

OLD PRESCRIPTION FOR WEAK KIDNEYS

Have you ever stopped to reason why it is that so many products that are extensively advertised, all at once drop out of sight and are soon forgotten?

A prominent druggist says, "Take for example Dr. Kilmer's Swamp-Root, a preparation I have sold for many years and never hesitate to recommend, for in almost every case it shows excellent results."

Many a man who inquires after your health doesn't care a rap whether it is good, bad or indifferent.

Watch Cuticura Improve Your Skin. On rising and retiring gently smear the face with Cuticura Ointment.

You can afford to believe that the office seeks the man if don't want the office.

The use of soft coal will make laundry work heavier this winter. Red Cross Ball Blue will help to remove that grimy look.

A jolly man always finds himself in good company.



Backache? Rheumatism?

Those of us who are past middle age are prone to eat too much meat and in consequence deposit lime-salts in the arteries, veins and joints.

Send to Dr. Pierce's Invalids' Hotel, Buffalo, N. Y., for a 10c. trial package.

MADRID, CAL.—I recommend Doctor Pierce's Anuric very highly. I have suffered for the last three years with catarrh of the bladder.



Those who are weak and reduced from an attack of Influenza or Pneumonia will experience wonderful recuperative effects from the use of

LYKO The Great General Tonic ASK YOUR DRUGGIST

THE PAXTON HOTEL Omaha, Nebraska EUROPEAN PLAN Rooms from \$1.00 up single, 75 cents up double. CAFE PRICES REASONABLE

Coughing is annoying and harmful. Relieve throat irritation, tickling and get rid of coughs, colds and hoarseness at once by taking PISO'S

IMPROVED UNIFORM INTERNATIONAL SUNDAY SCHOOL LESSON

(By REV. P. B. FITZWATER, D. D., Teacher of English Bible in the Moody Bible Institute of Chicago.)

LESSON FOR JANUARY 12

MOSES THE DELIVERER OF ISRAEL.

LESSON TEXT—Exodus 31-32. GOLDEN TEXT—And Moses verily was faithful in all his house. Hebrews 3:3.

While the oppression of God's people was heading up, in the providence of God a deliverer was being prepared to take up the task at the opportune hour.

I. The Lord Speaks to Moses in the Burning Bush (vv. 1-6).

It was while keeping the flock of his father-in-law in the desert that the Lord appeared to Moses. Had he remained in Pharaoh's palace he never could have had the vision of the burning bush.

II. Moses Commissioned as the Deliverer of His People (3:7-10).

In the preamble of this commission God said to Moses: "I have seen the affliction of my people." This is always true (Psalms 22:24; 34:4, 6; Isaiah 63:9).

III. Moses' Objections Patiently Heard and Removed (3:11; 4:10).

1. Personal Unworthiness (v. 11). He realized his insufficiency for this task. His forty years in the school of God have wrought a great change in him.

2. The Difficulty of the People to Understand Moses' Relationship to God (3:13, 14).

Since God changes his name as he assumes a new relationship to his people, Moses inquired as to what that new relationship would be, and his corresponding name.

4. Lack of Eloquence (4:10).

This difficulty the Lord met by providing an assistant in his brother Aaron.

Our Sadness.

We ask God to forgive us for our evil thoughts and evil temper, but rarely, if ever, ask him to forgive us for our sadness.

The Human Heart.

The human heart is so constituted that it is only filled by the richness which flows from it—not by the richness which flows into it.—Agnes Edwards.

NO DISGRACE TO FEEL FEAR

One Result of War Has Been Saneer Idea of What Constitutes Real Bravery.

An English observer calls attention to the fact that our world war has destroyed the fear of being afraid. Heretofore, even to most distant antiquity, the one quality insisted on in the soldier was that he should be fearless and the more cautiously so the better.

This theory held, as many will remember, even till the period of the Boer war, when the British suffered so severely in officers because it was held cowardly for a commander to seek cover.

So it was only in battle that chivalry insisted that man should be without fear, or pretend to be.

With the coming of new warfare, however, all hands at once came to a more sane understanding and the old physical bravery has given place to moral resolution.

Therefore, it is no longer a disgrace to feel fear or to admit it; the only disgrace is to allow fear to prevent one doing his duty.

Need for More Consuls.

The chairman of the shipping board has called the attention of congress and the people to the need of enlarging our consular service abroad.

Mr. Hurley tells us, observes the Independent (New York) that the United States will have 25,000,000 tons of merchant shipping by the end of 1920, and that as fast as these ships can be freed from military work they will enter commerce.

"We need more consuls and larger consular staffs," he tells us. "If we do not provide them today and prepare for the great growth in our merchant marine and trade after the war, I fear that we shall suffer a serious breakdown."

You've Heard 'Em.

"Look here," said the city editor to the cub reporter, "you should write everything as briefly as possible. Instead of saying 'the middle-aged bald-headed performer in the hired aggregation of followers of Orpheus who nightly provide the harmony at one of our leading temples of mirth, seized his trombone firmly in his hands, placed his feverish lips to the mouth-piece and sounded thereon an unearthly tone like the wailing of a lost soul on the main street of Inferno'—now shorten that up."

A Cattle Queen.

A cattle-shipping season to the Eastern stockyards is in full blast, and Mary Vall, Los Angeles bleaster, said to be the richest maiden in California, is in these large sales and shipments, figuring as a notable cattle queen.

Back in the Game.

"Another sign that the war is over." "Yes." "An old-fashioned stock promoter, wearing diamonds and flashy clothes, was in here the other day." "Well! Well!" "Those chaps are crawling out of their dugouts again!"—Birmingham Age-Herald.

A Realization.

"How's the prohibition workin' in Crimson Gulch?" "All right," replied Three Finger Sam. "The boys are beginnin' to realize that a man's conversation is jes' as interestin' when he's sober an' a heap more reliable."

WORLD NEEDS FOOD

Demand Makes Opportunity for Returning Soldiers.

Thousands Will See Glorious Possibilities in Settlement of Available Farm Land in This Country and in Canada.

The war is over, peace will soon be signed, the fighting nations have sheathed their swords, and the day of reconstruction has come.

What of it? Hundreds of thousands of men, taken from the fields of husbandry, from the ranks of labor, from the four walls of the counting house, and the confines of the workshop, taken from time to time to do their part, their large part, in the prevention of the spoliation of the world, and in the meantime removed from the gear of common every day life, will be returning, only to find in many cases old positions filled, the machinery with which they were formerly attached dislocated.

Are they to become aimless wanderers, with the ultimate possibility of augmenting an army of menacing loafers? If they do it is because their ability to assist in laying new foundations, in building up much-required structures, is underestimated.

They will decide for themselves lines of action and thought, and what their future should and will be. On the field of battle they developed alertness and wisdom, and they will return with both shedding from every pore.

Action was their watchword, and it will stand them in good stead now that the din of the battle no longer rings in their ears, or the zero hour signals them to the fray, and it will continue their entire existence.

But if they return to find their old avocations gone, their places filled, the institutions with which they were connected no longer existing, new walks of life and employment must be opened to them. It may be that the counting house, the factory, the workshop will have lost their attraction.

For centuries GOLD MEDAL Haarlem Oil has been a standard household remedy for kidney, liver, bladder and stomach trouble, and all diseases connected with the urinary organs.

There is little need here to direct

attention to the wealth that has come to the farmers of Canada within the past few years. It is not only in grain growing that unqualified and almost unequalled success has followed honest effort, but the raising of horses, cattle, sheep and hogs has been a large source of profit.

Canadian statesmen are today busily engaged planning for the future of the returned soldier with a view to making him independent of state help after the immediate necessary assistance has been granted, the main idea being to show in the fullest degree the country's appreciation of the services he has rendered.

But now that the war is ended, and the fact apparent that of all vocations the most profitable and independent is that of the farmer, there will be a strong desire to secure farm lands for cultivation. Canada offers the opportunity to those seeking, not as speculation but as production.

Agriculture in Canada has reached a high standard, notwithstanding which lands are low in price.

Thus upon the United States and Canada for many years will rest the great burden of feeding the world. With free interchange of travel, difficulties of crossing and recrossing removed, Canada may look for a speedy resumption of the large influx of settlers from the United States which prevailed previous to the war.

SAFE, GENTLE REMEDY CLEANSSES YOUR KIDNEYS

For centuries GOLD MEDAL Haarlem Oil has been a standard household remedy for kidney, liver, bladder and stomach trouble, and all diseases connected with the urinary organs.

There is little need here to direct

tween two peoples whose language and aims in life should be anything but of an unfriendly character. The draft law of the United States, adopted for the carrying out of the high purposes had in view by the United States, kept many from going to Canada during the period of the war.

That is all over now. There are no real or imaginary restrictions; there is no draft law to interfere. On the contrary, there is an unfathomable depth of good feeling, and the long-existing friendship is stronger than ever.

His Place. "What a stern face the captain has." "Well, you wouldn't have it in the bow, would you?"

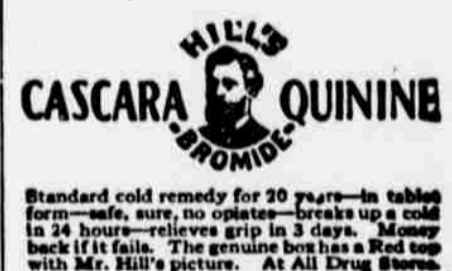
Important to Mothers. Examine carefully every bottle of CASTORIA, that famous old remedy for infants and children, and see that it bears the Signature of Dr. J. C. Fletch.

Signature of Dr. J. C. Fletcher. In Use for Over 30 Years. Children Cry for Fletcher's Castoria

Don't think for a moment that any man is interested in your troubles—unless he is a lawyer.

Influenza and kindred diseases start with a cold.

Don't trifle with it. At the first shiver or sneeze, take



Standard cold remedy for 20 years—in tablet form—safe, sure, no opiates—breaks up a cold in 24 hours—relieves grip in 3 days. Money back if it fails. The genuine box has a Red top with Mr. Hill's picture. At All Drug Stores.

Itching Rashes Soothed With Cuticura. All druggists; Soap 2c, Ointment 15c, Talcum 10c. Sample each free of Cuticura Dept. E, Boston.

ATTENTION! Sick Women. To do your duty during these trying times your health should be your first consideration. These two women tell how they found health. Lydia E. Pinkham's Vegetable Compound. Why Not Try LYDIA E. PINKHAM'S VEGETABLE COMPOUND. LYDIA E. PINKHAM MEDICINE CO. LYNN, MASS.