

Kill That Cold With

HILL'S
CASCARA QUININE
FOR Colds, Coughs AND La Grippe
BROMIDE

Neglected Colds are Dangerous
Take no chances. Keep this standard remedy handy for the first sneeze.
Breaks up a cold in 24 hours—Relieves Grippe in 3 days—Excellent for Headache
Quinine in this form does not affect the head—Cascara is best Tonic Laxative—No Opium in Hill's.

ALL DRUGGISTS SELL IT

Origin of Slang.
Slang originated from the gypsy tongue. It used to be a secret language of that race. It is by no means of modern date, being well known in the classic ages of Greece and Rome.

"Cold in the Head"
Is an acute attack of Nasal Catarrh. Those subject to frequent "colds in the head" will find that the use of HALL'S CATARRH MEDICINE will build up the system, cleanse the Blood and render them less liable to colds. Repeated attacks of Acute Catarrh may lead to Chronic Catarrh.
HALL'S CATARRH MEDICINE is taken internally and acts through the Blood on the Mucous Surfaces of the System, thus reducing the inflammation and restoring normal conditions.
All Druggists. Circulars free.
E. J. Cheney & Co., Toledo, Ohio.

Most Amazing.
"Alzy is losing his memory. It's been going on now for two months."
"But, how could it?"

Stock Raising in Western Canada

is as profitable as grain growing. Successes as wonderful as those from growing wheat, oats, barley, and flax have been made in raising Horses, Cattle, Sheep and Hogs. Bright, sunny climate, nutritious grasses, good water, enormous fodder crops—these spell success to the farmer and stock raiser. And remember, you can buy on easy terms.

Farm Land at \$15 to \$30 an Acre

—land equal to that which through many years has yielded from 20 to 45 bushels of wheat to the acre—grazing land convenient to good grain farms at proportionately low prices. These lands have every rural convenience: good schools, churches, roads, telephones, etc., close to live towns and good markets.
If you want to get back to the farm, or to farm on a larger scale than is possible under your present conditions, investigate what Western Canada has to offer you.
For illustrated literature with maps and particulars regarding reduced railway rates, location of land, etc., apply to Dept. of Immigration, Ottawa, Can., or W. V. BENNETT
Room 4, Bee Bldg., Omaha, Neb.
Canadian Government Agent.

HOLY CITY AS IT IS TODAY

Redeemed but Waiting to Be Clothed in Raiment That Is But Her Just Due.

It is well, as we leave the gentle allurements of flowers in the Garden of Gethsemane and turn toward the city, that our hearts have first been filled with serene joy, writes William D. McCracken in Asia magazine. We regard the fearfully tried city with something of the compassion that the Master felt for it. Seventeen times destroyed—bitterly hated—anxiously sought—how desperate a history since Nebuchadnezzar captured it more than twenty-five centuries ago. And only the other day, it seems, at Christmas time in 1917, Jerusalem was captured again, this time by its friends, the British, after an agreement with the Turks that the city itself should not be bombarded. There was some fighting on the Mount of Olives, and reconnoitering airplanes dropped a bomb or two and about the Garden of Gethsemane. But Jerusalem had been captured for the last time, and the last offensive was devoid of evil.

Redeemed today, but in her nakedness, Jerusalem waits to be clothed. She has as yet no grace, no covering for her ugly wounds. Some day her sides will glisten with the brightness of a heavenly radiance; she will be washed and anointed like a bride waiting for the bridegroom.

Untipped.
Walter—Beg pardon, sir, your check does not include the waiter!
Patron—I don't suppose it does. I didn't eat one.—Baltimore News.

Comes already sweetened

Its own sugar is developed in the baking. It solves your sugar problem among ready-to-eat cereals.

Grape-Nuts

Order a package from the grocer. Its flavor appeals and there is no waste.

Made by Postum Cereal Co., Inc., Battle Creek, Mich.

First, After a Fashion.
She—Are you quite sure I am the first girl you ever loved?
He—Yes, you are the very first—on my second hundred.

Cuticura for Pimply Faces.
To remove pimples and blackheads smear them with Cuticura Ointment. Wash off in five minutes with Cuticura Soap and hot water. Once clear keep your skin clear by using them for daily toilet purposes. Don't fail to include Cuticura Talcum.—Adv.

The Reason.
"What a rasping voice Smith has."
"No wonder; he went yesterday to his dentist and had his teeth filed."

Important to Mothers
Examine carefully every bottle of CASTORIA, that famous old remedy for infants and children, and see that it bears the Signature of *Dr. J. C. Fletcher* In Use for Over 30 Years. Children Cry for Fletcher's Castoria

Save Time.
"A man ought not to kiss and tell."
"Still, some summer girls don't mind if you tell a few other nice fellows who are coming down."

Bad Stomach Sends Her to Bed for 10 Months

Antonio Gets Her Up!

"Over a year ago," says Mrs. Dora Williams, "I took to bed and for 10 months did not think I would live. Antonio helped me so much I am now up and able to work. I recommend it highly for stomach trouble."
Antonio helps people to get well by taking up and carrying out the excess acidity and gases that put the stomach out of order. If you have indigestion, sourness, heartburn, belching, food repeating, or other stomach distress, take an Antonio after each meal. Big box costs only a trifle with your druggist's guarantee.

SOMETHING JOB NEVER DID

Possibly an Experience Like Mr. Brown's Would Have Shattered His Reputation for Patience.

Filled with pride, Mr. and Mrs. Brown started out for a drive in their new motor car. Mrs. Brown was hoping the neighbors were watching, but her husband was too busy steering to hope about anything.

At last! Before they reached the end of the road the car stopped, and stayed that way with a mule-like persistency. Mr. Brown tried every lever and handle in turn. Then he got down from his seat and began to investigate.
Presently he lay down and crawled underneath the car until only his number nines were left visible. In a few moments the car gave a sudden jolt and then stopped, and a terrible flow of language, more forcible than polite, became audible.
"Oh, John," exclaimed the wife, in horrified tones, "don't swear so! Have patience, like Job did."
"Job," shrieked Mr. Brown, in a strident voice, "Job would have sworn, too, if he'd been underneath this beastly car with his mustache caught in a cogwheel!"

A Treat in Store.
"Now, Tommy," said the wife of Balliff Biffkins, "be a good boy while I'm gone and I'll reward you."
"What'll you gimme, ma?" asked the precocious child.
"I'll let you go down to the court-house and hear your father bawl! Or der in court!"—Birmingham Age Herald.

The AMERICAN LEGION

(Copy for This Department Supplied by the American Legion News Service.)

WOULD "CLEAN UP" POLITICS

Massachusetts High School Girl Chooses Important Topic to Win Essay Contest.

An appeal to the American Legion to "clean up" politics is contained in the essay of a high school girl which recently was awarded a prize in the Somerville (Mass.) post's competition for the best article on "What Service Can the American Legion Render to the United States?" Miss Eleanor Randall, the winner, makes this suggestion:

"When politics means graft, corruption, and the attainment of selfish ends, then is our government debased. It is the duty of the American Legion to change this interpretation of 'politics,' being careful meanwhile that the game is not played within the limits of the organization itself. It must oust the grafter, wipe away the corruption, and teach that the welfare of the government should be first and foremost in the mind of every true American. These boys who fought in the mud in France must not allow the mud of corrupt politics to cling about this great nation. As fearlessly as they fought in France, in spite of disagreeable conditions, they must clear away the mire and show us to the world as we really are at heart—a big-minded, idealistic people.

"Thousands of foreigners coming to our shores each year discover," Miss Randall continues, "that the 'streets of gold' of America are covered by the mud of the slums and that their 'homes of happiness' are squalid flats in the tenement district.
"Should it not be the members of the American Legion who should help the immigrant who has come to our shores?" she asks. "The United States has been rightfully called the 'melting pot' of all nations. After the melting who will mold? The men who fought for the democracy of the world are the ones best fitted for the task. They are the best guardians of those who hardly know what democracy means. Let them help the immigrant to understand and the down-trodden to rise and when this task is finished they will have rendered to their nation the greatest service in the history of the world."

GETS OUT LEGION BULLETINS

Miss Irene Harvan Who Prepares Orders for Circulation Among Posts and Members.

There is one young lady who takes it upon herself to get out all the bulletins and circulars from national headquarters that reach 9,600 posts and 2,000,000 members of the American Legion.



Miss Irene Harvan.

Legion. This is Miss Irene Harvan, who transcribes and mimeographs such material after it has been approved by Lemuel Bolles, the national adjutant.

TO REMAIN AT SARANAC LAKE

Wishes of Two Hundred Tubercular Patients at Sanitarium Are to Be Complied With.

Two hundred former service men, tubercular patients at Saranac Lake, will remain in the sanitarium there according to their wishes and will not be transferred to other government institutions as originally ordered, as the result of decisive action by the American Legion.

An instant protest was registered by the ailing veterans when the order for their transfer came and Richard T. Bell, chief of the service division of the New York state department, who had visited the men at Saranac a short while before, took up their case with the United States public health service. At the same time John T. Taylor, chairman of the national legislative committee of the American Legion, took similar action and the transfer order was rescinded.

MEDALS AWAIT SERVICE MEN

Emblems for All Who Served in World War Ready for Distribution on Armistice Day.

Nearly 5,000,000 Victory medals, turned out by a lengthy and involved process of manufacture, now are awaiting former service men. Thousands of these medals will be presented to veterans on Armistice day by posts of the American Legion, which have arranged elaborate ceremonies in honor of the occasion. The medal was designed by James Earl Frazer.

Phases never before met with in medal production were met with by the contractors in the making of the decorations with their ribbons, battle clasps and bars, and to handle certain steps in the process of manufacture these was a ribbon-cutting machine which turned out 90 pieces a minute and in the course of a day did a quantity of work equal to the labors of 15 people.

A striking machine with a force of 175 tons a blow was used on the medals after the disks had been annealed following which there came the application of a hydraulic pressure of 120 pounds. An automatic sand blast and an alcohol bath also were utilized before putting the final lacquer on the medal.

Not only Legionnaires but many other ex-service men will take part in the Armistice day celebrations in all sections of the country and will receive their medals with formal observance of their significance.

MANAGER OF LEGION WEEKLY

C. Robert Bains, Business Chief of Publication, Began Life as a Cub Reporter.

In the American Legion, which is essentially a young men's organization, few men have climbed the heights of responsibility faster and higher than C. Robert Bains, recently elected gen-



C. ROBERT BAINS.

eral manager of the Legion's official publication, the American Legion Weekly.

Bains first began to take life seriously as a cub reporter in his native Brooklyn fourteen years ago. He drifted into the newspaper advertising field and followed it until 1916, when he went to the Mexican border with the National Guard mobilization.

Bains began army life skinning mules as a buck private in the old Second New York field artillery. Except for a brief tour with the Twelfth infantry on the border, he stuck to the field guns and passed successively through every grade in the enlisted and commissioned ranks to that of major. He went overseas with the Three Hundred and Eleventh remount squadron and later commanded the base remount depot of the army of occupation in Germany. He is thirty-four years old.

FRENCH WAR ORPHANS' FUND

Total Reaches \$1,275, Sufficient to Care for Seventeen Children for One Year.

A total of \$1,275, or enough to provide for 17 French war orphans for a year, had been contributed to the Legion fund for the redemption of the war orphans who formerly were proteges of the late A. E. F., according to the books of the Legion national treasurer, Robert H. Tyndall, up to the close of business on August 14.

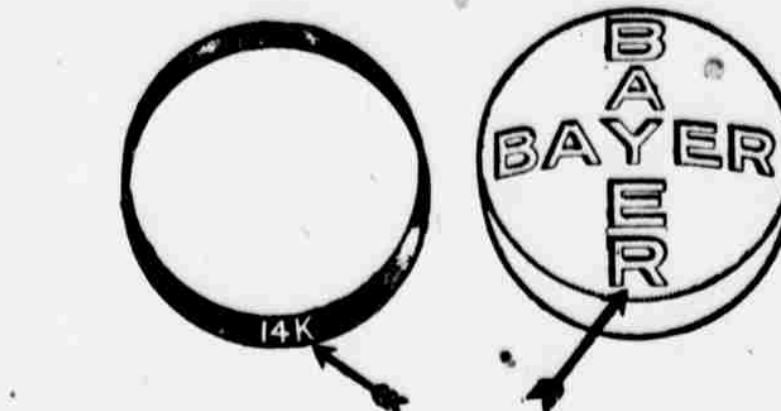
Posts of the Legion, or individual members or friends, may adopt a French war orphan for at least one year by contributing \$75 for the first year's support. The money should be sent to the French War Orphan Fund, National Treasurer, Indianapolis, Ind. It will then be turned over to the American Red Cross, which will assign the children and supervise the expenditure of the money.

A specific child will be assigned to each adopting post or individual and a photograph of each mascot will be forwarded to the adopter, who thereafter may keep in touch with the war orphan either direct or through the Red Cross. The Red Cross bears all expense of administration so that all money contributed goes direct to the support of the child.

Organizing in China.
The Gen. Frederick Ward post of the American Legion in Shanghai, China, has been authorized to form other units of the organization in that country. The post was named after the American soldier who organized the "Ever Victorious Army" in China at the time of the Taiping rebellion.

"ASPIRIN"

WARNING! Unless you see the name "Bayer" on tablets you are not getting genuine Aspirin prescribed by physicians for 20 years and proved safe by millions. Name "Bayer" has same meaning as 14 Karat on gold.



SAFETY FIRST! Accept only an "unbroken package" of genuine "Bayer Tablets of Aspirin," which contains proper directions for Headache, Earache, Toothache, Neuralgia, Colds, Rheumatism, Neuritis, Lumbago, and for pain generally. Strictly American!

Handy tin boxes of 12 tablets cost but a few cents—Larger packages. Aspirin is the trade mark of Bayer Manufacture of Monocacetylacetate of Salicylic Acid.

Easy Come—Easy Go.
She—Lucius, I cannot be betrothed to you any longer.
He (with a superior manner)—Well, there are others.
She—Yes, I know. I've just become engaged to one of the others.

What They Miss.
"Good little boys never fight."
"They don't? Then they miss a lot o' fun, ma."

USE "DIAMOND DYES"

Dye right! Don't risk your material in a poor dye. Each package of "Diamond Dyes" contains directions so simple that any woman can diamond-dye a new, rich, fadeless color into old garments, draperies, coverings, everything, whether wool, silk, linen, cotton or mixed goods.
Buy "Diamond Dyes"—no other kind—then perfect results are guaranteed. Druggist has "Diamond Dyes Color Card"—16 rich colors. Adv.

ADMITTED HE WAS LOSER

Convivial Gentleman Preferred to Buy His Wine Rather Than Comply With Wife's Request.

Three men about town had a very good day at the races. Each vowed that he would go home and cheerfully obey the first request that his wife made him. A bottle of wine depended upon the result.
The following night they compared notes.

"My wife told me, as I slipped on the cat's saucer, to break all the china in the house, so I did," said No. 1.

"I happened accidentally to sit on the piano," said No. 2, and my wife suggested that I should utterly ruin it, so that instrument will be heard no more."

Then No. 3 spoke. "I went for the top step that was not there and fell full length," he explained, "and my wife remarked that she would be pleased to see me break my neck."
"And?" queried his companions, breathlessly.
"Oh, I am paying."

Preserves Poland's Traditions.
The members of the Kachawbe race are said to preserve the language and customs of the Poles from time immemorial. They refuse to be corrupted by modernism in any shape.

Better weak beer than an empty cask.—Danish Proverb.

WHY DRUGGISTS RECOMMEND SWAMP-ROOT

For many years druggists have watched with much interest the remarkable record maintained by Dr. Kilmer's Swamp-Root, the great kidney, liver and bladder medicine.

It is a physician's prescription. Swamp-Root is a strengthening medicine. It helps the kidneys, liver and bladder do the work nature intended they should do.
Swamp-Root has stood the test of years. It is sold by all druggists on its merit and it should help you. No other kidney medicine has so many friends.

Be sure to get Swamp-Root and start treatment at once.
However, if you wish first to test this great preparation send ten cents to Dr. Kilmer & Co., Binghamton, N. Y., for a sample bottle. When writing be sure and mention this paper.—Adv.

MADE HIS POSITION PLAIN

Visitor Bound to Notify Big-Game Hunter That He Would Not Accompany Him.

He was a big-game hunter and he had inserted an advertisement in a morning paper asking if any man would accompany him to central Africa to shoot lions, rhinos, hippos, etc., the said companion to bear half the cost of the expedition.

Late that night or, rather, at 2 o'clock the next morning, his household was awakened by a violent ringing of the front-door bell and a man was admitted who, to put it mildly, appeared to have been wined.

"Look here," explained the visitor, "I read your 'vertisement this mornin' and I was bound to come to you."
"Well?" queried the hunter, "it's a bit late to talk business, but will you accompany me?"
"Company you?" retorted the visitor. "No, shir. I called to tell you I'd shree you hanged first."

The Telephone.
A ruffled telephone screen, which is really very ornamental, is made of rose silk and lace. Every telephone in a pretty room nowadays is concealed by some attractive conceit.

Most human troubles can be solved through education.

**The cost is small
The benefit is great**

Those who feel ill results from tea or coffee drinking soon profit by a change to

INSTANT POSTUM

Its pleasing flavor ease of preparation, healthfulness and practical economy commend this table beverage.

Sold in 50 and 100 cup tins. A purchase from your grocer soon proves

"There's a Reason"

Made by Postum Cereal Co., Inc., Battle Creek, Mich.

