

Simply Worn Out



How Many Women Are Like This?

Can anything be more wearing for women than the ceaseless round of household duties? Oh! the monotony of it all—work and drudge; no time to be sick; tired, ailing, yet cannot stop. There comes a time when something "snaps" and they find themselves "simply worn out," and to make matters worse, have contracted serious feminine disorder which almost always follows the constant overtaxing of a woman's strength.

Then they should remember that there is no remedy like Lydia E. Pinkham's Vegetable Compound—the experience of these two women establishes that fact:

Cedar Rapids, Ia.—"After the birth of my last child I had such painful spells that would not let me entirely for my housework. I suffered for months and the doctor said that my trouble was organic and I would have to have an operation. That was an awful thing to me, with a young baby and four other children, so one day I thought of Lydia E. Pinkham's Vegetable Compound and how it had helped me years before and I decided to try it again. I took five bottles of Vegetable Compound and used Lydia E. Pinkham's Sanative Wash and since then I have been a well woman, able to take care of my house and family without any trouble or a day's pain. I am ready and thankful to swear by your medicine any time. I am forty-four years old and have not had a day's illness of any kind for three years."
—Mrs. H. Koester, 617 Ellis Blvd., Cedar Rapids, Iowa.

Sandusky, Ohio.—"After the birth of my baby I had organic trouble. My doctor said it was caused by too heavy lifting and I would have to have an operation. I would not consent to an operation and let it go for over a year, having my sister do my work for me as I was not able to walk. One day my aunt came to see me and told me about your medicine—said it cured her of the same thing. I took Lydia E. Pinkham's Vegetable Compound and used Lydia E. Pinkham's Sanative Wash and they have cured me. Now I do my own housework, washing and ironing and sewing for my family and also do sewing for other people. I still take a bottle of Vegetable Compound every spring for a tonic. I recommend your medicine to others who have troubles similar to mine and you can use my letter if you wish."
—Mrs. FANN DAYTON, 1325 Stone St., Sandusky, Ohio.

All Worn Out Women Should Take

Lydia E. Pinkham's Vegetable Compound

LYDIA E. PINKHAM MEDICINE CO., LYNN, MASS.

WOMEN EXERT QUEER POWER

Sisters Dwelling on Mysterious Mount in Burma Undoubtedly Able to Charm Reptiles.

In the fastnesses of Mount Popa, a mysterious sacred mount in Burma, live two sisters who have achieved a wide reputation for their uncanny powers in charming deadly snakes. Ma Hpw and her sister are the only living exponents of an art which has been handed down from generation to generation within the circle of their family. Their secret is most rigidly preserved, and at their death will be passed on to their next-of-kin, as it was handed on to them by their parents.

In a great number of cases so-called snake-charmers swindle the public by extracting the poison fangs of their pets, thereby rendering themselves safe from accident. There is tragic proof, however, to the genuine nature of the performance of Ma Hpw and her family, in the death of a sister who disregarded the strict traditions of the art.

King cobras are the snakes these remarkable women use. During the performance of charming the snakes an ordinary Burmese band is used, while the charmers squat on their haunches in front of the snake. They then begin to sway in rhythm to the music, giving sharp leaps each time the reptile strikes.

The office may seek the man, but the boy looking for a job comes in bunches.

It is just as easy to find fault with a tallow candle as it is with an electric light.

CONDIMENTS OF MUCH VALUE

Spices Used in Flavoring Not Generally Given Credit for Their Good Qualities.

Some of the spices that are often employed in flavoring preserves, both of fruits and meats, have a value that is more important than the mere tickling of the palate. An investigation recently made in France shows that vinegar is not only an excellent preservative but a powerful means of killing bacteria.

Ginger, black, white and red pepper have little bactericidal effect, but the action of mustard is most marked. However, the best of all are cloves and cinnamon, which act through their essential oils (called eugenol and cinnamic aldehyde).

La Nature remarks that these researches are highly important, for they show that, even in the small quantities in which they are used, these spices may be employed in preserving far better than chemical antiseptics such as boric and salicylic acids, which are often added, though the French law prohibits their use.

Liberal Helper.

"Mr. Bilton says he is not appreciated in his home town."

"Oh, yes, he is, and at his true value, too."

"Why do you think so?"

"If it were not for Mr. Bilton's easy manner in handling his fountain pen and checkbook, half the campaigns to raise money in this town would never get past the keynote speech."
—Birmingham Age-Herald.

A fool at forty may have known it all at twenty.

COMFORT AT LITTLE COST

Inventor Tells of Idea Which Enables Him to Have Hot Bath at Practically No Expense.

Dr. Alexander Graham Bell, inventor of the telephone, speaking of the importance of little things, in People's Magazine, tells of one of his own home-made devices.

"Speaking of comfort in the home," he says, "I've thought about the hot-water problem. I do most of my hardest work late at night and in the very early morning; and I like to have a bath between 2 and 3 a. m. But, as a rule, the water heated by the kitchen stove has cooled in the boiler by that time.

"I got a zinc tank and put it into a wooden box much larger, so that there was a space of three or four inches between the outside walls of the tank and the inside of the box walls. This whole space I filled with wool. Hot water, poured into the zinc tank, I found, kept its heat far longer under those circumstances than in a container unprotected by the wool—along the lines of the thermos bottle, you see.

"But how to heat the water? And without waste? Ah! I was wasting heat every night, wasting it dreadfully! Think of how it poured from the chimney of my student's lamp! I ran two pipes from the zinc tank into a 'hood' over the lamp's flame, thus establishing a circulation of water. I then proceeded with my night's work.

"Next morning the water in the tank was a little warm, but not warm enough. I found, however, that in the evening when I relit the student's lamp there was still warmth in the water from the zinc tank. So! It became a cumulative process, and in a few nights I had the water in the tank too hot for me to hold my hand in it.

"That tank is now in the attic of my Nova Scotia house, and its water, heated by my student's-lamp idea and protected by its wool covering, gives me a nice warm bath every morning. The only difference is that I get the heat from a straight pipe run down the inside of the chimney to my open fire in the study."

"Barbara Fritchie."

Woman's courage has often outmarched man's. On a day in 1863 it outmarched man's. Barbara Fritchie's blood runs through the veins of Old Glory. She was a gray-haired woman with the fight of a mid-Abyssinian lion in her veins. On a September morning, when Lee's forces were pouring through Frederick, Md., led by Stonewall Jackson, every flag of the United States had been lowered. Up rose old Barbara Fritchie in the face of the regiment plowing the street. She seized a hauled-down flag and set it in her attic window, herself its color guard. Stonewall Jackson's eye caught sight of it. "Fire!" The rifles shattered the staff, but old Barbara had caught the banner, and waving it far out over the street, she cried, "Shoot, if you will, this old gray head, but spare your country's flag." And the gallant Jackson's eye swam, and his shout blazed now. "Who touches a hair of you gray head dies like a dog. March on!"—Chicago Journal.

Wise Russian!

William F. Fox, Knights of Columbus commissioner to Siberia, who is speeding up entertainments for the Yanks doing police work on the Trans-Siberian railway, records an amusing incident at the installation of steam heat into the Knights of Columbus club at Vladivostok. The new radiator commenced piping quavers and demisemiquavers, and a Russian soldier who was standing near by thought the contrivance was one of the celebrated American talking machines he had heard much about. He even thought that the tune—the first to be played by the new instrument—was the American national anthem. But he was quickly undeceived when Yankee soldiers took him to the basement and initiated him into the rites of stoking a furnace.

Novel Strike.

There is a novel form of strike in progress in a portion of Victoria, Australia. Angered by the high prices charged for children's shoes and boots, parents have been sending their boys and girls barefooted to school. This anti-profiteering measure has been enthusiastically applauded by the children, who enjoy the novelty, and in many cases, where parents have not joined in, boots have been discarded before the home is out of sight. An amusing feature has been the action of a local boot-seller in sending his own children barefooted. As there is no school rule which prescribes footwear, and as the days are long and warm, the strike is running its merry course.

Peru Alarmed Over Chinese.

The continued influx of Chinese into Peru is being viewed with alarm and agitation is being carried on by the recently formed Anti-Asiatic league, which has as its purpose the securing of more stringent immigration laws. The chief fault found with the Chinese is that they enter into small businesses and sell at such low prices that local business men cannot compete. Feeling has run high on several occasions, with disastrous results to the Chinese merchants.

Picturesquely Put.

Disgusted Cop (at crossing)—Some chauffeur, you are! Say, if you were crossing the Sahara desert you'd run into a hydrant.—Boston Transcript.

GIRLS! A MASS OF WAVY, GLEAMY BEAUTIFUL HAIR

Let "Danderine" save and glorify your hair.



In a few moments you can transform your plain, dull, flat hair. You can have it abundant, soft, glossy and full of life. Just get at any drug or toilet counter a small bottle of "Danderine" for a few cents. Then moisten a soft cloth with the Danderine and draw this through your hair taking one small strand at a time. Instantly, yes, immediately, you have doubled the beauty of your hair. It will be a mass, so soft, lustrous, fluffy and so easy to do up. All dust, dirt and excessive oil is removed.

Let Danderine put more life, color, vigor and brightness in your hair. This stimulating tonic will freshen your scalp, check dandruff and falling hair, and help your hair to grow long, thick, strong and beautiful.—Adv.

A Matter of Precaution.

The Boss—Every young ladies are getting worse every day. Miss Playne is the only one among you who doesn't keep her eyes glued on the clock. The Steno—She would, too, only she's afraid of stopping it.

RECIPE FOR GRAY HAIR.

To half pint of water add 1 oz. Bay Rum, a small box of Barbo Compound, and 1/2 oz. of glycerine. Apply to the hair twice a week until it becomes the desired shade. Any druggist can put this up or you can mix it at home at very little cost. It will gradually darken streaked, faded gray hair, and will make harsh hair soft and glossy. It will not color the scalp, is not sticky or greasy, and does not rub off.—Adv.

Opening the Flood Gates.

"Did Marks take a prominent place in the late war?"
"Did he? Ask Marks!"

How's This?

We offer \$100.00 for any case of catarth that cannot be cured by HALL'S CATARRH MEDICINE. HALL'S CATARRH MEDICINE is taken internally and acts through the Blood on the Mucous Surfaces of the System. Sold by druggists for over forty years. Price 75c. Testimonials free. F. J. Cheney & Co., Toledo, Ohio.

False eyes should be made of looking glass.

SWAMP-ROOT FOR KIDNEY AILMENTS

There is only one medicine that really stands out pre-eminent as a medicine for curable ailments of the kidneys, liver and bladder.

Dr. Kilmer's Swamp-Root stands the highest for the reason that it has proven to be just the remedy needed in thousands upon thousands of distressing cases. Swamp-Root makes friends quickly because its mild and immediate effect is soon realized in most cases. It is a gentle, healing vegetable compound.

Start treatment at once. Sold at all drug stores in bottles of two sizes, medium and large. However, if you wish first to test this great preparation send ten cents to Dr. Kilmer & Co., Binghamton, N. Y., for a sample bottle. When writing be sure and mention this paper.—Adv.

Double Acting.

"You advertise this as the best hotel in town," said the man who had stayed overnight.

"It certainly is," replied the clerk. "Well, that may be a good boost for the hotel, but it's a terrible knock for the town."
—Boston Transcript.

Yes, Alfred, when it comes to drawing conclusions, women are natural-born artists.

48,000 Drug Stores Sell it. Five million people use it to KILL COLDS.

HILL'S CASCARA QUININE BROMIDE

Standard cold remedy for 20 years—in tablet form—safe, sure, no opiates—breaks up a cold in 24 hours—relieves grip in 3 days. Money back if it fails. The genuine box has a Red top with Mr. Hill's picture. At All Drug Stores

Cuticura Soap AND OINTMENT Clear the Skin

Soap 25c, Ointment 25 and 50c, Talcum 25c.

FLORIDA COMBINATION BEARING Orange and Grapefruit Grove, 1608, 110 cash, 110 month. I stand all expenses for five years and guarantee ship you not less than 100 boxes fruit. Write for facts and photos. J. O. Q. Lloyd, 314 Magnolia, Brooksville, Fla.

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The Right Way

In all cases of DISTEMPER, PINKEYE INFLUENZA, COLDS, ETC.

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SPOHN'S DISTEMPER COMPOUND

Give the remedy to all of them. It acts on the blood and glands. It routs the disease by expelling the germs. It wards off the trouble, no matter how they are "exposed." A few drops a day prevent those exposed from contracting disease. Contains nothing injurious. Sold by druggists, harness dealers or by the manufacturers. 60 cents and \$1.15 per bottle. AGENTS WANTED.

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is as profitable as grain growing. Successes as wonderful as those from growing wheat, oats, barley, and flax have been made in raising Horses, Cattle, Sheep and Hogs. Bright, sunny climate, nutritious grasses, good water, enormous fodder crops—these spell success to the farmer and stock raiser. And remember, you can buy on easy terms.

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—land equal to that which through many years has yielded from 20 to 45 bushels of wheat to the acre—grazing land convenient to good grain farms at proportionately low prices. These lands have every rural convenience; good schools, churches, roads, telephones, etc., close to live towns and good markets.

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