always Bears the Signature of Chas. H. Fletcher **In Use For Over Thirty Years**

CASTORIA

THE CENTAUR COMPANY, NEW YORK CITY.

Small talk has generated many big troubles.

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Now Is the Time to Get Rid of These Ugly Spots.

There's no longer the slightest need of feeling ashamed of your freckles, as Othine—double strength—is guaranteed to remove these homely spots.

Simply get an ounce of Othine—double strength—from your druggist, and apply a little of it night and morning and you should soon see that even the worst freckles have begun to disappear, while the lighter ones have vanished entirely. It is seldom that more than one ounce is needed to completely clear the skin and gain a beautiful clear complexion.

Be sure to ask for the double strength Othine, as this is sold under guarantee of money back if it fails to remove freckles.

TIMES HADN'T CHANGED MUCH

At Least Young Lady Could See a Similarity Between Biblical Times and Our Own.

The unsophisticated young clergyman essayed to break the embarrassing silence that had fallen between his fair partner and himself.

"Er—have you ever noticed," he began, "how opposed to modern ideas of politeness is the woroing of the Tenth Commandment? I mean the part which says 'And thy manservant and thy maidservant, and the stranger within thy gates.' The guest, you notice, comes after the maidservant."

He waited hopefully for the reply which should open up further conversation between them.

The fair one was slightly bored. Her answer came in a perfectly modulated voice, "No, I had not noticed it until you spoke, but it is as true today as it was then. He usually is after the maidservant."

An even longer and more embarrassing silence followed.—Houston Post.

No Backbone.

"Golf spine" is the latest occupational complaint announced by the medical profession. We'll never have it. Our golf has always been of the spineless variety.—Detroit Free Press.

Happiness lies first of all in health.

Important to all Women Readers of this Paper

Thousands upon thousands of women have kidney or bladder trouble and never suspect it.

Women's complaints often prove to be nothing else but kidney trouble, or the *result* of kidney or bladder disease.

If the kidneys are not in a healthy condition, they may cause the other organs to become diseased.

You may suffer pain in the back, headache and loss of ambition.

Poor health makes you nervous, irritable and may be despondent; it makes any one so.

But hundreds of women claim that Dr. Kilmer's Swamp-Root, by restoring health to the kidneys, proved to be just the remedy needed to overcome such conditions.

Many send for a sample bottle to see what Swamp-Root, the great kidney, liver and bladder medicine, will do for them. By enclosing ten cents to Dr. Kilmer & Co., Binghamton, N. Y., you may receive sample size bottle by Parcel Post. You can purchase medium and large size bottles at all drug stores.

Might Do for Anesthetic.

In many of the rural districts of the United States where money does not circulate with great rapidity, services are paid for "in kind." Farmers, for example, will give potatoes, eggs, etc., in payment for debts. A young surgeon, who had occasion to operate in one of these districts, hopefully approached the husband of the patient and asked for his fee, which amounted to $100.

"Doc," said the old man, "I haven't much ready cash on hand. Suppose you let me pay you in kind."

"Well, I guess that will be all right," replied the young doctor, cheerfully. "What do you deal in?"

"Horseradish, doc," answered the old man.—Harper's Magazine.

A Man's Works.

The potter forms what he pleases with soft clay, so a man accomplishes his works by his own act.—Hitopadesa.

Will You Have A "Lift"

If you have reason to believe, as many have, that a change from coffee or tea would be wise, try

POSTUM CEREAL

You'll find what thousands of others have found—complete satisfaction to taste, and freedom from harm to nerves or digestion

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