

PE-RU-NA and MANALIN Cured Me

Mrs. E. M. Harris, R. R. No. 3, Ashland, Wis., sends a message of cheer to the sick:

Catarrh of the Nose, Throat and Stomach.

"After following your advice and using Peruna and Manalin, I was cured of catarrh of the nose, throat and stomach, from which I had suffered for several years. When I commenced taking Peruna, I could not make my bed without stopping to rest. Now I

do all my work and am in good health. I recommend this valuable remedy to all suffering from any disease of the stomach."

Peruna is Sold Everywhere Liquid or Tablet Form

The Right Way

In all cases of DISTEMPER, PINKEYE INFLUENZA, COLDS, ETC.

of all horses, brood mares, colts and stallions is to

"SPOHN THEM"

on the tongue or in the feed with SPOHN'S DISTEMPER COMPOUND

Give the remedy to all of them. It acts on the blood and glands. It routs the disease by expelling the germs. It wards off the trouble, no matter how they are "exposed." A few drops a day prevent those exposed from contracting disease. Contains nothing injurious. Sold by druggists, harness dealers or by the manufacturers. 50 cents and \$1.15 per bottle. AGENTS WANTED.

SPOHN MEDICAL COMPANY, GOSHEN, IND.



A Tramp's Reply.

"Have you no friends?" "No, ma'am; I cannot afford luxuries these days."

The Natural Place.

"Where is the best place to observe the dog star?" "I guess it is the Lick observatory."

WOMEN! DON'T BUY POOR DYE!

Say You Want "Diamond Dyes"—No Other Kind! Don't Spoil or Streak Your Material

Each package of "Diamond Dyes" contains directions so simple that any woman can diamond-dye a new, rich, fadeless color into worn, shabby garments, draperies, coverings, whether

wool, silk, linen, cotton or mixed goods. Buy "Diamond Dyes"—no other kind—then perfect results are guaranteed even if you have never dyed before. Druggist has color card.

ALL OF FAMILY NOT THERE

How Many of Spaniard's Daughters Were Missing Had to Be Left to the Imagination.

In Spain, and particularly in the province of Andalusia, families are so large that even Theodore Roosevelt would have been appalled.

Hamilton Fyfe, the well-known writer, was touring Andalusia on horseback one winter and spent the night in a fonda near Los Boliches.

At dinner over his hominy soup, Mr. Fyfe was amazed to see the multitude of daughters that the inn-keeper possessed.

"You have a fine, a very fine family of daughters there," he said.

"Ah, Señor," said the inn-keeper, "we've been very unfortunate with our daughters. During a 1917 tervall, the chimney fell in and killed all but eleven of them."

Pleasure Missed.

"O!" said Marjorie as the dessert came on, "how I wish you had told me this morning, mamma, that you were going to have strawberries and cream for dinner!"

"Why, what difference would that have made?" inquired her mother.

"O, lots!" with a sigh. "I could have looked forward to it all day then."

Economy may be made a passion; though a passion entirely without thrills.

PERFECTION NOT OFTEN SEEN

Assertion Made That Not One Person in Ten Thousand is Absolutely Sane.

Perfect health of mind and body are both exceedingly rare. Not one "civilized" person out of ten thousand is perfectly healthy. Not one civilized person out of ten thousand is perfectly sane. That is to say, absolutely level-headed in all respects, not attaching undue importance to his own hobby, and with no prejudices against new ideas, able to appreciate the other side of the question and to change his ideas when he is convinced that he is wrong.

Sanity has been defined as "the ability to accommodate oneself to one's environment." Not a bad definition. Those who decry the manners and customs of other races or people, merely because they are different from their own are not entirely sane.—Los Angeles Times.

Its Fitting Kind.

"Jim said when he went outdoors this morning, he saw a snake coiled around the garden hose."

"Of course, it was hardly necessary for him to state it was a garter snake."

Anyone can make predictions though few can make them stay predicted.

An explanation works well so long as nobody asks questions.

DAIRY

MAKING MILK DISEASE-FREE

Thriving Vermont Municipality is First Small City to Adopt Strict Regulations.

Barre, Vt., a thriving municipality of about 15,000, is the first small city in the United States which requires dairymen furnishing it with milk to place their herds under federal-state supervision for the eradication of tuberculosis. The result has been accomplished by close and persistent cooperation on the part of the mayor and other municipal authorities, the United States department of agriculture, the state commissioner of agriculture, the local veterinarian.

Eradication of tuberculosis was begun in a thoroughly systematic manner. The regulations of the federal bureau of animal industry and of the state commissioner of agriculture were supplemented by a city ordinance. The city provided at its own expense a large barn, in which were assembled



The Sort of Cow Condemned by Dairy Experts.

all small herds, scattered lots, and individual cows. The city also furnished necessary conveyances, and employed a man who devoted his time to notifying owners when to bring their cattle in for test, assigning them stalls as they came in, and keeping the cattle moving out promptly after tests were completed.

Two hundred and sixteen herds, composed of 2,107 individuals, were tested, and 379 reactors—17.9 per cent of the total—were found. Those reacting to the test were promptly shipped out and slaughtered under federal inspection.

Among the larger cities whose milk is obtained entirely or chiefly from tuberculin-tested cattle that have passed federal and state tests are Birmingham, Ala., and Washington, D. C. In addition, numerous others have ordinances requiring the tuberculin test applied under local supervision.

PROPER MANAGEMENT OF COW

Ration Should Be of Such Kind That Animal Will Be in Good Flesh on Freshening.

During the dry period, the cow should be given a good ration so that she will be in good flesh when she freshens. This will improve the quality as well as the quantity of the milk. Just before freshening the grain ration should not be too heavy and should contain plenty of bran. The bowels should be kept well regulated. If necessary, one to one and one-half pounds of Epsom salts may be used as a drench. The cow should have a period of rest of four to six weeks in order to give the best supply of milk during the period of lactation.

GOOD COWS ARE ECONOMICAL

Animals Provide Cheapest, Best and Most Wholesome Feed—No Way of Doing Without Them.

The first reason for having good milk cows on the farm comes from the fact that they provide the cheapest, best and most wholesome food for the family. Their value is hard to estimate when we consider the amount saved on the bills. Their produce is a superior substitute for many foods necessarily purchased at high prices. In fact, there is no economic way of doing without plenty of good milk cows on the farm.

SILLO HAS MANY ADVANTAGES

Owner Can Carry Maximum Number of Cows and Supply Necessary Succulent Feed.

The farmer who has a silo can carry a maximum number of cows and supply his herd with a palatable, succulent feed of a uniform quality at any time during the year, conditions favorable to a large milk production.

DAIRY NOTES

Use clean bedding only.

In selecting a sire attention must be paid to the average type of females in the herd.

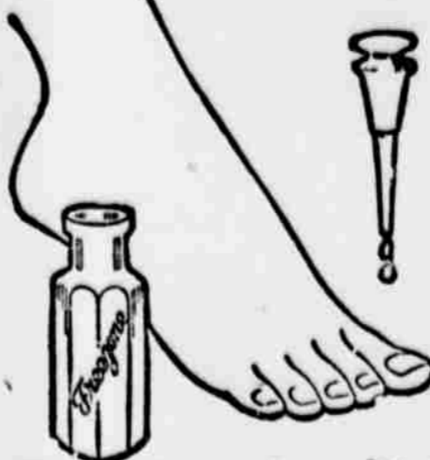
The old country breeders were very careful in the females selected to replenish their herds.

Improvement of the herd comes through the sire. Therefore, make sure you get a right good one.

A good-sized barrel in a dairy cow indicates large capacity for digestion. There should be a good spring of ribs.

Lift off Corns!

Doesn't hurt a bit and Freezone costs only a few cents.



With your fingers! You can lift off any hard corn, soft corn, or corn between the toes, and the hard skin calluses from bottom of feet.

A tiny bottle of "Freezone" costs little at any drug store; apply a few drops upon the corn or callous, instantly it stops hurting, then shortly you lift that bothersome corn or callous right off, root and all, without one bit of pain or soreness. Truly! No humbug!—Adv.

Memorial to Norsemen.

Nearly five centuries before Columbus sailed to America, according to some historians, a party of Norsemen landed on the northeastern coast of the continent, and a few years later established a colony. As a memorial to these early explorers a rough stone tower has been erected at Abundance, Mass., a town that is believed to occupy the same site as the legendary settlement. Investigation has failed to reveal any traces of building ruins in the vicinity, but has resulted in the finding of several old stone walls, which are thought to have been constructed by the inhabitants of the ancient village.

Catarrhal Deafness Cannot Be Cured

by local applications as they cannot reach the diseased portion of the ear. There is only one way to cure Catarrhal Deafness, and that is by a constitutional remedy. HALL'S CATARRH MEDICINE acts through the blood on the mucous surfaces of the system. Catarrhal Deafness is caused by an inflamed condition of the mucous lining of the Eustachian Tube. When this tube is inflamed you have a rumbling sound or imperfect hearing, and when it is entirely closed, Deafness is the result. Unless the inflammation can be reduced and this tube restored to its normal condition, hearing may be destroyed forever. Many cases of Deafness are caused by Catarrh, which is an inflamed condition of the Mucous Surfaces. ONE HUNDRED DOLLARS for any case of Catarrhal Deafness that cannot be cured by HALL'S CATARRH MEDICINE. All Druggists 75c. Circulars free. F. J. Cheney & Co., Toledo, Ohio.

The Birds.

"Those birds fly over here to feed. Their sleeping place is many miles away, but they return every night." "I see. They commute."—Louisville Courier-Journal.

Cuticura for Sore Hands.

Soak hands on retiring in the hot suds of Cuticura Soap, dry and rub in Cuticura Ointment. Remove surplus Ointment with tissue paper. This is only one of the things Cuticura will do if Soap, Ointment and Talcum are used for all toilet purposes.—Adv.

Golf has the advantage of keeping one in the open air without afflicting him with chiggers.

Snowy lines are the pride of every housewife. Keep them in that condition by using Red Cross Ball Blue in your laundry. 5 cents at grocers.

When you hear a man praising his neighbors it's doughnuts to fudge he wants to sell his home.

IN BUYING ASPIRIN ALWAYS SAY "BAYER"

Look for the name "Bayer" on tablets, then you need never worry.

"Bayer Tablets of Aspirin," can be taken safely for Colds, Headache, Toothache, Eczema, Neuralgia, Lumbago, Rheumatism, Joint Pains, Neuritis, and Pain generally.

To get quick relief follow carefully the safe and proper directions in each unbroken package of "Bayer Tablets of Aspirin." This package is plainly stamped with the safety "Bayer Cross."

The "Bayer Cross" means the genuine, world-famous Aspirin prescribed by physicians for over eighteen years.

Handy tin boxes of 12 tablets cost but a few cents. Druggists also sell larger "Bayer" packages. Aspirin is the trade mark of Bayer Manufacture of Monoaceticacidester of Salicylic acid.—Adv.

It's a mean man who will snore in church and keep the others awake.

Sure Relief



Women Made Young

Bright eyes, a clear skin and a body full of youth and health may be yours if you will keep your system in order by regularly taking

GOLD MEDAL BARLEM OIL CAPSULES

The world's standard remedy for kidney, liver, bladder and uric acid troubles, the enemies of life and looks. In use since 1895. All druggists, three sizes. Look for the name Gold Medal on every box and accept no imitation.

Thousands of Happy Housewives in WESTERN CANADA

are helping their husbands to prosper—are glad they encouraged them to go where they could make a home of their own—saves paying rent and reduce cost of living—where they could reach prosperity and independence by buying on easy terms.

Fertile Land at \$15 to \$30 an Acre
—land similar to that which through many years has yielded from 20 to 45 bushels of wheat to the acre. Hundreds of farmers in Western Canada have raised crops in a single season worth more than the whole cost of their land. With such crops come prosperity, independence, good homes, and all the comforts and conveniences which make for happy living.

Farm Gardens—Poultry—Dairying
are sources of income second only to grain growing and stock raising. Good climate, good neighbors, churches, schools, rural telephone, etc., give you the opportunities of a new land with the conveniences of old settled districts.

For illustrated literature, maps, description of farm opportunities in Manitoba, Saskatchewan, and Alberta, reduced railway rates, etc., write Department of Immigration, Ottawa, Can., or

W. V. BENNETT
Room 4, Bee Bldg., Omaha, Neb.
Canadian Government Agent

For Every Home
A table drink that refreshes,
but leaves no after-depression—

Instant Postum

Much used nowadays instead of coffee as a breakfast beverage because of its similarity in flavor to coffee, but with entire absence of ill effect, since Postum contains no "caffeine."

Instant Postum is made quickly in the cup, with economy as well as convenience.

Sold by Grocers Everywhere

Made by POSTUM CEREAL CO., Inc.
BATTLE CREEK, MICHIGAN

Children Cry For



Special Care of Baby.

That Baby should have a bed of its own all are agreed. Yet it is more reasonable for an infant to sleep with grown-ups than to use a man's medicine in an attempt to regulate the delicate organism of that same infant. Either practice is to be shunned. Neither would be tolerated by specialists in children's diseases.

Your Physician will tell you that Baby's medicine must be prepared with even greater care than Baby's food.

A Baby's stomach when in good health is too often disarranged by improper food. Could you for a moment, then, think of giving to your ailing child anything but a medicine especially prepared for Infants and Children? Don't be deceived.

Make a mental note of this:—It is important, Mothers, that you should remember that to function well, the digestive organs of your Baby must receive special care. No Baby is so abnormal that the desired results may be had from the use of medicines primarily prepared for grown-ups.

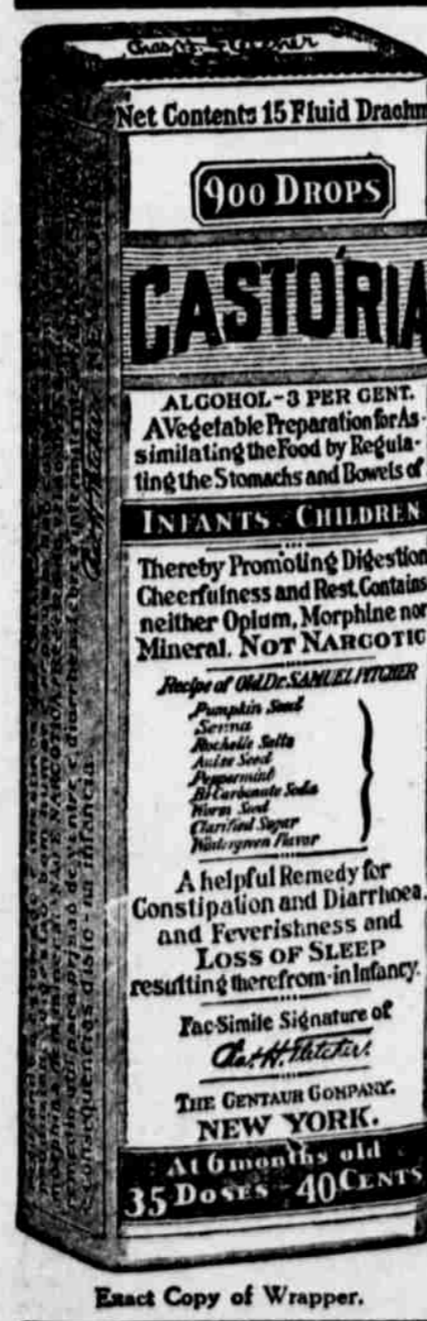
MOTHERS SHOULD READ THE BOOKLET THAT IS AROUND EVERY BOTTLE OF FLETCHER'S CASTORIA

GENUINE CASTORIA ALWAYS

Bears the Signature of

Wm. D. Fletcher

THE CENTAUR COMPANY, NEW YORK CITY.



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