



### WET FEET BRING COUGHS AND COLDS

Until entirely rid of a cough or cold, look out. They are a source of danger.

Just a few doses of Pe-ru-na taken soon after exposure or first manifestation of trouble will usually break a cold or dissipate in a hurry the most persistent cough.

## PE-RU-NA

The Well Known Emergency Remedy

Two generations have known PE-RU-NA and its astonishing success in the relief of catarrhal diseases. The proper medicine to have on hand for everyday ills.

SOLD EVERYWHERE

### KEEP IT IN THE HOUSE

**The Combine.**  
Upton Sinclair said at a Pasadena tea: "In this matter of the high cost of living there is one thing which we all have got to do. That is this: When a dealer—"

Here Mr. Sinclair struck the teatable a resounding whack with his fist. "When a dealer asks us an exorbitant price for an essential article then—"

The novelist's eye flashed, and he squared his jaw resolutely. "Then there is nothing for us to do but leave the rascal's shop and buy the essential article from another dealer on the same exorbitant terms."

### WHY DRUGGISTS RECOMMEND SWAMP-ROOT

For many years druggists have watched with much interest the remarkable record maintained by Dr. Kilmer's Swamp-Root, the great kidney, liver and bladder medicine.

It is a physician's prescription. Swamp-Root is a strengthening medicine. It helps the kidneys, liver and bladder do the work nature intended they should do.

Swamp-Root has stood the test of years. It is sold by all druggists on its merit and it should help you. No other kidney medicine has so many friends.

Be sure to get Swamp-Root and start treatment at once. However, if you wish first to test this great preparation send ten cents to Dr. Kilmer & Co., Binghamton, N. Y., for a sample bottle. When writing be sure and mention this paper.—Adv.

**He Has a Future.**  
When James Henry went to grandmother's he expected to get candy, or money to spend for it at the grocery.

On one occasion, following the usual demand for candy, grandmother forestalled any further requests by remarking that there was not a cent in the house.

The youngster was taken aback for a moment before he gravely inquired, "Well, grandmother, couldn't you write a check?"

**The Artful Fabulist.**  
"Do you expect people to believe all this tommyrot about dumb animals engaging in intelligent conversation?"

"No," replied Aesop. "But you can't get people interested when you offer to tell them simple facts. The only way to secure their sincere and undivided attention is to make believe you are going to tell 'em a whopper."

**The Inconsistent Male.**  
Men are inconsistent. They complain if their wives don't read the newspapers and keep up with important events, and yet few of them read the fashion notes.—Baltimore Sun.

**She Was in Fragile Health.**  
Rogers—Her eyes were cast down, her face fell and she burst into tears. Normand—Poor little thing; no wonder they said she was all broken up.

The smaller a man is the harder it is for him to eat crow gracefully.

A man's shady past will not benefit him much in the good old summer time.

**Ambiguous.**  
"Do Englishmen understand American slang?"  
"Some of them do. Why?"  
"My daughter is to be married in London and the earl has cabled me to come across."  
"Well?"  
"Does he want me or my wad?"—Boston Transcript.

### ASPIRIN

Name "Bayer" on Genuine



Warning! Unless you see the name "Bayer" on package or on tablets you are not getting genuine Aspirin prescribed by physicians for twenty-one years and proved safe by millions. Take Aspirin only as told in the Bayer package for Colds, Headache, Neuralgia, Rheumatism, Earache, Toothache, Lumbago and for Pain. Handy tin boxes of twelve Bayer Tablets of Aspirin cost few cents. Druggists also sell larger packages. Aspirin is the trade mark of Bayer Manufacture of Monaceticacidester of Salicylicacid.—Adv.

**Why He Stayed.**  
Lieutenant Governor Channing Cox of Massachusetts, discussing the high cost of living in France, said the other day:

"In Paris, you know, a good pair of shoes fetched \$50, and a good meal about as much.

"Well, a young lawyer started on a brief vacation trip to Paris in June, and he long overstayed his time. On his return in late September a friend who knew he was none too flush, said to him:

"Why did you remain so long in Paris, Jim?"  
"My friends kept me there," Jim answered.

"Your friends? Why, Jim, I didn't know you had any friends in Paris."  
"I haven't. My friends are all in Oshkosh, and they refused to lend me any money."

**Knew His Destination.**  
A man who could be scathingly witty himself once met more than his match in one of the Roman Catholic priests.

"Reverend father, I wish you were St. Peter."  
"And why?"  
"Because, reverend father, in that case you would have the keys to heaven, and could let me in."

"By my honor and conscience," retorted the divine, "it would be better for you that I had the keys of the other place, for then I could let you out."—Exchange.

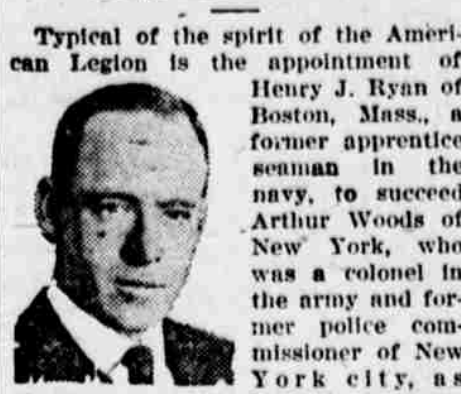
**Usual Proceedings.**  
"Do you know how to dance?"  
"No, but I am taking steps to learn."—Louisville Courier-Journal.

# The AMERICAN LEGION

(Copy for This Department Supplied by The American Legion News Service.)

### HEAD OF AMERICANISM BOARD

Henry J. Ryan of Boston, Mass., is Named Chairman of Legion's Reorganized Commission.



Typical of the spirit of the American Legion is the appointment of Henry J. Ryan of Boston, Mass., a former apprentice seaman in the navy, to succeed Arthur Woods of New York, who was a colonel in the army and former police commissioner of New York city, as chairman of the Legion's reorganized Americanism commission, headquarters of which is at national headquarters at Indianapolis.

When the war broke out Mr. Ryan attempted to enlist several times in the army, but was refused because of his defective eyesight. At last the navy accepted him, but he was ordered to remain on shore duty. During the various drives for Liberty loans and war funds the newly appointed chairman acquired a national reputation as an orator, especially on subjects involving patriotism and Americanism.

Other members of the commission are To serve one year, Florelia H. L. Guardia, New York city; William B. Follett, Portland, Ore.; E. K. Bixby, Muskogee, Okla.; Edgar H. Baird, Philadelphia; Garland W. Powell, Cumberland, Md.; Richard F. Belms, Richmond, Va. To serve two years, Peyton H. Hoge, Jr., Louisville, Ky.; A. H. Gansser, Bay City, Mich.; Col. Gordon Johnson, U. S. A., chief of staff to Gen. Leonard Wood, Fort Sheridan, Ill. To serve three years, Will Percy, Greenville, Miss.; Dwight Davis, St. Louis; F. O. Horton, Des Moines, Ia.; Lindsey Blayne, Houston, Tex., and Leonard Withington, Honolulu, Hawaii.

It will be the Legion's aim under Mr. Ryan to co-ordinate and consolidate the activities for the promotion of Americanism of the Y. M. C. A., Red Cross, Knights of Columbus, Masons, Salvation Army, National Security league and many other organizations. To this end a conference will be held in Washington soon.

### MAN OF TRAVEL EXPERIENCE

Samuel, Adjutant of Legion, Department of Kansas, Has Seen Much of Broad World.

After traveling over pretty much all of the continents of North America, Europe and Asia, Frank E. Samuel has settled down into a busy life as adjutant of the American Legion, department of Kansas, with headquarters in Topeka.

Samuel was born in Downing, Mo., in 1889. Armed with a college degree in 1912 he started out to see the world. What part of it he missed in civilian pursuits was made up to him when he joined the Three Hundred and Fifty-third infantry regiment and served in all the battles in which that outfit participated.

Samuel, on his return to civil life, became assistant state adjutant of the Legion in Kansas and was made adjutant in September, 1919. He was recently re-elected for a two-year term.

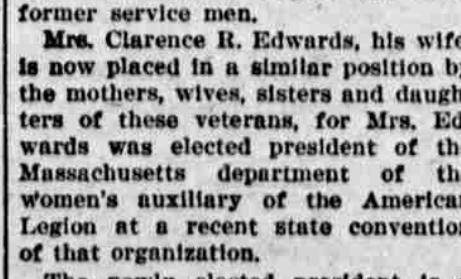
### GENERAL'S WIFE NEW LEADER

Mrs. Clarence Edwards is Chosen President of Massachusetts Department of Auxiliary.

Maj. Gen. Clarence R. Edwards, who commanded the Twenty-sixth division through its training period in the States, in quiet defensive sectors and in its later participation in almost every major offensive of the war, is the idol of thousands of New England members of the American Legion and other former service men.

Mrs. Clarence R. Edwards, his wife, is now placed in a similar position by the mothers, wives, sisters and daughters of these veterans, for Mrs. Edwards was elected president of the Massachusetts department of the women's auxiliary of the American Legion at a recent state convention of that organization.

The newly elected president is a resident of Newton, Mass. She has been active in work for the benefit of New England members of the American Legion and other former service men.



### CONGRESS IS URGED TO ACT

Five Provisions Requested in Aid of Disabled Veterans, Amending Vocational Training Law.

Amendment of the law under which disabled veterans of the World war are given vocational training, so as to provide five things demanded by the last convention of the American Legion at Cleveland was urged in congress by Legion representatives.

The five provisions requested by the Legion are:

1. Vocational training for American citizens who served with the allied armies, who were disabled and who are not entitled to training under the present law.
2. Training with pay for all disabled veterans with 10 per cent or more disability, instead of training with pay for some and training without pay for others, as now provided.
3. Vocational training for the widows and orphans of all men who died in the service.
4. The right of the federal board for vocational education to give all disabled men in training such medical care and treatment as is necessary to keep them at their courses.
5. That all disabled men in training shall receive \$100 a month from the government while in training and those with dependents \$120 a month, instead of different sums based upon the cost of living in different localities as now provided.

A special plea was made by John Thomas Taylor of the national legislative committee of the Legion for vocational training for the widows and orphans of the American dead of the World war. He said that undoubtedly the 50,000 American children whose fathers slept in Flanders fields were entitled to the same educational advantages that they would have had, were their fathers alive and able to provide for them. The widows of the men who died in France, he added, were likewise entitled, the broad-winning member of the family having been killed in defense of the country, to be taught some kind of work of trade.

### EDITOR WAS ON FIRING LINE

Commander of Missouri Department of Legion One of Many Newspaper Men Who Heard Call.

John Francis Williams, commander of the Missouri department of the Legion, is one of thousands of newspaper men who left their typewriters when the war broke out. Enlisting as a private in the Missouri National Guard, Mr. Williams rose to the rank of first lieutenant.



In the A. E. F., he served as a machine gun officer with the Thirty-fifth division in the Vosges mountains and in the Argonne-Meuse drive. After the armistice, he served as instructor in the A. E. F. university at Beaune and later assisted in publicity in connection with the interallied games.

### ORGANIZATION IS HIS TASK

Spokane (Wash.) Man Will Supervise Work of Enrolling Every Former Service Buddy.

Edward H. Prell of Spokane, Wash., was recently appointed director of the organization division at national headquarters of the American Legion. He succeeds Russell G. Creviston, who is now assistant national adjutant.

Mr. Prell served overseas with the One Hundred and Forty-sixth field artillery and participated in two major offensives of the World war. After his discharge from the army, Mr. Prell was active in the early organization of the Legion in his state. The supervision and direction of the Legion's 1921 campaign to enroll every eligible former service man in its ranks will be in the hands of the new director.

### RAISED BIG CHRISTMAS FUND

Adjutant of Illinois Department of Legion Had Aid of Actress in Raising Christmas Money.

When William Q. Setliffe, adjutant of the Illinois department of the American Legion, started the Legion campaign which raised \$50,000 for Christmas entertainments for sick and disabled veterans in Illinois hospitals, he called upon Miss Floe Bert, a well-known actress, to assist in making the undertaking a success.

Miss Bert gave a large number of entertainments in Illinois cities, the proceeds of which were applied to the Legion's fund.



**CASTORIA**  
For Infants and Children.  
Mothers Know That Genuine Castoria Always Bears the Signature of *Dr. J. C. Hathorn* of In Use For Over Thirty Years **CASTORIA**

Net Contents 15 Fluid Drachms  
900 DROPS  
ALCOHOL—3 PER CENT.  
Vegetable Preparation for Assimilating the Food by Regulating the Stomach and Bowels of INFANTS, CHILDREN  
Thereby Promoting Digestion, Cheerfulness and Rest. Contains neither Opium, Morphine nor Mineral. NOT NARCOTIC.  
A helpful Remedy for Constipation and Diarrhoea, and Feverishness and LOSS OF SLEEP resulting therefrom in infancy.  
The Similar Signature of *Dr. J. C. Hathorn*  
THE CENTAUR COMPANY, NEW YORK.  
At 6 months old 35 Doses—40 CENTS

Exact Copy of Wrapper. THE CENTAUR COMPANY, NEW YORK CITY.

**Naturally.**  
"Do you think an engagement ring makes a girl more thought of by her chums?"  
"Well, it is a good thing for a girl to have on hand."

**Papa Missed Her, Too.**  
Priscilla had been to school a few days for the first time in her life when she met a friend on the street one day, who inquired about how she was getting along.  
"Mamma does not like to have me so very well," she said, "because she misses me at home."  
"But what does your papa say about it?" inquired the friend.  
"Oh, he is kind of uneasy in his mind, too," answered Priscilla.

**Their Use.**  
"Courtroom doors ought to be made on a liberal scale."  
"Why so?"  
"Because they are intended to be open to conviction."  
The epileptic catches the early bird.

# A Big Drop in JELLO

2 packages for 25¢

The Genesee Pure Food Company, Le Roy, N. Y.

**Alcoholic Anthology.**  
"Did you ever see any sense to that old song, 'Drink to Me Only With Thine Eyes?'"  
"I never did," answered Uncle Bill Bottletop. "Nobody I ever knew in the old days was satisfied to say, 'Here's lookin' at you' without the customary accompaniment."—Washington Star.

**Back for Another.**  
"You did me a favor ten years ago," said the stranger, "and I have never forgotten it."  
"Ah," replied the good man, with a grateful expression on his face, "and you have come back to repay me."  
"Not exactly," replied the stranger. "I've just got into town and need another favor, and I thought of you right away."

**Faith Gone.**  
She—Do you believe in dreams?  
He—No: I was in love with one once and she filled me.

## Kill That Cold With HILL'S CASCARA QUININE BROMIDE AND La Grippe

Neglected Colds are Dangerous  
Take no chances. Keep this standard remedy handy for the first sneeze. Breaks up a cold in 24 hours—Relieves Grippe in 3 days—Excellent for Headache  
Quinine in this form does not affect the head—Cascara is best, Tonic Laxative—No Opium in Hill's.

**ALL DRUGGISTS SELL IT**

## Boil Your Postum fully fifteen minutes when you use POSTUM CEREAL

Then there results a drink of delicious flavor which many prefer to coffee. Postum is more economical and healthful than coffee.

Another form, Instant Postum, is made by adding hot water to a teaspoonful in the cup. The drink may be made strong or mild to suit individual taste.

GROCERS EVERYWHERE SELL BOTH KINDS  
Made by Postum Cereal Co. Inc., Battle Creek, Mich.