#### **Cannot Praise this** Remedy too Highly THE WAY ONE LADY FEELS AFTER SUFFERING TWO YEARS Judging from her letter, the mis-

ery and wretchedness endured by Mrs. Charlie Taylor, R. F. D. No. 1; Box 144, Dillon, S. C., must have been terrible. No one, after reading her letter, can continue to doubt the great healing power of PE-RU-NA for troubles due to catarrh or catarrhal conditions in any part of the body. Her letter is an inspiration to every sick and suffering man or woman anywhere. Here it is: "I suffered two years with catarrh of the head, stomach and bowels. Tried two of the best doctors, who gave me up. I then took PE-RU-NA and can truthfully say I am well. When I began to use PE-RU-NA, I weighed one hundred rounds. My weight one hundred pounds. My weight now is one hundred and fifty. I cannot praise PE-RU-NA too highly, for it was a Godsend to me.

I got relief from the first half
bottle and twelve bottles cured me.

I advise all sufferers to take
PE-RU-NA."

As an emergency remedy in the home, there is nothing quite the equal of this reliable, time-tried medicine, PE-RU-NA. Thousands medicine, PE-RU-NA. Thousands place their sole dependence on it for coughs, colds, stomach and bowel trouble, constipation, rheumatism, pains in the back, side and loins and to prevent the grip and Spanish Flu. To keep the blood pure and maintain bodily strength and robustness, take PE-RU-NA.

You can buy PE-RU-NA anywhere in either tablet or liquit

form.

# TOO LATE

Death only a matter of short time. Don't wait until pains and aches become incurable diseases. Avoid painful consequences by taking



The world's standard remedy for kidney, liver, bladder and uric acid troubles-ti National Remedy of Holland since 1696. Guaranteed. Three sizes, all druggists. look for the name Gold Medal on every best and accept no imitation

#### Comfort Your Skin With Cuticura Soap and Fragrant Talcum Soap 25c, Ointment 25 and 50c, Talcum 25c.





exceptional opportunity at the present time for young women over nineteen years of age who have had at least two years in high school to take Nurses' Training in general hospital. Our graduates are in great demand. Address Supt. of Nurses, Lincoln Sanitarium Lincoln, Nebraska



The Eternal Query. Two fellow members of a club were

baving an indignation meeting and were comparing notes. Both had domestic strife.

"Aren't women the limit?" growled the first. "We husbands don't know anything at all, and our wives know everything!"

"Well," grumbled his companion in misery, "there's one thing my wife adwies she doesn't know."

"What on earth is that?" "Why she married me!"

ery which way?"-Judge.

His Literary Friends. "Is he familiar with the classics?" "Oh, yes! I notice from his library bble that he pitches them around ev-

Our idea of a true heroine is a married woman who doesn't say that she wishes she had remained single.



W. N. U., LINCOLN, NO. 28-1920.

# O. THE O.

Copy for This Department Supplied by National Headquarters of the American Legion.)

#### THE WORK IN PATERNALISM

Policy of Adopting Orphaned Children is Arousing Interest All Over the Country.

A total of three French war orphans. two girls and a boy, had already been assured of adop-



MISS LULA B. VIZE, Member Head-

The forty-two members of the national headquarters Staff. quarters staff of the Legion contributed \$150 for adoption of the first two orphans, and the American Red Cross will be asked to select for them a boy and a girl waif as mascots for the next year or more. Miss Lula B. Vize, a member of the headquarters staff, assisted in raising

25.

The first post to send in its \$75 contribution to the fund was Karl Ross post No. 16, Stockton, Cal. In a letter of transmittal, Ted Cloudsley, a member of the post and editor of the San Joaquin Legion, official American Legion newspaper of San Joaquin county, Cal., writes in part:

the money for the orphans.

"We were told that there was a wide range of choice for us, so I hope you can secure as our war orphan a little Alsace-Lorraine girl of from six to ten years whose father was killed in battle. You see, we have a big post here and a big twice-a-month newspaper and such a little orphan would suit the boys best because of the sentiment attached.

"Please be sure that we receive the little one's picture and address. We will put her picture in our publication and would like to have her write to us. At Christmas time, too, we will be able to remember her."

#### THE RETURN OF THE DEAD

Red Cross Will Send Advance Notification of Arrival of Bodies

The American Red Cross, as an especial courtesy to the American Legion, bereafter will send advance notification of the arrival of the bodies of American soldiers from overseas to posts of the Legion in towns and cities in which reinterment is to be

The Red Cross bome service in each community will receive notice from Hoboken and in turn notify the relatives of the decedent and inform the Legion. Information will be rerelved in time for local posts to make arrangements for the reception of the bodies and to provide for the formal honors due their dead comrades. Where there is more than one Legion post in a community, the county headquarters of the Legion will be notified. that it may designate the post or posts which shall render the honor,

Attends Vocational Conference. At the request of Uel W. Lamkin, chief of the division of rehabilitation of the Federal Board for Vocational Education, Gerald J. Murphy, national vocational officer of the American Legion, was designated by the national commander, Franklin D'Oller, as the legion's representative to attend a recent conference of the board's district | an address at exercises under the auvocational officers at Washington, D. C., recently. The Jegion has inaugurated a plan of co-operation with the federal board, extending to each of the more than 2,000 posts of the organ-Ization in every state and community throughout the United States and many foreign countries, by which thousands of disabled ex-service men are being rounded up and gotten into immediate training every week. Plans for continuing the campaign until every pending case is definitely settled and all eligible persons are receiving the vocational training to which they are entitled, were laid at the conference.

Who Gen. Goorge Crook Was. The latest issue of The Crook Whizz-Bang, published spasmodically at Chicago by Gen. George Crook Post No. 434, American Legion, contains an interesting biographical sketch of the military leader of Civil war fame after whom the post is named. "He fought the Indians tooth and nall as commandant of the departments of the Platte and Arizona," the article reads. "His last official duties were performed as head of the Department of Missouri."

Will Erect Memorial Building. Riggs-Hamilton Pest No. 20 of Russellville. Ark., is planning the erection of a \$75,000 memorial building, \$50,-000 of the amount being already subscribed. The post has 150 members, thinks he knows who done it."

SERVICE RECORD OF NATION

City, County and State Histories Will Afford Voluminous and Valuable Data

If the present progress in making county and city and state war his tories is maintained, there will be a vast library of local "who-was-who in the war" books by the year 2020.

Not only are towns, countles and states preparing their own war histories, but colleges and schools of all kinds also are getting up collective service records. Large industrial concerns are doing the same thing.

Best results in history making seem to have been achieved in countles. where the records of the county draft board served as a starting point and where all other sources of information have been utilized. Livingston county. Illinois, furnishes a typical example of a county which has been painstaking in its effort to compile a reliable

A committee of seven was appointed in this county to have charge of the soldiers' and sailors' record. Before the records of the local exemption board were closed, a list was compiled of all registrants of the county who had entered the service by enlistment or induction, the date of entry into the service and the camp to which they were first sent. Newspaper files were combed to obtain as many additional names as possible. The list was then published in the newspaper with the request that all names not included be reported to the war rec-

crds, committee. A questionnaire then was mailed to each service man or woman, Followup letters were used to insure the return of the questionnaires. The questionnaires bad spaces for practically all the information which appears on the soldier's discharge certificate and for many other details, such as citations in full and special honors. A special section will be devoted to the records of those who died in service. Their photographs will be included.

#### LAUDS SPIRIT OF MEMBERS

Hilton Brown, Jr., Post No. 85, of Indianapolis, Composed of Union Men, Applauds Expose.

The Hilton U. Brown, Jr., Post No. 85 of the American Legion at Indianapolis, composed mostly of members of organized labor, recently adopted the following resolution:

"WHEREAS, Several members and prospective members of the Hilton U. Brown, Jr., Post (No. 85, Indiana) American Legion, have been asked by outsiders to drop their membership in the legion or to refrain from making application for membership because of the imagined incompatibility of membership in the legion held simultaneously with membership in a labor or ganization; and,

"WHEREAS, Most of the members of the aforesaid post are also members of labor organization printing trades; and,

"WHEREAS, It is fair to assume that they have been able to find out by experience whether there is anything in the oath or obligations of either their union or the legion which in any way interferes with or compromises the objects of the other in its particular field of activities; and,

"WHEREAS, The members of the aforesaid post regret the credence given to false rumors that the legion is in any way committed to a policy at variance with a cordial and whole some attitude toward all stanch American citizens eligible to membership;

"THEREFORE, Be It Resolved That the Hilton U. Brown, Jr., Post (No. 85, Ind.) American Legion, condemns the miscreants who have falsels defined its attitude toward free thought and free action within the limits of the law, and applauds the spirit of its members and prospective members who exposed the insidious practices of anti-American agitators and stood on the rights of free men.'

#### Father Is Appreciative.

A striking tribute to the Legion's humanitarianism was recently paid by J. J. Gater of Clarksburg, W. Va., In spices of the Parrish post of that city. Mr. Gater told how his son contracted tuberculosis in the service and was discharged and sent to his home in a dying condition. The Legion's service division at national headquarters took charge of the case obtained proper medical treatment and compensation and back pay. "Today, through the efforts of the American Legion," the father said, "my son is living and everything is in as good condition as could be expected. Any movement that has for its object the extending of the helping hand to comrades in need is a noble and worthy movement." The address was published in full in the Potters Herald, official journal of the National Brotherhood of Operative Potters and East Liverpool (O.) Trade and Labor coun-

#### P.r.revenge!

Passing through a military hospital a distinguished visitor saw a borribly wounded private from one of the Irisl regiments.

"When are you going to send that man back to the States?" he inquired "He ain't going back to the Stateshe's goin' back to the front," an order

ly informed him. "Back to the front?" exclaimed the visitor, "But, man, he's in awfu

shape!" "Yes," replied the orderly, "and b SAY "DIAMOND DYES"

Don't streak or ruin your material in a poor dye. Insist on "Diamond Dyes." Easy directions in package.

## "CORNS"

Lift Right Off Without Pain



Doesn't hurt a bit! Drop a little "Freezone" on an aching corn, instantly that corn stops hurting, then shortly you lift it right off with fingers. Truly! Your druggist sells a tiny bottle of "Freezone" for a few cents, sufficient to remove every hard corn, soft corn, or corn between the toes, and the calluses,

#### Burglary Is Not Profitable.

without soreness or irritation.

When one reads in the paper an account of a burglary where the thief succeeded in securing \$5,000 to \$10,000 worth of jewelry, one is apt to think that the spoils were probably worth the risk, but investigation has shown that thieves never realize anything like the full value of their plumder. In England it was discovered that out of 468 burglarles reported in various parts of the kingdom the proceeds netted the principals an average of about \$75 each. The value of the plunder was many times that figure. In addition to this, each one of the number had been sent to jail for his crime,

SAVE SHOES AND STOCKINGS They will last wice as long if you Shake Into Your Shoes ALLEN'S FOOT=EASE, the Antiseptic, Healing powder for the feet. It takes away the sting of Corns, Bunions, Cailouses, sore, aching, swollen, tender feet. Allen's Foot=Ease stops the friction which causes the wear on shoes and stockings, saves expense and makes walking a delight. Shake it into your shoes, Sprinkle it in the foot-bath. Sold everywhers.—Adv.

#### To Mend Broken China

A cheap and easily prepared cement for broken china is lime mixed with the white of an egg. Only take sufficient white of an egg to mend one article at a time, and mix thoroughly with a small quantity of lime. Apply the mixture to the place where the article is broken, and in a short time the cement will set and become quite hard.

Dont Forget Gutleura Taleum

When adding to your tollet requisites. An exquisitely scented face, skin, baby and dusting powder and perfume, rendering other perfumes superfluous. You may rely on it because one of the Cuticura Trio (Soap, Ointment and Talcum). 25c each everywhere .- Adv.

Open Sesame.

"Did you have any trouble in seeing that captain of industry whose time is reputed to be worth almost a million a minute?"

"None at all." "How did you contrive to get into his private office?"

"I stood just outside the door and engaged his secretary in a loud conversation about golf, in which I displayed a superior knowledge of the

Children's handkerchiefs often look hopeless when they come to the laundry. Wash with good soap, rinse in water blued with Red Cross Ball Blue,

Malice.

"College professors," said President K. C. M. Sills of Bowdoin, "can be very malicious at times. Two professors were talking the other day over their luncheon,

"I see that Erudite of Yalevard has written a novel,' said the first professor. 'Is it any good?'

"'It ought to be,' said the second professor. 'It cost him \$50 to get it

### **ASPIRIN**

Name "Bayer" on Genuine



"Bayer Tablets of Aspirin" is genuine Aspirin proved safe by millions and prescribed by physicians for over twenty years. Accept only an unbroken "Bayer package" which contains proper directions to relieve Hendache, Toothache, Earache, Neuralgia, Rheumatism Colds and Pain. Handy tin boxes of 12 tablets cost few cents. Druggists also sell larger "Bayer packages." Aspirin is trade mark Bayer Manufacture Monoaceticacidester of Salicylicacid .- Adv.

Temporary Truce.

Grace-I hear that Charles and Helmoney refunded by your own drug-gist. Cost a trifle. Please try it! en have made up their quarrel. Gussle-Only temporarily. They are going to be married soon.-Edinburgh Scotsman.

# WOMEN OF -MIDDLE AGE

May Pass the Critical Period Safely and Comfortably by Taking Lydia E. Pinkham's Vegetable Compound.

Summit, N. J.—"I have taken Lydie
E. Pinkham's Vegetable Compound during Change of Life
and I think it is a



good remedy in such a condition. I could not digest my food and had much pain and burning in my and burning in my stomach after meals. I could not sleep, had backache, and worst of all were the hot flashes.

saw in the papers Compound so I tried it. Now I feel all right and can work better. You have my permission to publish this letter."

—VICTORIA KOPPL, 21 Oak Ridge Ave.,

Summit. N. I.

Summit, N. J. If you have warning symptoms such as a sense of suffocation, hot flashes, headaches, backache, dread of impending evil, timidity, sounds in the ears, palpitation of the heart, sparks ears, palpitation of the heart, sparks before the eyes, irregularities, constipation, variable appetite, weakness, inquietude, and dizziness, eet a bottle of Lydia E. Pinkham's Vegetable Compound and begin taking the medicine at once. We know it will help you as it did Mrs. Koppl.

#### "Thebesto" Rocky Mountain Honey

Light colored, thick, fine flavored. Per can, five pounds net, postpaid anywhere west of Ohlo river, \$1.50. Send remittance with order. THE COLORADO HONEY PRODUCERS' ASSN., Desver, Cala.

After you eat-always use

# —one or two tablets—eat like candy. Instantly relieves Heartburn, Bloated Gassy Feeling. Stops indigestion, food souring, repeating, headache and the many miseries caused by

Acid-Stomach EATONIC is the best remedy, it takes the harmful acids and gases right out

of the body and, of course, you get well. Tens of thousands wonderfully

benefited. Guaranteed to satisfy or

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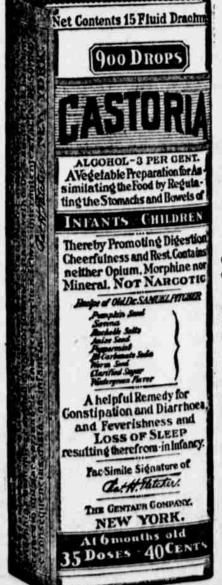
# False Claims.

WE hope there is no Mother who thinks she can treat her sick baby without calling in a Physician, or with remedies that she uses for herself.

Most Mothers know that Baby requires remedies especially prepared for babies, yet there are some who think that what is good enough for them is good enough for Baby, and it is to these Mothers we appeal to give nothing to their babies that is not specially prepared for babies or recommended by their Physician.

False claims may kill, but false claims can never restore your child.

For over thirty years Fletcher's Castoria has been aiding in the reduction of the deaths among infants as Mothers have become more and more acquainted with it. Always keep it in the house.



Brack Copy of Wrapper.

# Children Cry For

#### Mothers Must Use Care.

Why do we so often call your attention to imitations of Fletcher's Castoria? Because it is a baby's medicine and imitations are always dangerous, particularly imitations of a remedy for infants.

Your druggist may not keep an imitation but they are to be found on drug-store shelves. Reliable druggists think only of the welfare of their customers. The other kind only of the greater profit to be made on imitations.

Your own judgment tells you that Fletcher's Castoria having for over thirty years at great expense held up its reputation, must jealously guard it. Then, it follows that this company must use the very best of material. Must employ experts in the selection of the herba. Must retain skilled chemists in its manufacture.

Your same good judgment must tell you that these irresponsible imitators are trading on your credulity and the reputation built up by Mr. Fletcher, during all these years, for his Castoria.

MOTHERS SHOULD READ THE BOOKLET THAT IS AROUND EVERY BOTTLE OF FLETCHER'S CASTORIA

GENUINE CASTORIA ALWAYS

. Bears the Signature of