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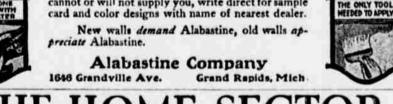
We Hand You the Package That Puts Health and Cheerfulness in Your Home

Smoked, grimy, papered, painted or kalsomined walls are a menace to health and offensive to the discriminating housewife. Alabastine is so economical, so durable, so sanitary, so easy to mix and

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where. Be sure you get Alabastine, and if your dealer cannot or will not supply you, write direct for sample card and color designs with name of nearest dealer. New walls demand Alabastine, old walls ap-



A WEEKLY FOR THE NEW CIVILIAN

CONDUCTED BY THE FORMER EDITORIAL COUNCIL OF

The Stars and Stripes

All you Yanks who, far out at sea or in the muddy dugouts, lousy billets and chill barracks of the A. E. F., found the going a little easier because of The Stars and Stripes, will enjoy this new weekly by the same bunch, for the same bunch, in the same spirit.

The Stars and Stripes was hauled down and folded away a fortnight before the peace treaty was signed, but the men who wrote or drew ninety per cent. of the contents of that famous soldiers weekly have not broken ranks. They have kept close formation in their red-chevron days to conduct this new magazine.

WALLGREN is on the job with his hilarious and disorderly cartoons. BALDRIDGE, the foremost American artist of the war, is drawing for The Home Sector. There will be freah tidings from all the old Yank sectors in France, England, Belgium and Germany, and the latest news from the front in the fight to keep America, the home sector, the best of them all. A department called SERVICE

will try to clear up the misunder-etandings and doubt existing in the minds of most former service men about such details as war-risk insurance, Liberty bonds, back pay, pentions, bonuses, legislation, etc.

You will want The Home Sector, which is out every Wednesday. Get this week's issue and see.

THE BUTTERICK PUBLISHING CO., 408 Butterick Building, New York 10 Cents A Copy On All News-Stands

WILD ANIMALS VISIT BANFF BETTER FITTED FOR WORK

Deer and Bears So Tame That They Are Everyday Sights in Canadian Village.

Although Banff is a hustling village during the summer, and is thronged with tourists, wild deer from the mountains are to be seen daily on the streets, and at night stately elk leap from the roads into the bushes to escape approaching automobiles. If a Banff cottager expects to eat his own "garden truck," he builds a deerproof fence around his patch. The grounds of Brett hospital are open from the street, and the other night half a dozen deer made a raid upon the flower garden. Banff is the capttal of Rocky Mountain park, and shooting game within the park limits is forbidden by law. The deer, being having less efficiency. unmolested, have become very tame, and even a bear now and then pays a friendly visit to the village. Not long ago a bicyclist, speeding down dark object, and turned a somersault are now amenable to discipline." or two before he hit the macadam. Sitting up, he looked around and discovered a bear bitting the trail for home as fast as four legs could carry him. Although lame and somewhat obtrusive, the teer, elk and bear do with man, and have proved themperfectly safe neighbors.—Canadian

News Letter.

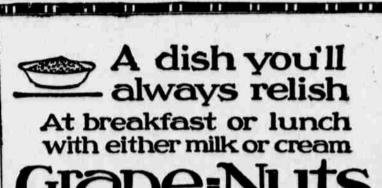
Testimony Shows That Service in the Army Has Made the Average Man More Efficient.

Evidence that returned soldiers, particularly those who saw service overseas, are going back into civil pursuits more efficient and better fitted for their work is furnished by one of the largest employers of labor in the country, a firm which has requested that its name be not disclosed.

Of more than six hundred returned soldiers who have been employed by this corporation 43 per cent have proved more efficient than they were before their military experience; 58 per cent are put down as just about the same as before in efficiency and the remaining 5 per cent are rated as

According to the letter giving these figures: "The analysis indicates that the men are more orderly in their routine work, more punctual, and a one of the side streets at night, hit a few who were rather difficult to handle

The Evidence. Fair Overseas Visitor-And, my dear, they're just the cleanest boys you ever saw. It must have been the day they sent their things to the launnot relish to close an acquaintance dry, for the major took us all over the barracks, and there wasn't a sheet or selves to be not only picturesque but pillow slip in sight anywhere! And not even a speck of linen in the mess hall! -The Stars and Stripes.



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nourishment not met by many cereals. No cooking No waste At Grocers Everywhere.

IMPROVED UNIFORM INTERNATIONAL

(By REV. P. B. FITZWATER, D. D. Teacher of English Bible in the Mood) Bible Institute of Chicago.) (Copyright, 1919, Western Newspaper Union)

LESSON FOR OCTOBER 5

JOHN AND PETER BECOME DIS-CIPLES OF JESUS.

of Christ upon all men

LESSON TEXT-John 1:29-42 GOLDEN TEXT-Jesus said unto him, follow me.—John 1:43.
ADDITIONAL MATERIAL—Matt. 9:9; Mark 2:13-17; John 1:45-51, PRIMARY TOPIC-Finding the best JUNIOR TOPIC-John and Peter deide to follow Jesus.

INTERMEDIATE TOPIC - Hecoming disciples of Jesus.

SENIOR AND ADULT TOPIC-Claims

1. John the Baptist Testifies to His Disciples Concerning Jesus (vv. 29-

1. Jesus as the Lamb of God (v. 29). "Lamb" was familiar to the Jewish mind. It denoted a substitutionary sacrifice for sin. Christ was the true lamb to which every sacrificial offering pointed. He was the lamb which Israel showed should be brought to the slaughter (Isa, 53:7), upon whom the Lord laid man's iniquity. Christ was God's lamb because he was the one set apart from the foundation of the world to make atonement for man's sins (1 Pet. 1:18-20). John invited his disciples to behold the Lamb of God. 2. The Baptizer with the Holy

Ghost (vv. 30-35). The Spirit descended upon him as Isaiah said (Isa. 11:2). John then knew for a certainty that he was the baptizer with the Holy Ghost. The Same Holy Spirit will be given to all who ask for him (Luke 11:13).

3. Jesus is the Son of God (v. 34). Being the son of God he is one in nature with God.

II. Two Disciples Following Jesus (vv. 35-37).

As a result of the Baptist's testimony, two of the disciples leave him and follow Jesus. At John's request they looked. This look was sufficient to induce them to follow Jesus. A sincere look upon Jesus is always sufficient. John did not become envious of Christ's success, but rejoiced in it (John 3:26-29). All Sunday school teachers should so witness that the pupils will look to and follow Jesus. This is the whole method, the sum and substance of salvation.

III. The Disciples Abiding With Jesus (vv. 38, 39).

Seeing the disciples following him, Jesus made inquiry as to their object. Their reply showed the desire to go apart privately where they could disclose their hearts to him. He invited them to his abode, where for the remainder of that day they enjoyed sweet

IV. The Disciples Bringing Others to Jesus (vv. 40-42).

Having found by experience what fellowship with Jesus means, they go at once and tell others of their priceless treasure.

1. Andrew brings Peter (vv. 40-42). Peter was Andrew's brother. A true brother who has found Christ will go and tell his brethren. The proper place to begin witnessing for Christ is among one's kinfolk (Luke 8:39).

(2) Philip brings Nathaniel (vv.43-45). He witnessed to him concerning the messiahship of Jesus. He told them that Christ was he of whom Moses and the prophets did speak. Christ is the sum and substance of the Old Testament.

The disciples invited others to come and see. They knew that if they would but put Jesus to the test they would believe. Christianity courts investigation (John 7:17).

When Life Grows Broader.

God does not count prosperity as we count it. Our sense of proportion is largely shaped by our experiences. When life is quiet and sheltered, and the stream runs smoothly, we notice every ripple and magnify every small obstruction. We are fully occupied with our work, our small worries. Then comes some grief, calamity, or new responsibility which suddenly changes everything. Our old interests are dwarfed and look so petty that we wonder that we ever allowed such trifles to burden our souls. By such experiences life grows broader and higher and takes on new values. We have new standards of measurement for our fellow men as well as our-

The Bible.

God might, of course, have given us a literally divine book, written by his finger on tables of stone. We find that he chose to give us instead a library of books by human authors, with very different styles and characteristics. I cannot help connecting it with the equally obvious act that he did not reveal himself by an angel, or millions of angels, but by a man who worked in a carpenter's shop.-Rev. J. H. Moulton, D.D.

Cheerfulness.

Better to be small and shine, than to be great and cast a shadow. Cheerfulness is God's medicine. Everybody ought to bathe in it. Grim care, anxlety and all the rest of life can be scoured off with the oil of cheerful-

Love Never Tires. Love is indefatigable; it never tires. Love is inexhaustible; it lives and is born again of itself, and the more it pours itself forth, the more it abounds. -De Lamennais.

Thousands Have Kidney Trouble and Never Suspect It

Applicants for Insurance Often Rejected.

Judging from reports from druggists who are constantly in direct touch with the public, there is one preparation that has been very successful in overcoming these conditions. The mild and healing influence of Dr. Kilmer's Swamp-Root is soon realized. It stands the highest for its remarkable record of success.

An examining physician for one of the prominent Life Insurance Companies, in an interview of the subject, made the astonishing statement that one reason why so many applicants for insurance are re-jected is because kidney trouble is so because kidney trouble is so common to the American people, and the large majority of those whose applica-tions are declined do not even suspect that they have the disease. It is on sale at all drug stores in bottles of two sizes,

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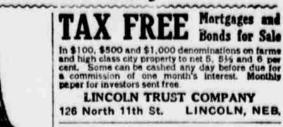
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