



Buy Fairy Sodas packed in tin to keep the dainty freshness in... These tasty "so-good" crackers are not merely something to "help out" in preparing a meal or lunch but a food highly nourishing and always relished.

Awful Sick With Gas

Eatonic Brings Relief

"I have been awful sick with gas," writes Mrs. W. H. Person, "and Eatonic is all I can get to give me relief." Acidity and gas on the stomach quickly taken up and carried out by Eatonic, then appetite and strength come back.

BE A NURSE

Exceptional opportunity at the present time for young women over nineteen years of age who have had at least two years in high school to take Nurses' Training in general hospital.

KREMOLA

MAKES THE SKIN BEAUTIFUL. Cleanses, softens, and refreshes the skin.

NEW OMAR LIFTS HIS VOICE

Arizona Poet, However, Strikes Different Note From That Struck by the Great Persian.

Omar Khayyam said that he could dine on a loaf of bread and a jug of wine; with Her beside him and feel content in the wilderness—but he only meant that he liked the desert and his old tin Lizzie, and the crooked roads that make you dizzy, that start any place and lead nowhere, and just keep going and never care.

The Builder.

Knicker—Is a full house tax exempt? Bocker—Not always; you have to give your wife a present if you loose.

Prohibition that prohibits might be termed a glass stopper.



Take Aspirin only as told in each package of genuine Bayer Tablets of Aspirin. Then you will be following the directions and dosage worked out by physicians during 21 years, and proved safe by millions.

When money talks we never stop to criticize its grammar.

For your daughter's sake, use Red Cross Ball Blue in the laundry. She will then have that dainty, well-groomed appearance that girls admire. 5c.

The nearer some neighbors the dearer they are not.

To Have a Clear Sweet Skin Touch pimples, redness, roughness or itching, if any, with Cuticura Ointment, then bathe with Cuticura Soap and hot water. Rinse, dry gently and dust on a little Cuticura Talcum to leave a fascinating fragrance on skin.

Catarrh Can Be Cured

Catarrh is a local disease greatly influenced by constitutional conditions. It therefore requires constitutional treatment. HALL'S CATARRH MEDICINE is taken internally and acts through the blood on the mucous surfaces of the system.

Side Comment.

Little Belle's Sunday school teacher was to be married. A gift beautiful enough to express the love and admiration of the whole family was bought, and Little Belle was permitted to carry the treasure to the home.

Abandoning Totem Poles.

Alaska is losing its totem poles. Because of the gradual decline in observance of native customs, totem poles are no longer erected, and the elements are wearing down those remaining.

THE AMERICAN LEGION

(Copy for This Department supplied by The American Legion News Service.)

WOULD PROBE LEGION CLAIMS

International Association of Rotary Clubs, Shocked at Reports, Orders Nation-Wide Survey.

Aroused by charges of the American Legion that the government has failed in its duty toward disabled veterans of the World war, the board of directors of the International Association of Rotary Clubs has ordered a nation-wide survey of the situation "to prove whether American Legion reports are based on hysteria or upon actual facts."

The Rotary organization has endorsed the Legion's consolidation program for the relief of the disabled and will support the Legion's efforts to obtain its enactment into law, according to Chesley H. Perry of Chicago, secretary-general of the Rotary clubs' organizations.

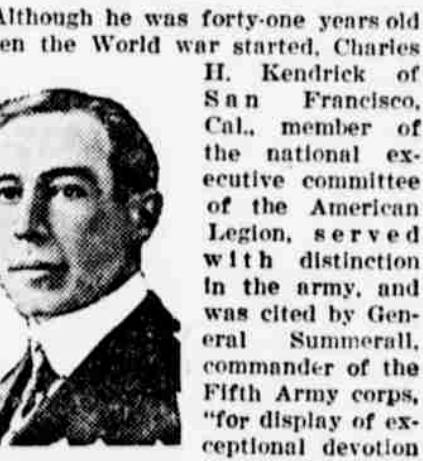
"The 50,000 American business and professional men who form the 800 Rotary clubs of the United States, have started out to gather the actual facts in their respective communities with regard to the manner in which the United States government is handling the cases of disabled ex-soldiers," Mr. Perry stated in a letter to F. W. Galbraith, Jr., commander of the Legion.

"The Rotarians have been shocked by the disclosures made by the American Legion regarding the circumstances surrounding the rehabilitation of Uncle Sam's disabled ex-service men. Each Rotary club is appointing a special committee to investigate conditions in its community and report to the club. Every club will then report to the headquarters office of Rotary in Chicago. The result will be that from 800 communities in every part of the United States will come evidence of business and professional men to prove to the American people whether or not the American Legion reports are based on hysteria or upon actual facts so revolting and heart-rending as to cause the whole American people to rise in their might and do justice to the men who sacrificed themselves for their country."

The Legion's national commander asserted that his organization will welcome the Rotary investigation. "I hope its findings will be given the widest publicity," he said. "It will be found that the Legion has not overstated the case in any particular."

LEGION MAN IS LEGISLATOR

California Member of National Executive Committee Also Serves as Maker of Laws.



Although he was forty-one years old when the World war started, Charles H. Kendrick of San Francisco, Cal., member of the national executive committee of the American Legion, served with distinction in the army, and was cited by General Summerall, commander of the Fifth Army corps, "for display of exceptional devotion to duty while under bombardment by the enemy's guns" during the Meuse-Argonne offensive.

Mr. Kendrick was educated in the public schools of San Francisco and is engaged in the selling of real estate and development of agricultural lands.

Press Women Are Interested.

The Women's Press club of New York city has become interested in American Legion welfare work and has adopted a ward at Fox Hills hospital, Staten Island, New York, containing 65 disabled veterans.

Virginia Auxiliary Convention.

The first convention of the Women's auxiliary of the Virginia Department of the American Legion will be held May 13 and 14.

BIG CHIEF IS LEGION BOSS

Only Full-Fledged Indian at Head of an Ex-Service Men's Organization in America.

Maj. A. B. Welch of Mandan, N. D., is the only full-fledged Indian chief and commander of an American Legion post in America. He is wearing the official dress of a head chief of the Sioux, which he was authorized to assume when he was adopted by their great chief, John Grass, many years ago.

A veteran of the Spanish-American war and a participant in the Mexican border expedition, as well as an authority on customs, sports and ceremonies of the Indians, citizens of North Dakota were eager that Major Welch should lead a battalion of Indians to France. Major Welch volunteered to do so, but his offer was refused by the War department.

Nevertheless, a number of Indians were included in the detachment of men which Major Welch took to France in December, 1917. He served upon the staff of Gen. Hunter A. Liggett and on Armistice day was with the artillery of the Third division, south of Sedan. When he arrived in Germany he was named as officer in charge of civil affairs in the Coblenz area, which position he held until the divisions came back to the United States in September, 1919.

During the Philippine Insurrection Major Welch was a participant in the



MAJOR A. B. WELCH.

capture of Pao, Morong and other towns along the shores of Laguna de Bahla, including the important city of Calamba.

Major Welch and state officials of the Legion will speak at funeral ceremonies for Albert Grass, grandson of Chief John Grass, who was killed in action near Soissons. The Indian hero, who went overseas with Major Welch, will be buried at Cannon Ball, N. D., with the full tribal rites of the Sioux Nation.

BIG MEN AS LEGIONNAIRES

Pershing and Wood Are Numbered Among Members of Posts of Ex-Service Fellows.

The American Legion has represented in its membership not only the first and last men to enlist for the World war, but also two of the best known military leaders in America, Gen. John J. Pershing and Maj. Gen. Leonard Wood.

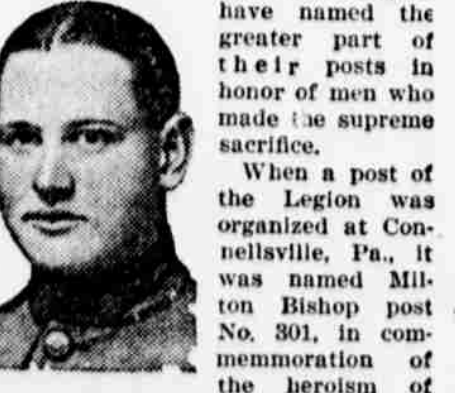
Two Legion posts assert that General Pershing belongs to their organizations. They are the George Washington post No. 1 at Washington, D. C., and Lincoln (Neb.) post No. 1. General Pershing was considered for the nomination of national commander of the Legion, but declined to allow his name to be presented because of his military duties.

General Wood is a member of General George B. Crook post No. 434 of Chicago. He has spoken at a number of Legion conventions in many parts of the country and has been an active worker for the interests of the ex-service men's organization.

NAME LEGION POST FOR HERO

Connellsville (Pa.) Organization Honors Memory of Milton Bishop, One of Its Dead.

Ever mindful of their fallen comrades in France, members of the American Legion have named the greater part of their posts in honor of men who made the supreme sacrifice.



Mr. Bishop, who was killed in action.

Mere Words.

Rub—Blinks married because he was homeless. Dub—And now I suppose he is homeless.—American Legion Weekly.

MRS. REIFENSTEIN, AGED 67, GAINS 25 POUNDS

Declares She Would Like To Put a Bottle of Tanelac In The Hands Of Every Sick Man, Woman and Child In This Country—Never Saw Its Equal.



MRS. EMMA REIFENSTEIN, 337 Webster Ave., Syracuse, N. Y.

"I am sixty-seven years of age, but in all my experience I have never known a medicine like Tanelac. Think of it! At my age to gain twenty-five pounds in weight, but that is just what I have done," said Mrs. Emma Reifenstein, of No. 337 Webster avenue, Syracuse, N. Y.

"If I had it in my power," she continued, "I would put a bottle of Tanelac in the home of every sick man, woman and child in this country, for I know what this wonderful medicine would do for them. For almost two years I was almost a nervous wreck. I did not dare to leave the house or even go up town unless my husband went with me. I was afraid to even cross the street and had a feeling of dread all the time.

"My stomach was weak and easily upset. For days at a time I would go without solid food. I could not rest at night to do any good and felt tired and worn out all of the time. Some days I could hardly drag myself across the room and was so weak and miserable I was ready to give up.

"My health is fine now and I eat anything I want and never have a touch of indigestion. I have never slept better than I do now. My recovery is the talk of our neighborhood, as it was generally believed I could not last but a few weeks longer. This grand

medicine has brought me health and happiness and I just can't say enough in its praise."

Mr. J. Reifenstein, in commenting on his wife's statement, said: "Yes, her recovery has been a happy surprise to us all. A few weeks ago I had no idea she would be able to pull through, but now she is in better health than I have ever seen her and the credit is due to Tanelac. We have been married fifty-two years today and I don't believe I have ever seen her looking any better."

Tanelac is sold by leading druggists everywhere.—Adv.



Spohn's Distemper Compound

will knock it in very short time. At the first sign of a cough or cold in your horse, give a few doses of "SPOHN'S." It will act on the glands, eliminate the disease germ and prevent further CATARRH, FEVER, COUGHS and COLDS for a quarter of a century. 60 cents and \$1.15 per bottle at all drug stores.

What to Take for CONSTIPATION

Take a good dose of Carter's Little Liver Pills—then take 2 or 3 for a few nights after. They cleanse your system of all waste matter and Regulate Your Bowels. Mild—as easy to take as sugar. Genuine bear signature—Burdock. Small Pill. Small Dose. Small Price.

Comfort Baby's Skin With Cuticura Soap And Fragrant Talcum

Soap 25c, Ointment 25 and 50c, Talcum 25c.

PARKER'S HAIR BALSAM

Restores Color and Beauty to Gray and Faded Hair. 60c and \$1.00 at drug stores.

Money is not the main thing. Knowing how to take care of it is of more importance.

Stone Deaf. Money may talk, but have you ever noticed how hard of hearing it is when you call it?—Cincinnati Enquirer.

If you use Red Cross Ball Blue in your laundry, you will not be troubled by those tiny rust spots, often caused by inferior bluing. Try it and see.

Harvest time is Nature's dividend date.

God is unwearying life that never dies.

A sofa is often used as a spoon-holder.

The Nationally Accepted Wall Tint

Beautiful—Sanitary—Durable—Economical for Homes, Schools, Churches and all Interior Wall Surfaces

Alabastine can be applied to plastered walls, wallboard, over painted walls that have become soiled, or even over soiled wallpaper solid on the wall and not printed in a line colors.

Alabastine is a dry powder, ready to mix with pure, cold water, full directions on each package. Alabastine is packed in white and beautiful tints. These, by combining and intermixing, enable you to carry out individual color plans in matching rugs and draperies. Alabastine is used in the finest residences and public buildings, but priced within the reach of all.

You will readily appreciate the economy of Alabastine over paint or wallpaper, and its results will be most gratifying.

New walls demand Alabastine, old walls appreciate Alabastine.

If your local dealer cannot or will not supply you, take no substitute but write for Alabastine designs and we will give you name of nearby dealer.

Alabastine Company 1652 Grandville Ave., Grand Rapids, Mich.

If Coffee don't agree DRINK POSTUM

"There's a Reason"