

PROMINENT NEW YORK MAN PRAISES TANLAC

John F. Hyatt, of Albany, N. Y., Is Relieved of Severe Attack of Rheumatism of Many Years' Standing.

"I am now seventy-two years old and am just getting rid of a fifteen-year case of rheumatism that had me so crippled up I could not walk," said John F. Hyatt, 227 Pearl St., Albany, N. Y., in relating his remarkable experience with Tanlac, recently. Mr. Hyatt was chairman of the committee in charge of building the Albany County Courthouse and was four times elected a member of the County Board of Supervisors. At present Mr. Hyatt is Assistant Superintendent of the Albany County Courthouse, with offices in the building.

"I don't believe," he continued, "anybody could have rheumatism any worse than I did, and my case was of such long standing I didn't expect to ever get over it. I was unable to walk except for a short distance, supported with a cane, and even then the pains struck me every time I took a step. My legs, hips and ankles hurt something awful and my joints were stiff and achy. I couldn't cross my leg without having to lift it up with my hands, and to turn over in bed, why, the pains nearly killed me."

"My appetite was gone and the sight of food nauseated me. My stomach was out of order, and I had a sluggish, heavy feeling all the time. I was weak, off in weight and discouraged so that it looked like I might as well quit trying to ever get well."

"I had no idea Tanlac would relieve my rheumatism when I began taking it last Spring. I took it because I saw where it would give a fellow an



JOHN F. HYATT
227 Pearl St., Albany, N. Y.

appetite. Well, sir, I was the most surprised I ever was in my life when the rheumatic pains began to ease up. I took seven bottles in all and, it's a fact, I didn't have an ache about me, was eating fine and simply felt like I had been made over again. "I have been in the best of health ever since, with only a slight twinge of rheumatism at intervals. I do not need my cane now, but as I had been unable to walk without it for several years, I got into the habit of carrying it and so still take it along. I am enjoying life and health once more and can conscientiously recommend Tanlac as the greatest medicine I have ever run across in all my experience."

Tanlac is sold by leading druggists everywhere.—Adv.

The AMERICAN LEGION

(Copy for This Department Supplied by The American Legion News Service.)

GIRL GETS SERVICE MEDAL

Emblem Presented to New York High School Miss in Recognition of Patriotic Work.

As a tribute to her patriotic services during the World War, Miss Pauline Henkel, a fourteen-year old New York high school girl, was presented with a patriotic service gold medal by F. W. Galbraith, Jr., national commander of the American Legion, in behalf of S. Rankin Drew post. The presentation ceremonies took place in front of the Fifth Avenue public library in New York City.

The guard of honor for Miss Henkel, who is known as the "Little Colonel," was composed of members of the marine corps under command of Lieutenants Miller and Gumpertz and Sergeant Janssen, congressional medal of honor men.

Although she was only ten years old at the start of the World War, the Little Colonel sold \$3,330,250 worth of Liberty bonds, more than any other minor in the country, and also was recognized as one of the most effective patriotic speakers and war workers in America.

With the return of the American soldiers to their native land, Miss Henkel is still devoting herself to their welfare, as attested by the following quotation from her speech of acceptance:

"The happiest moment of my life will be when it is a fact that the wounded, disabled and unemployed of our boys have been taken care of in a manner befitting the sacrifices they have made. The cause of the disabled



MISS PAULINE HENKEL.

should come above everything else in our hearts. Let us take care of the men who saved our country; we owe them an obligation we cannot afford to ignore."

LEGION POST ADOPTS CREED

Member of Somerville (Mass.) Organization Is Author of Paragraphs Worthy of Consideration.

Somerville (Mass.) post of the American Legion has adopted the following creed, written by one of its members:

"I believe the American Legion is a dependable organization. "I believe that the American Legion is a potent factor in the community. "I believe that the American Legion stands for equality for all ex-service men."

"I believe that the American Legion's ideas never will be shelved. "I believe that the American Legion will gallantly stand by what is right and help to destroy what is wrong. "I believe that the American Legion's principles are immovable by any violent or radical individual or organization."

"I believe that the American Legion will help to bring peace out of chaos. "I believe that the American Legion is looking forward, not backward. "I believe that the American Legion is a constructive unit, not a destructive unit."

"I believe that the American Legion is an asset to ex-service men, not a liability. "I believe it. Do you?"

Sets 40,000 Members as Goal. With 24,000 members at the end of 1920, Kansas department of the American Legion has set 40,000 Legionnaires as its goal for 1921. The state has a potential membership of 60,000. The department now numbers 814 posts of the Legion and 106 units of the Women's Auxiliary.

Distributing Victory Medals. Although there will be no more army recruiting for some time, the recruiting officers will continue to distribute Victory medals to members of the American Legion and other ex-service men.

HE'S TYPICAL LEGION WORKER

Connecticut Man Is Chosen Department Adjutant for Period of Three Years.

Thomas J. Bannigan has received the unique distinction of being elected adjutant of the Connecticut department of the American Legion for a period of three years. He is also in charge of the service division at department headquarters.

Mr. Bannigan was born in Utica, N. Y. He received his education in schools of that city and in Georgetown Academy. He came to New Britain, Conn., 25 years ago and in 1911 moved to Hartford where he is engaged in the wholesale and retail cigar business.

During the war Mr. Bannigan served as a captain. Returning to Hartford at the end of the war, he gave his ef-



THOMAS J. BANNIGAN.

orts to revitalizing his business. In February, 1919, when the city of Hartford needed a capable man to direct its Soldiers, Sailors and Marines club, Mr. Bannigan was asked to take the job. Despite the call of his business, he abandoned it again, through patriotic motives, to supervise the club.

A record-maker in the formation and organization of Rau-Locke post No. 8, Mr. Bannigan soon became one of the most prominent Legionnaires in the state and was elected as the first state adjutant. Department headquarters had been without a permanent location, using a room in the Service club as quarters. Mr. Bannigan prevailed upon the city authorities to turn the building over to the Legion.

Mr. Bannigan is also a member of the national committee on war risk insurance and compensation and is chairman of the Hartford Elks' national soldiers' fund committee.

TO TURN HOSPITAL TO STATE

Texas Department of American Legion to Relinquish Control of Kerrville Institution.

The Texas department of the American Legion is completing arrangements to turn the Legion Memorial hospital at Kerrville over to the state, in order that the provisions of the bill appropriating \$1,500,000 to expand the institution to a capacity of 600 tubercular patients, passed by the state legislature, may be carried out.

The Legion will maintain its hospital organization, which will co-operate with the state health officer, the superintendent of the state tuberculosis sanitarium and the chairman of the state board of control, the officers designated to supervise the expenditure of the appropriation.

Charles W. Scruggs, state adjutant of the Legion, has expressed the appreciation of the ex-service men as follows:

"The governor of the great State of Texas has met our expectations and I am firmly convinced has only consummated the sentiment of the people of Texas by signing the Legion Memorial hospital bill. The Legion is proud to share with the governor and with the legislature our inordinate pride in the consummation of this splendid endeavor and fulfillment of our fundamental duty to Texas' disabled ex-service men."

Kansas Passes Laws for Legion.

That the voice of the ex-service men of Kansas, as represented by the American Legion, has been heard is manifested by the generous enactment of legislation beneficial to veterans of the World War. The legislature of that state has passed the following bills affecting ex-service men: An adjusted compensation bill, in the form of an enabling act; an act granting to all ex-service men of the World War the same rights, privileges and immunities granted to veterans of other wars; an appropriation of \$1,000 a year for general expenses of state headquarters of the Legion; an act protecting the Legion and Auxiliary emblems from unauthorized use; exemption from taxation of all property held in the name of the Legion; an act placing under the care of Legion posts erring young boys paroled from industrial schools; and a boxing bill.

Eight Bars on Victory Medal. George Leander, a member of Argonne Post of the American Legion at Des Moines, Ia., has eight bars on his Victory medal.

ASPIRIN

Name "Bayer" on Genuine



Beware! Unless you see the name "Bayer" on package or on tablets you are not getting genuine Aspirin prescribed by physicians for twenty-one years and proved safe by millions. Take Aspirin only as told in the Bayer package for Colds, Headache, Neuralgia, Rheumatism, Earache, Toothache, Lumbago, and for Pain. Handy tin boxes of twelve Bayer Tablets of Aspirin cost few cents. Druggists also sell larger packages. Aspirin is the trade mark of Bayer Manufacture of Monoaceticacidester of Salicylicacid.—Adv.

"The good die young" was never said of a joke.

Sure Relief



BELLANS FOR INDIGESTION 25 CENTS

6 BELLANS Hot water Sure Relief FOR INDIGESTION

KNEW FEATHER WAS THERE

Young Lady Altogether Unnecessarily Worried Over the Appearance of Strange Old Gentleman.

One day while in a railroad station in New York, I was sitting, waiting for the time to pass for my train. There came in a well-dressed and rather old man who had a bright burnt-orange feather in the ribbon of his felt hat. It being my first trip East, and not knowing it was the custom for men to wear a bright-colored feather in their hats, I walked up and said: "Pardon me, sir, but you have a feather in your hat." He was quite deaf, so I found I had to speak in a loud voice in order to make him hear. I repeated the statement three times until I saw everyone near me smiling. The old man laughingly said, "Oh, that is the style, miss." I was so embarrassed that my train did not come too quick for me.—Chicago Tribune.

Mortgaged Tomcat.

An unusual chattel mortgage is said to be on file at Stockton, Mo. It specifies, among the articles covered by it, "one black tomcat with white feet, named Tom." It is possible that Thomas ranked as a family heirloom, and he may have been regarded as the most valuable part of the security. At any event, a "black tomcat" is a novel variation of the chattel mortgage color scheme, which shades up from the bay mule to the gray mare and the old white cow.—Case and Comment.

So It Goes.

"Twenty years ago you could get a ticket around the world for \$250." "Now that will hardly take you to the next town."—Louisville Courier-Journal.

Qualified.

"Do you think you could learn to love a mere man?" "Oh, yes; I went to a co-ed school."

EASE THAT ACHING BACK!

Is a throbbing backache keeping you miserable? Are you tortured with stabbing pains? Is the trouble making your work a burden and rest impossible? Springtime, for many folks, is backache time—a sign that the kidneys need help. Colds, chills, and the changing weather of early spring, strain the kidneys and slow them up. Poisons accumulate and then comes backache, headaches, dizziness and bladder irregularities. Use Doan's Kidney Pills. They have helped thousands. Ask your neighbor!

A Nebraska Case

Mrs. Wm. Weaver, Ch. 2, Doan, Nebr., says: "There was a heavy, dull pain over my kidneys. At times I had a pain in the back of my head, and I was nervous and felt languid. My kidneys acted irregularly. Doan's Kidney Pills completely relieved me of the symptoms. Since then occasional use of Doan's has kept me strong and well."

Get Doan's at Any Store, 60c a Box
DOAN'S KIDNEY PILLS
FOSTER-MILBURN CO., BUFFALO, N. Y.

BE A NURSE

Exceptional opportunity at the present time for young women over nineteen years of age who have had at least two years in high school to take Nurses' Training in general hospital. Our graduates are in great demand. Address Supt. of Nurses, Lincoln Sanitarium, Lincoln, Nebraska.

6% Dividends Payable Quarterly
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126 MAMMOTH JACKS
I have a bargain for you, come quick. W. L. DeLoach's JACKS & SADDLERY, Cedar Rapids, Iowa.

FRECKLES POSITIVELY REMOVED by Dr. Barry's Freckle Ointment. Your druggist or Dr. Barry, Co., 297 1/2 Michigan Avenue, Chicago.

WHEN THE HORSES LAUGHED

Possibly the Animals Had Their Own Opinion About That Little "Swapping" Episode.

"Hello," says he.
"Hello," says I.
I never seed the man afore.
"Swap?" says he.
"Dunno," says I.
"Mebbe, mebbe, I ain't shore."
"The bay," says he.
"The gray," says I.
"Swap?" says we and both un-hitched.
"Fine hoss," says he.
"Of course," says I.
And in a moment we had switched.
"Giddap," says he.
"Giddap," says I.
And both them horses stood stock still.
"He's balked?" says I.
"Gosh, yes," says he.
"Mine, too," says I and laughed to kill.
"Good day," says he.
"Good day," says I.
"Best joke, b'gosh, I ever see."—Exchange.

Expensive Water Power.
"Yes," said the defendant in a criminal case, "my lawyer certainly made a strong plea for me. He even wept." "What was his bill?" asked the other man.

"Well, as nearly as I can figure it out, he charged about \$100 a year."—Boston Transcript.

We All Know That.
"That old motto 'Business before pleasure,'" said Jud Tunkins, "means nothing more than in this world you can't enjoy yourself unless you've got the price."

They are always linked together: Sadder and wiser man. Why get wisdom?

Even people who borrow trouble have it to lend.

What to Take for Disordered Stomach

Take a good dose of **Carter's Little Liver Pills**—then take 2 or 3 for a few nights after. You will relish your meals without fear of trouble to follow. Millions of all ages take them for Biliousness, Dizziness, Sick Headache, Upset Stomach and for Sallow, Pimply, Blotchy Skin. They end the misery of Constipation. Genuine bear Brand. Small Pill; Small Dose; Small Price.

From Bad to Worse.
Dun—Why so serious, old man?
Bert—I have good reasons. My mother-in-law's coming for a visit. She has "the gift of tongues."
Dun—That's nothing; mine is a mind reader.

The Division.
Knicker—"Into what classes is the population divided?"
Bocker—"Office-holders and office scolders."

He who is wedded to art should have a model wife.

ALLEN'S FOOT-EASE

Gives ease and comfort to feet that are tender and sore. If shoes pinch or chafe and blisters ache this Antiseptic, Healing Powder will give quick relief. Shake it in your shoes, sprinkle it in the foot-bath. Sold everywhere.

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is as profitable as grain growing. Successes are wonderful as those from growing wheat, oats, barley, and flax have been made in raising Horses, Cattle, Sheep and Hogs. Bright, sunny climate, nutritious grasses, good water, enormous fodder crops—these spell success to the farmer and stock raiser. And remember, you can buy on easy terms.

Farm Land at \$15 to \$30 An Acre

—land equal to that which through many years has yielded of wheat to the acre—grazing land convenient to good grain farms at proportionately low prices. These lands have every rural convenience; good schools, churches, roads, telephones, etc., close to live towns and good markets.

If you want to get back to the farm, or to farm on a larger scale than is possible under your present conditions, investigate what Western Canada has to offer you.

For illustrated literature with maps and notices regarding reduced railway rates, location of land, etc., apply to Department of Immigration, Ottawa, Canada, or

W. V. BENNETT, Room 4, Bee Building, OMAHA, NEB.
Canadian Government Agent.

He Turned the Corner—

The man in the fog thought he was lost, but he turned the corner — there was his own home!

To many, troubled with disturbed nerves and digestion due to coffee drinking, help has seemed a long way off, but they found in

POSTUM CEREAL

at the corner grocery
a delicious, satisfying table drink that makes for health and comfort.

"There's a Reason"

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