# **Keep Yourself Fit**

You can't afford to be laid up with sore, aching kidneys in these days of high prices. Some occupations bring kidney troubles; almost any work makes weak kidneys worse. If you feel tired all the time, and suffer with lame back, sharp pains, dirry spells, head-aches and disorderd kidney action, use Doan's Kidney Pills. It may save an attack of rheumatism, dropsy, or Bright's disease. Doan's have helped thousands back to health.

## A Nebraska Case

A Nebraska Case J. U. Metcalf, 515 Pa-clific St., Omaha, Neb., says: "My kidneys were badly disordered, and the secretions were re-tarded and painful. I was laid up in bed for six months and kept getting worse until I was a wreck. One of my legs became powerless and the pains in my hips were awful. Finally I used Doan's Kidney Pills and they drove away the pains and re-stored me to good health."

Get Doan's at Any Store, 60c a Box DOAN'S RIDNEY PILLS FOSTER-MILBURN CO., BUFFALO, N.Y.



will reduce them and leave no blomishe Stops lameness promptly. Does not blis-ter or remove the hair and hor. can b worked. \$2.50 a bott'e delivered. Bost 6 8 tra.

ABSORBINE, JR., for mankind, the antiopoli imment for Bolla, Bruises, Sores, Swellings, Varicese Vein lays Pala and Infianmation. Price S1, 25 a bottle r 4 dra us or delivered. Will tell you more 14 you write. W. F.YOUNG, P.D. F., 310 Tampie St., Springfield, Mass.

Disappointment is the saucer belong-

ing to the cup of sorrow.

Piles Cured in 6 to 14 Days Drogsists refund money 15 PAZO OINTMENT fails to cure liching. Biled, Bleeding or Protruding Piles. First application gives relief. 60c.

You can't win a war with a game of conversation or a guessing contest.

#### Flery Red Pimples.

A hot bath with Cuticura Soap followed by an application of Cutlcura Ointment to distressing eczemas, etc., proves their wonderful properties. For free samples address "Cuticura, Dept. X, Boston." At druggists and by mail. Soap 25, Ointment 25 and 50 .- Adv.

#### Blissful Ignorance.

Margaret went to visit her big sister and was afraid to sleep in a room alone.

Sister said, "Why, Margaret, baby sleeps in here alone, and he isn't afraid."

"Well," replied Margaret, "he hasn't got sense enough to be afraid yet."

#### Maps in Many Colors.

The United States geological survey, department of the interior, printed last year over four million copies of geologic, topographic and other maps and folios, many of them in several colors. Some of the geologic maps required as many as 25 printings. The total number of impressions required was 14,000,000.



A hundred German textbooks were stolen from the Seward High school. The school board had previously voted to discontinue the course.

The eighteenth annual meeting of the Nebraska conference of charities and corrections will be held in Omaha February 17 to 19.

Kearney voters will pass on \$30,000 bond issue at a special election on April 2, the money to be used to improve city schools.

Nebraska is included in the list of states where pirority is given to cars needed to move corn and other cereals to market by orders of Director General of Railroads McAdoo.

Ellery W. Davis, 60, dean of the department of literature, arts and science of the University of Nebraska. and well known throughout the United States as an educator, died at his home at Lincoln.

One of the few Nebraska men known to have been on the Tuscania when torpedoed off the northern Irish const was Patrick McGowan, jr., of York, son of Mr. and Mrs. Patrick Mc-Gowan of York.

Nearly 15,000 carloads of Nebraska live stock were shipped to markets during the month of January, according to reports of the U.S. Department of Agriculture. Illinois and Iowa are the only states in the union which exceeded Nebraska.

Horse meat is to be put on the market in Omaha, is the announcement of the Equine Meat and Packing company, recently incorporated in Nebraska with \$50,000 capital. The company has been selling horse meat at Grand Island for some time.

Seward county ranks first among counties of Nebraska that have reported thrift stamps sales to the Omaha postoffice, up to a few days ago. Thayer county is second. Seward's quota was \$320,880; sales, \$89,-\$35; percentage, 27.67.

State Food Administrator Wettles has designated Thursday of each week as "Potato Day" in Nebraska, and called upon merchants to sell potatoes on those days at reduced prices. On these days merchants will be authorized to sell potatoes as a substitute with wheat flour on the basis of four pounds of potatoes to one pound of flour.

Will Maupin, Nebraska publicity director, who just visited Camp Cody as a special representative of Governor Neville, reports that the men are well fed, well clothed, comfortably housed and that hospital equipment and management good. The general health of the men is good, he said, but no doubt would be better if it wasn't for the sand and sandstorms,

According to a report issued by A. E. Anderson, Nebraska field agent for the bureau of crop estimates, live stock has increased in this state from

This week is Boy Scout week in Nebraska according to a proclamation ssued by Governor Neville.

Harold Heasty, a University of Nebraska forestry student, son of State Senator John F. Heasty of Fairbury. was aboard the lil-fated Tuscania. sunk last Tuesday by a submarine.

Rumors are current in Washington that Charles W. Bryan, brother of W. J. Bryan, will be a candidate for governor of Nebraska on the democratic ticket.

With ice from five to seven inches thick on all Nebraska rivers, Nebraska railroads are anticipating the worst ice jams and subsequent floods in the past decade.

Nebraska boasts the first Red Cross auxillary organized by full-blooded Indians. This auxiliary has been formed at Macy, by the Omaha Indians.

A petition for the paving of the Lincoln Highway from the east city limits of Fremont to, the town of Ames, eight miles west, has been filed with the Dodge county board of supervisors.

The state university may be made a vocational training camp by the government, carrying out a plan to utilize the universities of the country for that purpose, according to a message received in Lincoln.

K. H. Walker of Scottsbluff is recorded as Nebraska's first volunteer shipyard worker. Nebraska's quota in the drive for shipyard yolunteers is 2,500 men. The campaign will be directed by the state council of defense. The Kearney city council passed an ordinance which prohibits the giving of any Sunday entertainment to which an admission is charged and will put a stop to Sunday shows, Sunday baseball and chatauqua programs.

Extensive tests made by government and private engineers as to the water power possibilities of the Niobrara river show the stream would generate 22,000 horsepower and could be developed at a cost of \$6,000,000.

The campaign to enroll members in the Junior Red Cross is on in this state. Nebraska's quota 1s 200,000. more than half the total number of school children in the state, which the census shows to be 3\$5,000. Every school in the state is a Red Cross auxiliary and is expected to get members. Governor Neville and the State Council of Defense have again appealed to the national authorities for immediate action in providing needed cars to move Nebraska's corn crop. It is claimed that enormous losses to farmers of Nebraska are certain unless freight cars are supplied by the railroads immediately.

Senator Hitchcock's attitude on the war cabinet bill is a disgrace to Nebraska in the opinion of five Omaha labor organizations, which sent telegrams to Hitchcock condemning him for his stand toward the administration and suggesting that he devote his energies to "fighting the kaiser instead of President Wilson."

Captain Walter Anderson, provost marshal of Nebraska, is preparing county quotas for the 300 Nebraska men to be called to Camp Funston, February 23, as the last 15 per cent increment of the first draft. These men will be selected by local boards under the new classification, he says. The executive committee of the State Council of Defense, in replying to the offer of the Nebraska Nonpartisan League to share the work of the state council, declared that the literature the league is circulating in this state is decidedly unpatriotic, and is not in harmony with the effort now being made by Americans of all po-litical parties and all classes of people to bring the war to a successful conclusion. The council did not decline the Mer, however, but asserted that the ...id of all citizens and organizations alike working in harmony with the government, was desired. Director Pugsley of the agricultural extension service of the University of Nebraska has received assurance from screened, \$1.25; domestic coal, yard the United States Department of Agriculture that the government will send a potato starch expert to this state in the near future. Mr. Pugsley proposes that the vast quantities of potatoes in western Nebraska be ers to post up and maintain in turned into starch. He estimates that there are 2,500 cars of potatoes their customers, the cost to them of in the hands of growers in Nebraska. each kind of coal and coke handled. Last year these growers greatly increased production. Unless some means is found to turn to good ancount the supply, production next year will naturally be decreased.\_



(By E. O. SELLERS, Acting Director of the Sunday School Course of the Moody Bible Institute, Chicago.) (Copyright, 1917, Western Newspaper Union.)

## **LESSON FOR FEBRUARY 17**

JESUS TEACHING FIVE PARABLES -FOUR KINDS OF GROUND.

LESSON TEXT-Mark 4:1-20. GOLDEN TEXT-Take heed therefore how ye hear.-Luke 8:18. ADDITIONAL MATERIAL FOR TEACHERS-Matt 13:1-30; 36-43. PRIMARY TOPIC-Jesus telling a story

about sowing seed. PRIMARY MEMORY VERSE-Be ye doers of the word -James 1:22.

Jesus tells us plainly why he taught so much by means of parables ( Matt. 13:10-13). The truth had to be taught ; hence the parable, that those to whom it was given to know the messages of the kingdom, those who sought it, might know and understand, and that to the others it might be hidden (Mark 4:11, 12). Like all his parables, Jesus draws his pictures from the common experiences of life-the field, the home, etc. Paul draws his illustrations chiefly from the city, the army, the market. In studying this lesson we must turn to the parallel account as given by Luke and Matthew to get the full and complete picture.

What is the seed? Luke says that Jesus told his disciples that the seed was the Word of God (Luke 18:11). We get the same thought in verse fourteen of the lesson. A great deal is being made today of seed selection. Some wonderful results have been obtained. How much more important for those of us who deal with immortal souls that we select the best seed, I. e., the Word of God.

The second consideration is the sower (v. 4). Notice he went forth not to "soar," not is it recorded that he was "sore" because the people did not all receive the seed alike. He did not have a grouch; he did not enter into his work that he might receive the adulation of men (Matt. 6:2). It is, however, the "soil" that seems to be most emphasized in both the direct teaching and also the explanation of the parable. There are four kinds of soil. The manner by which the seed came into contact with each kind of soll is significant. Some fell "by" the wayside; the path was well trodden; the ground was preoccupied; e. g., it was used for other purposes than to yield a harvest; it was hard to be broken, and bence it was an easy matter for the birds of the air (v. 15) to come and pluck it away. We need to remember that if men receive with meekness the implanted word, there will, of course, be no such opportunity for the evil one. The trouble in this case was that the Word was not implanted. Thus it is that one-fourth of the seed is lost. The result is a deplorable one as we see from Heb. 2:1-4. Is the soil of our life so hard that God must drive the plowshare clean through it ere there is a chance for the

seed to take root? (Ps. 129:8). next tell "on" the rocky The first is a picture of the hardened. and this is a picture of the superficial hearer. For a time they did run well. They even received the Word with gladness (v. 16), but they had no stability because they had no root. They were superficial. There was no chance for the seed to get a real grip on their lives. The earth yields its increase though we do not understand. So God will add his 95 per cent to our 5 per cent. The oak tree comes from small seed. In the third place Jesus speaks of the seed that fell "among" the thorns. Here is the worldly sell. It is not so much the character of the soil, it is the character of that which already occupied the soil ere the sower sowed the seed. The cares of this world, the deceitfulness of riches and "other things" had so entered in that the good seed never had a chance in the soil of the human heart. It was choked and yielded no fruit. There was no real grip of the will, no whole-hearted surrender. The cares of life that keep the housewife or the business man; the deceitfulness of riches that snare men and choke the word which at one time gave such promise in their lives; the lusts and other things which the evil one knows so well how to use keep us from the Word, for Satan knows that by it we are to be saved (Luke 18:12). Are we impulsive? Do we make vows soon forgotten, ties that soon fade away or fall beneath the temptations for lack of root? May God blast and turn up the subsoil of our hearts by strong convictions of sin, and so occupy the soil that there is no

## Win the War by Preparing the Land Sowing the Seed and Producing Bigger Crops

## Work in Joint Effort the Soil of the United States and Canada CO-OPERATIVE FARMING IN MAN POWER NECESSARY TO WIN THE BATTLE FOR LINERTY

The Food Controllers of the United States and Canada are asking for greater food production. Scarcely 100,000,000 bushels of wheat are available to be sent to the allies overseas before the crop harvest. Upon the efforts of the United States and Canada rests the burden of supply.

## Every Available Tillable Acre Must Contributes Every Available Farmer and Farm Hand Must Assist

Western Canada has an enormous acreage to be seeded, but man powes is short, and an appeal to the United States allies is for more men for seeding operation.

## Canada's Wheat Production Last Year was 225,000,000 Bushelss the Demand From Canada Alone for 1918 is 400,000,000 Bushels

To secure this she must have assistance. She has the land but needs the men. The Government of the United States wants every man who can effectively help, to do farm work this year. It wants the land in the United States developed first of course; but it also wants to help Canada. Whenever we find a son we can spare to Canada's fields after ours are supplied, we want to direct him there.

Apply to our Employment Service, and we will tell you where you can best serve the combined interest.

Western Canada's help will be required not later than April 5th. Wages to competent help, \$50.00 a month and up, board and lodging.

Those who respond to this appeal will get a warm welcome, good wages, good board and find comfortable homes. They will get a rate of one cent a mile from Canadian boundary points to destination and return.

For particulars as to routes and places where employment may be had apply to: U. S. EMPLOYMENT SERVICE, DEPARTMENT OF LABOR

## PETER HAD HIS SUSPICIONS WHERE HE GOT HIS SCARS

### And Really There Seemed Some Reason to Believe That Traveler Had Inside Information.

Joseph H. Igleheart, an attorney of Evansville, was in Indianapolis a few daws ago and when he reached Terre Haute en route home and got on a passenger train on the Chicago & Eastern Illinois railroad, he decided he would take a sleeper. He looked up the porter and told him he wished a berth. He was due in Evansville at

11 o'clock that night and the porter remonstrated, saying that it was a three hours' ride and that no one needed a sleeper for that short distance. "I don't care," shouted Igleheart. "I

want a berth if it's only a three minutes' ride." The porter said he would have to see the conductor and later returned and told Mr. Iglebart that he could have a berth.

Owing to a heavy snowstorm and bad weather conditions the train arrived at six o'clock the next morning at Evansville, being seven hours late. When Igleheart got up he greeted the porter who was standing in the aisie. The porter was angry and after Igleheart had spoken to him the second time he said : "Don't you speak to me, white man. How did you know that we were going to have this lay-out?"-Indianapolis News.

## Kinder Skittish.

A good old mammy of antebellum days went into a shoe shop and asked for "a pair of ever'day shoessmall tens." The clerk selected a pair of men's heavy plow shoes for her and ing a contact sets them honking all she seated herself to try them on. The up the line and conveys a signal to clerk remained standing in front of the men, which may be heard above her. She glanced up and asked :

Battered-Up Specimen of Humanity Had Sad Story to Tell, but Not of Battles.

"My good man," said the kind old lady to the sad wreck of humanity she met in the lane, "you look like an old soldier. I'm sure you've seen many battles."

"Yes, mum; I've bin in wars in my time; I'll carry these scars to the grave, shure I shall. Yer see this car o' mine, mum; there's a tidy piece gone out o' that. And see the top o' me nose; a tidy dent there, too, mum. Well, they wor both done in one day. The missiles did fly that day, an' no mistake."

man?"

But the old lady had vanished.

### Motor Horn In War.

Now the motor horn has taken its place in warfare and many a honk may be heard along the first-line trenches. The horns are used for signaling purposes only. They are placed on the parapet of the trench, facing inward, and are connected by wires leading to the stations of the commanders. Close

the din of battle.

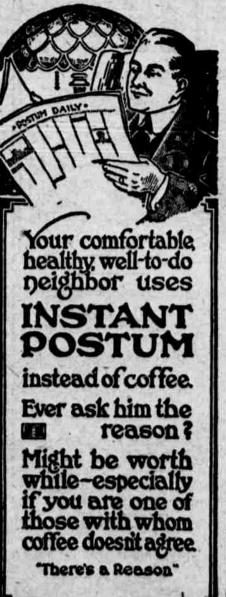
"What battle was it, my good

"Well, mum, it worn't exactly a battle. Yer see, it wor like this. I wor a cab-driver, and I had to drive the newly-married folks to the station. This dent in my nose wor done by a hob-nailed boot; this bit out o' my car is the result of a well-aimed horse-

shoe; this lump on my jaw was done by a bag of uncooked rice; but wall till I show yer me back, mum."

He Took His Tin Hat Off.

A man staggered down the trench with blood running over his face and over his uniform. There was so little room at this point that we had to flatten against the wall to permit him to pass. Close behind was another soldier with a small red cross on his sleeve, not a Red Cross nurse as they never are at the front. He started to tell us that the wounded man had just taken his helmet offbut the wounded man preferred to tell the story himself. "I just took off me tin hat to scratch me blooming top piece when whang, Shrapnel. And now it's me back to blighty under me own power." He wobbled on .- London Chronicle.



8.912,000 head on January 1, 1917 to 9,281,000 head on the the first of this year. In the past twelve months horses averaged an increase in value from \$95 to \$101 a head ; mules from \$106 to \$113; milch cows, from \$68 to \$78.50; other cattle from \$44.30 to \$49.30; sheep from \$7.50 to \$11, and hogs from \$14.00 to \$24.50. On the first of this year there were 1,049,000 horses in the state, 118,000 mules, 703,000 milch cows, 2,803,000 head of other cattle, 408,000 sheep and 4,200,000\_swine.

The maximum retail gross margins, per ton, for coal and coke, delivered at the yards, to consumers in Nebraska outside of Douglas and Lancaster countles, were established by State Fuel Administrator Kennedy as follows: Domestic coal, not yard screened, \$1.40; steam coal, 90c; coke, \$1.25. This is the first time margins on the sale of coal have been made uniform all over the state. The order compels all retail coal dealtheir places of business, accessible to the maximum retail gross margin allowed, and the retail price at the yard; also drayage and delivery charges.

The government is urging retired farmers to get into the game again and do their bit to help win the war. The campaign in this state is being conducted by M. A. Coykendall of the U. S. Immigration service department of labor, located at Omaha. Anyone Interested should write Mr. Coyken-" for particulars.

Fremont has a grocerteria. The store is operated on the cafeteria plan. Customers walt on themselves and pay a cashler at the gate. There are no clerks.

Nebraska will spend \$417,000 on road improvements in the state during 1918. This sum includes both federal and state appropriations. Plans of the state good roads department are to use the money on 1,600 miles of highway, averaging approximately \$260 to the mile.

Figures compiled by the Omaha Chamber of Commerce show that there are 148,100 automobiles in Nebraska, or one for every 8.7 persons in the state. Duel county has the Colorado to supply its members in most autos per population, 514. One for every 4.8 persons.

The national food administration has called upon Nebraska farmers through State Food Administrator Wattles to market every available bushel of wheat in the state, 1 The allies must have it and we must meet their needs, says the appeal. The Nebraska administrator is requested to use every possible resource to get wheat marketed immediately.

The state board of control has ordered all state, institutions to strictly observe wheatless and mentless days and all other food regulations.

The German department of the Un!versity of Nebraska has probably suffered more than any other part of the school from war time conditions. Last year at this time there were 601 students registered in the German department; for the second semester of this year there are 173 persons taking courses in German.

A plan is under way by the Nebraska branch of the American Soclety of Equity to buy a coal mine in the western part of the state with

opportunity for other things. We have thus seen three-fourths of the seed lost. Of the remaining fourth, that which fell "into" (R. V.) the good soil, not all yielded the same return. It all brought forth (v. 7); it all yielded; it all sprang up, but not all in the same ratio.

There are three distinguishing features of this last kind of hearers: (1) They hear the Word. These are the ones who appreciate its value and give good heed to its precepts. (2) They accept it e. g. they understand its teachings. They take it into good and honest hearts. (8) They hold it fast (Luke 8:15 R. V.) These are the ones of which martyrs are made.

Jesus was a great open-air preacher (vv. 1 2) and like all others he has various kinds of hearers the halfbearted hearer the shallow-hearted hearer. The way to reach the masses Is to so where the masses are.

dere while I tries 'em on?"

The clerk answered : "Why, no, auntie; I'll move on if you wish it." She said : "Please do, honey, 'cause

I'se white folks raised and I'se kinder skittish."-Ladies' Home Journal.

#### - Matter of Seniority.

both had uncles in the war. Being quite little neither of the two knew much about sergeants or any other of. ficer. One day Anna said : "My uncle is sergeant over a hundred men," and Evelyn quickly answered : "Oh, that's nothing. My uncle's top sergeant over 150 mules."

#### Forced Vacations.

It must be that every time the boys on the Berlin Voerwaerts want a few days off they prod the boss in writing an editorial removing the epidermis from Kalser Bill. Bill then orders the shop shut up for a week. And nothing to do but read the exchanges and look over the pictorial reviews .- Detroit News.

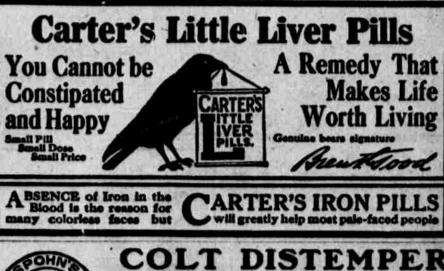
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Ity. Don't guess; get busy and find out. plg.

thought." mistake bluntness for sincer World conquerors seem to forget

that the fleas never quite capture the





You can prevent this loathsom through your stable and cure all it when you begin the treatment. thioden you begin the treatment. No matter how : SPOHN'S is safe to use on any colt. It is wonderful it prevents all distempers, no matter how colts or at any are are "exposed." All good druggists an goods houses and manufacturers sell SPOHN'S at 60 and \$1 a bottle; 55 and \$16 a dosen. BOODEN MEDICAL OC. Mars. Coshen, Ind. U. S.

True Hard-Luck Story. In one of the big Kansas towns lives

"Bill." Bill has never known what health is, consequently has had a hard time to get along. For nearly a year Bill had been out of a job, until finally this spring he got one driving the sprinkling wagon. But Bill's ill luck Anna and Evelyn were cousins and didn't desert him even then, for the very day he got the job it began to rain and there wasn't anything that looked like dust in Bill's town for month afterward.

> The Next Campaign. "Morning, Jim." "Morning, senator."

"Jim, I suppose you are going to vote for me as usual. My policies..." "Your policies are all right, senator. But there was a mighty pretty girl around today looking for votes."-Kansas City Journal.

Orchid's Drinking Tube.

One of South America's curiosities is an orchid which has a peculiar tube that it lets down into the water when it wants a drink. At other times it is kept curled up.

Natural Position.

"Naturally, when he is buried in

"That man is in a grave revery."